



MARKET GUIDE

REGIONAL LANGUEDOC MARKETS



ISSUE NO.01

www.maisonandvillage.com

**A MAISON & VILLAGE
EXPERIENCE**

WELCOME		03
SUNDAY - MONDAY MARKETS		04
TUESDAY - WEDNESDAY MARKETS		06
THURSDAY - FRIDAY MARKETS		08
SATURDAY MARKETS & TIPS FOR MARKET VISITS		10

Updated Hours & Disclaimer

Please note that market hours can vary, especially during holidays or seasonal events. It's advisable to check with local tourist information centers or official municipal websites for the most up-to-date information before planning your visit.



MARKETS - THE BEATING HEART OF LANGUEDOC



onjour from Quarante!

Enchante - we are Nikki and John, owners of Maison and Village - Quarante, in the South of France. If you're considering an escape with us, exploring the local markets should be top of your itinerary, so in your exclusive Market Guide we've:

- handpicked our favourite markets
- listed them by day
- added opening hours
- included the driving time to each market from Quarante Village.



Spolit for Choice.

In our near vicinity there is so much choice, from the weekly market at Capestang, to the Friday flower market or summer seaside evenings at Béziers, to the undercover market of Les Halles, Narbonne. Each is a gateway to the soul of the Languedoc; brimming with vibrant colors and irresistible aromas.

One last Tip: Arrive early! It's cooler in summer and markets in France tend to wind down by lunchtime, and we treasure hunters know, the best produce and treasures are always snapped up in the morning.

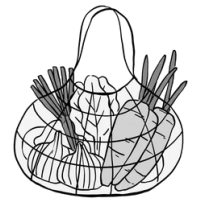
Maison and Village Love. **Use this welcome code to get 20% off your first French rental booking and check out the Maison and Village accomodation at the end of this Guide.**

Enjoy your stay.
Nikki and John.

PROMO CODE

FirstStay20

SUNDAY MARKETS



Reminder: All drive times are from Quarante Village

Narbonne Market

Narbonne hosts two Sunday markets. The **outdoor market** straddles both sides of Canal de Robine in the centre of town, and is conveniently located on the doorstep of Les Halles, the beautiful Belle Epoque (1901) **indoor food market**.

Your Sunday morning sojourn is to the outdoor market first for gourmet food, wine, clothing, European leather goods, shoes and collectables.

Do allow time for a leisurely stroll through Les Halles to marvel at the architecture, and to assemble a picnic for Sunday lunch with friends.

Drive time: 30 mins.

Open: 365 days a year from 7:00am. to 2:00p.m.
www.narbonne.halles.fr



Collioure Market

An hour & a half drive from Quarante & 15 miles from the Spanish border is the picturesque seaside town of Collioure. (Famous for its anchovies).

The Collioure markets are very popular at Place du Maréchal Leclerc. Link below to explore more.

Tip: Arrive early as parking fills quickly & it gets crowded later in the morning. Collioure also hosts Night Markets during specific Tuesdays in July and August from 5:00pm to 11:00pm at the Port d'Avall.

Drive time: 1:30 mins.

Open: Early Wed & Sundays

Creators' Night Market: July-Aug 5:00pm to 11:00pm
www.tourism-mediterraneanpyrenees.com/collioure
www.visitcollioure.co.uk



Marseillan Collectors Market

Calling all hunters & collectors - Head to Marseillan for their regular Sunday (and Saturday) flea market and garage sale (Marché aux Puces and Vide Greniers). These are every Saturday and Sunday from 8am to 1pm Marseillan-Plage (Beach).

Drive time: 1:00 hour.

Open: Sunday & Saturday 8:00am-1:00pm.

MONDAY MARKET



Seafood & Fresh Air: Valras-Plage Market

While Monday isn't traditionally a big market day across the Languedoc, the market at Valras-Plage is a delightful exception, and we found it well worth the trip. The covered market is a treasure trove for seafood lovers, with exceptional fish stalls offering the freshest squid, crab, octopus, skate, and more.

You'll also find an array of seasonal fruits, vegetables, cheeses, and even unique finds like clothes, furniture, and knick-knacks.

