

CHANGE YOUR WATER CHANGE YOUR LIFE

# KANGEN WATER



**ANTIOXIDANT**

molecular hydrogen-  
rich

**RESTRUCTURED**

faster absorption, better  
hydration

**ALKALINE**

pH 9.5



# YOUR BODY IS MADE OF 60-70% WATER!

The more water we lose, the more we deteriorate.

Water is the primary substance of your body, and even of the Earth!

It is evident that water plays a central role in your health, and you can be sure that its quality has an enormous effect.

**Your water quality drastically affects all of your cells at the molecular level.**

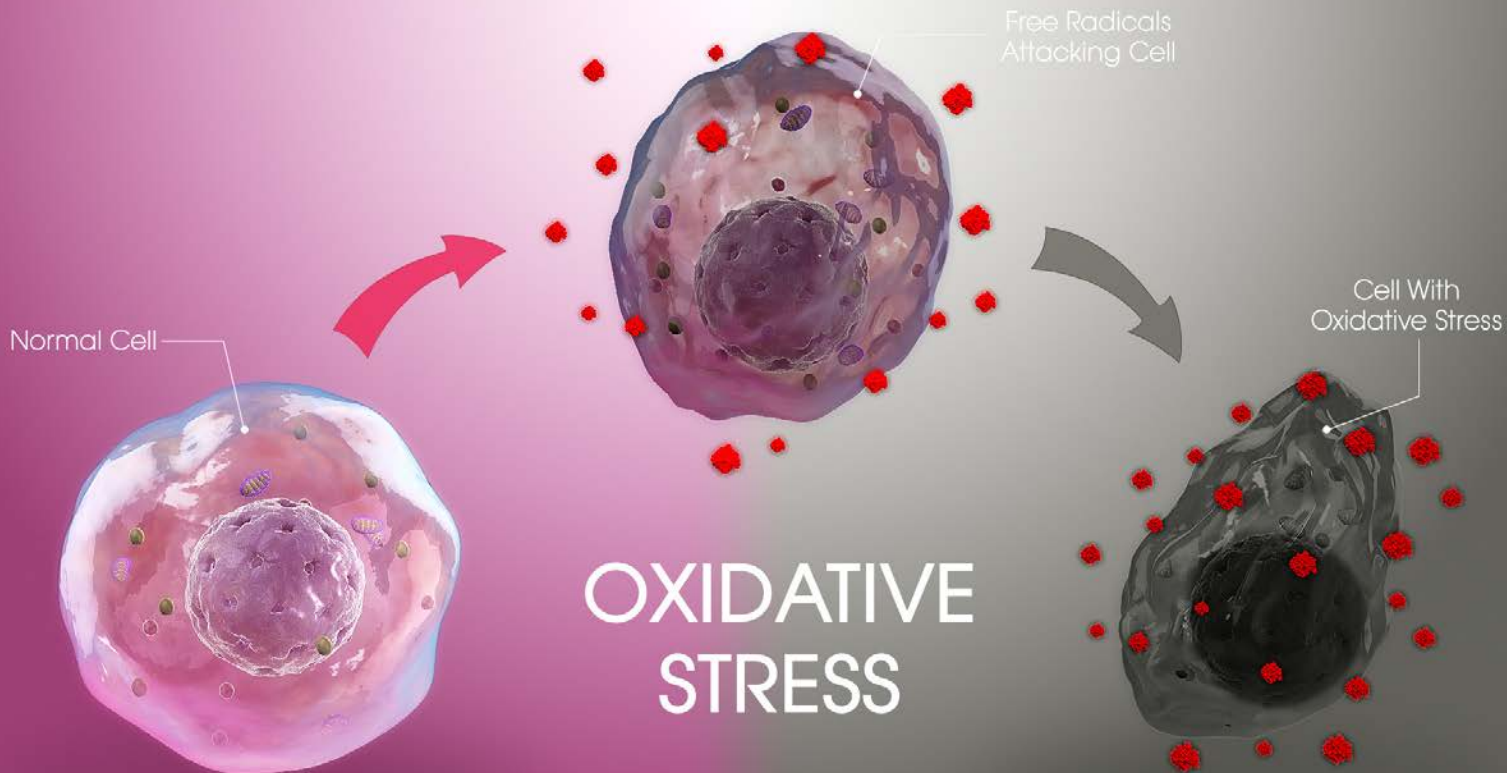
We need water to keep us going every day and help us perform at our very best! When you are adequately hydrated, your body can effectively:

