

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1.	1.		Bäcker, Simon	Nordlicht Ausdauer-Coaching	1. M30	364	00:32:59	00:32:59
2.	2.		Timme, Hauke	TSV Fahrdorf	1. M35	11389	00:33:30	00:33:30
3.	3.		Löbe, Karl	Anschütz Pathfinder	1. M	6604	00:34:05	00:34:05
4.	4.		Feldkamp, Jonas	Foodandphysis	1. MJ U20	2539	00:34:30	00:34:30
5.	5.		Vehling, Falko		1. M40	11615	00:35:28	00:35:28
6.	6.		Rumpelt, Jonas	FC St. Pauli Triathlon	2. M	6584	00:36:05	00:36:06
7.		1.	Kümpers, Julia	LAC Kronshagen	1. W30	6049	00:36:08	00:36:09
8.	7.		Westphal, Bjarne	Team Kriwat Sport	3. M	12149	00:36:47	00:36:47
9.	8.		Hansen, Thore		2. M40	3788	00:37:19	00:37:21
10.	9.		Schlenz, Jonas	Team Kriwat Sport	4. M	9681	00:37:28	00:37:29
11.	10.		Westphal, Birger	Team Kriwat Sport	5. M	12148	00:37:33	00:37:34
12.	11.		Dobberstein, Arthur		6. M	1987	00:37:40	00:37:42
13.	12.		Hansen, Benjamin		2. M35	3732	00:37:42	00:37:44
14.	13.		Rahlf, Paul	LAC Kronshagen	2. M30	8708	00:37:52	00:37:53
15.	14.		Iwers, Erik		7. M	4621	00:37:52	00:37:56
16.	15.		Peters, Ole		8. M	8240	00:38:07	00:38:07
17.	16.		Alnor, Mats Laurits		3. M30	151	00:38:15	00:38:15
18.	17.		Köpernick, Sven	Team VOSS Küstenläufer	3. M35	5603	00:38:18	00:38:19
19.	18.		Klapper, Theo	USC Kiel	2. MJ U20	5326	00:38:30	00:38:30
20.	19.		Schlauderbach, Tobias	USC Kiel	4. M35	9678	00:38:45	00:38:45
21.	20.		Soblik, Hanns	GALENpharma	1. M45	10568	00:38:46	00:38:50
22.	21.		Reckmann, Dennis	SH-Netz	9. M	8809	00:38:50	00:38:53
23.	22.		Grützmacher, Lennart		4. M30	3465	00:38:53	00:38:56
24.	23.		Jacobs, Lennart	Adrians Club	10. M	4645	00:38:55	00:38:59
25.	24.		Lassen, Mattes	SG Athletico Büdelsdorf e.V.	11. M	6302	00:39:04	00:39:06
26.		2.	Bergmann, Janika	Leichtathletikclub Kronshagen	1. W	716	00:39:13	00:39:14
27.	25.		Garschke, Daniel	Leichtathletikclub Kronshagen	12. M	2937	00:39:15	00:39:18
28.	26.		Zwicker, Sebastian	USC Kiel	5. M35	6018	00:39:42	00:39:49
29.	27.		Leplow, Jöran	LAC Kronshagen	13. M	6433	00:39:45	00:39:48
30.	28.		Rudnicki, Linus	Solvares Runner	1. MJ U18	9298	00:39:47	00:39:57
31.	29.		Mentzer, Moritz		14. M	7195	00:39:47	00:39:51
32.	30.		Fischer-Liefländer, Jonas		6. M35	2664	00:39:49	00:39:56
33.	31.		Villwock, Jannis	Adrians Club	15. M	11647	00:39:59	00:40:02
34.	32.		Fay, Linus		3. MJ U20	2501	00:40:01	00:40:21
35.	33.		Momsen, Finnjus	Baltic Storms	4. MJ U20	7457	00:40:03	00:40:08
36.	34.		Heyduck, Vito Garvin	OT-Kiel	16. M	4199	00:40:06	00:40:10
37.	35.		Duhnke, Lars-Olaf		17. M	2158	00:40:24	00:40:26
38.	36.		Metzler, Simon	Team VOSS Küstenläufer	3. M40	7233	00:40:25	00:40:33
39.	37.		von Rüden, Conrad		18. M	11798	00:40:26	00:40:29
40.	38.		Ladendorf, Arne		5. M30	6174	00:40:34	00:40:38
41.	39.		Mattsson, Björn	Anschütz Pathfinder	4. M40	7069	00:40:35	00:40:36
42.	40.		Raabe, Jendrik	Team Kriwat Sport	19. M	8656	00:40:37	00:40:37
43.	41.		Jöhnik, Leonard		6. M30	4858	00:40:54	00:40:57
44.	42.		Schuldt, Mirco		7. M30	10095	00:40:55	00:41:08
45.	43.		Priebe, Oskar		2. MJ U18	8566	00:40:58	00:41:10
46.	44.		Drechsel, Luis	HyperKult	20. M	2084	00:41:02	00:41:21
47.		3.	Marschall, Nele		2. W	6958	00:41:03	00:41:06
48.	45.		Möhrke, Jakob		21. M	7377	00:41:10	00:41:16
49.	46.		Wichmann, Frank	SG Athletico Büdelsdorf	1. M50	6585	00:41:14	00:41:19
50.	47.		Drews, Gero		3. MJ U18	2107	00:41:15	00:41:20
51.	48.		Mulawa, Sven		7. M35	7595	00:41:19	00:41:44
52.	49.		Rodberg, Even Michael		5. M40	9077	00:41:19	00:41:36
53.	50.		Horst, Daniel		22. M	4463	00:41:20	00:41:32
54.	51.		Quandt, Marten	Kieler Crew	6. M40	8643	00:41:21	00:41:23
55.	52.		Ceranka, Jorin		7. M40	1625	00:41:21	00:41:27
56.	53.		Hesse, Andreas	Humboldt Schule Kiel	2. M45	4167	00:41:31	00:41:41
57.	54.		Stender, Felix		8. M30	10850	00:41:32	00:41:38
58.	55.		Prehm, Steve	iRunMinsk	8. M40	10034	00:41:41	00:42:06
59.	56.		Kämpfer, Ulf	Team SPD	2. M50	5001	00:41:43	00:41:47
60.	57.		Thun, Thore		9. M30	11348	00:41:46	00:41:51
61.		4.	Eggers, Marie	Team VOSS Küstenläufer	3. W	2244	00:41:46	00:42:17
62.	58.		Techert, Bjarne	Hamburg Running	10. M30	11169	00:41:47	00:41:49
63.	59.		Rogge, Jannes		8. M35	7294	00:41:49	00:41:55
64.	60.		Liepner, Marvin		9. M35	6509	00:41:57	00:42:36
65.	61.		Strauß, Lasse Jarno		23. M	10964	00:41:57	00:42:01
66.	62.		Hippel, Carsten	RBZ Wirtschaft Kiel	3. M45	4278	00:42:12	00:42:17
67.	63.		Borghardt, Hendrik		9. M40	1102	00:42:12	00:42:21
68.		5.	Wolf, Carmen	USC Kiel	4. W	12421	00:42:22	00:42:30
69.	64.		Begier, Rico	Ingenieurteam Trebes	11. M30	601	00:42:24	00:42:42
70.	65.		Reeve, Toby		4. M45	5484	00:42:25	00:42:37
71.	66.		Hecker, Sven	Tactical Athlete Fitness	12. M30	3945	00:42:25	00:42:31
72.	67.		Zunke, Marcus		5. M45	12699	00:42:28	00:42:44
73.	68.		Czeschel, Emil		5. MJ U20	1773	00:42:33	00:42:50
74.	69.		Panje, Pascal	Süverkrüp	24. M	12738	00:42:37	00:42:42
75.	70.		Röhl, Jens	Kiel Pilot	10. M40	9105	00:42:40	00:42:40
76.	71.		Schneider, Fritz Moritz		25. M	9835	00:42:43	00:43:13
77.	72.		Dames, Kemal	Stryker	1. M55	1800	00:42:45	00:42:47
78.	73.		Robbert, Marten	Science under pressure	26. M	9089	00:42:46	00:42:54
79.	74.		Sicknick, Marc	Erdinger Actice Team	11. M40	10435	00:42:50	00:42:56
80.	75.		Bumke, Lars	Sonja Wuff	10. M35	1498	00:42:50	00:43:08
81.	76.		Rehm, Jasper		27. M	8846	00:42:51	00:43:00
82.		6.	Jessen, Julia		5. W	1626	00:42:53	00:47:21
83.		7.	Stefan, Sylvana	Team Kriwat Sport	2. W30	10784	00:42:57	00:43:01
84.	77.		N, N		28. M	1189	00:43:02	00:43:02
85.	78.		Huth, Florian	Anschütz Pathfinder	12. M40	4564	00:43:05	00:43:12
86.	79.		Kuznik, Joschka		13. M30	6156	00:43:06	00:43:08
87.	80.		Kanzow, Moritz	USC Kiel	6. M45	5080	00:43:10	00:43:20
88.	81.		Koch, Jonas		29. M	5513	00:43:12	00:43:28

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
89.		8.	Beck, Corinna	Apotheke Altenholz	3. W30	531	00:43:13	00:43:19
90.	82.		Friedrichsen, Jonas Ole		4. MJ U18	2814	00:43:15	00:43:49
91.	83.		Petersen, Julian	Adrians Club	30. M	8276	00:43:18	00:43:21
92.	84.		Reinke, Marcel	DEKRA	14. M30	8919	00:43:18	00:43:30
93.	85.		Sieling, Matthias		15. M30	10468	00:43:18	00:43:53
94.	86.		Hoffmann, Joscha		5. MJ U18	4336	00:43:18	00:45:13
95.	87.		von Borries, Konrad		31. M	11744	00:43:22	00:43:45
96.	88.		Südel, Marko		13. M40	11062	00:43:23	00:43:31
97.	89.		Kasper, Denis		16. M30	5124	00:43:23	00:43:40
98.	90.		Bärenwaldt, Steffen		14. M40	369	00:43:26	00:44:27
99.	91.		Löschen, Rune	USC Kiel	32. M	6621	00:43:27	00:43:34
100.	92.		Eder, Stephan	DLRG Norderstedt	3. M50	2226	00:43:29	00:43:42
101.	93.		Stöber, Emanuel		33. M	10906	00:43:29	00:43:46
102.		9.	Simon, Katherine	KMRUNCLUB KIEL	1. W45	10520	00:43:31	00:43:34
103.	94.		Einfeldt, Nico	Landgericht Kiel	11. M35	2303	00:43:33	00:43:43
104.	95.		Goethe, Malte		34. M	3199	00:43:37	00:43:43
105.	96.		Sokirjanski, Maksim	KRAFT Runners Kiel	12. M35	6673	00:43:37	00:44:11
106.	97.		Thies, Jan		13. M35	2181	00:43:39	00:43:51
107.	98.		Bertling, Silvanus		35. M	754	00:43:40	00:43:48
108.		10.	Bertoni, Giulia		4. W30	760	00:43:41	00:44:22
109.	99.		Sothmann, Torben		17. M30	10630	00:43:44	00:44:59
110.	100.		Jesch, Michael		14. M35	4814	00:43:47	00:43:49
111.	101.		Joswig, Marc	Süverkrüp	15. M40	12745	00:43:49	00:43:56
112.	102.		Busse, Matti		36. M	1558	00:43:51	00:44:16
113.	103.		Güttler, Jelte		6. MJ U18	3518	00:43:51	00:43:56
114.	104.		Gutsch, Moritz	Kieferorthopäden in der Holtenauer	7. MJ U18	3547	00:43:53	00:50:32
115.	105.		Schwarz, Jon	Ernst-Barlach-Gymnasium	8. MJ U18	10260	00:43:54	00:44:03
116.	106.		Harlaß, Jan	Dataporti	16. M40	3825	00:43:54	00:44:11
117.	107.		Thiessen, Jarrik		37. M	11278	00:43:54	00:44:36
118.	108.		Hansen, Lennard		15. M35	3756	00:43:56	00:44:27
119.	109.		Mosel, Mats	Hot Heels	16. M35	7484	00:43:58	00:44:04
120.	110.		Beckmann, Daniel		7. M45	571	00:44:00	00:44:14
121.	111.		Plambeck, Jan-Hendrik	Stryker	18. M30	8426	00:44:00	00:44:15
122.	112.		Mizgayski, Simon		38. M	7361	00:44:00	00:44:26
123.	113.		Hoffmann de Ccahuana, Sergio Daniel	Schleswig-Holsteinischer Fußballverband	17. M35	4356	00:44:00	00:44:19
124.	114.		Bargmann, Onno	Team Kriwat Sport	39. M	419	00:44:02	00:46:40
125.	115.		Windmann, Sven	TSV Fahrdorf	8. M45	12308	00:44:05	00:44:24
126.	116.		Lentzsch, Karsten	SG Tantalus Kiel	2. M55	6421	00:44:06	00:44:09
127.	117.		Fitzner, Bennet		19. M30	2673	00:44:06	00:44:34
128.	118.		Schmäling, Stefan	Preetzer TSV	20. M30	9704	00:44:07	00:44:24
129.	119.		Heer, Tomte	Hot Heels	40. M	3951	00:44:08	00:44:39
130.	120.		Prinz, Lauritz		41. M	8581	00:44:08	00:44:35
131.	121.		Dose, Jan-Phillip		21. M30	2072	00:44:09	00:44:09
132.	122.		von Papen, Philip	Nordlicht Ausdauer-Coaching	4. M50	11789	00:44:09	00:44:15
133.	123.		Heumann, Lukas	KRAFT Runners Kiel	22. M30	4190	00:44:09	00:44:47
134.	124.		Willms, Boje		17. M40	12290	00:44:11	00:45:22
135.	125.		Paolella, Finnley		42. M	8072	00:44:12	00:44:49
136.	126.		Finck-Stoltenberg, Malte		43. M	2606	00:44:13	00:44:13
137.	127.		Haverkamp, Stefan		18. M35	3926	00:44:15	00:44:51
138.	128.		Voigt, Marvin		44. M	11701	00:44:17	00:44:22
139.	129.		Kerssenbrock, Rembert		18. M40	5213	00:44:18	00:44:36
140.	130.		Bauer, Yannick		23. M30	494	00:44:19	00:44:53
141.	131.		Goergens, Otto		6. MJ U20	3177	00:44:19	00:45:14
142.	132.		N, N		45. M	10539	00:44:21	00:44:41
143.	133.		Voß, Victor	Team Osteopathie Werner	46. M	11855	00:44:21	00:44:53
144.	134.		Düßler, Lenno		47. M	2152	00:44:22	00:44:43
145.		11.	Daum, Berit		1. W35	1828	00:44:22	00:44:58
146.	135.		Pingel, Timo		24. M30	4837	00:44:22	00:45:54
147.	136.		Dervishi, Hidisen		25. M30	1891	00:44:23	00:44:53
148.		12.	Mazacon Bano, Maria del Carmen		5. W30	7096	00:44:23	00:44:27
149.	137.		Hellmann, Stefan		19. M40	4054	00:44:23	00:44:29
150.	138.		von Lanken, Florian	Förde Sparkasse	20. M40	11786	00:44:24	00:44:31
151.	139.		van de Bergh, Marc		5. M50	11594	00:44:25	00:45:05
152.	140.		Greve, Henrik		21. M40	3370	00:44:26	00:44:45
153.	141.		Zinedine, Khalid		48. M	12675	00:44:29	00:45:15
154.		13.	Holst, Luisa	USC Kiel	6. W	4410	00:44:30	00:44:39
155.	142.		König, Hannes	Kieferorthopäden in der Holtenauer	7. MJ U20	5575	00:44:30	00:45:45
156.	143.		Schulz, Mathias	LAC Kronshagen	22. M40	10163	00:44:31	00:44:41
157.	144.		Sorgenfrei, Kai	Sauer Compressors	23. M40	10624	00:44:31	00:45:15
158.	145.		Burke, Lars	BSG Schleswig-Holstein Netz	6. M50	1514	00:44:33	00:44:43
159.	146.		Mönch, Manuel	e-nema	24. M40	7426	00:44:35	00:44:43
160.	147.		Haude, Gunnar	LAC Kronshagen	7. M50	10547	00:44:37	00:44:41
161.	148.		Wippich, Felix	Schabolution	19. M35	12332	00:44:39	00:45:01
162.	149.		Pries, Jan-Moritz	RBZ Wirtschaft Kiel	20. M35	12093	00:44:39	00:45:13
163.	150.		Neumann, Benne	Jomsburg	49. M	7703	00:44:40	00:46:12
164.	151.		Schwabe, Jonas	JoLi Laufclub	50. M	10233	00:44:44	00:45:07
165.	152.		Meinagui, Sahand		51. M	7152	00:44:44	00:45:49
166.	153.		Colmorgen, Jörg	Landgericht Kiel	3. M55	1716	00:44:45	00:44:47
167.	154.		Asmussen, Oliver		8. M50	296	00:44:46	00:44:54
168.	155.		Janser, Anton	Preetzer TSV	52. M	4744	00:44:46	00:45:03
169.	156.		Werner, Dirk	Team Osteopathie Werner	4. M55	12125	00:44:46	00:44:46
170.	157.		Patt, Steffen	Stammtisch	53. M	5584	00:44:46	00:44:53
171.	158.		Wagners, Nico		54. M	9984	00:44:46	00:45:06
172.	159.		Tetzlaff, Paul		55. M	11222	00:44:47	00:45:06
173.	160.		Jarck, Simon		56. M	4470	00:44:48	00:44:48
174.	161.		Arndt, Magnus		57. M	259	00:44:49	00:45:17
175.	162.		Bannow, Denis		21. M35	408	00:44:50	00:45:03
176.	163.		Bisgwa, Yannis		58. M	878	00:44:50	00:45:12