After exploring the vibrant market, we suggest making a day of it. The beach at Valras-Plage is perfect for soaking up the Mediterranean sun or taking a refreshing dip. Whether you're a foodie, a shopper, or simply someone looking to relax by the sea, Valras-Plage offers a great day of discovery by the beach.

For a perfect Languedoc outing, pair the market's energy with the serenity of the coast—you won't be disappointed. Bring your shopping basket, togs, umbrella, towel, sun block and an appetite.



Drive time: 30 mins.

Hours: The Valras-Plage market operates year-round, with schedules varying by season:

- **Off-Season (October to May):** Every Monday and Friday morning at Place Charles Thomas, from 8:00am - 12 noon.
- **Summer Season (June to September):** The market expands significantly and relocates to the seafront, *operating on the same days and time.*



TUESDAY MARKETS



Marseillan Tuesday Food Markets

If you didn't make it to the Marseillan vintage market on Sunday, great news there're two options for a Tuesday fresh produce top-up.

- The Grand Market of Marseillan is open every Tues 8am to 1pm in the town centre. Food & crafts.
- The covered Market of the Halles de Marseillan is open Tues to Sunday 7am to 2pm all year.

Open: Tuesdays - 7:00am-2:00pm

Drive time: 1:00 hour from Quarante village. <https://en.marseillan-tourisme.com>

Olonzac - The largest and most vibrant market in the Minervois region.

Olonzac market in the center of Olonzac town, is known for its bustling, lively atmosphere, large variety of stalls (80 to 150 exhibitors), café culture, and authentic local experience. This is a truly great quality local market, offering specialities like: Fromage de brebis (sheep's cheese), pink garlic tresses, figs and local saucisson (sausages). Great for picnic supplies

Hours: Tuesday 7:00am - 1:00pm

Drive time: 15 mins from Quarante.



Summer - Mardis de Valras Evenings waterfront at Beziers.

From late June to late August, The Mardis de Valras are some of the most important events of the summer on the seaside of Béziers Méditerranée.

Local winemakers and restaurateurs flock to the seafront every Tuesday evening offering gourmet bites, wine & music. Fragrant, languid evenings to savour!

Hours: Tuesdays 7:00pm to 11:00pm.

Drive time: 40 mins from Quarante.

Prices: 5€ tasting pass includes: 3 tasting coupons & a souvenir glass.

WEDNESDAY MARKETS

MID WEEK ESCAPE



The French market is not just a place to shop, but as Mr Bullock says, a theatre of life!

The village of Bize-Minervois holds its market set against a backdrop of historic stone houses and shady plane trees, the perfect spot to soak up the laid-back South of France ambiance. After browsing the stalls, take a moment to dip your toes in the crystal-clear waters of the River Cesse, which winds through the village, offering a refreshing break on warm days. A market with charm, community, and a cool-off built in—what's not to love?

Hours: Wed 7:00am - 12:00 noon.

Drive time: 8-10 mins from Quarante.

Béziers Farmers' Market



The vibrant Béziers Farmers' Market at Place Jean-Jaurès is a bus ride from Quarante on Wednesday evenings. This lively market showcases a variety of local produce, artisan goods, and regional specialties, offering a delightful taste of the area's rich agricultural heritage.

Hours: Wed 5:00pm - 9:00pm.

Drive time: 30 mins from Quarante.

It's a perfect opportunity to immerse yourself in the local culture and flavors. Held at Place Jean-Jaurès.

Lézignan Corbières Market

Every Wednesday morning, in the shade of the plane trees, you can stroll past stalls brimming with sun-ripened fruit, fragrant herbs, creamy cheeses, and artisan charcuterie, infused with that unmistakable Mediterranean flair. The atmosphere is warm, lively, and irresistibly authentic—slow living at its finest. Locals of the Corbières and Minervois regions to meet their friends and exchange the latest news. A typical Mediterranean atmosphere reigns here, with a great number of stalls displaying a huge variety of fresh products: seasonal fruit and veg, assorted charcuterie and cheese.

Hours: Wed 7:00pm - 12noon.

Drive time: 20-25 mins from Quarante.

THURSDAY MARKETS



St Chinian Market under the plane trees.