- Regulate your body temperature
- Maintain healthy skin
- Lubricate joints
- Digest food
- Help the brain function at its best
- Produce necessary bodily fluids, such as tears and saliva
- Maintain the shape of your cells
- Transport of vital nutrients
- Shock absorber for brain, spinal cord, and fetus

## NOT ALL WATER IS CREATED EQUAL

the modern-day problem

# OXIDATIVE STRESS



While free radicals and antioxidants are part of your body's natural and healthy functioning, oxidative stress occurs when free radicals and antioxidants are out of balance, this deeply damages all of your cells

## EFFECTS OF OXIDATIVE STRESS IN THE BODY

- When there are more free radicals present than can be kept in balance by antioxidants, **the free radicals start damaging fatty tissue, DNA, and proteins in your body.**
- Proteins, lipids, and DNA make up a large part of your body, so that damage can lead to many diseases over time. Oxidative stress also contributes to aging.

**While you can't completely avoid exposure to free radicals, you can make lifestyle choices regarding diet, exercise, and your environment to help keep your body in balance and prevent damage!**



# TAP WATER

## DOING MORE HARM THAN GOOD?

According to the Environmental Working Group, there have been **315 pollutants found in America's tap water since 2004**. Over half of these pollutants are completely unregulated and can legally exist in any amount.

A new study found that contaminated tap water causes 100,000 cancer cases in the US over a lifetime. The contaminants in question are **industrial water disinfectants, unregulated emerging pollutants, and microplastics**.

Water treatment facilities worldwide depend on industrial disinfectants like chlorine to kill off any harmful bacteria within the water supply. Serious issues can arise when these **chemical disinfectants create dangerous by-products**, some classes of which, like trihalomethane, have been linked to **bladder cancer, colon, and rectal cancers, as well as birth defects**.



# IS BOTTLED WATER THE WAY TO GO?

Almost 300M tonnes of plastic are produced each year and, with only 20% being recycled, most of it ends up littering our land, oceans, air, and waterways in the form of insidious micro-plastic particles.

Aside from the undeniable environmental reasons against drinking bottled water, it's also proven to **contain toxic chemicals**. When a plastic bottle gets hot, it can release a bisphenol A (**BPA**) substance, thereby contaminating the liquid inside. BPA has been linked to diseases such as cancer and diabetes and potentially cause hormonal issues in adults.

Bottled water can also be slightly **acidic**, not suitable for our health. And even alkaline bottled water contains **additives that are not good for your health**, such as magnesium sulfate and potassium chloride.

**BOTH TAP AND BOTTLED WATER ARE  
ACIDIC, POLLUTED, AND DO MORE HARM  
THAN GOOD TO OUR BODIES AND  
PLANET...**

the modern-day solution

# KANGEN WATER

*Kangen means "return to origin" in Japanese.*

**Kangen Water is ANTIOXIDANT, ALKALINE & RESTRUCTURED water produced by Enagic's water ionizers.**

For more than 40 years, Kangen Water has been used in Japan and worldwide to transform ordinary acidic tap water into **alkaline, antioxidant, and electrolyte-rich drinking water!**

Kangen Water ionizers effectively **remove 95% of chlorine, sediments, odors, and some micro-plastics.**