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
177.	164.		Seiffert, Björn	Foodandphysis	9. M50	10358	00:44:52	00:44:58
178.	165.		Siemens, Peter		22. M35	10476	00:44:53	00:45:34
179.	166.		Baines, John	Gemeinsam gegen Krebs	10. M50	11462	00:44:54	00:45:06
180.	167.		Zahlmann, Mathis		59. M	12591	00:44:55	00:45:25
181.	168.		Posern, Felix	Deutschland	26. M30	5143	00:44:56	00:45:05
182.	169.		Petersen, Tim		23. M35	1187	00:45:05	00:46:41
183.	170.		Kape, Jasper		60. M	5082	00:45:08	00:45:47
184.		14.	Wenzel, Andrea		2. W45	12119	00:45:08	00:45:21
185.	171.		Schulz, Benjamin		24. M35	10129	00:45:09	00:45:59
186.	172.		Stadelmann, Timo		25. M35	4771	00:45:09	00:46:52
187.	173.		Lachenmann, Michael	Stadtwerke Kiel	1. M60	6169	00:45:10	00:45:25
188.	174.		König, Patrick		25. M40	5592	00:45:12	00:46:16
189.	175.		Paap, Jöran Jory		27. M30	8022	00:45:13	00:49:38
190.		15.	Kupper, Juliane		1. W40	6126	00:45:14	00:45:21
191.	176.		Paulsen, Lasse	Sportprofil-Gymkro-Kiki	9. MJ U18	8140	00:45:16	00:45:29
192.	177.		Lauther, Norman	MLLEV	26. M35	6045	00:45:16	00:47:21
193.	178.		Köster, Jan		11. M50	5624	00:45:18	00:45:26
194.	179.		Martens, Sönke		12. M50	6973	00:45:20	00:49:21
195.		16.	Schierloh, Antonia		7. W	9644	00:45:21	00:45:54
196.	180.		Nemitz, Paul		8. MJ U20	7691	00:45:21	00:45:54
197.	181.		Prinz, Ludwig		61. M	8582	00:45:22	00:45:48
198.	182.		Bischoff, Finn	Süverkrüp	26. M40	12737	00:45:24	00:45:37
199.	183.		Barz, Roland		9. M45	457	00:45:24	00:46:16
200.	184.		Leu, Hendrik		28. M30	6450	00:45:24	00:46:36
201.	185.		Franz, Leonhard		62. M	2762	00:45:26	00:46:01
202.	186.		Harlaß, Junes	Preetzer TSV	10. MJ U18	3826	00:45:26	00:45:43
203.	187.		Jeske, Fynn	KPMG Kiel	63. M	4820	00:45:28	00:50:03
204.	188.		Krisch, Matthias	Brock Müller Ziegenbein	2. M60	5864	00:45:30	00:45:39
205.	189.		Scheel, Frederik		27. M40	9584	00:45:30	00:45:38
206.	190.		Engfer, Viktor		64. M	2379	00:45:32	00:46:14
207.	191.		Apenbrink, Malte		27. M35	227	00:45:35	00:46:56
208.		17.	von Keyserlingk-Enerius, Nicole		1. W55	11781	00:45:36	00:45:59
209.	192.		Jäger, Erik Piet		65. M	7925	00:45:37	00:49:36
210.	193.		Wriedt, Jan-Philipp	dc Services GmbH	28. M35	12491	00:45:38	00:45:59
211.	194.		Kruse, Julius		29. M30	5967	00:45:38	00:46:09
212.	195.		Hosbach, Uwe	TSV Altenburschla	5. M55	4471	00:45:39	00:45:59
213.		18.	Becker, Verena	LTV Kiel-Ost	3. W45	563	00:45:39	00:45:50
214.		19.	Howe, Carolin	LC Olympia Wiesbaden	2. W35	4477	00:45:40	00:45:59
215.	196.		Paulat, Niclas	Tactical Athlete Fitness	29. M35	8122	00:45:40	00:46:06
216.		20.	Canquiz, Sara	Stryker	2. W40	1584	00:45:40	00:52:13
217.	197.		Schlabach, Christian		10. M45	9669	00:45:40	00:45:56
218.	198.		Nissen, Markus		11. M45	7818	00:45:41	00:45:52
219.	199.		Becker, Niklas	Kieler Crew	66. M	556	00:45:44	00:45:56
220.		21.	Nolte, Sarah		6. W30	7844	00:45:44	00:46:07
221.	200.		Cordes, Ralf		6. M55	1734	00:45:46	00:46:06
222.	201.		Pagel, Anton		11. MJ U18	6537	00:45:48	00:48:59
223.	202.		Hissmann, Paul	Käthe-Kollwitz-Schule	9. MJ U20	4287	00:45:48	00:46:15
224.	203.		Seip, Nils-Christian	Ren(n)tiere	67. M	10368	00:45:49	00:46:17
225.	204.		Schröter, Finn		68. M	10019	00:45:50	00:45:57
226.	205.		Büll, Thomas		3. M60	1454	00:45:50	00:46:04
227.		22.	Behrens, Gina		8. W	629	00:45:51	00:46:09
228.	206.		Brandt, Moritz		30. M30	1203	00:45:53	00:46:08
229.	207.		Völz, Christian	Zack Ergotherapie	28. M40	11669	00:45:54	00:46:41
230.	208.		Thedens, Daniel	MTV Heide	29. M40	11237	00:45:55	00:46:17
231.		23.	Avemarg, Tonya		9. W	314	00:45:56	00:46:11
232.	209.		Koç, Hasan		69. M	5745	00:45:57	00:46:17
233.	210.		Hopp, Flemming		31. M30	4438	00:45:58	00:46:03
234.	211.		Dürr, Aaron	Kieler Gelehrtenschule	12. MJ U18	2149	00:46:00	00:46:13
235.	212.		Sketta, Ole		70. M	1574	00:46:00	00:46:32
236.	213.		Klimmek, Sebastian	Schild Flaggen	30. M35	5384	00:46:01	00:46:04
237.		24.	Ewert, Jana	Kieler Crew	3. W40	2441	00:46:02	00:46:14
238.	214.		Stargardt, Morlin		71. M	10981	00:46:02	00:47:50
239.	215.		Jeschkeit, Arne		10. MJ U20	4816	00:46:03	00:47:40
240.		25.	Jürgens, Jette		10. W	4933	00:46:04	00:46:36
241.	216.		Reich, Ronald	TriTeam Neumünster	4. M60	8862	00:46:07	00:46:21
242.	217.		Franke, Johann		72. M	2756	00:46:07	00:46:11
243.	218.		Yapi, Brice-Joel		32. M30	12566	00:46:07	00:46:29
244.	219.		Ehlers, Fabian	Boost Sportpsychologie	33. M30	2256	00:46:08	00:46:52
245.	220.		Vollertsen, Marcus		31. M35	11722	00:46:09	00:47:44
246.		26.	Facklam, Julie		11. W	9060	00:46:09	00:46:14
247.	221.		Hilsen, Theo	Solvares Runner	73. M	4236	00:46:11	00:48:12
248.	222.		Rosenberg, Fynn		74. M	9225	00:46:12	00:47:15
249.	223.		Laß, Bjarne		75. M	6291	00:46:12	00:46:21
250.		27.	Schnitzler, Sina	USC Kiel	4. W40	9868	00:46:13	00:46:27
251.	224.		Gräning, Phil		34. M30	3298	00:46:13	00:46:36
252.		28.	Stühmer, Vivien		7. W30	11040	00:46:13	00:46:40
253.	225.		Schnitzler, Jörg	USC Kiel	13. M50	9866	00:46:13	00:46:27
254.	226.		Scholz, Lukas	Energie in Bewegung	35. M30	9919	00:46:13	00:46:39
255.	227.		Kimmerle, Sebastian	CITTI / CHEFS CULINAR / HMS	12. M45	5268	00:46:14	00:46:25
256.	228.		Skorna, Henry	Boxen Uni Kiel	30. M40	10543	00:46:15	00:46:33
257.	229.		Wecker, Ole		13. MJ U18	11975	00:46:15	00:47:47
258.	230.		Sielken, Robin	KRAFT Runners Kiel	32. M35	1834	00:46:15	00:46:53
259.	231.		Stauske, Tobias		31. M40	10768	00:46:17	00:47:28
260.	232.		Conrads, Michael	Wassersportvereinigung Büdelsdorf	13. M45	1726	00:46:17	00:46:30
261.	233.		Nickel, Jarne		76. M	7749	00:46:24	00:47:17
262.		29.	Kiehl, Kira		8. W30	5251	00:46:26	00:46:55
263.	234.		Körner, Hendrik		14. M45	5612	00:46:26	00:46:47
264.		30.	Boniecki, Sina-Madeleine		9. W30	967	00:46:26	00:46:42

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
265.	235.		Marter, Richard	Landgericht Kiel	33. M35	6985	00:46:26	00:47:26
266.		31.	Möller, Lea Melissa		12. W	7402	00:46:27	00:46:59
267.	236.		Goele, Torsten	Sauer Compressors	15. M45	3170	00:46:30	00:48:08
268.	237.		Quast, Jonas	e-nema	36. M30	8645	00:46:31	00:47:12
269.	238.		Render, Ben		77. M	8938	00:46:33	00:49:13
270.	239.		Render, Tim		78. M	8940	00:46:33	00:49:13
271.	240.		Klauß, Thomas		14. M50	7024	00:46:38	00:46:52
272.	241.		Kanngießer, Luca		37. M30	5071	00:46:38	00:47:19
273.	242.		Thon, Jörg	Stryker	16. M45	11329	00:46:39	00:47:02
274.		32.	Hoppe, Julia	Borener SV	13. W	4446	00:46:40	00:47:02
275.		33.	Erbersdobler, Sophie		14. W	2389	00:46:41	00:47:35
276.		34.	Brose, Emma		15. W	1352	00:46:42	00:49:41
277.	243.		Schuh, Marius	KAC	79. M	10087	00:46:42	00:47:49
278.	244.		Millat, Andreas	ERDINGER Active TEAM	5. M60	7335	00:46:43	00:47:04
279.	245.		Steenbock, Marco		17. M45	10780	00:46:44	00:46:55
280.	246.		Bachmann, Alexander		34. M35	342	00:46:44	00:48:26
281.	247.		Witthöft, Jarne		11. MJ U20	12361	00:46:44	00:47:16
282.		35.	Brandt, Friederike		16. W	1196	00:46:45	00:47:10
283.	248.		Feddersen, Leif		38. M30	7863	00:46:47	00:46:59
284.	249.		Pienisch, Martin	Wassersportvereinigung Büdelsdorf	18. M45	8376	00:46:47	00:47:56
285.	250.		Junge, Kilian		39. M30	4963	00:46:48	00:48:24
286.	251.		Krause, Niklas		40. M30	5813	00:46:49	00:47:05
287.	252.		Hans, Daniel		35. M35	3727	00:46:49	00:47:05
288.	253.		Kalinowski, Lenny		80. M	5035	00:46:49	00:46:54
289.	254.		Golec, Tobias	Stadtwerke SH	32. M40	3231	00:46:49	00:47:07
290.	255.		Polzer, David		81. M	8496	00:46:49	00:47:01
291.		36.	Kath, Paulina		10. W30	5134	00:46:50	00:47:27
292.	256.		Milde, Lian	Sportprofil-Gymkro-Kiki	14. MJ U18	7330	00:46:51	00:46:51
293.		37.	Möhring, Jennifer		3. W35	7375	00:46:52	00:47:26
294.	257.		Dittrich, Gunnar	CITTI / CHEFS CULINAR / HMS	36. M35	1981	00:46:52	00:47:24
295.	258.		Nölscher, Patrick	Verwaltungsgerichte Schleswig	37. M35	7834	00:46:53	00:47:02
296.	259.		Fonk, Lukas		41. M30	2716	00:46:53	00:47:51
297.	260.		Hempel, Thomas		19. M45	4079	00:46:53	00:47:57
298.	261.		Rath, Roi	Kieler Turnerbund v 1899 eV (KTb)	20. M45	8761	00:46:54	00:47:12
299.	262.		Kriwat, Linus	Team Kriwat Sport	42. M30	5870	00:46:55	00:47:22
300.		38.	Kriwat, Katharina	Team Kriwat Sport	11. W30	5868	00:46:55	00:47:21
301.	263.		Wehrenberg, Jonas		82. M	12024	00:46:55	00:47:35
302.	264.		Kruse, Jesper	TuS Holtenau	83. M	5965	00:46:55	00:47:47
303.	265.		Hilsen, Paul		43. M30	4234	00:46:55	00:47:15
304.	266.		Kubbutat, Anton		15. MJ U18	5991	00:46:56	00:47:13
305.		39.	Augustyniak, Olga		4. W35	12766	00:46:57	00:51:11
306.	267.		Hünemann, Mathis	SEELÄUFER	84. M	4512	00:46:59	00:48:10
307.	268.		Kehl, Oliver		7. M55	5160	00:47:00	00:49:27
308.	269.		Bayer, Julius		85. M	520	00:47:01	00:47:43
309.	270.		Bonik, Marco		38. M35	1076	00:47:01	00:47:18
310.	271.		Salto, Robin		86. M	9438	00:47:02	00:47:30
311.	272.		Szemkus, Torben		87. M	10489	00:47:02	00:47:11
312.	273.		Weichler, Roger		8. M55	12028	00:47:02	00:47:27
313.		40.	Birte, Holtmann	Förde Sparkasse	5. W35	866	00:47:03	00:47:12
314.		41.	Haake-Kleber, Andrea		4. W45	3570	00:47:05	00:47:56
315.	274.		Breuer, Ulf	Förde Sparkasse	21. M45	1300	00:47:06	00:47:13
316.	275.		Prange, Gerrit		22. M45	8531	00:47:07	00:47:22
317.	276.		Domke, Thorsten		23. M45	12729	00:47:08	00:49:17
318.	277.		Beckmann, Tim	Team Kriwat Sport	33. M40	577	00:47:10	00:47:36
319.	278.		Weisbarth, Henning		39. M35	12058	00:47:12	00:47:33
320.	279.		Bruns, Nico		44. M30	1403	00:47:12	00:47:37
321.	280.		Oehme, Leon		45. M30	11416	00:47:12	00:47:49
322.	281.		Walter, Thorben	RPRC von 1880	46. M30	11927	00:47:13	00:47:44
323.		42.	Grüneberg, Timon		17. W	12761	00:47:13	00:47:58
324.	282.		Hoffmann, Nils		40. M35	4349	00:47:14	00:48:04
325.		43.	Christiansen, Pia	USC Kiel	18. W	8958	00:47:14	00:47:34
326.	283.		Jonte, Sötje	Team Kriwat Sport	88. M	4900	00:47:14	00:47:34
327.	284.		Blasel, Kristian		9. M55	900	00:47:16	00:47:22
328.	285.		Konschak, Roy		6. M60	5698	00:47:17	00:51:16
329.	286.		Carstensen, Simon		89. M	1612	00:47:17	00:48:21
330.	287.		Wittmack, Hjalte	Sauer Compressors	90. M	12367	00:47:18	00:48:06
331.	288.		Ivanov, Stanislav		24. M45	4616	00:47:18	00:47:21
332.	289.		Morgensen, Peer	Team Osteopathie Werner	91. M	7476	00:47:18	00:47:18
333.	290.		Bazili, Kaan	Elisabethheim Havetoft	16. MJ U18	524	00:47:19	00:48:01
334.	291.		Rehbehn, Martin		34. M40	8837	00:47:19	00:47:32
335.		44.	Trog, Elisa		19. W	8746	00:47:19	00:50:25
336.		45.	Lange, Annika	IM-Team	12. W30	6220	00:47:20	00:47:22
337.	292.		Hollensen, Maik		47. M30	4393	00:47:21	00:48:25
338.	293.		Bubic, Kamil	Ingenieurteam Trebes	41. M35	1406	00:47:21	00:47:35
339.	294.		Vardanyan, Karapet	Elisabethheim Havetoft	48. M30	11612	00:47:21	00:48:03
340.	295.		Rittel, Linus		12. MJ U20	9078	00:47:21	00:49:45
341.		46.	Teifke, Alva		1. WJ U18	11193	00:47:21	00:47:30
342.	296.		Reichwaldt, Franz		35. M40	8878	00:47:23	00:48:03
343.	297.		Pöhlmann, Benjamin		92. M	8465	00:47:23	00:47:48
344.		47.	Heinrich, Johanna	KRAFT Runners Kiel	13. W30	3997	00:47:27	00:48:47
345.	298.		Braune, Dennis	die tapferen Schneiderleins	25. M45	1239	00:47:27	00:47:46
346.	299.		Schönherr, Tilman		42. M35	9891	00:47:27	00:48:57
347.	300.		Jordan, Kevin		43. M35	4903	00:47:27	00:47:47
348.	301.		Lüth-Harms, Andreas		26. M45	6337	00:47:28	00:48:27
349.	302.		Werner, Henry	Team Osteopathie Werner	93. M	12127	00:47:32	00:47:42
350.	303.		Thomsen, Rasmus		94. M	11319	00:47:32	00:48:11
351.	304.		Geisler, Andy	Chiropraktik Grosche	10. M55	2990	00:47:32	00:47:42
352.	305.		Daniel, Fynn Lucas		17. MJ U18	9657	00:47:34	00:52:35

