

SAILS

American Cuisine with Caribbean Influences

Starters

Island Wings | Half Dozen 16 / Dozen 26

Choice of Guava BBQ, Buffalo or Jerk

Crispy Cauliflower | 21 (GF) (VG)

Sweet Chili Sauce

Quesadilla | 20 (V)

Monterey Jack & Cheddar, Scallions, Onions, Peppers

Shrimp Cocktail 24 (GF)

Prawns, Horseradish, Cocktail Sauce

Tortilla Chips & Dip (GF)

House Salsa and Guacamole | 15

Spinach Artichoke | 17

Local Conch Fritters | 22

Cilantro Lemon Aioli

Bam Bam Shrimp | 25

Crispy Jumbo Shrimp, Island Rum Buffalo Sauce

The Wellness Kitchen

Veggie Wrap | 21 (GF) (VG)

Hummus, Mixed Greens, Onions, Peppers, Tomato, Avocado

Garden Burger | 24 (GF) (VG)

8 oz. Beyond Burger Patty, Lettuce, Raw Onions, Spicy Aioli, Brioche Bun

Choice of French Fries, Tropical Fruit or Mixed Greens Salad

Greek Salad | 20 (GF) (V)

Mixed Greens, Olives, Feta Cheese, Cucumbers, Tomatoes, Capers, Red Onions, Lemon & Olive Oil Vinaigrette

Cobb Salad | 25 (GF)

Mixed Greens, Avocado, Bacon, Bleu Cheese, Tomato, Cucumber, Egg, Choice of Dressing

Classic Caesar Salad | 21 (V)

Crisp Romaine, Shaved Parmesan Cheese, Caesar Dressing

Poke Bowl | 19

Avocado, Edamame, Cucumber, Pineapple, Peppers

- Tofu | 22 (VG)
- Chicken | 26
- Salmon | 41
- Ahi Tuna | 29*
- Shrimp | 31

Seafood Selections

Ceviche | 22 (GF)

Snapper, Pineapple, Cilantro, Cucumber, Roasted Red Peppers, Jalapeno, Tomato, Fresh Lemon Juice

Island Snapper Wrap | 28

Ripe Plantain, Cajun Mayo, Tomato, Lettuce, Onion

Choice of French Fries or Tropical Fruit or Mixed Greens Salad

Catch of the Day Fish Tacos | 26

Pineapple Salsa, Chipotle Aioli, Pickled Onions

Shrimp Tacos | 39

Spicy Slaw, Fresh Tomato Salsa, Chipotle Aioli

Mahi-Mahi a la Plancha | 41 (GF)

Creole Sauce, Rice, Beans, Fried Plantains

Sails Signatures

Grilled Chicken Sandwich | 28

Grilled Chicken, Pepper Jack Cheese, Bacon, Cajun Mayo, Lettuce, Tomato, Onion, Ciabatta Bread

Choice of French Fries or Tropical Fruit or Mixed Greens Salad

Chicken Tenders | 21

Choice of French Fries or Tropical Fruit or Mixed Greens Salad

Angus Burger 8oz | 28 Double Burger 16oz | 35

8 oz. Black Angus Beef Patty, Bacon, Cheddar Cheese, Raw Onions, Lettuce, Tomato, Garlic Aioli, Pickles, Brioche Bread

Choice of French Fries, Tropical Fruit or Mixed Greens Salad Grilled

Chicken Wrap | 26

Grilled Chicken, Cajun Mayo, Lettuce, Tomato, Onion, Flour Wrap

Choice of French Fries, Tropical Fruit or Mixed Greens Salad

Grilled Chicken Caesar Wrap | 26

Grilled Chicken, Crisp Romaine, Shaved Parmesan Cheese, Flour Wrap

Choice of French Fries, Tropical Fruit or Mixed Greens Salad

Sweet Endings

Key Lime Tart | 13

Whipped Cream, Mango Chutney, Berries

Red Velvet Cake | 15

Cream Cheese Filing

Tropical Fruit Bowl | 15

Seasonal Tropical Fruit

Additions: Jerk Chicken 13 | Tofu 9 | Grilled Salmon 17 | Grilled Shrimp 18 | Marinated Tuna 15 | Snapper 15 | Mahi 15 | Steak 19 |

Available Dressings: Ranch | Balsamic | Lemon Vinaigrette | Blue Cheese | Honey Mustard

****Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness**** 20% gratuity will be included for parties of 7 or more guests.