**Kangen Water is the ideal way to get a constant flow of powerful antioxidants into your body!**

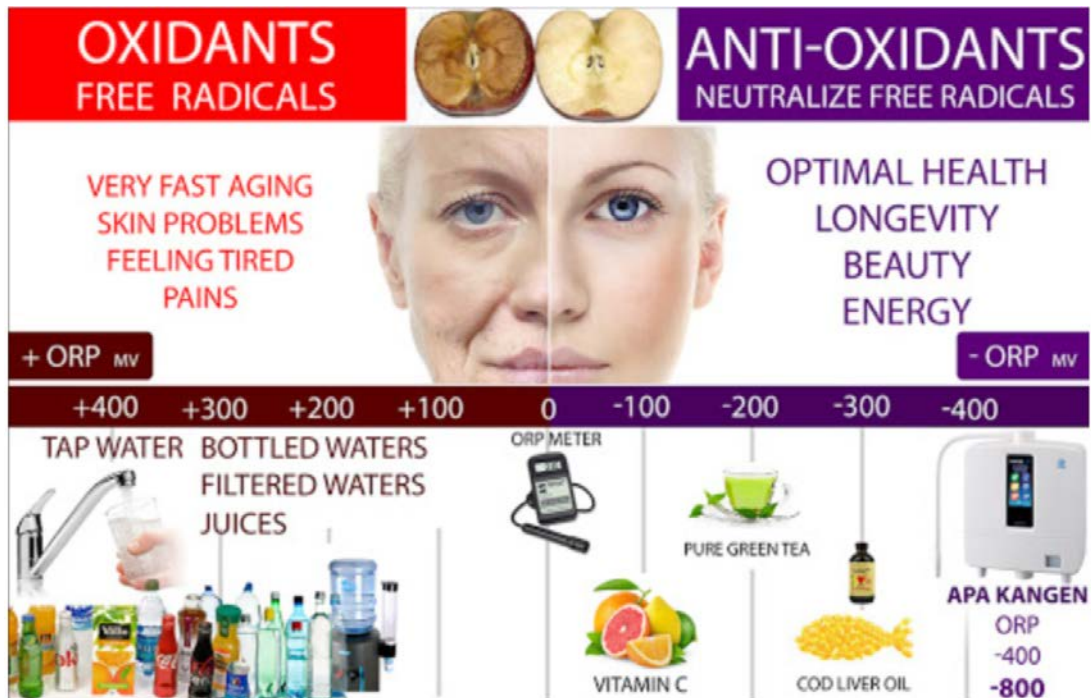
Our modern lifestyle causes a significant increase in oxidative stress in our bodies. A constant supply of external antioxidants should be part of one's daily diet to reduce oxidative stress and related damage.

**Drinking Kangen Water throughout the day is one of the best ways to get that constant influx of powerful antioxidants into your body; you eat 3-5 times a day, but you drink water all day long!**

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# ANTIOXIDANT



Kangen Water is scientifically known as Electrolyzed Reduced Water (ERW); scientists worldwide are heavily researching ERW due to the presence of one of the most potent antioxidant compounds known today: **molecular hydrogen**.

Molecular hydrogen acts as an **efficient antioxidant that diffuses rapidly across cell membranes and can reduce free radicals, mitigating oxidative stress**. It can easily reach your organelles like your mitochondria and cell nuclei.

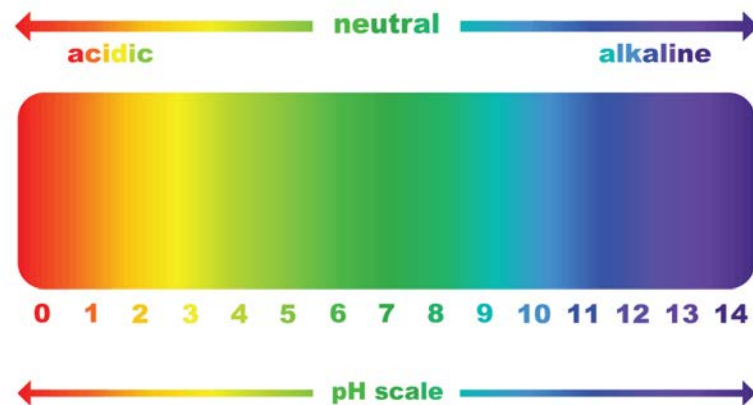
**Kangen Water also shows a negative ORP.** ORP stands for Oxidation-Reduction Potential and measures the ability of a substance to either be an oxidant (positive ORP) or an antioxidant (negative ORP). ORP values are an essential measurement for determining the quality of water.