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
353.	306.		Pohlmann, Bosse		18. MJ U18	8489	00:47:35	00:47:52
354.	307.		Mordhorst, Holger		7. M60	7471	00:47:35	00:48:24
355.	308.		Mielke, Jonathan-Linus		95. M	12728	00:47:36	00:48:26
356.	309.		Brunewitsch, Dimitri		44. M35	1393	00:47:36	00:48:15
357.	310.		Süfke, Robin		13. MJ U20	11063	00:47:37	00:49:02
358.		48.	Jeschek, Catharina		20. W	9123	00:47:37	00:48:14
359.	311.		Traska, Steffen		36. M40	11451	00:47:37	00:48:02
360.	312.		Witt, Max		49. M30	12353	00:47:38	00:48:22
361.	313.		Alpers, Maximilian		19. MJ U18	153	00:47:38	00:47:46
362.	314.		Jüdes, Benjamin		37. M40	4929	00:47:38	00:48:58
363.	315.		Döring, Ralf		8. M60	2009	00:47:39	00:49:49
364.	316.		Naglik, Thomas		45. M35	7650	00:47:40	00:48:24
365.	317.		Nierobisch, Bernd		1. M65	7790	00:47:42	00:47:59
366.	318.		Greggersen, Ben Erik		96. M	3353	00:47:44	00:47:54
367.	319.		Lerke, Hannes		38. M40	6435	00:47:45	00:48:05
368.	320.		Hoefel, Bernd	WEISSLEDER EWER	15. M50	4300	00:47:46	00:49:27
369.	321.		Linn, Sven		39. M40	6569	00:47:48	00:49:16
370.	322.		Stadelmann, Daniel	Rangi Changi	46. M35	115	00:47:48	00:49:30
371.	323.		Nehls, Béla Johann		20. MJ U18	7682	00:47:48	00:53:50
372.	324.		Pagel, Birger		11. M55	8033	00:47:50	00:48:14
373.	325.		Schulze, Jan		12. M55	10181	00:47:52	00:48:48
374.	326.		Haustedt, Ben	OT-Kiel	50. M30	3923	00:47:52	00:48:03
375.	327.		Dose, Karsten	ERDINGER Active TEAM	9. M60	2073	00:47:52	00:49:18
376.	328.		Von Daacke, Gerrit		47. M35	11754	00:47:53	00:48:54
377.	329.		Raith, Christian	FINNOFLEET BMI	16. M50	1299	00:47:54	00:49:49
378.	330.		van der Berg, Christian		51. M30	11597	00:47:55	00:48:26
379.	331.		Mattern, Benjamin		97. M	7030	00:47:55	00:48:50
380.	332.		Ahrens, Erck		48. M35	93	00:47:57	00:50:04
381.		49.	Steckhan, Dorothea		21. W	10773	00:47:58	00:48:52
382.	333.		Damlos, Tjark		98. M	1801	00:48:00	00:48:22
383.		50.	Bischoff, Jette		14. W30	870	00:48:00	00:48:19
384.	334.		Thoms, Klaus		2. M65	11299	00:48:00	00:48:12
385.	335.		Kindermann, Tobbe	KKS Kiel	99. M	5274	00:48:00	00:48:58
386.	336.		Korth, Lennart	Tangun Taekwondo Kiel	27. M45	5721	00:48:00	00:48:21
387.	337.		Bischoff, Ole		49. M35	875	00:48:01	00:48:20
388.	338.		Virneburg, Nic	Hot Heels	50. M35	3924	00:48:02	00:49:20
389.	339.		Grambow, Tim	Hot Heels	52. M30	3327	00:48:02	00:48:32
390.	340.		Streng, Florian		40. M40	10984	00:48:02	00:49:17
391.	341.		Kulawik, Philipp	PwC Kiel	53. M30	6085	00:48:03	00:51:25
392.		51.	Brocke, Sabine	Team VOSS Küstenläufer	5. W40	1327	00:48:03	00:48:50
393.	342.		Marynek, Kai		13. M55	7006	00:48:03	00:50:30
394.	343.		Möller, Daniel		28. M45	7387	00:48:04	00:50:10
395.	344.		Seemann, Niclas		54. M30	10338	00:48:05	00:48:27
396.	345.		Kraft, Arne		51. M35	5773	00:48:05	00:49:38
397.	346.		Peter, Thore		55. M30	8207	00:48:05	00:55:25
398.	347.		Friesen, Walter		56. M30	2824	00:48:07	00:48:56
399.	348.		Sieberg, Joshua		100. M	10439	00:48:07	00:53:53
400.	349.		Radde, Jörn	Förde Sparkasse	14. M55	8683	00:48:08	00:48:15
401.	350.		KRause, Sebastian	Stadtwerke SH	41. M40	11289	00:48:08	00:49:18
402.	351.		Weißenfels, Tim		57. M30	12071	00:48:08	00:48:08
403.	352.		Möhlenbrock, Nils		58. M30	7372	00:48:09	00:49:22
404.	353.		Steinhorst, Maximilian		101. M	10833	00:48:09	00:56:06
405.	354.		Grützki, Gerrit		59. M30	3464	00:48:09	00:56:40
406.	355.		Philipsen, Lars		42. M40	8362	00:48:10	00:49:30
407.	356.		Krautwald, Patrick		52. M35	9975	00:48:10	00:48:57
408.		52.	Reimers, Louisa		15. W30	8896	00:48:11	00:49:24
409.	357.		Hapke, Tim		43. M40	3799	00:48:12	00:49:18
410.	358.		Wischnowski, Florian	team baucenter	60. M30	12339	00:48:13	00:48:56
411.	359.		Saftari, Atiqullah	Elisabethheim Havetoft	21. MJ U18	9411	00:48:14	00:48:58
412.	360.		Pugliese, Sante		44. M40	8621	00:48:14	00:48:19
413.		53.	Strehlow, Lea		22. W	10980	00:48:14	00:54:21
414.	361.		Möhrke, Jonas	Munkelhorstler Aktiv	102. M	7378	00:48:14	00:49:45
415.		54.	Siedschlag, Svea		6. W35	10448	00:48:15	00:48:56
416.	362.		Quade, Mattis		103. M	8641	00:48:15	00:49:13
417.		55.	Schulze, Hannah	KRAFT Runners Kiel	23. W	10179	00:48:15	00:49:37
418.		56.	Dittmann, Sinja		16. W30	1979	00:48:16	00:49:03
419.	363.		Schober, Florian		53. M35	9879	00:48:16	00:48:32
420.		57.	Kayser, Tjorje	Stadtwerke Kiel	1. WJ U20	32	00:48:16	00:48:33
421.		58.	Ueding, Swantje		7. W35	11526	00:48:16	00:56:44
422.		59.	Graht, Laura		17. W30	3323	00:48:17	00:49:18
423.	364.		Kubiessa, Paul		61. M30	5996	00:48:18	00:50:08
424.	365.		Rosenbaum, Dino		15. M55	9222	00:48:19	00:48:34
425.	366.		Birkner, Till		62. M30	864	00:48:19	00:48:58
426.	367.		Faasch, Mathies		104. M	2449	00:48:21	00:50:26
427.	368.		Ströh, Jakob		22. MJ U18	10998	00:48:21	00:51:35
428.		60.	Cremer, Alessa		24. W	5780	00:48:22	00:54:05
429.	369.		Martin, Moritz		54. M35	6988	00:48:22	00:48:49
430.	370.		Kerber, Dave		63. M30	5197	00:48:24	00:48:57
431.	371.		Krüger, Heiner		45. M40	5907	00:48:25	00:48:55
432.	372.		Tylla, Rafael		64. M30	1958	00:48:25	00:49:13
433.	373.		Clasen, Julian		65. M30	10331	00:48:25	00:49:03
434.	374.		Tietjens, Dominik	Sportprofil-Gymkro-Kiki	23. MJ U18	11374	00:48:26	00:50:18
435.	375.		Albrecht, Lucas		66. M30	8280	00:48:28	00:48:53
436.	376.		Michaelis, Elias		14. MJ U20	4723	00:48:29	00:50:10
437.	377.		Bick, Oliver	Stadtwerke Kiel	67. M30	813	00:48:31	00:49:10
438.	378.		Lutter, Johann		105. M	6775	00:48:31	00:49:06
439.	379.		Voit-Avemarg, Phillip		29. M45	11707	00:48:31	00:49:22
440.	380.		Neumann, Gerhard		30. M45	7709	00:48:31	00:48:56

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
441.	381.		Freitag, Maximilian		106. M	2775	00:48:32	00:49:13
442.	382.		Perrey, Heiner	Team Butzelena	46. M40	8195	00:48:32	00:50:29
443.	383.		Rasche, Sven		17. M50	8750	00:48:32	00:50:52
444.	384.		Meyer, Till		107. M	7273	00:48:32	00:50:30
445.	385.		Kujda, Mateusz		68. M30	6080	00:48:33	00:49:12
446.	386.		Büsing, Jonathan		47. M40	1467	00:48:34	00:48:34
447.	387.		Ströhnisch, Nic		108. M	11002	00:48:34	00:49:51
448.	388.		Quatmann, Markus	Dataporti	31. M45	8646	00:48:34	00:49:55
449.	389.		Rother, Tobias		109. M	9276	00:48:36	00:50:23
450.	390.		Jürgens, Trutz	Deutschland	55. M35	10552	00:48:36	00:48:45
451.	391.		Conradt, Christoph		56. M35	1730	00:48:38	00:49:33
452.	392.		Geißler, Felix		57. M35	2094	00:48:40	00:50:03
453.	393.		Broderick, Andreas		1. M70	1331	00:48:40	00:49:03
454.	394.		Kinder, Fritjov		32. M45	9220	00:48:41	00:50:46
455.	395.		Gerlach, Philipp		69. M30	446	00:48:43	00:49:19
456.	396.		Heinen, Eike		58. M35	3991	00:48:44	00:48:59
457.	397.		Willers, Christian	Verwaltungsgerichte Schleswig	48. M40	12277	00:48:45	00:48:54
458.		61.	Engling, Kaja	PwC Kiel	18. W30	2380	00:48:45	00:52:08
459.	398.		Burmester, Daniel		33. M45	1525	00:48:45	00:48:56
460.		62.	Bock, Theresa	Manawa Crossfit	19. W30	965	00:48:47	00:49:35
461.		63.	Arendt, Brienne		25. W	244	00:48:48	00:49:57
462.	399.		Hammer, Ingo	Dataporti	18. M50	3704	00:48:48	00:49:41
463.		64.	Linz, Jette		26. W	6578	00:48:49	00:50:48
464.	400.		Peters, Julien		110. M	8225	00:48:50	00:49:19
465.	401.		Daher, Chaled		59. M35	11619	00:48:50	00:52:27
466.		65.	Barrabas, Lara		8. W35	435	00:48:50	00:49:16
467.	402.		Harder, Unnolf		16. M55	3819	00:48:50	00:49:40
468.	403.		Herrmann, Timo		111. M	6603	00:48:51	00:50:50
469.	404.		Kasper, Leon	Gymnasium Kronshagen	24. MJ U18	5125	00:48:54	00:50:08
470.	405.		Pretzsch, Lukas		112. M	8554	00:48:54	00:51:56
471.	406.		Mertens, Nikolai		60. M35	7215	00:48:55	00:51:22
472.	407.		Hemke, Hannes		15. MJ U20	11168	00:48:55	00:53:42
473.	408.		Jansen, Kevin	Kieler Volksbank eG	61. M35	4735	00:48:57	00:50:11
474.		66.	Schmidt-Holländer, Lore		20. W30	9788	00:48:58	00:49:55
475.	409.		Seiffert, Lars	LTV Kiel-Ost	19. M50	10361	00:48:58	00:50:38
476.		67.	Willers, Anna Stina		9. W35	12276	00:48:59	00:54:01
477.	410.		Jansen, Malte		49. M40	4739	00:48:59	00:49:33
478.	411.		Elsler, Elias		50. M40	2333	00:48:59	00:49:39
479.	412.		Passau, Andreas	Bundeswehr	17. M55	8099	00:49:00	00:52:34
480.		68.	Stepputtis, Kathrin		21. W30	10860	00:49:01	00:51:48
481.	413.		Ritter, Daniel		62. M35	9081	00:49:01	00:49:35
482.	414.		Ditschler, Tim		70. M30	1974	00:49:02	00:54:04
483.		69.	Fey, Kim		27. W	2577	00:49:03	00:49:39
484.	415.		Kruse, Henri		16. MJ U20	5961	00:49:05	00:49:15
485.	416.		Claessen, Holger		10. M60	1668	00:49:05	00:49:57
486.		70.	Taubert, Kristin		10. W35	11163	00:49:06	00:50:32
487.	417.		Ehrnsberger, Mirco		34. M45	2285	00:49:07	00:49:26
488.	418.		König, Jonas	Kieferorthopäden in der Holtenauer	113. M	5576	00:49:07	00:50:24
489.	419.		Wendt, Arik		71. M30	12095	00:49:08	00:50:47
490.	420.		Schwiemann, Jan-Steffen		51. M40	10310	00:49:08	00:49:42
491.	421.		Blazek, Alexander	Haus & Grund SH	18. M55	908	00:49:09	00:49:28
492.	422.		Jeschke, Joris	Förde Sparkasse	72. M30	9491	00:49:10	00:49:40
493.	423.		Isaak, Wilhelm		35. M45	4608	00:49:11	00:50:14
494.		71.	Bachmann, Franziska		28. W	343	00:49:11	00:51:33
495.	424.		Görke, Bören		52. M40	3180	00:49:11	00:50:14
496.	425.		Horst, Jonas	TSV Klausdorf	114. M	4466	00:49:11	00:49:58
497.	426.		Evers, Tom		73. M30	2432	00:49:11	00:50:24
498.		72.	van Riesen, Annika		29. W	11604	00:49:12	00:49:27
499.	427.		Kelb, Alexander		115. M	5165	00:49:13	00:49:54
500.	428.		Döhler, Bente		116. M	1993	00:49:13	00:51:15
501.	429.		Hackethal, Achim	Landgericht Kiel	19. M55	3603	00:49:14	00:50:34
502.	430.		Ohlendorf, Wolf-Sebastian	Brock Müller Ziegenbein	74. M30	7932	00:49:18	00:49:51
503.	431.		Gröbel, Marco		63. M35	3395	00:49:21	00:49:43
504.	432.		Ehlers, Thore	Bundeswehr	117. M	2268	00:49:22	00:50:40
505.	433.		Ohlhaver, Janosch		64. M35	7933	00:49:22	00:50:00
506.	434.		N, N		118. M	4776	00:49:22	00:49:22
507.	435.		Papendorf, Jan	Kieler Volksbank	20. M50	8079	00:49:24	00:51:21
508.	436.		Tarnow, Fleming		119. M	11153	00:49:24	00:49:57
509.	437.		Schütt, Johannes		120. M	10065	00:49:24	00:50:48
510.	438.		Weuster, Matthias		36. M45	12169	00:49:26	00:49:41
511.		73.	Sandau, Andrea		30. W	7640	00:49:26	00:52:58
512.	439.		Ernst, Tjorven	USC Kiel	121. M	2925	00:49:27	00:52:59
513.	440.		van Baal, Nico	RBZ Wirtschaft Kiel	53. M40	11591	00:49:27	00:49:33
514.	441.		Hemmje, Pascal		122. M	4078	00:49:28	00:51:59
515.	442.		Jacobsen, Lasse	Kiel Road Runners	123. M	5706	00:49:28	00:54:01
516.	443.		Offt, Oliver		20. M55	7928	00:49:28	00:50:14
517.	444.		Volquardsen, Michael		11. M60	11732	00:49:30	00:49:41
518.	445.		Nielsen, Rasmus		65. M35	8393	00:49:32	00:51:34
519.	446.		Erdmann, Arne		54. M40	2390	00:49:32	00:50:55
520.	447.		von der Wehl, René		21. M50	11758	00:49:32	00:50:56
521.		74.	Kelling, Käthe		31. W	5175	00:49:33	00:49:45
522.		75.	Szillat, Lena	Kieler Volksbank eG	32. W	11113	00:49:33	00:52:13
523.	448.		Thomsen, Ole	WEISSLEDER EWER	21. M55	11318	00:49:33	00:49:43
524.	449.		Lee, Jinhwi		55. M40	6344	00:49:34	00:49:53
525.	450.		Pohl, Oliver	GeFa	66. M35	8480	00:49:34	00:50:14
526.		76.	Hasler, Kathrin	CAU Lauftreff	6. W40	3864	00:49:35	00:50:15
527.		77.	Hoffmann, Nora	Team VOSS Küstenläufer	33. W	4351	00:49:35	00:50:11
528.	451.		Ahrens, Marcel		75. M30	6720	00:49:36	00:52:56

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
529.	452.		Marks, Ferdinand	Sauer Compressors	76. M30	6941	00:49:36	00:50:19
530.	453.		Wehr, Florian		124. M	12020	00:49:36	00:49:59
531.	454.		Staal, Klaus-Peter	LTV Kiel-Ost	12. M60	10701	00:49:37	00:51:24
532.		78.	Toschke, Marie		22. W30	1434	00:49:38	00:56:05
533.	455.		Stock, David	Borener SV	22. M50	10893	00:49:38	00:49:56
534.	456.		Wenzel, Cord		25. MJ U18	12120	00:49:38	00:49:52
535.	457.		Reuter, Philipp	GZP	67. M35	8973	00:49:39	00:51:12
536.	458.		Schröder, Julian	USC Kiel	56. M40	9988	00:49:39	00:50:41
537.		79.	Jaenicke, Eva	BSG GMSH AöR	7. W40	4679	00:49:40	00:49:52
538.	459.		Russ, Patrick	Schild Flaggen	68. M35	9373	00:49:40	00:49:43
539.	460.		Schätzke, Samuel		26. MJ U18	9541	00:49:41	00:50:44
540.	461.		Wiese, Felix		69. M35	7381	00:49:41	00:55:03
541.	462.		Doll-Raabe, Lennart	Kieler MTV von 1844 e.V.	70. M35	2044	00:49:41	00:50:15
542.		80.	Gkaretsa, Nikoleta		8. W40	3099	00:49:42	00:49:42
543.	463.		Fahrner, René		77. M30	2465	00:49:44	00:50:09
544.	464.		Claessen, Mats		78. M30	1667	00:49:44	00:50:21
545.	465.		Monin, Malte	LOTTO Schleswig-Holstein GmbH & Co. KG	71. M35	7463	00:49:45	00:54:09
546.	466.		Klindt, Boy		125. M	5386	00:49:45	00:50:49
547.	467.		Schneider, Rokko	MTV Dänischenhagen	17. MJ U20	9853	00:49:46	00:50:42
548.	468.		Tegtmeyer, Arne		72. M35	11181	00:49:46	00:51:13
549.		81.	Kibbel, Lena		2. WJ U20	5247	00:49:48	00:50:43
550.	469.		Meyerholz, Philip		79. M30	7280	00:49:49	00:51:14
551.		82.	Jung, Anna	CAU Lauftreff	34. W	4951	00:49:49	00:50:49
552.	470.		Kotuszewski, Christian	LETS RUN Bremen	23. M50	5737	00:49:49	00:50:10
553.	471.		Stockleben, Noam		27. MJ U18	10904	00:49:49	00:50:15
554.	472.		Stockleben, Sebastian		57. M40	10905	00:49:50	00:50:15
555.	473.		Peetz, Frederic		24. M50	8164	00:49:50	00:50:51
556.		83.	Bootz, Katja		9. W40	1086	00:49:51	00:50:05
557.	474.		Fischer, Mike		126. M	2651	00:49:51	00:54:32
558.		84.	Aris, Hannah		23. W30	246	00:49:53	00:55:38
559.	475.		Griesbach, Ruben		58. M40	3384	00:49:53	00:49:53
560.		85.	Saß, Linnea	JoLi Laufclub	35. W	9470	00:49:53	00:54:08
561.		86.	Wenz, Nicole		5. W45	12118	00:49:53	00:55:33
562.	476.		Völker, Lars		73. M35	11662	00:49:54	00:51:46
563.	477.		Nebel, Jonathan	CITTI / CHEFS CULINAR / HMS	127. M	7672	00:49:54	00:50:24
564.	478.		Weißenberg, Jonathan	Sportprofil-Gymkro-Kiki	28. MJ U18	12070	00:49:54	00:50:07
565.		87.	Balk, Hanna		11. W35	388	00:49:54	00:52:46
566.	479.		Lange, Fabian		80. M30	6225	00:49:55	00:50:20
567.	480.		Siemens, Niklas		29. MJ U18	10475	00:49:55	00:50:53
568.		88.	Eibisch, Jana		10. W40	2286	00:49:55	00:52:02
569.		89.	Hüpper, Jutta		1. W50	4514	00:49:55	00:54:11
570.		90.	Urbanski-Rini, Dominika		12. W35	11567	00:49:55	00:51:27
571.	481.		Lopez Lopez, Ignacio		128. M	6645	00:49:55	00:51:23
572.	482.		Raabe, Tim		22. M55	8660	00:49:55	00:51:17
573.	483.		Chiea, Emanuel		74. M35	1640	00:49:56	00:50:46
574.	484.		Thiel, Johannes	Thielers	129. M	11258	00:49:57	00:55:20
575.	485.		Haselbach, Jörg		13. M60	3860	00:49:59	00:53:26
576.	486.		Saalbach, Thomas		23. M55	9389	00:50:00	00:50:22
577.	487.		Neumann, Loke	Jomsburg	30. MJ U18	7721	00:50:00	00:51:29
578.	488.		Bambury, Thomas	LAC Kronshagen	59. M40	400	00:50:01	00:50:59
579.	489.		Stender, Dennis	GKN Kiel	81. M30	10849	00:50:03	00:53:54
580.	490.		Hüttenrauch, Lasse	Joker	130. M	4527	00:50:03	00:56:52
581.	491.		Knäsche, Jonas	Team Kriwat Sport	131. M	614	00:50:03	00:54:46
582.		91.	Breyer, Nina	Förde Sparkasse	24. W30	1307	00:50:04	00:50:23
583.	492.		Off, Jendrik	Sportprofil-Gymkro-Kiki	31. MJ U18	7920	00:50:05	00:51:55
584.	493.		Renk, Florian	Praxis am Eichhof	82. M30	8942	00:50:05	00:54:16
585.		92.	Rapp, Bettina		6. W45	8743	00:50:05	00:51:54
586.	494.		Grund, Alexander		132. M	3470	00:50:06	00:50:34
587.		93.	Pokutynska, Izabela		2. W50	8494	00:50:06	00:52:19
588.	495.		Hagenah, Matthias		83. M30	3634	00:50:08	00:51:42
589.	496.		Brixle, Lasse		32. MJ U18	1321	00:50:08	00:51:42
590.	497.		Petersen, Hauke		60. M40	8266	00:50:08	00:50:49
591.	498.		Kay, Jonas	Förde Sparkasse	133. M	5151	00:50:08	00:51:15
592.	499.		Arens, Marvin		134. M	245	00:50:08	00:58:54
593.	500.		Koll, Laurens		33. MJ U18	5677	00:50:09	00:55:13
594.		94.	Heinzel, Anna		25. W30	4022	00:50:10	00:50:50
595.	501.		Slavov, Slavomir		84. M30	10549	00:50:10	00:50:16
596.	502.		John, Lars		37. M45	4889	00:50:11	00:51:41
597.		95.	Langmaack, Lena	BSG GMSH AöR	7. W45	6260	00:50:12	00:50:12
598.	503.		Ohl, Dominik		85. M30	7931	00:50:12	00:56:25
599.	504.		Brüwer, Lukas		135. M	1376	00:50:12	00:51:20
600.	505.		Voigt, Jannes	Käthe-Kollwitz-Schule	34. MJ U18	11697	00:50:13	00:56:13
601.	506.		Fahlke, Niclas		75. M35	4062	00:50:13	00:57:04
602.	507.		Droste, Fynn-Ole		136. M	2116	00:50:13	00:51:25
603.	508.		Christiansen, Ole		76. M35	1653	00:50:14	00:51:58
604.	509.		Dobrovolschi, Sascha	Stiftung Kieler Sporthilfe	24. M55	12774	00:50:14	00:51:08
605.	510.		Ratjen, Timo		77. M35	1211	00:50:17	00:52:37
606.	511.		Grönwoldt, Larn	Brdenbeker Renntiere	61. M40	3400	00:50:17	00:50:45
607.		96.	Flessau, Lisa Marie		36. W	2687	00:50:18	00:50:55
608.	512.		Kunz, Jonas		78. M35	523	00:50:18	00:55:34
609.	513.		Mahmens, Sebastian	Logopädie Wortwelten	62. M40	6849	00:50:18	00:51:07
610.	514.		Chamnan, Akkaradech		79. M35	1631	00:50:18	00:55:22
611.	515.		Schröfel, Fabian		86. M30	10017	00:50:18	00:51:10
612.	516.		Burmeister, Jannes		137. M	11003	00:50:18	00:55:40
613.	517.		Hoppe, Morten-Ansgar		80. M35	4449	00:50:19	00:50:45
614.		97.	Stelz, Katerina		37. W	4061	00:50:20	00:54:31
615.	518.		Röttger, Wolfgang		25. M50	9143	00:50:21	00:51:05
616.	519.		Blaschczok, Boris	Praxis am Eichhof	63. M40	895	00:50:21	00:54:31

