

PLANNING BIKE VIRTUAL

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
6h15	THE TRIP 	SPRINT 	THE TRIP 	SPRINT 	THE TRIP 		
7h15	SPRINT 	THE TRIP 	RPM VIRTUAL 	THE TRIP 	SPRINT 	THE TRIP 	
8h	THE TRIP 	RPM VIRTUAL 	SPRINT 	THE TRIP 	THE TRIP 	RPM VIRTUAL 	THE TRIP 
9h	RPM VIRTUAL 	THE TRIP 	9H30! BIKE AVEC THEISS 	THE TRIP 	9H! SPRINT 9H30! THE TRIP  	THE TRIP 	9H30! THE TRIP 
10h30	SPRINT 	RPM VIRTUAL 	THE TRIP 	SPRINT 	BIKE AVEC THEISS 	SPRINT 	RPM VIRTUAL 
11h30	THE TRIP 	SPRINT 	THE TRIP 	RPM VIRTUAL 	THE TRIP 	11H05! THE TRIP 	THE TRIP 
12h30	THE TRIP 	RPM VIRTUAL 	SPRINT 	THE TRIP 	RPM VIRTUAL 	12H! SPRINT 	RPM VIRTUAL 
14h	SPRINT 	THE TRIP 	RPM VIRTUAL 	SPRINT 	THE TRIP 	FERMETURE TECHNIQUE 13H-15H	SPRINT 
15h	SPRINT 	RPM VIRTUAL 	THE TRIP 	RPM VIRTUAL 	SPRINT 	15H05! RPM VIRTUAL 	SPRINT 
16h	THE TRIP 	THE TRIP 	RPM VIRTUAL 	THE TRIP 	THE TRIP 	SPRINT 	THE TRIP 
17h30	SPRINT 	THE TRIP 	SPRINT 	SPRINT 	RPM VIRTUAL 	THE TRIP 	SPRINT 
18h30	BIKE AVEC LUDO 	SPRINT 	THE TRIP 	BIKE AVEC ELISE 	THE TRIP 	RPM VIRTUAL 	THE TRIP 
19h30	SPRINT 	THE TRIP 	RPM VIRTUAL 	SPRINT 	RPM VIRTUAL 	SPRINT 	RPM VIRTUAL 
20h30	THE TRIP 	SPRINT 	RPM VIRTUAL 	THE TRIP 	SPRINT 	THE TRIP 	SPRINT 