**Straight out of the Leveluk K8, Kangen Water has a negative ORP of -850!**

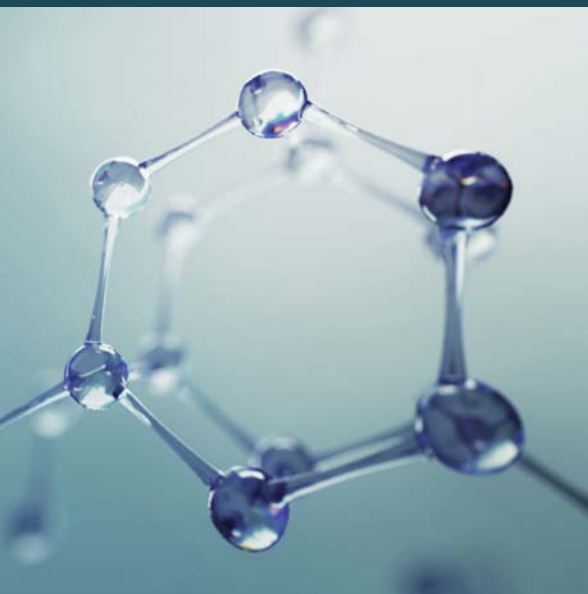
# ALKALINE

As with most things in life, optimal health begins with balance. **Our bodies must maintain a pH balance of 7.365, slightly alkaline.** A pH scale determines whether a substance is acidic or alkaline. On this scale, 7.0 is neutral, anything above 7 is considered alkaline, and anything below 7 is considered acidic.

- **Kangen Drinking Water has a pH from 8.5 to 9.5!**
- Sodas, alcohol, processed foods, tap, bottled water and more, are highly acidic.



# RESTRUCTURED



Restructured water means **re-organized water molecules**. Water molecules in liquid form are bonded together, forming specific geometrical patterns.

Kangen Water is restructured water; the **new organization of the water molecules allows for faster absorption and better hydration**. Although, this effect is not permanent, which is why Kangen Water should always be consumed fresh!

main uses of the different

# PH LEVELS

YOUR KANGEN WATER MACHINE CAN MAKE **FIVE DIFFERENT TYPES OF WATER** WITH MORE THAN 100 DIFFERENT USES

## STRONG ACIDIC WATER

PH 2.5

### FUNCTION

- Sterilization, disinfection, sanitization

### USES

- Pesticide removal from food
- Disinfecting skin, food, items, and surfaces
- Disinfecting wounds
- Mouth wash



## MILD ACIDIC & BEAUTY WATER

PH4-6

### FUNCTION

- Astringent for beauty purposes

### USES

- Skin toner
- Water plants
- Hair spray
- Window, tile, floor, and ceramic cleaning



## NEUTRAL WATER PH 7

### FUNCTION

- Clean, non-ionized water

### USES

- Medicines
- Babies
- Drink
- During meals



## KANGEN WATER PH 8.5; 9.0; 9.5

### FUNCTION

- Ionized drinking water, for humans and for pets

### USES

- Drinking outside meal time
- For pets
- Cooking
- Ice



## STRONG ALKALINE WATER PH 11.5

### FUNCTION

- Cleaning, rinsing, disinfecting, lipid extraction, pesticide removal

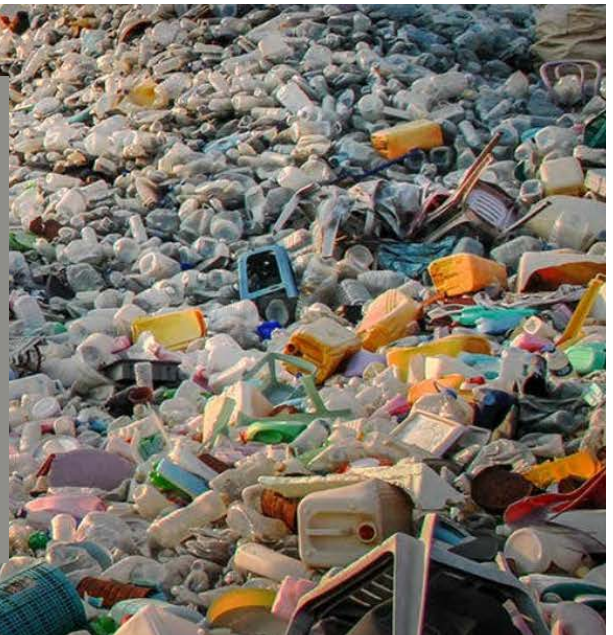
### USES

- Pesticide removal from food
- Laundry
- Hangover
- Soaking to relieve inflammation
- Cleaning greasy surfaces