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
617.		98.	Tangen, Imke	Kieler Crew	13. W35	11145	00:50:22	00:52:00
618.		99.	Jacobsen, Meike	KPMG Kiel	26. W30	4663	00:50:23	00:54:56
619.	520.		Eggert, Johann		64. M40	2248	00:50:23	00:51:22
620.	521.		Tiedjens, Finn		138. M	11363	00:50:23	00:51:13
621.	522.		Kersten, Roland	Swwikig	26. M50	5218	00:50:23	00:50:31
622.	523.		Omote, Yushin		35. MJ U18	7960	00:50:24	00:50:41
623.	524.		Zytnski, Jan		87. M30	12716	00:50:25	00:54:25
624.	525.		Hütte, Felix		27. M50	4521	00:50:25	00:53:11
625.	526.		Leiendecker, Jörn		28. M50	6381	00:50:25	00:51:06
626.	527.		Hufnagel, Nils		139. M	4538	00:50:25	00:51:20
627.	528.		Piontkowski, Oliver		25. M55	8415	00:50:27	00:51:22
628.	529.		Plaul, Daniel	KPMG Kiel	38. M45	8436	00:50:27	00:51:07
629.	530.		Liebing, Lennard		81. M35	6486	00:50:27	00:54:59
630.	531.		Roth, André		39. M45	9261	00:50:29	00:50:53
631.	532.		Wehrenberg, Felix		140. M	12022	00:50:29	00:51:55
632.		100.	Plath, Hannah		27. W30	8432	00:50:29	00:51:20
633.		101.	Roth, Lara Sofia		3. WJ U20	9264	00:50:29	00:50:53
634.	533.		Bünger, Kai		88. M30	8324	00:50:30	00:54:14
635.	534.		Heisen, Niklas		141. M	4028	00:50:33	00:50:42
636.	535.		Kapuscik, Kai		65. M40	5086	00:50:33	00:56:16
637.	536.		Kirchberger, Stefan		14. M60	5293	00:50:33	00:51:02
638.		102.	Feldkamp, Sandra	Foodandphysis	8. W45	2541	00:50:36	00:51:46
639.	537.		Sylvester, Malte		82. M35	11101	00:50:36	00:52:45
640.		103.	Urzua, Sophie		38. W	11568	00:50:37	00:50:58
641.	538.		Neumann, Jan Torben		142. M	7710	00:50:38	00:51:06
642.	539.		Hennig, Fritz Oliver		143. M	2571	00:50:39	00:52:17
643.	540.		Krumme, Hendrik	Rogat Runners	29. M50	5947	00:50:41	00:51:44
644.	541.		Ruhberg, Tom		89. M30	5466	00:50:41	00:52:04
645.		104.	Büttner, Verena		28. W30	1477	00:50:42	00:52:01
646.	542.		Boer, Lasse		144. M	1003	00:50:42	00:51:53
647.		105.	Glück, Anna		39. W	3124	00:50:42	00:51:18
648.	543.		Peters, Tomme		36. MJ U18	8242	00:50:42	00:52:07
649.	544.		Preuß, Hermann		15. M60	8557	00:50:43	00:51:35
650.	545.		Ornowski, Karl		145. M	7971	00:50:43	00:50:58
651.		106.	Daelen, Pauline	Anschütz Pathfinder	40. W	1784	00:50:43	00:50:58
652.	546.		Tietgen, Frank		30. M50	11368	00:50:43	00:50:49
653.	547.		Lunow, Joscha		90. M30	6769	00:50:43	00:53:50
654.	548.		Sierck, Ole		91. M30	10483	00:50:43	00:51:14
655.	549.		Krause, Sven		40. M45	5817	00:50:46	00:51:09
656.	550.		Schäfer, Till	Gymnasium Kronshagen	37. MJ U18	10676	00:50:46	00:50:46
657.	551.		Ahsbahs, Sebastian	Kieferorthopädie am Schulensee	66. M40	100	00:50:48	00:51:17
658.	552.		Rohwer, Tim		83. M35	9201	00:50:48	00:51:58
659.	553.		Lattka, Nico		41. M45	6309	00:50:48	00:52:21
660.	554.		Ottens, Jörg		31. M50	8002	00:50:50	00:51:22
661.	555.		Rasch, Johannes		92. M30	8747	00:50:51	00:51:29
662.		107.	Peters, Jule	Team VOSS Küstenläufer	41. W	8224	00:50:52	00:51:49
663.	556.		Waldeck, Ludwig		67. M40	11903	00:50:54	00:51:29
664.	557.		Volk, Robin		146. M	11711	00:50:55	00:56:05
665.	558.		Harder, Henning		68. M40	3811	00:50:55	00:51:37
666.		108.	Busch, Elske Friederike		42. W	1534	00:50:57	00:52:14
667.	559.		En Nosse, Rafael	Vinci Deutschland	147. M	2349	00:50:57	00:54:50
668.	560.		König, Florian	Kieferorthopäden in der Holtenauer	32. M50	5574	00:50:58	00:52:15
669.	561.		Anlauf, Marius		93. M30	215	00:50:59	00:51:22
670.	562.		Mantey, Arne		42. M45	12286	00:50:59	00:51:41
671.	563.		Schütze, Emil		38. MJ U18	10075	00:51:00	00:51:57
672.	564.		Palme, Janne		39. MJ U18	8055	00:51:01	00:52:30
673.	565.		Jungshans, Leon		40. MJ U18	4971	00:51:01	00:51:51
674.		109.	Musaeus, Annalena		29. W30	7619	00:51:02	00:51:37
675.	566.		Eumann, Oliver	LOTTO Schleswig-Holstein GmbH & Co. KG	84. M35	2425	00:51:03	00:52:10
676.	567.		Ehr, Matthias		33. M50	2275	00:51:04	00:53:52
677.	568.		Janßen, David		94. M30	4746	00:51:06	00:59:34
678.	569.		Gräve, Jonathan		41. MJ U18	3307	00:51:08	00:53:59
679.	570.		Figura, Fabian		148. M	2601	00:51:08	00:52:56
680.	571.		Johannsen, Matthias		85. M35	4877	00:51:08	00:53:12
681.	572.		Salim, Benedictus Kevin		149. M	9431	00:51:11	00:53:24
682.	573.		Schaefer, Rasmus		42. MJ U18	9526	00:51:11	00:57:30
683.		110.	Faupel, Teresa		43. W	2494	00:51:11	00:51:32
684.	574.		Domin, Fabio	Domin Immobilien-Service und Verwaltung	150. M	2052	00:51:12	00:56:25
685.		111.	Mejauschek, Tanja		14. W35	7177	00:51:12	00:52:18
686.	575.		Reinsdorf, Mike		43. M45	8923	00:51:12	00:52:05
687.	576.		Rath, Lauri		43. MJ U18	8760	00:51:13	00:52:27
688.	577.		Cohrt, Christian		34. M50	1707	00:51:14	00:53:21
689.	578.		Basfeld, Finn	Hot Heels	151. M	5985	00:51:15	00:55:39
690.	579.		Theune, Torben	Sauer Compressors	69. M40	11250	00:51:17	00:55:33
691.	580.		Hansen, Yannik	Rot-Schwarz Kiel	86. M35	3790	00:51:17	00:51:17
692.	581.		Lukait, Felix		87. M35	6763	00:51:17	00:52:04
693.	582.		Schalk, Tim	Munkelhorrstler Aktiv	152. M	9554	00:51:17	00:52:22
694.	583.		Tümmers, Hauke	PwC Kiel	70. M40	11509	00:51:20	00:55:23
695.	584.		Kamps, Daniel		153. M	5058	00:51:20	00:57:11
696.	585.		Lewin, Meik		71. M40	6463	00:51:21	00:53:49
697.	586.		Marschall, Florian		154. M	6957	00:51:22	00:51:40
698.	587.		Lohse, Ralf		16. M60	6634	00:51:24	00:51:40
699.	588.		Sinemus, Daniel		88. M35	10527	00:51:24	00:54:51
700.	589.		Prinz, Florian		26. M55	8579	00:51:26	00:51:52
701.	590.		Glindemann, Hannes		155. M	337	00:51:27	00:56:24
702.	591.		Wachs, Oliver		44. M45	11867	00:51:27	00:52:31
703.	592.		Hesse, Tim	Förde Sparkasse	45. M45	4172	00:51:27	00:52:00
704.	593.		Steiniger, Björn		35. M50	10835	00:51:28	00:51:28

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
705.	594.		Lange, Jonas		95. M30	6230	00:51:29	00:53:22
706.	595.		Weir, Robert		27. M55	4699	00:51:29	01:01:09
707.		112.	Köhler, Christine	CAU Lauftreff	11. W40	5541	00:51:30	00:52:16
708.	596.		Engel, Malte		96. M30	2358	00:51:31	00:53:34
709.	597.		Peerally, Luís	TKMS	72. M40	8162	00:51:32	00:52:44
710.	598.		Amirov, Kim	Stryker	44. MJ U18	176	00:51:33	00:53:02
711.	599.		Meyer, Henrik	MBWFK	97. M30	7252	00:51:33	00:52:06
712.	600.		Schuchardt, Matti		18. MJ U20	10045	00:51:35	00:51:50
713.	601.		Czyzewski, Tobias	BidFlow Technologies	156. M	1781	00:51:35	00:56:48
714.		113.	Walking, Nele		30. W30	11911	00:51:35	00:52:50
715.	602.		Krizia, Arno		28. M55	5471	00:51:36	00:52:50
716.	603.		Loser, Johannes		157. M	6675	00:51:36	00:53:40
717.	604.		Runge, Holger	Team VOSS Küstenläufer	36. M50	9352	00:51:36	00:52:23
718.		114.	Meinert, Laura Malin		44. W	7158	00:51:40	00:52:00
719.	605.		Wolf, Frank		17. M60	12424	00:51:40	00:53:20
720.	606.		Lang, Mika		158. M	9138	00:51:42	00:53:23
721.	607.		Heisinger, Marcus	IM-Team	37. M50	4029	00:51:42	00:52:05
722.		115.	Schätzke, Maja		2. WJ U18	9540	00:51:43	00:53:03
723.	608.		Lohse, Toni	KPMG Kiel	159. M	6635	00:51:43	00:56:13
724.	609.		Horst, Henrik	TSV Klausdorf	160. M	4464	00:51:43	00:52:28
725.		116.	Kamps, Rebecca		45. W	5059	00:51:43	00:59:22
726.		117.	Hohn, Antonia Sophie		3. WJ U18	4375	00:51:44	00:53:10
727.	610.		Winkelmann, Magnus		19. MJ U20	12314	00:51:44	00:52:50
728.	611.		Birzer, Joey Noel		20. MJ U20	867	00:51:44	00:51:44
729.		118.	Vogler, Hannah		31. W30	11685	00:51:44	00:53:10
730.	612.		Winkelmann, Andreas	USC Kiel	46. M45	12311	00:51:45	00:52:50
731.	613.		Bost, Florian	Kieferorthopäden in der Holtenauer	21. MJ U20	1142	00:51:45	00:53:00
732.	614.		Petersen, Niklas	Team VOSS Küstenläufer	98. M30	10317	00:51:49	00:52:36
733.	615.		Clausen, Mathis		161. M	1687	00:51:50	00:54:24
734.	616.		Stender, Nico		99. M30	10852	00:51:50	00:52:02
735.		119.	Sieberichs, Inga		15. W35	4255	00:51:51	00:53:31
736.	617.		Redöhl, Dennis	MBWFK	89. M35	8820	00:51:51	00:53:03
737.	618.		Klusmann, Leo		45. MJ U18	5440	00:51:52	00:54:03
738.	619.		Schröder, Marcel		100. M30	9993	00:51:52	00:53:57
739.	620.		Lorenzen, Thomas	Gross Vollstedt	47. M45	6671	00:51:52	00:52:46
740.		120.	Roß, Steffi		3. W50	9246	00:51:53	00:54:04
741.	621.		Judt, Tobias	Elisabethheim Havetoft	73. M40	4928	00:51:53	00:52:38
742.	622.		Neumann, Stefan	Jomsburg	29. M55	7732	00:51:53	00:53:25
743.	623.		Thomsen, Arne		74. M40	11303	00:51:53	00:54:03
744.		121.	Jagiella, Lina	Fördepuls	16. W35	4688	00:51:53	00:55:48
745.		122.	Kreft, Annika		46. W	5831	00:51:53	00:53:32
746.	624.		Greuel, Ole	Hardenbergschule	101. M30	3367	00:51:54	00:57:57
747.		123.	Priebe, Simone		9. W45	8567	00:51:55	00:53:09
748.		124.	Mielke, Hannah	Hier könnte ihre Werbung stehen	47. W	7312	00:51:56	00:52:19
749.		125.	Jahn, Clara	Hier könnte ihre Werbung stehen	48. W	4692	00:51:57	00:52:19
750.	625.		Wendt, Tjark		162. M	12104	00:51:57	00:52:25
751.		126.	Mitschke, Sarina		49. W	7355	00:51:57	00:53:17
752.	626.		Igrishta, Florian		102. M30	10986	00:51:57	01:00:46
753.	627.		Feldhusen, Sven		30. M55	2538	00:51:57	00:53:43
754.		127.	Rausch, Fanny	KRAFT Runners Kiel	17. W35	8792	00:51:57	00:52:46
755.		128.	Breske, Marion	TSV Flintbek	4. W50	1278	00:51:58	00:52:06
756.	628.		Neumann, Moritz		90. M35	7729	00:51:58	00:52:54
757.	629.		Hinrichsen, Renke		18. M60	2095	00:51:58	00:52:13
758.	630.		Rosendahl, Falk	Landeshauptstadt Kiel	48. M45	9230	00:51:59	00:53:31
759.	631.		Sommerfeld, Daniel		75. M40	10608	00:52:00	00:52:33
760.		129.	Kurths, Anna-Lena		18. W35	6133	00:52:00	00:53:21
761.		130.	Nötzel, Anna-Lena		32. W30	7837	00:52:00	00:55:37
762.		131.	Schulz, Lea		33. W30	10156	00:52:00	00:55:37
763.	632.		Raschdorf, Christoph		103. M30	6993	00:52:00	00:57:06
764.	633.		Burzlaß, Andy		104. M30	1532	00:52:00	00:54:37
765.	634.		Kiewald, Lennart	Munkelhorrrstler Aktiv	163. M	5262	00:52:03	00:53:06
766.	635.		Katins, Jannes	FINNOFLEET BMI	105. M30	5136	00:52:03	00:53:58
767.	636.		Nöldner, Max		91. M35	7830	00:52:04	00:53:47
768.		132.	Salto, Leonie		50. W	9435	00:52:05	00:52:58
769.		133.	Bohrer, Juliane	Amt Schrevenborn	10. W45	1041	00:52:05	00:53:26
770.	637.		Punger, Leon		106. M30	8628	00:52:05	00:52:59
771.		134.	Andersen, Caroline		19. W35	7987	00:52:06	00:52:52
772.	638.		Siebel, Cedric		107. M30	10437	00:52:06	00:59:32
773.	639.		Schwartz, Thomas		108. M30	10247	00:52:07	00:59:15
774.	640.		Roloff, Lukas		109. M30	9208	00:52:07	00:52:59
775.	641.		Lockner, Robert		76. M40	6602	00:52:07	00:54:57
776.	642.		Kreyßing, Robert		92. M35	5850	00:52:07	00:53:20
777.	643.		Kruse, Matthias	TuS Holtenau	46. MJ U18	5972	00:52:09	00:53:40
778.	644.		Klein, Oliver	Kieler Crew	31. M55	5357	00:52:10	00:53:27
779.	645.		Beermann, Linus		164. M	595	00:52:10	00:53:01
780.		135.	Jessen, Kaja		51. W	4832	00:52:10	00:53:43
781.	646.		Afshar-Ardakani, Omid		110. M30	69	00:52:11	00:54:14
782.		136.	Gnutzmann, Pauline		34. W30	3137	00:52:11	00:53:06
783.	647.		Brimm, Adrian	Adrians Club	165. M	1313	00:52:11	00:52:55
784.	648.		Schöppach, Daniel		166. M	9901	00:52:12	00:52:46
785.	649.		Kalus, Adam		38. M50	5045	00:52:12	00:52:12
786.	650.		Lorig, Lukas	RBZ Wirtschaft Kiel	93. M35	197	00:52:13	00:54:16
787.	651.		Gerke, Tim	CAU Lauftreff	167. M	3028	00:52:13	00:53:12
788.	652.		Neumann, Sven		49. M45	7733	00:52:13	00:54:20
789.	653.		Hein, Thorben		47. MJ U18	3981	00:52:13	00:53:13
790.	654.		Valkyser, Stefan	IB.SH Runners	32. M55	11590	00:52:13	00:54:08
791.	655.		Sprenger, Ulrich		19. M60	10683	00:52:14	00:59:21
792.	656.		Hahn, Janik	Förde Sparkasse	168. M	2897	00:52:14	00:53:52