St Chinian Market & Pool

I well remember making the drive from Quarante with my Mother. We went in search of their local swimming pool but also discovered their Sunday market. St Chinian is off the beaten track and the road is a little windy, but it's a pleasant drive and worth the trip. The Thursday market has around 30 stalls divided into two rows, with one for food and the other for non-food items - I bought my Mother a dragonfly brooch! And who knows maybe you'll take a dip in the public pool to cool off. The market takes place in the main square of Saint-Chinian.

Open: Thursdays (and Sundays) 8:00am-1:00pm.

Drive time: 20 mins.

Farmers Market -Saint Mathieu de Trévièrs & Montpellier City

Consider a big day out and combine a trip to the **Saint-Mathieu-de-Trévièrs farmers market** with cultural activities in **Montpellier** on a Thursday.

Here's a suggested itinerary:

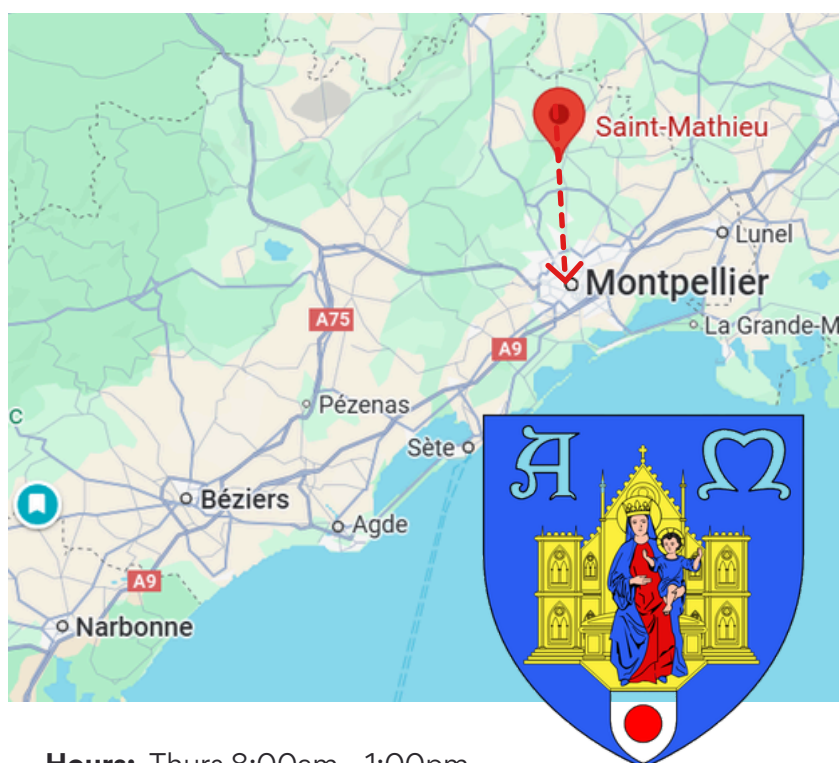
Start your day at the Saint-Mathieu-de-Trévièrs farmers market, from 8:00am to 1:00pm. (1:15 mins drive).

Tip: On the first and third Thursdays of the month, the market features live music, bio wine and beer tastings, and seasonal product workshops.

After the market, head to Montpellier (30 mins). to enjoy various cultural activities:

Art and Architecture:

- Explore the Ecusson quartier, featuring narrow streets with historical architecture and impressive street art.
- Visit the Cathédrale St-Pierre and admire its architecture.
- Take a guided tour to see the city's numerous graffiti murals, sculptures, and artistic installations
- <https://www.lonelyplanet.com/articles/top-things-to-do-in-montpellier>



Hours: Thurs 8:00am - 1:00pm.

Drive time: From Quarante to Saint-Mathieu-de-Trévièrs farmers market, 1:15 mins.

The travel time between Saint-Mathieu-de-Trévièrs and Montpellier is approximately 30 minutes by car, covering a distance of about 20 kilometers.

FRIDAY AT BEZIERS

Beziers Flower Market

must do



Béziers flower market takes place every Friday, rain or shine.

Rise early and hit Beziars at 6am-ish to get the pick of the bunch - or head down later. Until 6pm the Allées Paul Riquet is filled with thousands of locally gardened flowers, plants and herbs.

The long walkway becomes a magical promenade lined with cafés where you can watch the market in full swing.

The old town of Béziers is very pleasant to walk around, with lots of boutiques and small alleyways.

