

LISBON 2023

# INTERNATIONAL REHABILITATION COURSE

TMD AND ORTHOGNATIC SURGERY

## BASIC COURSE

18-19 MARCH

## ADVANCED COURSE

29-30 APRIL



COURSE  
DIRECTOR  
(PHD PHISIOTHERAPIST)

PROF. VALERIO PALMERINI, PHD



TMD SCIENTIFIC  
COORDINATOR

PROF. DR. DAVID ÂNGELO, MD,  
PHD



ORTHOGNATIC  
SCIENTIFIC  
COORDINATOR

DR. DAVID SANZ, MD

### TEACHERS

PROF. VALERIO PALMERINI, PDH | PROF. DR. DAVID ÂNGELO | DR. DAVID SANZ, MD | SIMONE  
REGNAMI, MSC | GIANLUCA CERAVOLO, MSC | TOMASZ MARCINIAK, MSC | VALENTINA DEIDDA,  
MSC

FOR

PHYSIOTHERAPISTS, DENTISTS, SPEECH  
THERAPISTS AND OSTEOPATHS



[APPLY HERE \(CLICK\)](#)

UNTIL 15H FEBRUARY

LISBON 2023

# INTERNATIONAL REHABILITATION COURSE

TMD AND ORTHOGNATIC SURGERY

BASIC COURSE PROGRAM

**\*350€**

UNTIL 15TH FEBRUARY

18-19 MARCH

## 1. FACIAL ANATOMY

- TEMPOROMANDIBULAR LIGAMENTS
- MASTICATORY MUSCLES
- OROFACIAL NERVES
- TEMPOROMANDIBULAR DISORDER CLASSIFICATION

## 2. TEMPOROMANDIBULAR ASSESSMENT AND DIAGNOSIS

- TEMPOROMANDIBULAR JOINT INTERNAL DERANGEMENT
- TEMPOROMANDIBULAR MYALGIA
- ASSESSMENT ACCORDING TO DIAGNOSTIC CRITERIA FOR TMD AXIS I
- ANAMNESIS, DATA COLLECTIONS TEMPOROMANDIBULAR JOINT AND MASTICATORY/CERVICAL MUSCULAR PALPATION
- DIAGNOSTIC TESTS

## 3. TEMPOROMANDIBULAR JOINT REHABILITATION - SCIENTIFIC TECHNIQUES

- TEMPOROMANDIBULAR JOINT MOBILIZATION, ANTERIOR GLIDE AND LATERAL GLIDE
- ARTICULAR AND PROPRIOCEPTIVE EXERCISES

## 4. MYOFASCIAL TEMPOROMANDIBULAR REHABILITATION - SCIENTIFIC TECHNIQUES

- MYOFASCIAL RELEASE OF MASSETER AND DIGASTRIC MUSCLES
- FASCIAL MANIPULATION
- TRIGGER POINTS



[APPLY HERE \(CLICK\)](#)

MAXIMUM OF 35 REGISTRATIONS

LISBON 2023

# INTERNATIONAL REHABILITATION COURSE

TMD AND ORTHOGNATIC SURGERY

BASIC COURSE PROGRAM

**\*350€**

UNTIL 15TH FEBRUARY

18-19 MARCH

## 5. MEDICAL INTERVENTIONS IN TEMPOROMANDIBULAR DISORDERS BOTULINUM TOXIN

- TEMPOROMANDIBULAR ARTHROCENTESIS/ARTHROSCOPY AND OPEN SURGERY
- CLINICAL CASES

## 6. MEDICAL INTERVENTIONS IN DENTOFACIAL DEFORMITIES

- ORTHOGNATHIC SURGERY

## 7. HEADACHE AND TEMPOROMANDIBULAR DISORDERS

- HEADACHE AND TEMPOROMANDIBULAR DISORDERS: SCIENTIFIC CORRELATIONS
- EXPLANATION AND RECOGNITION OF MIGRAINE, TENSION HEADACHE AND CERVICOGENIC HEADACHE
- HEADACHE ASSESSMENT ACCORDING TO INTERNATIONAL PHYSICAL THERAPY CONSENSUS
- FLEXION ROTATION REST
- NECK ENDURANCE TEST
- CRANIAL MANUAL THERAPY TECHNIQUES
- SUBOCCIPITAL MUSCLES RELEASE
- CERVICAL MANUAL THERAPY ACCORDING TO EVIDENCE BASED MEDICINE
- THERAPEUTICAL EXERCISES FOR CERVICAL SPINE

## 8. TEMPOROMANDIBULAR DISORDERS - PATIENT EDUCATION AND COUNSELING

- HOW TO TALK AND WHAT TO SAY: THE IMPORTANCE OF A RIGOROUS COMMUNICATION
- SUGGESTIONS TO GIVE TO TMD PATIENTS
- HOME EXERCISE PROGRAM FOR TMD PATIENTS



[APPLY HERE \(CLICK\)](#)

MAXIMUM OF 35 REGISTRATIONS

LISBON 2023

# INTERNATIONAL REHABILITATION COURSE

TMD AND ORTHOGNATHIC SURGERY

ADVANCED COURSE PROGRAM

**\*600€**  
UNTIL 15TH JANUARY

18-19 MARCH  
29-30 APRIL

## 1. DENTOFACIAL DEFORMITIES

- ANATOMY OF MAXILLA AND PALATINE BONE
- MALOCCLUSIONS
- INTRODUCTION TO BRUXISM
- USE OF ORAL DEVICES AND SPLINTS

## 2. HYOID MUSCLES, TONGUE AND VOICE

- INTRODUCTION TO HYOID BONE AND CORRELATED MUSCLES
- HOW HYOID MUSCLES CAN INFLUENCE HEAD POSTURE AND TEMPOROMANDIBULAR JOINT
- MANUAL THERAPY FOR HYOID MUSCLES RELEASE
- MYOFUNCTIONAL AND LINGUAL EXERCISES
- PHONIATRIC EXERCISES AND TREATMENT
- REHABILITATION OF ATYPICAL SWALLOWING

## 3. TEMPOROMANDIBULAR REHABILITATION: THORACIC SPINE

- MANUAL THERAPY FOR STERNOCLAVICULAR JOINTS, RHOMBOIDEI MUSCLES, THORACIC SPINE

## 4. ORTHOGNATHIC SURGERY

- INTRODUCTION TO ORTHOGNATHIC SURGERY PHYSIOTHERAPY
- CLINICAL CASES

## 5. PHYSIOTHERAPY IN ORTHOGNATHIC SURGERY

- POST ORTHOGNATHIC SURGERY PHYSIOTHERAPY
- KINESIO TAPING IN POSTOPERATIVE
- CLINICAL CASES

## 6. STRESS AND OROFACIAL PAIN

- PSICOEMOTIONAL INFLUENCE
- PHQ 9, JFLS 20, GCPS, JFLS 20: WHAT ARE THEY AND WHAT DO THEY MEASURE?
- EXPLANATION AND PRACTICE OF AXIS II
- REHABILITATION THROUGH GRADED MOTOR IMAGERY AND EMOTIONS



[APPLY HERE \(CLICK\)](#)

MAXIMUM OF 25 REGISTRATIONS

\*ONLY AVAILABLE FOR THOSE WHO COMPLETED THE BASIC COURSE