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
793.	657.		Zimoch, Simon	Förde Sparkasse	169. M	12674	00:52:14	00:53:52
794.		137.	Pabst, Astrid		5. W50	8026	00:52:15	00:52:54
795.	658.		Paulsohn, Bjarne	fördefrosch	170. M	8146	00:52:16	00:53:10
796.	659.		Apitz, Sven		33. M55	229	00:52:16	00:52:25
797.	660.		Poedjiwo, Anthony		94. M35	8463	00:52:16	00:52:53
798.	661.		Böhmer, Johann		111. M30	990	00:52:17	00:52:39
799.	662.		Haake, Andreas		50. M45	3566	00:52:17	00:53:41
800.	663.		Rohlf, Pascal		95. M35	9170	00:52:17	00:55:17
801.		138.	Rohlf, Alina		20. W35	9169	00:52:17	00:55:17
802.		139.	Wagner, Justine		35. W30	11883	00:52:18	00:52:43
803.	664.		Geest, Tobias		96. M35	2966	00:52:18	00:52:21
804.	665.		Steuernagel, Max	Rosa Rostig	112. M30	10869	00:52:18	00:54:48
805.		140.	Maass, Julia		52. W	6796	00:52:19	00:53:14
806.	666.		Bumann, Hans		2. M70	1496	00:52:19	00:55:20
807.		141.	Möller, Leoni		53. W	7403	00:52:19	00:57:25
808.		142.	Schäfer, Silja		6. W50	9527	00:52:19	00:56:42
809.		143.	Jomsanga, Nuttha		36. W30	4895	00:52:20	00:57:25
810.	667.		Joswig, Dennis	Scuderia del Caffé	171. M	4919	00:52:20	00:57:55
811.	668.		Vanhöfen, Johann		97. M35	11610	00:52:21	00:57:17
812.	669.		Pietsch, Tobias		51. M45	8391	00:52:21	00:52:42
813.		144.	Pietsch, Mirka		11. W45	8390	00:52:21	00:52:42
814.		145.	Rubien, Carmen		54. W	9289	00:52:21	00:52:38
815.	670.		Bitterling, Arne		34. M55	886	00:52:22	00:52:46
816.		146.	Brock, Luisa		55. W	1326	00:52:22	00:53:34
817.	671.		Buhl, Holger		3. M65	1479	00:52:23	00:53:05
818.	672.		Görner, Jan		98. M35	4296	00:52:25	00:55:06
819.	673.		Klatt, Günther	Best Five	35. M55	5331	00:52:25	00:52:45
820.	674.		Fritz-Möller, Mathias	Dataporti	77. M40	2836	00:52:26	01:01:06
821.	675.		Bösche, Erik		52. M45	1012	00:52:26	01:01:04
822.		147.	Thiem, Stephanie		1. W60	11266	00:52:26	00:56:18
823.	676.		Engel, Thomas		99. M35	2361	00:52:27	00:53:32
824.	677.		Mehring, Henry		113. M30	7122	00:52:27	01:00:23
825.	678.		Duncker, Jakob	Sprottenauflauf	78. M40	2165	00:52:28	00:54:46
826.	679.		Ströh, Björn		79. M40	10995	00:52:28	00:55:42
827.		148.	Roßmeißl, Lara		12. W45	9250	00:52:29	00:53:37
828.	680.		Liese, Maximilian		172. M	6511	00:52:29	00:53:17
829.		149.	Hering, Hanna	Sauer Compressors	56. W	4131	00:52:30	00:56:32
830.	681.		Preuß, Torsten	Legenden	36. M55	8560	00:52:31	00:53:39
831.	682.		Wundram, Steffen		37. M55	12545	00:52:32	00:52:45
832.	683.		Wegner, Tom		173. M	12015	00:52:32	00:53:31
833.	684.		Heinrichsen, Sven		38. M55	4009	00:52:34	00:53:53
834.	685.		Möller, Christian		80. M40	11215	00:52:34	00:54:35
835.	686.		Stange, Niels		48. MJ U18	5816	00:52:34	00:55:35
836.	687.		Steffens, Carsten	RSS- Kiel	39. M55	10794	00:52:34	00:56:42
837.	688.		Rietz, Steffen	Hotsee Runners	39. M50	10652	00:52:34	00:54:07
838.	689.		Zimmermann, Jona		174. M	2999	00:52:34	00:58:31
839.	690.		Bartsch, Fabian		114. M30	453	00:52:35	00:53:27
840.		150.	Göckes, Anneke		57. W	3151	00:52:35	00:54:39
841.	691.		Jacobsen, Klaas	Zwei Brüder jagen Tung Tung Tung Sahu	49. MJ U18	4659	00:52:35	00:54:10
842.	692.		von Caprivi, Fabian		100. M35	11748	00:52:36	00:53:00
843.		151.	Rieper, Lotta		58. W	9049	00:52:36	00:54:08
844.		152.	Saure, Lena Marie		37. W30	9489	00:52:37	00:55:55
845.	693.		Zeugke, Thore		115. M30	12625	00:52:38	00:56:37
846.		153.	Portukat, Jana		38. W30	8515	00:52:39	00:53:02
847.	694.		Strandt, Norbert	RBB	20. M60	10959	00:52:40	00:54:01
848.	695.		Garbrecht, Oskar		50. MJ U18	2927	00:52:40	00:57:27
849.	696.		Spill, Justus		22. MJ U20	10667	00:52:40	00:58:27
850.		154.	Ullrich, Charlotte		59. W	11541	00:52:41	01:00:58
851.	697.		Wunderlich, Lars		116. M30	12542	00:52:42	00:54:28
852.	698.		Lange, Jacob		175. M	6228	00:52:42	00:54:35
853.	699.		Spohn, Marco	Meer geht immer	40. M50	10680	00:52:43	00:56:45
854.		155.	Meurer, Andrea		7. W50	7235	00:52:43	00:54:06
855.		156.	Schieferecke, Juliane	MEKUN	21. W35	9637	00:52:45	00:54:19
856.	700.		Strack, Helge	Humboldt Schule Kiel	53. M45	10952	00:52:45	00:53:14
857.	701.		Winkelmann, Jürgen		101. M35	12313	00:52:45	00:53:50
858.	702.		Battikha, Hani	H&M	102. M35	477	00:52:46	00:54:35
859.	703.		Wiedemann, Markus		176. M	12207	00:52:46	00:54:41
860.		157.	Reese, Jana		60. W	8825	00:52:47	00:59:00
861.		158.	Berg, Selma		12. W40	701	00:52:47	00:53:37
862.	704.		Iwers, Sven Fritz	Kieferorthopäden in der Holtenauer	103. M35	4624	00:52:47	00:56:42
863.		159.	Kasperek, Laura	MBWFK	13. W40	5122	00:52:47	00:53:49
864.	705.		Schwauna, Jan	IM-Team	81. M40	10284	00:52:48	00:54:31
865.	706.		Kloth, Phillipp	Laufen mit der Gäng	177. M	5429	00:52:48	00:53:27
866.		160.	Buhl, Leonie		39. W30	1481	00:52:48	00:53:29
867.	707.		Scholz, Max		23. MJ U20	9920	00:52:49	00:57:44
868.	708.		Rohe, Thomas	Anschütz Pathfinder	82. M40	9161	00:52:49	00:54:23
869.	709.		Clemen, Martin		83. M40	1700	00:52:49	00:53:27
870.		161.	Brandt, Ann-Kathrin	Stiftung Naturschutz	22. W35	1193	00:52:50	00:53:49
871.	710.		Abend, Sebastian	Förde Sprkasse	84. M40	29	00:52:50	00:54:45
872.	711.		Meier, Henning		85. M40	7129	00:52:50	00:53:18
873.	712.		Bumann, Clemens		117. M30	1494	00:52:50	00:57:03
874.	713.		Liebs, Jan-Hendrick	Süverkrüp	118. M30	12742	00:52:51	00:52:57
875.		162.	Röbsch, Luisa		61. W	9098	00:52:53	00:54:56
876.	714.		Pries, Jan	Dino Running Club	51. MJ U18	8573	00:52:53	00:53:57
877.	715.		Munz, Manuel		86. M40	7616	00:52:53	00:55:14
878.	716.		Mantwill, Kenneth		178. M	6924	00:52:54	00:54:56
879.	717.		Petersen, Niels		179. M	8290	00:52:54	00:54:18
880.		163.	Schuchardt, Alina	CITTI / CHEFS CULINAR / HMS	40. W30	10044	00:52:54	00:54:03

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
881.	718.		Humboldt, Max		180. M	4540	00:52:54	00:53:30
882.	719.		Claus, Andreas		4. M65	1675	00:52:54	00:54:23
883.		164.	Brauer, Lara		41. W30	1217	00:52:55	00:52:55
884.	720.		Schröder, Detlef	IB.SH Runners	41. M50	9976	00:52:56	00:54:48
885.	721.		Möller, Marcus		40. M55	7405	00:52:56	00:56:43
886.	722.		Struck, Torben		181. M	11010	00:52:56	00:58:58
887.	723.		Hapke, Henry Louis		119. M30	3797	00:52:56	00:54:36
888.		165.	Wiegand, Anna		23. W35	12209	00:52:57	00:55:53
889.		166.	Martens, Ann-Kristin		42. W30	6964	00:52:57	00:53:32
890.		167.	Hinderks, Ute Luise	Team VOSS Küstenläufer	14. W40	4241	00:52:58	00:54:08
891.	724.		Nielsen, Stephan		87. M40	7775	00:52:59	00:53:38
892.	725.		Vollrath, Malte		104. M35	11726	00:53:00	00:58:39
893.	726.		Voth, Ben-Jonah		52. MJ U18	11858	00:53:00	00:57:22
894.	727.		Pingel, Thomas		41. M55	8406	00:53:00	00:54:44
895.	728.		Hülsewitz, Jörn		54. M45	9977	00:53:00	00:53:00
896.	729.		Schäller, Lasse	Team Kriwat Sport	182. M	9535	00:53:02	00:56:00
897.	730.		Michalski, Piotr		88. M40	7299	00:53:02	00:58:02
898.	731.		Thiessen, Kolja		120. M30	11279	00:53:02	00:55:18
899.	732.		Birgfeldt, Nico	Zack Ergotherapie	183. M	861	00:53:02	00:53:48
900.	733.		Borck, Lukas	Team Kriwat Sport	184. M	1096	00:53:02	00:56:00
901.	734.		Ohlsen, Lewe		121. M30	7936	00:53:03	00:55:01
902.	735.		Render, Maik		42. M55	8939	00:53:03	00:54:30
903.	736.		Glöer, Jens	TSV Klausdorf	55. M45	3119	00:53:03	00:54:41
904.	737.		Worbes, Richard		185. M	12474	00:53:03	00:56:35
905.	738.		Sauer, Constantin		122. M30	9483	00:53:03	00:58:42
906.	739.		Chia, Juan Ignacio		105. M35	1639	00:53:03	00:54:56
907.		168.	Luther, Pia		62. W	6774	00:53:04	00:54:00
908.	740.		Junkuhn, Jörn	PwC Kiel	106. M35	4976	00:53:04	00:57:09
909.	741.		Apenburg, Olaf	Zippel's	5. M65	228	00:53:05	00:53:32
910.	742.		Tornow, Daniel	IB.SH Runners	42. M50	11434	00:53:05	00:54:23
911.		169.	Brandner, Monika	Humboldt-Schule	13. W45	1192	00:53:05	00:54:11
912.	743.		Hellmann, Christian		107. M35	4052	00:53:05	00:54:15
913.	744.		Carstens, Jasper		186. M	1599	00:53:06	00:54:21
914.	745.		Schultheiß, Fynn Paul		187. M	10112	00:53:06	00:58:11
915.		170.	Görner, Annika		24. W35	9086	00:53:07	00:55:48
916.		171.	Ehmann, Luisa	DummLaufen	63. W	2273	00:53:07	00:58:23
917.	746.		Führer, Erik		188. M	2864	00:53:07	00:54:22
918.	747.		Behrens, Thomas		21. M60	634	00:53:07	00:54:33
919.	748.		Horst, Jan-Heiner	TSV Klausdorf	43. M55	4465	00:53:08	00:53:53
920.	749.		Kuring, Tim		108. M35	6129	00:53:08	00:58:29
921.	750.		Kunze, Patrick	Peloton	109. M35	6121	00:53:08	00:58:40
922.	751.		Favier, Milan	FördeFlitzer	123. M30	2499	00:53:08	00:56:31
923.	752.		Fricke, Marc		110. M35	2792	00:53:09	00:53:45
924.	753.		Harders, John	GKN Kiel	189. M	3821	00:53:09	00:58:12
925.	754.		Borchers, Tim	Stiftung Kieler Sporthilfe	124. M30	12776	00:53:09	00:54:02
926.		172.	Sandmeyer, Mira		64. W	9459	00:53:10	00:54:09
927.	755.		Rudnicki, Alexander	Solvares Runner	43. M50	10393	00:53:11	00:53:11
928.		173.	Kallinich, Nina		65. W	4436	00:53:11	00:56:59
929.	756.		Baumann, Jonas		190. M	501	00:53:11	01:00:09
930.	757.		Hansen, Nico		89. M40	3770	00:53:11	00:55:35
931.	758.		Szkoluda, Jacob		111. M35	11114	00:53:11	00:54:36
932.	759.		Klösel, Mirco		191. M	5414	00:53:12	00:58:47
933.	760.		Klose, Tilman	Stryker	192. M	5425	00:53:12	00:54:02
934.	761.		Hillmann, Henry		56. M45	4226	00:53:12	00:53:44
935.	762.		Hufnagel, Christian	Landgericht Kiel	57. M45	4535	00:53:12	00:54:44
936.	763.		Meyer, Lars		44. M50	7259	00:53:12	00:55:25
937.	764.		Lübbbers, Andreas		22. M60	6705	00:53:13	00:53:13
938.	765.		Arnold, Lucas		112. M35	265	00:53:14	00:53:45
939.	766.		Winkler, Fabian		90. M40	12320	00:53:14	00:55:07
940.		174.	Mminele, Katharina		66. W	7363	00:53:14	00:57:25
941.	767.		Kuder, David		58. M45	6012	00:53:14	00:54:31
942.		175.	Kleine-Bley, Luisa		67. W	5365	00:53:14	01:01:02
943.	768.		Green, Torsten	SV Kieholm 65	45. M50	3351	00:53:14	00:57:24
944.	769.		Dietrich, Christoph		125. M30	1945	00:53:15	00:55:08
945.	770.		Krussek, Bastian		91. M40	5982	00:53:15	00:54:11
946.		176.	Werbing, Veronika	Humboldt Schule Kiel	14. W45	12122	00:53:16	00:56:17
947.	771.		Bienemann, Erik		53. MJ U18	837	00:53:16	00:56:17
948.		177.	Schult, Antonia		68. W	10100	00:53:17	00:59:34
949.		178.	Nannen, Vanessa		69. W	7655	00:53:18	00:56:32
950.	772.		Gaebler, Thorsten	IM-Team	92. M40	2892	00:53:18	00:56:43
951.		179.	Widderich, Inga		25. W35	12187	00:53:19	00:58:42
952.	773.		Schmidt, Lewin		126. M30	9761	00:53:19	00:54:12
953.	774.		Brockmann, Tim	Schusterlauf	59. M45	1329	00:53:21	00:54:47
954.	775.		Schützmann, Paul		113. M35	10082	00:53:21	01:00:22
955.	776.		Ritter, Benjamin	SFC Ottendorf	60. M45	9080	00:53:22	00:55:31
956.		180.	Kleine, Ronja	SpVgg Borbelsby	70. W	5362	00:53:22	00:54:45
957.	777.		Mohr, Tilmann	MEKUN	46. M50	7444	00:53:24	00:55:09
958.	778.		Braun, Volker		47. M50	1237	00:53:24	00:55:05
959.		181.	Nüsse, Hendrikje		71. W	7871	00:53:25	00:54:57
960.	779.		Oelze, Lars		93. M40	7904	00:53:25	00:55:21
961.		182.	Jeß, Cara		43. W30	4824	00:53:25	00:55:34
962.	780.		Weichler, Jannis		193. M	12026	00:53:26	00:56:23
963.	781.		Hedemann, Jonas		194. M	3949	00:53:27	00:55:28
964.	782.		Ihben, Markus		114. M35	4576	00:53:28	00:54:14
965.		183.	Dixon, Hannah		26. W35	1985	00:53:28	00:56:14
966.		184.	Kalwa, Celina	Hier könnte ihre Werbung stehen	72. W	5048	00:53:29	00:53:53
967.		185.	Schäftlein, Sarah	Energie in Bewegung	73. W	5265	00:53:29	00:57:37
968.	783.		Keen, Jens		23. M60	5158	00:53:30	00:57:24