Hours: Fri 6:00am - 6:00pm.

Drive time: 25 mins from Quarante.

“ WHILE IN BEZIERS ON A FRIDAY - VISIT TWO OTHER FOOD MARKETS THEN SHOP AT GALLERIES LAFAYETTE - MY FAVOURITE DEPT STORE, ALLÉES PAUL RIQUET, OPEN MON-SAT 9:30-7:30PM. ”



Covered Market (Les Halles) Located at Place Pierre-Séemard, open every day except Monday.

- Tuesday to Saturday it is open from 8:00am-3:00pm and 6:00pm-11:00pm, and on Sunday from 8:00-3:00pm.

Galleries Lafayette

gallerieslafayette.com/m/magasin-beziars

Halles de la Méditerranée:

Located at 20 Bd,
Jules-Cadenat.

Open Tuesday to Saturday
7:00am to 2:00pm.



SATURDAY MARKETS



Definitely one of the best markets to visit in Languedoc on a Saturday is **Pézenas**. Taking over the whole town and offering a wonderful array of artisanale food, clothing, flowers and curio, this really is the place to be. It is extremely popular in the summer, but is well worth a visit for the atmosphere. In the heart of the former capital of Languedoc, the market shows off what Pézenas is all about – a truly beautiful market in a truly beautiful town.

Brocante (Antique Fair) Dates

Pézenas is renowned as the antique capital of the area, hosting a significant antiques and flea market event known as the Foire à la Brocante or "Grand Déballage." This large brocante fair occurs twice a year:

- First Sunday in May
- Second Sunday in October

During these events, more than 200 professional exhibitors set up along nearly a kilometer of the National 113, offering everything from furniture and linens to jewelry, art, and collectibles.

The brocante transforms Pézenas into a major destination for antique enthusiasts and bargain hunters from across the region.

**“THE CITY OF
PÉZENAS HOSTS
AROUND 50 ANTIQUE
DEALERS”**



TIPS FOR MARKET VISITS:



C'est quoi ça? What is this?

Ça fait combien? How much is it?

Est-ce que je peux goûter? Can I try/taste it?

C'est fait maison? Is it homemade?



1. Walk Whenever Possible: Explore your destination on foot to get some exercise and immerse yourself in the local culture. There's a good bus service from Quarante to Beziers.
2. Leave early: It gets hot and crowded in summer. We're usually in and out by 10.30 at the latest. Parking early is essential to avoid stress.
3. Take water and keep $\frac{3}{4}$ used loo rolls aside to take with you. French toilets have improved but don't be caught short. A few toilets still require payment so take a few two euro coins in your pocket.
4. Use sun block. It gets hot and sweaty and while there is usually cover, sunblock is always a good idea.
5. Practice a few short phrases and parlez vous francais with the best of them.
6. A sturdy tote seems obvious but don't forget this most essential kit.

Have fun!

Nikki & JB

MARKET MAGIC



Your Maison and Village stay is in the village of Quarante.

A small, tranquil working village, Quarante is surrounded by vineyards and an active Cave collective supporting its busy wine industry and putting you in the heart of several wine Domains and producers.

Just a 30 minute drive to Beziers, connects you to shopping and the TGV fast train to Paris in 4 hours for wonderful events. Or stay local and enjoy the history, markets, fresh food and relaxing pace of the Languedoc region.

We've owned this little gem for over 20 years and take pleasure in sharing some of the unique nearby experiences and destinations.



MAISONANDVILLAGE.COM



**“WHERE
VINEYARDS
MEET
VILLAGE
LIFE,
QUARANTE
ALWAYS
FEELS LIKE
HOME.”**



BOOK YOUR VILLAGE STAY TODAY!



**BOOK
DIRECT
LESS
20%**

Use code
FirstStay20
to get 20% off your first
direct booking.

Not applicable through
AirBnB. Go to
maisonandvillage.com

Discover the
limitless wonders
of small village
living in France
and New Zealand.

Book your
adventure today!

Never miss an issue!

Join our monthly newsletter

“The French Connection”
Enjoy savings & giveaways.
Send to a friend.

Sign up at:
maisonandvillage.com

Visit us online

Catch the freshest features
Updated daily
Read anytime, anywhere.

maisonandvillage.com