# ENVIRONMENTAL IMPACT

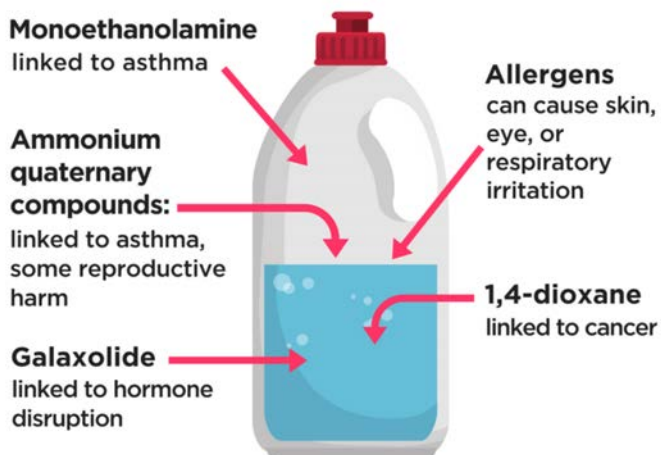
More and more people are concerned with the amount of plastic in landfills and the ocean, and many are actively looking for a solution to a greener household and greener lifestyle. For our health and our beloved planet.



Industries have made us believe that we need lots of different and specific cleaning products, all coming from big industries and plastic packaging. In reality, **the only thing we truly need to clean our homes and even ourselves is water.**

Our ancestors washed and cleaned everything with pure water. Of course, today, we live in an environment where things get dirtier, and so the solution used to be adding certain chemicals into the water to clean those things more effectively...

## Toxic chemicals in cleaners



However, **this kind of thinking has only caused us to pollute our air, water, and the environment with toxic chemicals and pollute lands and oceans with enormous amounts of plastic...**

This chemical-based solution used to work in its time, but it no longer does. We live in a time where Earth is asking us to change our habits and behaviors, so we can all thrive in a healthier environment.

# The natural solution is returning to the liquid that is the source of all life on Earth W A T E R



Kangen Water ionizer machines not only give you the best water available for your health, but they also offer you an alternative to all toxic chemical-based cleaning products (and more!).

**Your Kangen ionizer will allow you to ditch all harmful and toxic cleaning products that harm your health, your loved ones, and our planet.**

Choose Kangen Water and reap the benefits of your machine to do all of your cleaning, free of toxins and full of life!

## UNIQUE CHARACTERISTICS OF PH 2.5 STRONG ACIDIC WATER:

- Disinfects
- Breaks down proteins
- Deodorizes
- Brightens

## UNIQUE CHARACTERISTICS OF PH 4-6 MILD ACIDIC WATER:

- Strips soapy residue
- Shines surfaces
- Creates a sheeting action

## UNIQUE CHARACTERISTICS OF PH 11.5 STRONG ACIDIC WATER:

- Emulsifies fats and oil
- Lifts dirt
- Repels dirt
- Restores a bright finishing
- Cleans like soap without leaving residue

With the purchase of your Kangen Water machine, your distributor will send you the *Kangen Lifestyle E-book*, where you will find all the uses of the different pH levels and many recipes to create a clean, green, and safe environment at home with Kangen Water.

about

# ENAGIC<sup>®</sup> INTERNATIONAL

For over four decades, **Enagic International has been the leader in manufacturing water-ionization systems** that transform regular tap water into pure, healthy, electrolytically-reduced, and hydrogen-rich drinking water.

Enagic International is the only water filtration and alkaline-ionizer distribution company globally with its own OEM manufacturing facility in Japan and **ISO-certified quality control processes**.

All employees must master high-level technological knowledge and proficiency throughout the entire process, including development, production, supply, and service. **Enagic machines are individually assembled by artisans and then inspected, tested, and certified by highly-trained QC engineers.**

Enagic International is certified to ISO 9001, ISO 14001, and ISO 13485 for quality control and environmental management, to the Water Quality Association Gold Seal for product certification, and a member in good standing of the prestigious Direct Selling Association.

REALIZING  
**TRUE HEALTH**  
AROUND THE GLOBE

## CERTIFICATIONS