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
969.	784.		Szellas, Bennet		127. M30	11108	00:53:30	00:54:08
970.	785.		Friesorger, Dimitrij	Dataporti	195. M	2825	00:53:31	00:56:47
971.		186.	Linke-Lewandowski, Lena		15. W40	6567	00:53:31	00:58:25
972.		187.	Heine, Sonja		8. W50	3985	00:53:31	00:57:41
973.	786.		Görllich, Ddennis		61. M45	3185	00:53:31	00:54:50
974.		188.	Schwarz, Tessa		74. W	10273	00:53:31	00:57:20
975.	787.		Krause, Jann Flemming		54. MJ U18	8151	00:53:32	00:57:27
976.	788.		Huß, Christian		128. M30	4559	00:53:33	00:57:33
977.	789.		Holst, Max		115. M35	4411	00:53:33	00:53:58
978.	790.		Wittmacher, Kai		129. M30	12366	00:53:34	00:54:06
979.		189.	Schroller, Sabrina		16. W40	10025	00:53:34	00:55:42
980.		190.	Heuer, Madeleine		44. W30	4184	00:53:34	00:54:18
981.	791.		Kose, Christoph		94. M40	5726	00:53:35	00:57:05
982.	792.		Ossig, Tillman		95. M40	7984	00:53:35	00:55:52
983.		191.	Westphal, Dorothea	Förde Sparkasse	27. W35	12152	00:53:35	00:59:51
984.	793.		Much, Lennart	Sauer Compressors	196. M	7497	00:53:36	00:54:25
985.	794.		Fechner, Michael		62. M45	2505	00:53:36	00:54:07
986.		192.	Gremmel, Maike	TuS Holtenau	45. W30	3363	00:53:37	00:56:55
987.		193.	Goltalab, Luna		4. WJ U18	3243	00:53:38	00:55:11
988.	795.		Meier, Jörg		24. M60	7130	00:53:38	00:53:56
989.		194.	Marschall-Thams, Sabine	TSV Vineta Audorf	2. W60	6960	00:53:38	00:57:24
990.		195.	Asmus, Cathrin		15. W45	289	00:53:38	00:54:52
991.	796.		Rademacher, Mikkel		197. M	8687	00:53:39	00:54:14
992.	797.		Lübcke, Thomas		116. M35	6709	00:53:39	00:56:19
993.	798.		Pfeil, Christoph		117. M35	8338	00:53:40	00:56:19
994.	799.		Voß, Sven		130. M30	11851	00:53:40	01:00:06
995.	800.		Weigel, Tim-Niklas	Sauer Compressors	118. M35	12039	00:53:40	00:57:08
996.	801.		von Schalburg, Timo		96. M40	11802	00:53:40	00:55:15
997.	802.		Remuß, Rolf		44. M55	8937	00:53:41	00:57:31
998.		196.	Molnár, Viviane		46. W30	4248	00:53:41	00:55:24
999.	803.		Niß, Timo		45. M55	7807	00:53:41	00:55:15
1000.	804.		Roth, Sönke		63. M45	9268	00:53:42	00:56:27
1001.		197.	Bartel, Heike		16. W45	437	00:53:42	00:55:19
1002.		198.	Heinrichsen, Lara Marie		47. W30	4006	00:53:42	00:54:54
1003.		199.	Dührsen, Lena		75. W	2145	00:53:43	00:56:00
1004.	805.		Büter, Aike		64. M45	1475	00:53:43	00:56:04
1005.	806.		Schrader, Lasse	PwC Kiel	198. M	9947	00:53:43	00:56:58
1006.	807.		Lorenz, Christian	BSG Schleswig-Holstein Netz	65. M45	6650	00:53:44	00:54:52
1007.	808.		Bierkant, Jan H.		48. M50	843	00:53:45	00:54:26
1008.	809.		Preißler, Pierre	TSV Wiemersdorf	97. M40	8547	00:53:45	00:57:36
1009.	810.		Weidner, Andreas	Anschütz Pathfinder	25. M60	12035	00:53:46	00:56:52
1010.		200.	Bohnsack, Christina		28. W35	1037	00:53:46	00:56:18
1011.		201.	Woldmer, Denise		76. W	12415	00:53:47	00:55:29
1012.	811.		Voigt, Johannes		131. M30	11698	00:53:48	00:54:41
1013.	812.		Wilhus, Mika		199. M	984	00:53:48	00:54:50
1014.	813.		Benz, Alexander		119. M35	688	00:53:48	01:00:20
1015.		202.	Sami Issa, Reema		77. W	9443	00:53:49	00:54:20
1016.		203.	Reimers, Esmeralda		17. W40	8892	00:53:49	00:55:08
1017.	814.		Czyzewski, Timo	BidFlow Technologies	200. M	1780	00:53:49	00:59:04
1018.		204.	Gliesche, Dajana		48. W30	3109	00:53:49	01:02:19
1019.	815.		Schilling, Roman		120. M35	9658	00:53:50	00:55:55
1020.		205.	Stechow, Ann-Kathrin		49. W30	10771	00:53:50	00:56:04
1021.	816.		Paulsen, Kai		201. M	8139	00:53:50	00:55:39
1022.		206.	Stammler, Johanna Elisa		4. WJ U20	10734	00:53:52	00:55:14
1023.		207.	Schröder, Verena		29. W35	10010	00:53:52	00:55:10
1024.	817.		Thiesen, Frerk		98. M40	11275	00:53:52	00:56:28
1025.	818.		Rechtien, Sebastian		99. M40	8805	00:53:53	00:55:29
1026.		208.	Bülau, Janine	ALG-VfL Bokel	18. W40	1451	00:53:53	00:54:46
1027.	819.		Vollbehr, Karl		202. M	11715	00:53:53	00:56:19
1028.	820.		Möller, Andreas		66. M45	7380	00:53:53	00:54:43
1029.	821.		Möller, Andre`	LTV Kiel-Ost	67. M45	7379	00:53:53	00:55:27
1030.	822.		Hoppe, Emil		55. MJ U18	4443	00:53:55	00:55:44
1031.	823.		Radbruch, Fabian		121. M35	8680	00:53:55	00:56:02
1032.		209.	Dörr, Babette		78. W	2022	00:53:55	00:54:39
1033.	824.		Boehm, Christoph		100. M40	979	00:53:57	01:00:50
1034.	825.		Eisermann, Thomas		46. M55	2313	00:53:57	00:55:55
1035.	826.		Steidel, Peter		56. MJ U18	10807	00:53:58	00:54:11
1036.	827.		Füchsel, Benjamin	Apotheke Altenholz	203. M	2863	00:53:58	00:55:15
1037.		210.	Kerl, Corinna		50. W30	5202	00:53:58	00:55:14
1038.		211.	Brodersen, Rike		2. W55	1335	00:53:59	01:00:04
1039.	828.		Bücker, Dennis	Dataporti	132. M30	1445	00:53:59	00:57:21
1040.	829.		Kaufhold, Patrick		122. M35	5140	00:53:59	00:54:47
1041.		212.	Fehse-Rusch, Petra	seniorspeed	3. W55	2525	00:53:59	00:55:30
1042.	830.		Hartenstein, Volker		47. M55	3841	00:54:00	00:56:28
1043.		213.	Schellinski, Lene		79. W	9611	00:54:00	00:54:28
1044.	831.		Körner, Christoph	ppimedia	26. M60	5611	00:54:00	00:54:28
1045.	832.		Hoppe, Christian		101. M40	4442	00:54:01	00:55:50
1046.		214.	Mahnken, Jana		19. W40	2972	00:54:02	00:57:53
1047.	833.		Jeo, Rubin		24. MJ U20	4812	00:54:02	00:55:08
1048.		215.	Schaaf, Pia Janina		5. WJ U20	9493	00:54:02	00:55:08
1049.	834.		Bulter, Lukas		133. M30	7304	00:54:02	00:54:54
1050.		216.	Haar, Nele		51. W30	3572	00:54:03	00:58:37
1051.		217.	Danger, Stefanie	IB.SH Runners	17. W45	1810	00:54:04	00:55:55
1052.		218.	Reiche, Angela		3. W60	8868	00:54:05	00:56:23
1053.	835.		Stevens, Mattis		204. M	10872	00:54:05	00:55:11
1054.	836.		Glimm, Tobias	Kieler Volksbank eG	123. M35	3110	00:54:05	00:55:22
1055.	837.		Matzinke, André	Kieler Volksbank eG	68. M45	7081	00:54:05	00:56:07
1056.	838.		Bach, Alexander	MEKUN	69. M45	338	00:54:05	00:55:51

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1057.	839.		Bomann, Leif		205. M	1066	00:54:05	00:54:53
1058.	840.		Köster, Moritz		124. M35	5628	00:54:06	00:54:58
1059.	841.		van der Merwe, Francois	Ingenieurteam Trebes	102. M40	11598	00:54:06	00:56:14
1060.	842.		Jetzek, Christian		25. MJ U20	4845	00:54:07	00:55:32
1061.	843.		Kaiser, Thomas	Sebamed Running Team	125. M35	5029	00:54:07	00:55:48
1062.		219.	Dageförde, Finja		6. WJ U20	1785	00:54:07	00:56:55
1063.	844.		Gärtner, Frank		70. M45	2898	00:54:07	00:56:40
1064.		220.	Westphal, Julia		18. W45	12155	00:54:08	00:58:19
1065.		221.	Cordes, Andrea		4. W55	1733	00:54:08	00:55:15
1066.	845.		Roy, Olivier		71. M45	9286	00:54:08	01:00:00
1067.	846.		Lassen, Markus	Stryker	103. M40	6301	00:54:08	00:56:27
1068.	847.		Meinen, Christian		72. M45	7156	00:54:09	00:55:58
1069.	848.		Müller, Henrik	TSV Kronshagen	57. MJ U18	7522	00:54:10	00:56:04
1070.	849.		Hiß, Philipp		134. M30	4286	00:54:10	00:56:50
1071.	850.		Wanner, Lukas		206. M	11940	00:54:10	01:00:00
1072.		222.	Mook, Wiebke		5. W55	7466	00:54:11	00:55:25
1073.	851.		Bieberich, Leon		207. M	816	00:54:11	01:02:44
1074.	852.		Seidel, Jannik		126. M35	10343	00:54:11	00:54:11
1075.		223.	Klingbeil, Anika		30. W35	5388	00:54:11	00:56:36
1076.	853.		Brand, Ingo	KODIAK	27. M60	1178	00:54:12	00:58:59
1077.	854.		Durak, Tjark		58. MJ U18	2170	00:54:13	00:55:15
1078.	855.		Mannstedt, Kim		127. M35	6917	00:54:13	00:57:34
1079.		224.	Nachtigall, Rhea		31. W35	7636	00:54:14	00:56:14
1080.	856.		Moeller, Sven	IB.SH Runners	104. M40	7416	00:54:14	00:54:20
1081.		225.	Dageförde, Nele		19. W45	1786	00:54:15	00:55:42
1082.	857.		Steenken, Lasse		208. M	10782	00:54:15	00:54:55
1083.	858.		Menzel, Noah		59. MJ U18	7200	00:54:15	00:55:33
1084.	859.		Brockmüller, Tim		128. M35	1330	00:54:15	00:57:29
1085.		226.	Kalscheuer, Maria		20. W40	5043	00:54:15	00:56:34
1086.	860.		Jansen, Günter	Stiftung Naturschutz	73. M45	4732	00:54:16	00:57:01
1087.	861.		Melzer, Arne		48. M55	7180	00:54:16	00:55:27
1088.	862.		Kirchhoff, Jens		49. M50	5295	00:54:16	00:55:12
1089.	863.		Afanyibo, Marvin		129. M35	67	00:54:17	00:57:05
1090.	864.		Zander, Tönnies		209. M	4301	00:54:18	00:55:16
1091.	865.		Jürgens, Jan		49. M55	4932	00:54:19	00:55:45
1092.		227.	Binko, Sophie		80. W	860	00:54:19	00:55:10
1093.	866.		Soltau, Vincent	ALG-VfL Bokel	50. M55	10596	00:54:19	00:55:32
1094.	867.		von Bachmann, Jannes		135. M30	11740	00:54:20	00:55:13
1095.	868.		Müller, Lennart		105. M40	7537	00:54:20	00:56:16
1096.		228.	Ihsen, Andrea		6. W55	1839	00:54:20	00:59:54
1097.		229.	Lisius, Beatrice		32. W35	6587	00:54:21	00:57:47
1098.	869.		Kolenda, Vito		130. M35	5669	00:54:22	00:57:46
1099.		230.	Lohse, Larissa	Stadtwerke Kiel	52. W30	6632	00:54:22	00:56:14
1100.		231.	Kühne, Stine	Scuderia del Caffè	81. W	6044	00:54:23	00:55:12
1101.	870.		Menge, Christoph		106. M40	7187	00:54:23	00:58:08
1102.		232.	Plath-Willert, Andrea		7. W55	8435	00:54:24	00:56:31
1103.	871.		Klopp, Rudi	Team Osteopathie Werner	51. M55	5417	00:54:24	00:54:46
1104.	872.		Apsel, Lennart		210. M	239	00:54:25	00:57:57
1105.	873.		Kühn, Julius		136. M30	6033	00:54:26	00:55:21
1106.		233.	Lewin, Carmen		21. W40	6461	00:54:26	00:56:53
1107.		234.	Schröder, Maike		82. W	9992	00:54:26	00:55:22
1108.	874.		Schrader, Mika		211. M	10725	00:54:26	00:57:41
1109.	875.		Bothe, Ansgar		107. M40	1147	00:54:27	00:55:28
1110.	876.		Rudelt, Julian		131. M35	9294	00:54:27	00:55:28
1111.	877.		Will, Paul		137. M30	5473	00:54:27	00:56:11
1112.	878.		Greve, Martin		108. M40	3372	00:54:27	00:57:40
1113.	879.		Jakobsen, Jo Einar		52. M55	4712	00:54:27	00:56:33
1114.	880.		Welker, Paul		212. M	12077	00:54:27	01:01:53
1115.		235.	Lange, Lina		83. W	12824	00:54:28	00:58:49
1116.	881.		Dirks, Philipp	Lauftreff Friedrichstadt	138. M30	1971	00:54:28	00:56:33
1117.		236.	Wehde, Pia		84. W	12017	00:54:29	00:56:24
1118.	882.		Schuldt, Max		213. M	10094	00:54:29	00:54:29
1119.	883.		Buchmann, Kristof	MEKUN	109. M40	1422	00:54:31	00:56:04
1120.	884.		Wopat, Riccardo	Hot Heels	132. M35	12471	00:54:31	00:55:49
1121.	885.		Rusch, Carsten	seniorspeed	53. M55	9364	00:54:31	00:57:24
1122.		237.	Müller, Sophie		85. W	7555	00:54:32	00:58:37
1123.	886.		Steuernagel, Bernhard	LaSaHaRa	6. M65	10867	00:54:32	00:57:03
1124.	887.		Horn, Paul		214. M	4457	00:54:33	00:55:57
1125.	888.		Teichert, Gerd		7. M65	11186	00:54:33	00:55:13
1126.		238.	Kluge, Jannika		53. W30	5437	00:54:34	00:58:42
1127.	889.		Peppe, Chris		139. M30	8187	00:54:34	00:55:52
1128.	890.		Reese, Jonas		140. M30	1563	00:54:34	01:02:45
1129.	891.		Klatt, Rolf		50. M50	5335	00:54:34	00:57:06
1130.	892.		Gussow, Philipp	Stadtwerke Kiel	141. M30	3535	00:54:34	00:56:34
1131.	893.		Weidlich, Alexander	d.velop runners	133. M35	12034	00:54:34	00:57:03
1132.	894.		Feddern, Dietmar		3. M70	2514	00:54:34	00:55:24
1133.	895.		Krey, Julian		215. M	5848	00:54:34	00:59:07
1134.	896.		Buck, Jon	Kieler Volksbank eG	216. M	1427	00:54:35	00:56:33
1135.	897.		Thaysen, Uwe		51. M50	11229	00:54:35	00:56:24
1136.	898.		Brekau, Ben		60. MJ U18	1262	00:54:36	00:54:36
1137.	899.		Graht, Daniel		142. M30	3322	00:54:36	00:55:37
1138.	900.		Wallner, Ole Alexander		134. M35	11916	00:54:36	00:57:33
1139.	901.		Münzenrieder, Max		135. M35	7587	00:54:36	00:55:54
1140.	902.		Carstensen, Claas		217. M	1603	00:54:37	00:56:22
1141.	903.		Karol, Steffen		74. M45	5108	00:54:37	00:57:19
1142.		239.	Raff, Isabelle	KM Runclub	54. W30	8701	00:54:37	01:00:08
1143.		240.	Erbacher, Christin	Team VOSS Küstenläufer	33. W35	2387	00:54:37	00:57:20
1144.		241.	Stieben, Pauline		55. W30	10877	00:54:38	00:57:43