The Ritz-Carlton, St. Thomas | 6900 Great Bay St. Thomas, U.S. Virgin Islands 00802 | 340-775-3333

Libations

WINE

SPARKLING

	Glass	Bottle
Mionetto Prosecco, Veneto, IT	\$16	\$56
Chandon Brut, California	\$20	\$78
Veuve Cliquot "Yellow Label"	\$35	\$150
Moët & Chandon, "Ice Imperial"	\$30	\$128

ROSE

Flours de Prairie Rose, Cote de Provence FR	\$16	\$68
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WHITE

Pighin, Pinot Grigio, Friuli, IT	\$15	\$62
Kim Crawford, Sauvignon Blanc, NZ	\$16	\$68
Rombaure, Sauvignon Blanc, CA	\$28	\$96
Steven Kent Chardonnay, CA	\$14	\$52
Robert Mondavi, Chardonnay, CA	\$16	\$58
Sonoma Cultre, Chardonnay, CA	\$22	\$82
Charles Smith, Kung Fu Girl, Riesling, WA	\$15	\$54

RED

Sokol Blosser Evolution, Pinot Noir, OR	\$16	\$70
Meomi, SPinot Noir, CA	\$24	\$96
Chateau St. Michelle, Merlot, WA	\$16	\$68
Steven Kent, Cabernet Sauvignon, CA	\$14	\$56
Joseph Carr, Cabernet Sauvignon, CA	\$18	\$76
Terrazas, Malbec Reserve, AR	\$16	\$62

BEERS

LOCAL CARIBBEAN KRAFT | 9

Tropical Mango Pale Ale, Island Summer Ale, Island Hoppin IPA, Carib, Reef Life IPA, Island Life Lager, Bush Life, Beach Life

PREMIUM | 8

Corona, Heineken

DOMESTIC | 7

Bud Light, Miller Lite, Coors Light, Budweiser, Michelob Ultra

TRULY SPIKED SELTZER | 8

Beer Buckets, Selection of Five Beers:

Domestic | 30 | Caribbean | 40 | Premium | 36 | Seltzer | 35

SIGNATURE LOADED BLOODY MARY 18

Titto's Vodka, House Bloody Mix, Horseradish, Celery, Bacon, Shrimp, Stuffed Olives, Pepperoncini, Lemon, Lime, Sails Secret Rim

TROPICAL ORIGINALS | 18

FROZEN WILDBERRY LEMONADE

Absolut Citron, Lemonade, Wildberry Swirl

FROZEN TROPICAL DELIGHT

Cruzan Pineapple Rum, Banana, Mango, Guava

FROZEN ITALIAN ICE

Smirnoff Vodka, Peach Schnapps, Lemonade, Peach, Pineapple

HURRICANE

Bulleit Bourdon, Southern Comfort, Amaretto, Orange, Pineapple, Cranberry

CARIBBEAN BREEZE

Malibu Rum, Smirnoff Vodka, Orange, Pineapple, Midoir Float

FROZEN BAILEY'S BANANA COLADA

Bailey's Irish Cream, Cruzan Hurricane, Coconut Crème, Banana

MAI TAI

Bacardi Light and Dark Rum, Amaretto, Tripple Sec, Orange, Pineapple, Cranberry, Myer's Rum Float

LIME IN DE COCONUT

Dark Cruzan Rum, Coconut Crème, Fresh Lime, Coconut Rum, Sour Mix

LOCAL SPECIALTIES | 16

CARIBBEAN RUM PUNCH

Cruzan Gold Rum, Local Fruit Juices

COCONUT BELLINI

Cruzan Coconut, Peach Schnapps, Amaretto, Coconut Cream, Prosecco

FROZEN MANGO TANGO

Bacardi Rum, Mango, Raspberry Swirl, Myer's Float

GREAT BAY PUNCH

Dark Rum, Pineapple Rum, Passion Fruit, Mango, Guava, Orange

CRUZAN CONFUSIAN

Mango Rum, Guava Rum, Pineap-ple Rum, Banana Rum, Coconut Rum, Cruzan Hurricane, Mango, Pineapple Juice, Orange Juice, Passion Fruit, Grena-dine

FROZEN BUSHWACKER

Amaretto, Kahlua, Irish Cream, Smirnoff, Bacardi Light Rum, Frangelico, Coconut Crème, Nutmeg

PAINKILLER

Pusser's Rum, Orange, Pineapple, Coconut Crème, Nutmeg



THE RITZ-CARLTON

ST. THOMAS