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1145.	904.		Lütje, Sören	Förde Sparkasse	218. M	6744	00:54:39	00:55:15
1146.		242.	Vakhitova, Alsu		86. W	11586	00:54:39	00:57:11
1147.	905.		Rießelmann, Jörg	RBB	110. M40	9054	00:54:40	00:56:04
1148.		243.	Maas, Kathleen		87. W	4399	00:54:40	00:57:46
1149.		244.	Gorawski, Annemarie		56. W30	3257	00:54:40	00:56:32
1150.	906.		Heering, Hannes		143. M30	3952	00:54:41	00:56:48
1151.		245.	Fröhlich, Marlene		7. WJ U20	2844	00:54:41	00:56:06
1152.	907.		Duhnke, Olaf	Förde Sparkasse	54. M55	2159	00:54:41	00:55:25
1153.		246.	Sachau, Juliane		34. W35	9395	00:54:42	00:57:21
1154.	908.		Völter, Tim		144. M30	11668	00:54:42	00:56:14
1155.	909.		Carrero, Enrique		75. M45	7351	00:54:42	00:59:21
1156.	910.		Kocaaslan, Burak		111. M40	5509	00:54:43	00:56:38
1157.		247.	Voß, Maria		57. W30	11839	00:54:43	00:56:19
1158.		248.	Zentsch, Marzena		20. W45	12619	00:54:43	00:58:05
1159.		249.	Krüger, Melanie	Ricarda rennt!	21. W45	5916	00:54:43	00:56:51
1160.	911.		Wehrenberg, Jens		28. M60	12023	00:54:45	00:56:10
1161.		250.	Hohendorf, Sina		88. W	4368	00:54:45	00:54:52
1162.		251.	Sobotta, Karli		5. WJ U18	10572	00:54:45	01:00:33
1163.	912.		Wegener, Sascha		136. M35	12001	00:54:46	00:58:18
1164.	913.		Laufs, Daniel	Wissenschaftszentrum Kiel	137. M35	6320	00:54:46	00:58:25
1165.		252.	Sohlkohlén, Anna		58. W30	10587	00:54:46	00:56:05
1166.		253.	Klabunde, Katrin	Stadtwerke Kiel	22. W45	5319	00:54:46	00:56:38
1167.	914.		Daleske, Kurt		61. MJ U18	1793	00:54:46	00:56:10
1168.	915.		Haase, Mirco		138. M35	3584	00:54:46	00:58:27
1169.	916.		Schumacher, Steffen		139. M35	10205	00:54:47	00:59:57
1170.	917.		Trebesch, Wolfgang	MTV Aurich	8. M65	12825	00:54:47	00:58:27
1171.	918.		Schröter, Michael		52. M50	10022	00:54:48	00:56:09
1172.		254.	Morgenroth, Sarah		59. W30	7475	00:54:48	00:57:50
1173.		255.	Gaspert, Eveline		89. W	2942	00:54:48	00:56:10
1174.		256.	Beck, Telse Philine		60. W30	534	00:54:48	00:58:55
1175.	919.		Fischer, Lukas		145. M30	2647	00:54:48	00:57:03
1176.		257.	Junge, Christina		90. W	4959	00:54:49	00:57:19
1177.	920.		Guggenberger, Robert		53. M50	3524	00:54:50	00:56:20
1178.		258.	Lembke, Sonja	SG Tantalus Kiel	9. W50	6397	00:54:50	00:56:20
1179.	921.		Feddeck, Jan		29. M60	2507	00:54:51	00:58:13
1180.	922.		Wedel, Thilo		30. M60	11984	00:54:52	00:58:40
1181.	923.		Jensen, Lasse	Stadtwerke Kiel	112. M40	4797	00:54:53	00:56:45
1182.	924.		Sörensen, Flemming		146. M30	10579	00:54:53	00:57:13
1183.	925.		Serbe, Benjamin	CAU Lauftreff	140. M35	10405	00:54:54	00:59:52
1184.		259.	Pirch, Marsha		61. W30	8418	00:54:54	00:58:12
1185.		260.	Labuhn, Tina	Rosa Rostig	62. W30	6165	00:54:55	00:57:25
1186.		261.	Link, Susanne		63. W30	6565	00:54:56	00:56:45
1187.	926.		Mordhorst, Max		147. M30	7472	00:54:56	00:55:31
1188.	927.		Cherednichenko, Igor		141. M35	1638	00:54:57	00:58:06
1189.		262.	Stevens, Jule		91. W	10870	00:54:57	00:56:02
1190.	928.		Rehm, Matthias		55. M55	8847	00:54:58	00:58:13
1191.		263.	Thiemann, Ellen		4. W60	11268	00:54:58	00:56:09
1192.		264.	Heimbucher, Finja		92. W	3976	00:54:58	00:58:48
1193.		265.	Pein, Alina		35. W35	8168	00:54:58	00:55:57
1194.	929.		Beck, Bjarne	Sauer Compressors	219. M	529	00:54:59	00:55:58
1195.	930.		Schröder, Jens		113. M40	9983	00:54:59	00:55:59
1196.		266.	Bublitz, Annika		93. W	1408	00:54:59	00:56:06
1197.	931.		Ladiges, Sven		56. M55	6175	00:54:59	00:57:45
1198.		267.	Görmann, Svenja		36. W35	3188	00:54:59	00:57:37
1199.	932.		Janssen, Taalko		220. M	5749	00:54:59	00:57:41
1200.		268.	Breder, Irina		37. W35	1245	00:55:00	00:58:00
1201.	933.		Spill, Jonathan		62. MJ U18	10666	00:55:00	01:00:47
1202.	934.		Perschke, Dirk		31. M60	8200	00:55:00	00:56:21
1203.		269.	Triebel, Anne-Kathrin		10. W50	11484	00:55:00	00:57:19
1204.		270.	Bielenberg, Fro Grete		94. W	827	00:55:01	00:57:09
1205.	935.		Braune, Marcus		114. M40	1241	00:55:01	00:57:11
1206.		271.	Wagner, Mona	Hannover Runners	64. W30	11888	00:55:02	00:55:49
1207.	936.		Wilken, Pascal		148. M30	12842	00:55:02	01:00:06
1208.	937.		Smit, Kjell	Stadtwerke Kiel	149. M30	9398	00:55:02	00:56:56
1209.	938.		Munstermann, Niklas	die tapferen Schneiderleins	63. MJ U18	7615	00:55:02	00:56:43
1210.	939.		Städler, Marius		115. M40	10711	00:55:03	00:58:22
1211.	940.		Renwick, Max	SV Mönkeberg	142. M35	8952	00:55:03	00:59:08
1212.	941.		Seemann, Henning	Humboldt Schule Kiel	116. M40	10337	00:55:04	00:55:34
1213.	942.		Jahn, Christian		117. M40	4691	00:55:05	00:56:49
1214.		272.	Thaysen, Maren		22. W40	11228	00:55:05	00:56:54
1215.	943.		Schäle, Nils		54. M50	9534	00:55:06	00:55:33
1216.	944.		Neumann, André		143. M35	7701	00:55:06	01:00:19
1217.	945.		Abraham, Rüdiger		9. M65	35	00:55:06	00:56:34
1218.		273.	Langner, Katrin		11. W50	6269	00:55:06	01:01:11
1219.	946.		Boecke, Pascal		144. M35	973	00:55:07	00:56:49
1220.	947.		Habercorn, Jan		118. M40	3593	00:55:07	00:55:29
1221.	948.		Thies, Achim		55. M50	11271	00:55:08	01:03:10
1222.		274.	Busch, Ann-Christin		65. W30	5636	00:55:09	00:58:07
1223.	949.		Balsfulland, Jonas		221. M	393	00:55:09	00:56:26
1224.	950.		Jacobsen, Marten	Zwei Brüder jagen Tung Tung Tung Sahu	64. MJ U18	4662	00:55:09	00:56:44
1225.	951.		Kreutzfeld, Tim		222. M	5846	00:55:09	00:56:12
1226.	952.		Sino, Baran Emin	Elisabethheim Havetoft	65. MJ U18	10532	00:55:09	00:55:55
1227.	953.		Conrad, Hannes		76. M45	1720	00:55:09	00:59:09
1228.	954.		Soetbeer, Carl	BSG Schleswig-Holstein Netz	150. M30	10580	00:55:09	00:55:09
1229.	955.		Kröger, Lasse		223. M	5877	00:55:10	00:58:07
1230.		275.	Premke, Johanna		95. W	8549	00:55:10	00:57:34
1231.	956.		Bornholdt, Oliver		57. M55	1123	00:55:10	00:56:09
1232.		276.	Germanova, Anja		66. W30	3036	00:55:11	00:58:20

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1233.	957.		Bornholdt, Yannik		224. M	1125	00:55:11	00:56:10
1234.	958.		Trawka, Tony		66. MJ U18	11461	00:55:11	00:57:18
1235.		277.	Süß, Flora		96. W	11069	00:55:11	00:56:31
1236.	959.		Gräve, Thorsten	Team Blau	56. M50	3308	00:55:12	00:59:31
1237.		278.	Taubert, Ann-Kathrin		38. W35	11162	00:55:13	00:58:56
1238.	960.		Gratz, Michael		145. M35	9337	00:55:13	00:59:18
1239.		279.	Kölili, Hanna		67. W30	5567	00:55:14	01:00:18
1240.	961.		Brüggmann, Ralf	CITTI / CHEFS CULINAR / HMS	32. M60	1371	00:55:14	00:55:33
1241.		280.	Koellmann, Nele	Team Kriwat Sport	97. W	5568	00:55:14	00:56:08
1242.		281.	Krabbenhöft, Lena	Förde Sparkasse	23. W45	5753	00:55:17	00:56:59
1243.	962.		Rumpf, Mike		57. M50	9349	00:55:17	00:56:47
1244.		282.	Stoffels, Hanna		23. W40	10919	00:55:17	00:56:25
1245.	963.		Fries, Fynn		146. M35	2819	00:55:18	00:57:43
1246.	964.		Teegen, Sven		58. M55	11175	00:55:19	00:57:54
1247.		283.	Meiert, Luisa		98. W	10739	00:55:20	00:57:01
1248.	965.		Massmann, Fred	Energie in Bewegung	119. M40	7014	00:55:20	00:58:20
1249.	966.		Wollenhaupt, Daniel		120. M40	12445	00:55:20	00:55:58
1250.	967.		Eggers, Daniel		147. M35	2239	00:55:21	00:58:22
1251.		284.	Gohla, Annette	GEOMAR	24. W40	3212	00:55:22	00:57:42
1252.	968.		Hinobayashi, Marc		121. M40	4243	00:55:22	01:00:12
1253.		285.	Hübner, Nina		25. W40	4499	00:55:22	01:02:16
1254.		286.	Thormählen, Anne		24. W45	11336	00:55:23	00:57:22
1255.	969.		Trepke, Wolfgang		4. M70	11473	00:55:24	01:00:42
1256.		287.	Lenz, Anna-Lisa		39. W35	6422	00:55:24	00:59:05
1257.		288.	Thonke, Astrid	Team Prinzi	40. W35	11333	00:55:25	00:57:02
1258.		289.	Schwesig, Mara		6. WJ U18	10307	00:55:25	00:57:02
1259.	970.		Martensen, Nils		148. M35	6980	00:55:26	01:01:44
1260.	971.		Lemmel, Simon-Claudio		122. M40	6406	00:55:26	01:01:13
1261.	972.		Horbach, Jan		59. M55	4451	00:55:26	00:58:12
1262.		290.	Herbold, Ronja		99. W	4120	00:55:26	00:58:33
1263.	973.		Goos, Tobias		151. M30	3254	00:55:27	00:57:55
1264.		291.	Schmalstieg, Anita		41. W35	9712	00:55:27	00:57:55
1265.	974.		Tonn, Thorsten	Förde Sparkasse	60. M55	11426	00:55:28	00:55:36
1266.		292.	Dembowski, Victoria	LBV Phönix Lübeck	7. WJ U18	1874	00:55:28	00:56:07
1267.	975.		Nissen, Lasse		225. M	7814	00:55:29	00:58:35
1268.	976.		Wolf, Andreas	Gemeinsam gegen Krebs	61. M55	12419	00:55:29	00:57:18
1269.		293.	Fitschen, Carina		100. W	2667	00:55:30	00:57:36
1270.	977.		Schollmeyer, Ben		67. MJ U18	9912	00:55:30	00:57:37
1271.		294.	Kulow, Andrea		68. W30	6100	00:55:31	00:56:05
1272.		295.	Leder, Mareike		101. W	6340	00:55:31	00:56:43
1273.	978.		Zwenke, Hendrik	Humboldt Schule Kiel	68. MJ U18	12704	00:55:31	01:02:09
1274.	979.		Feldt, Niklas	Stadtwerke Kiel	226. M	2547	00:55:31	00:57:31
1275.	980.		Grundt, Dennis		77. M45	3474	00:55:32	00:58:18
1276.		296.	Maass, Annika		102. W	6793	00:55:32	00:56:28
1277.		297.	Wilhelm, Nele		26. W40	5942	00:55:32	00:55:32
1278.	981.		Falliner, Dagobert		58. M50	2481	00:55:32	00:58:40
1279.		298.	Dörnenburg, Carla		42. W35	2013	00:55:32	00:57:33
1280.	982.		Möllers, Henning		123. M40	7422	00:55:33	00:58:28
1281.	983.		Knapp, Michael	Gebeco	33. M60	5450	00:55:33	00:58:23
1282.	984.		Lakotta, Kay	Kinder und Jugendsportstiftung Flemhude	149. M35	6194	00:55:33	01:00:16
1283.		299.	Wichelmann, Lea	LAC Kronshagen	103. W	12177	00:55:34	00:55:43
1284.	985.		Strank, Jakob		227. M	10960	00:55:34	00:57:22
1285.	986.		Herbst, Kai-Stefan	Dataporti	150. M35	4124	00:55:34	00:58:55
1286.	987.		Fernandez Bustamante, Duber		151. M35	11825	00:55:34	01:02:13
1287.		300.	Klafki, Lydia		104. W	5322	00:55:35	00:57:37
1288.	988.		Yilkal, Paulus	Elisabethheim Havetoft	69. MJ U18	12568	00:55:35	00:56:20
1289.		301.	Kupper, Lisa		105. W	12763	00:55:36	00:59:21
1290.		302.	Tanis, Laura		43. W35	11148	00:55:36	00:58:03
1291.	989.		Siegmund, Rainer		34. M60	10465	00:55:36	00:57:57
1292.	990.		Griefahn, Jesper		228. M	4850	00:55:37	00:59:18
1293.		303.	Fischer, Christin		69. W30	2627	00:55:37	00:58:38
1294.		304.	Mühlenbeck, Anna		106. W	7499	00:55:37	00:56:26
1295.		305.	Schwarz, Fenja		70. W30	10256	00:55:38	00:55:53
1296.	991.		Sandmann, Andreas		59. M50	9455	00:55:38	00:57:07
1297.		306.	Fries, Franziska		107. W	2818	00:55:38	00:56:35
1298.	992.		Repenning, Kevin		152. M35	8955	00:55:39	00:56:36
1299.		307.	Kahlert, Franziska		108. W	5018	00:55:39	00:56:12
1300.		308.	Kayser, Charlotte	Gemeinsam gegen Krebs	109. W	12131	00:55:40	00:56:37
1301.	993.		Traegl, Nils		153. M35	11441	00:55:40	01:02:36
1302.	994.		Scharrenberg, Enno	MEKUN	154. M35	9567	00:55:40	00:57:13
1303.	995.		Roffel, Arnout	Ingenieurteam Trebes	155. M35	9147	00:55:40	00:57:40
1304.	996.		Siefke, Sven	FördeFlitzer	152. M30	10450	00:55:40	00:59:03
1305.	997.		Krumpelbeck, Christian		229. M	5933	00:55:41	00:58:24
1306.	998.		Krumm, Tim		230. M	6839	00:55:41	00:58:23
1307.	999.		Rathjen, Johann	LOTTO Schleswig-Holstein GmbH & Co. KG	153. M30	8773	00:55:41	00:56:12
1308.		309.	Grandisch, Johanna		25. W45	3329	00:55:41	00:57:16
1309.	1000.		Behnfeld, Kristof		156. M35	604	00:55:41	00:57:16
1310.	1001.		Ruske, Paul		70. MJ U18	9369	00:55:41	00:57:17
1311.	1002.		Rosenow, Moritz	FördeFlitzer	154. M30	4718	00:55:41	00:59:06
1312.	1003.		Asmussen, Michael		157. M35	294	00:55:42	00:57:53
1313.	1004.		Kohn, Nis-Jesse		231. M	5649	00:55:42	01:02:53
1314.	1005.		Grandisch, Norman		78. M45	3330	00:55:42	00:57:17
1315.	1006.		Vorpahl, Marcus		124. M40	11813	00:55:42	00:57:09
1316.	1007.		Schießer, Sarp		26. MJ U20	9646	00:55:42	01:02:52
1317.	1008.		Sievers, Björn		60. M50	10485	00:55:42	00:58:32
1318.	1009.		Gnauck, Cedric	FördeFlitzer	155. M30	3132	00:55:42	00:59:06
1319.	1010.		Schröder, Guido	MEKUN	62. M55	9979	00:55:43	00:59:45
1320.		310.	Bornholdt, Laura		110. W	1121	00:55:44	00:58:53

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1321.	1011.		Meinzer, Christoph	300	125. M40	7165	00:55:44	00:55:53
1322.		311.	Matthiesen, Vivien	ALG-VfL Bokel	26. W45	7051	00:55:45	00:57:43
1323.	1012.		Brasch, Victor	Sprottenauflauf	126. M40	1206	00:55:45	00:57:31
1324.		312.	Küttner, Franziska		111. W	6059	00:55:45	00:59:52
1325.	1013.		Kirchmann, Andreas		35. M60	5298	00:55:45	00:58:38
1326.		313.	Gomolzig, Lea Sofie		112. W	3248	00:55:45	00:58:39
1327.		314.	Seehafer, Svea		71. W30	10328	00:55:45	00:58:11
1328.	1014.		Lorenz, Matthias	BSG Schleswig-Holstein Netz	158. M35	6654	00:55:46	00:56:53
1329.	1015.		Clausen, Gerhard		10. M65	1680	00:55:46	00:58:21
1330.		315.	Pagel, Charline	Die Moschusochsen	113. W	8034	00:55:46	00:57:50
1331.	1016.		Gloyer, Fabian	Preetzer TSV	63. M55	3123	00:55:46	00:59:13
1332.	1017.		Schätzke, Jan-W.		61. M50	9539	00:55:47	00:56:44
1333.	1018.		Petersen, Timm		127. M40	8309	00:55:47	01:03:07
1334.		316.	Schöning, Franziska		44. W35	9895	00:55:47	01:01:12
1335.	1019.		Clements, Daniel	GKN Kiel	159. M35	1703	00:55:47	01:00:50
1336.		317.	Feist, Martina		5. W60	2531	00:55:48	00:57:07
1337.		318.	Buchholz, Helene		114. W	1416	00:55:48	00:57:36
1338.	1020.		Feist, Peter		11. M65	2532	00:55:48	00:57:16
1339.	1021.		Off, Timo	Humboldt-Schule Kiel	62. M50	7923	00:55:48	00:57:38
1340.	1022.		Albert, Chris		232. M	116	00:55:48	01:02:51
1341.	1023.		Rezai, Robert		160. M35	8981	00:55:48	00:57:35
1342.		319.	Liefländer, Laura	Landgericht Kiel	45. W35	6504	00:55:50	00:56:29
1343.	1024.		Schulze, Luk	The Winner	71. MJ U18	10185	00:55:50	00:56:03
1344.	1025.		Wiedemann, Stephan	freenet	128. M40	12208	00:55:50	00:58:29
1345.	1026.		Winter, Jonas		233. M	11213	00:55:50	00:59:25
1346.		320.	Gaycken, Lea-Luise		46. W35	2954	00:55:50	00:58:51
1347.		321.	Lamb, Christine		72. W30	6196	00:55:50	00:58:16
1348.	1027.		Farukhi, Hamid		156. M30	2488	00:55:50	01:00:24
1349.	1028.		Petzina, Rainer		64. M55	8318	00:55:51	00:58:07
1350.		322.	Scheidler, Kristin		27. W40	10790	00:55:52	00:57:33
1351.		323.	Voss, Laura		115. W	11833	00:55:52	00:56:41
1352.		324.	Prignitz, Sonja	LG Albatros Kiel	27. W45	1704	00:55:53	00:56:57
1353.		325.	Wagner, Kim		116. W	11885	00:55:53	00:56:38
1354.		326.	Fiske, Amelia		28. W40	2665	00:55:54	00:57:47
1355.		327.	Fudickar, Julia		117. W	2861	00:55:54	00:59:36
1356.	1029.		Herweg, Leo		27. MJ U20	4151	00:55:55	01:01:09
1357.	1030.		Vetterick, Luca		234. M	11632	00:55:55	00:56:42
1358.	1031.		Diedrichsen, André	CITTI / CHEFS CULINAR / HMS	157. M30	1933	00:55:55	00:57:04
1359.	1032.		Heidemann, Tim	CITTI / CHEFS CULINAR / HMS	161. M35	3960	00:55:55	00:57:04
1360.		328.	Handke, Inken	TSV Kronshagen	73. W30	3715	00:55:55	01:03:35
1361.	1033.		Raabe, Henrik		28. MJ U20	8655	00:55:55	01:01:37
1362.		329.	Scheffler, Janne	GEOMAR	74. W30	9595	00:55:56	00:57:43
1363.	1034.		Hossner, Florian		129. M40	4475	00:55:56	00:57:47
1364.	1035.		Hohn, André	Gyn Tonic Städtische Frauenklinik Kiel	65. M55	4374	00:55:57	00:55:57
1365.	1036.		Niehus, Benjamin	Anschütz Pathfinder	130. M40	7765	00:55:58	01:00:42
1366.	1037.		Ratanaphaithun, Visarush		235. M	8758	00:55:58	00:58:11
1367.	1038.		Makolla, Finn		236. M	6874	00:55:59	01:02:28
1368.		330.	Nehlsen, Claudia	ERDINGER Active TEAM	28. W45	7685	00:55:59	00:58:19
1369.		331.	Menges, Luzie		118. W	7188	00:56:01	00:58:36
1370.	1039.		Rohwedder, Hinnerk		162. M35	9177	00:56:02	00:58:36
1371.	1040.		Irrmer, Sebastian	Hasselteich	63. M50	4604	00:56:02	00:57:45
1372.		332.	Knöller, Lisa		47. W35	5476	00:56:03	00:58:13
1373.	1041.		Konschak, Felix Karl		158. M30	5697	00:56:03	01:00:02
1374.	1042.		Petersdotter, Lasse		163. M35	8246	00:56:03	00:56:40
1375.	1043.		Claes, Sascha		131. M40	10272	00:56:03	00:58:13
1376.	1044.		Burbaum, Laurenz		237. M	1507	00:56:04	00:57:27
1377.	1045.		Stracke, Lars		66. M55	10955	00:56:04	00:58:53
1378.	1046.		Hoogkamer, Jörn		238. M	4432	00:56:04	01:00:16
1379.	1047.		Lotz, Kevin		159. M30	6677	00:56:06	00:57:53
1380.		333.	Lotz, Pia		75. W30	6678	00:56:06	00:57:54
1381.	1048.		Wolff, Niklas		164. M35	12440	00:56:06	00:59:46
1382.	1049.		Lesch, Heiko		160. M30	6436	00:56:06	01:01:44
1383.		334.	Piccirilli, Christien		76. W30	8364	00:56:07	01:02:39
1384.	1050.		Münsterberg, Mario	FINNOFLEET BMI	161. M30	7586	00:56:07	00:58:04
1385.	1051.		Röschmann, Niss Ole		239. M	9135	00:56:08	00:58:03
1386.	1052.		Jaster, Marc		64. M50	4773	00:56:08	01:02:55
1387.	1053.		Pagel, Jeffrey	LAC Kronshagen	79. M45	8037	00:56:08	00:59:20
1388.	1054.		Ohr, Alexander		132. M40	214	00:56:08	00:57:17
1389.		335.	Völker, Inga-Marie	MEKUN	29. W40	11659	00:56:08	00:57:31
1390.	1055.		Sönder, Tim		133. M40	10575	00:56:08	00:57:17
1391.	1056.		Bock, Torge		162. M30	966	00:56:08	01:04:38
1392.		336.	Brandenburg, Anna		48. W35	1183	00:56:08	00:57:11
1393.	1057.		Kohl, Michael		134. M40	1772	00:56:09	00:57:17
1394.	1058.		Krumpholz, Heiko		80. M45	5952	00:56:09	00:58:17
1395.		337.	Fries, Unne		8. W55	2820	00:56:10	00:57:59
1396.	1059.		Augustin, Alexander	FördeFlitzer	163. M30	305	00:56:11	00:59:35
1397.	1060.		Thiessen, Delf		164. M30	11277	00:56:11	00:59:45
1398.	1061.		Frank, Jannis	FINNOFLEET BMI	240. M	2745	00:56:12	00:58:09
1399.	1062.		Zimmermann, Moritz		81. M45	1430	00:56:12	01:02:09
1400.	1063.		Engesser, Tobias		135. M40	2375	00:56:12	00:57:36
1401.		338.	Piontkowski, Bianca		119. W	8414	00:56:12	00:56:25
1402.	1064.		Schaffranek, Wolfgang	LG Albatros Kiel	5. M70	9548	00:56:12	00:58:01
1403.	1065.		Kreßler, Christian	Team VOSS Küstenläufer	165. M35	5839	00:56:12	00:57:00
1404.		339.	Diezmann, Verena	LTV Kiel-Ost	29. W45	1956	00:56:13	00:59:43
1405.	1066.		Sohlkohl, Johann		166. M35	10589	00:56:13	00:57:33
1406.	1067.		Jacobsen, Uwe-Jens	PSV Kiel	67. M55	4669	00:56:13	00:59:24
1407.		340.	Konschak, Sonja		77. W30	5699	00:56:13	01:00:11
1408.	1068.		Eggert, Tjark Thore		241. M	7900	00:56:13	00:59:51

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1409.	1069.		Gratz, Jannik		72. MJ U18	3339	00:56:13	00:56:15
1410.		341.	Pries, Carina		120. W	8570	00:56:13	01:04:28
1411.		342.	Specht, Ebba		121. W	10724	00:56:14	00:58:09
1412.		343.	D., C.		49. W35	1500	00:56:15	00:59:04
1413.		344.	Wriedt, Marit		78. W30	12494	00:56:16	00:56:49
1414.		345.	Scharni, Yvonne		30. W40	1755	00:56:16	00:57:41
1415.	1070.		Hübl, Daniel		167. M35	4493	00:56:16	00:59:14
1416.	1071.		Lüdemann, Dennis		82. M45	6716	00:56:17	00:59:17
1417.	1072.		Hauschildt, Jaard		168. M35	4352	00:56:18	00:58:10
1418.		346.	Weigelt, Manuela		31. W40	12040	00:56:19	00:58:54
1419.	1073.		Kulbeik, Stefan	STEUERRING Flensburg	165. M30	6088	00:56:19	00:58:10
1420.		347.	Wieseler, Käthe-Marie		122. W	12240	00:56:19	01:00:32
1421.	1074.		Haardt, Gabriel		242. M	3573	00:56:19	00:59:46
1422.	1075.		Berg, Leon	Team VOSS Küstenläufer	243. M	698	00:56:19	00:57:26
1423.	1076.		Lehmann-Matthaei, Björn	LaSaHaRa	12. M65	6368	00:56:19	00:59:22
1424.		348.	Wendt, Urte	SV Mönkeberg	9. W55	12105	00:56:20	01:00:23
1425.	1077.		Wieben, Jonathan		244. M	12194	00:56:20	00:56:20
1426.	1078.		Büchler, Patrick	Fördepuls	169. M35	1439	00:56:21	00:59:58
1427.	1079.		Awuku, Noah	Fördepuls	245. M	318	00:56:21	00:59:43
1428.	1080.		Schulz, Torben		83. M45	10173	00:56:21	00:59:04
1429.	1081.		von Bergner, Lars		166. M30	11742	00:56:21	01:02:11
1430.	1082.		Tauck, Jan	Kieler Volksbank eG	246. M	11164	00:56:22	00:58:21
1431.	1083.		Rehder, Lucas		247. M	8839	00:56:22	01:02:52
1432.		349.	Bleumer, Carolin		79. W30	917	00:56:22	01:03:08
1433.		350.	Struve, Mia		123. W	11021	00:56:22	00:57:38
1434.	1084.		Görke, Kai		248. M	3183	00:56:23	01:02:58
1435.		351.	Windmann, Maren	TSV Fahrdorf	32. W40	12306	00:56:23	01:01:53
1436.	1085.		Engfer, Konrad		249. M	2376	00:56:23	00:58:49
1437.	1086.		Dresler, Eric	#dachtastisch	167. M30	2096	00:56:23	00:56:23
1438.		352.	Lange, Martina	Borener SV	12. W50	6236	00:56:23	00:57:43
1439.		353.	Niehus, Sarah		33. W40	7766	00:56:24	01:01:07
1440.	1087.		Schmidt, Arne		136. M40	9727	00:56:24	01:01:21
1441.	1088.		Müller, Aaron		250. M	7503	00:56:24	01:01:23
1442.	1089.		Smettons, Jan		251. M	10558	00:56:25	00:58:11
1443.		354.	Kern, Luisa		124. W	5205	00:56:25	01:01:23
1444.	1090.		Kanngießer, Franz	GEOMAR	168. M30	5070	00:56:25	00:58:53
1445.		355.	Scheuermann, Kathrin		125. W	9627	00:56:25	00:58:45
1446.	1091.		Klatte, Alexander	ERDINGER Active TEAM	84. M45	12839	00:56:25	00:59:58
1447.		356.	Woyczekowski, Merle		126. W	12480	00:56:25	00:58:45
1448.	1092.		Rahn, Kai		85. M45	8712	00:56:27	00:59:37
1449.	1093.		Fischer, Timo		169. M30	2659	00:56:27	01:00:13
1450.	1094.		Gambke, Marco		68. M55	2920	00:56:27	01:00:13
1451.		357.	Kleine, Madeleine		80. W30	5361	00:56:27	01:00:54
1452.	1095.		Porath, Nathan	Kieler Volksbank eG	170. M30	8511	00:56:27	00:58:55
1453.	1096.		Throm, Uwe	Eschweger TSV	36. M60	11344	00:56:27	00:58:41
1454.		358.	Fleischer, Hanna		81. W30	2680	00:56:27	00:59:06
1455.	1097.		Pludra, Mirco		65. M50	8457	00:56:27	01:00:54
1456.		359.	Renk, Farina	Praxis am Eichhof	82. W30	8941	00:56:28	01:00:39
1457.	1098.		Gronau, Tjore		171. M30	3415	00:56:28	00:56:28
1458.		360.	Pagel, Nadine	Förde Sparkasse	127. W	8038	00:56:28	00:58:56
1459.		361.	Knackstedt, Irina		13. W50	5447	00:56:28	01:03:54
1460.	1099.		Hausbahn, Fabian	FördeFlitzer	170. M35	3918	00:56:28	00:59:51
1461.		362.	Lange, Lara	Kieler Volksbank eG	128. W	6231	00:56:28	00:58:55
1462.		363.	Brockmann, Charlotte	Schusterlauf	8. WJ U18	1328	00:56:29	00:57:56
1463.		364.	Schick, Juliane		9. WJ U18	9635	00:56:29	00:57:56
1464.	1100.		Simson, Thore		252. M	10526	00:56:29	01:00:46
1465.	1101.		Lühns, Sven	Süverkrüp	37. M60	6731	00:56:30	01:00:29
1466.	1102.		Harder, Hendrik		172. M30	2427	00:56:30	00:58:41
1467.	1103.		Hoog, Marcin	Team VOSS Küstenläufer	171. M35	4431	00:56:30	00:56:30
1468.		365.	Fischer, Marie		129. W	2649	00:56:30	01:04:06
1469.		366.	Thomsen, Corina		130. W	11304	00:56:30	01:04:06
1470.		367.	Flathmann, Mona		131. W	4896	00:56:30	01:03:48
1471.	1104.		Tanger, Florian		137. M40	11146	00:56:31	00:58:39
1472.	1105.		Holzcamp, Dirk	SV Felm	138. M40	4425	00:56:32	01:03:25
1473.	1106.		Leibfarth, Benjamin		86. M45	2183	00:56:32	01:03:03
1474.		368.	Schulz, Caja		83. W30	10132	00:56:32	00:59:30
1475.	1107.		Bornhöft, David	TuS Garbek	66. M50	1118	00:56:33	00:59:40
1476.	1108.		Zielinski, Marlon		173. M30	12639	00:56:33	00:57:40
1477.	1109.		Resch, Ilja	d.velop runners	139. M40	8959	00:56:33	00:59:03
1478.	1110.		Wolf, Jannik		140. M40	12425	00:56:34	01:00:10
1479.		369.	Krämer, Kristina		34. W40	5764	00:56:35	01:00:50
1480.	1111.		Hünemann, Thorste	SEELÄUFER	253. M	4513	00:56:35	00:57:47
1481.		370.	Fengler, Svea		84. W30	2561	00:56:35	00:56:35
1482.		371.	Storm, Kathrin		35. W40	10948	00:56:35	01:00:59
1483.	1112.		Brömme, Dennis		174. M30	1342	00:56:35	00:56:35
1484.	1113.		Link, Philipp		87. M45	6564	00:56:35	00:57:28
1485.		372.	Putzke, Luisa		132. W	8635	00:56:35	00:58:19
1486.	1114.		Diederichsen-Wade, Ulf	WIGA-Team	38. M60	1931	00:56:35	00:58:45
1487.	1115.		Bauer, Florian		67. M50	485	00:56:36	00:59:01
1488.	1116.		Krämer, Knut		141. M40	5763	00:56:36	01:00:51
1489.	1117.		Petersen, Sven		88. M45	8304	00:56:36	00:58:04
1490.	1118.		Schütt, Julian	Team Siderno	254. M	10066	00:56:37	00:56:57
1491.	1119.		Stiller, Hauke		255. M	10883	00:56:37	00:56:58
1492.		373.	Steinbach, Maren		30. W45	10812	00:56:37	00:58:50
1493.	1120.		Süss, Christian		142. M40	11067	00:56:37	00:59:12
1494.	1121.		Bremer, Matthias	LOTTO Schleswig-Holstein GmbH & Co. KG	256. M	1267	00:56:39	01:01:05
1495.	1122.		Kraupner, Klemens		172. M35	5802	00:56:39	00:57:57
1496.		374.	Eisfeld, Johanna		133. W	2314	00:56:39	00:58:02

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1497.	1123.		Bruhn, Gregor	Sauer Compressors	69. M55	1379	00:56:39	00:59:56
1498.	1124.		Lorenz, Sören		70. M55	6656	00:56:40	00:57:35
1499.	1125.		Jürgensen, Mike		89. M45	4941	00:56:40	00:59:15
1500.	1126.		Sauer, Edgar	LTV Kiel-Ost	13. M65	4825	00:56:40	00:58:45
1501.		375.	Kannieß, Johanna	MEKUN	85. W30	5072	00:56:41	01:01:21
1502.	1127.		Bolz, Lennart		143. M40	1065	00:56:41	01:01:22
1503.	1128.		Längle, Daniel		173. M35	6179	00:56:41	00:58:41
1504.	1129.		Kühl, Fabian	Karsten-Diesel-Ultras	257. M	6020	00:56:42	00:57:58
1505.		376.	Eylmann, Mia		134. W	2448	00:56:42	01:01:54
1506.		377.	Kutscher, Lena	Humboldt Schule Kiel	36. W40	6147	00:56:42	00:58:22
1507.	1130.		Gräf, Kai		174. M35	3292	00:56:42	00:59:26
1508.	1131.		Weimann, Nils Luca	LOTTO Schleswig-Holstein GmbH & Co. KG	258. M	12044	00:56:43	01:01:08
1509.		378.	Pohlki, Sabine	Bines Brummer	37. W40	8488	00:56:44	00:59:02
1510.	1132.		Bichel, Nils		175. M30	811	00:56:44	00:57:20
1511.	1133.		Dubaschny, Henrik	Bines Brummer	175. M35	2119	00:56:44	00:59:02
1512.	1134.		Nerlich, Cornelius		176. M30	7692	00:56:45	00:58:26
1513.		379.	Borgmeier, Lea		135. W	8901	00:56:46	01:02:23
1514.	1135.		Naujoks, Rosvald	Deutschland	259. M	8155	00:56:47	00:56:56
1515.		380.	Siem, Mette		10. WJ U18	10469	00:56:47	01:01:59
1516.	1136.		Herrndorff, Marco		68. M50	4143	00:56:48	00:59:14
1517.		381.	Brettschneider, Mila		136. W	1290	00:56:48	00:58:45
1518.		382.	Frischkorn, Marlene		137. W	2826	00:56:49	00:59:58
1519.	1137.		Dittberner, Gunnar		176. M35	1975	00:56:50	00:58:25
1520.	1138.		Becktepe, Jos		144. M40	580	00:56:50	00:57:38
1521.		383.	Frach, Emma Johanna	Postfelder SV	138. W	2729	00:56:51	00:59:51
1522.		384.	Kechout, Sarah		50. W35	5155	00:56:51	00:57:49
1523.	1139.		Toriello, Federico		90. M45	11431	00:56:51	00:59:46
1524.	1140.		Uhlenkott, Thilo	Hannover Runners	69. M50	11530	00:56:51	00:57:26
1525.	1141.		Kessal, Matthias	Holtenau-Express	145. M40	5222	00:56:52	00:59:03
1526.		385.	Jagszent, Kristina	Holtenau-Express	38. W40	4690	00:56:52	00:59:03
1527.		386.	Krause, Sabrina		39. W40	5814	00:56:53	00:58:32
1528.		387.	Kewlitsch, Sarah		139. W	5240	00:56:53	01:03:29
1529.		388.	Schröder, Annika		51. W35	12827	00:56:54	00:58:34
1530.	1142.		Hülsmann, Christoph		39. M60	4510	00:56:55	01:04:19
1531.		389.	Haß, Anna		140. W	3872	00:56:55	01:00:44
1532.		390.	Klos, Carlotta	Brazzos	141. W	5419	00:56:55	00:59:21
1533.	1143.		Thies, Oliver		177. M30	4815	00:56:55	01:04:57
1534.	1144.		Bond, Anthony		177. M35	1069	00:56:55	00:58:55
1535.	1145.		Weber, Patrick		71. M55	11971	00:56:55	00:58:47
1536.	1146.		Wetzel, Michael	Stadtwerke Kiel	70. M50	12165	00:56:57	00:58:48
1537.	1147.		Hundsdorff, Ralf		72. M55	4541	00:56:57	00:59:15
1538.	1148.		von Horbatschewsky, Patrick		178. M35	11774	00:56:57	00:59:13
1539.	1149.		Viain, Daniel		146. M40	11635	00:56:57	00:58:54
1540.	1150.		Ascheberg, Tim	SCUDDY	91. M45	6492	00:56:57	00:58:54
1541.		391.	Bauch, Eva		40. W40	478	00:56:57	01:00:49
1542.	1151.		Rath, Helge	Anschütz Pathfinder	179. M35	8759	00:56:57	00:58:26
1543.	1152.		Hilgers, Helmut		14. M65	4218	00:56:57	00:59:02
1544.	1153.		Willert, Christian	#läuft	92. M45	12279	00:56:58	00:58:35
1545.	1154.		Conradt, Carolin	Süverkrüp	180. M35	12748	00:56:59	01:01:36
1546.	1155.		Almustafa, Mashaal	Elisabethheim Havetoft	29. MJ U20	150	00:57:01	00:57:46
1547.	1156.		Erben, Janek		260. M	2388	00:57:01	00:57:01
1548.	1157.		Thumm, Tobias		178. M30	11347	00:57:02	01:00:07
1549.		392.	Peters, Maybrit		142. W	8238	00:57:02	01:02:46
1550.		393.	Moormann, Inga		86. W30	7468	00:57:03	01:00:07
1551.		394.	Gonda, Dandara		87. W30	3249	00:57:04	00:57:21
1552.		395.	Siegel, Valentina		88. W30	10452	00:57:04	00:57:46
1553.	1158.		König, Pascal		261. M	5591	00:57:04	01:02:20
1554.	1159.		Stahlbock, Kalle		73. MJ U18	10718	00:57:04	01:02:55
1555.		396.	Adamczyk-Kabitzke, Mareike		52. W35	56	00:57:05	00:59:35
1556.	1160.		Zentsch, Rene		93. M45	12620	00:57:05	01:00:27
1557.		397.	Petersen, Mara		8. WJ U20	8287	00:57:05	00:58:36
1558.		398.	Callies, Jil		89. W30	1575	00:57:05	01:00:58
1559.		399.	Müller, Karin		10. W55	7534	00:57:05	00:59:52
1560.	1161.		Bilaloglu, Denis		40. M60	849	00:57:05	00:57:06
1561.	1162.		Bass, Ricardo		262. M	461	00:57:05	01:01:08
1562.	1163.		Dittmann, Christian		263. M	1977	00:57:06	00:59:33
1563.	1164.		Kulm, Arne		94. M45	6096	00:57:06	00:59:27
1564.	1165.		Holz, Nico		181. M35	4422	00:57:07	00:59:42
1565.		400.	Scheunemann, Marie		143. W	9632	00:57:07	00:58:50
1566.		401.	Gadow, Sophia-Madeleine Irene		144. W	2887	00:57:07	00:58:58
1567.		402.	Behnke, Johanna		53. W35	610	00:57:08	00:58:52
1568.		403.	Ruge, Sina		145. W	9341	00:57:08	00:58:27
1569.	1166.		Lönne, Friedo		264. M	6615	00:57:08	00:58:12
1570.		404.	Green, Anette	SV Kieholm 65	31. W45	3347	00:57:08	01:01:18
1571.	1167.		Rogge, Tobias	Kieler Volksbank	147. M40	12779	00:57:08	00:59:08
1572.		405.	Sommerschuh, Katja		54. W35	10615	00:57:09	01:01:43
1573.	1168.		Brosse, Ole	QuerFeldein	71. M50	1357	00:57:09	01:00:25
1574.	1169.		Rottzahl, Matthias		95. M45	9281	00:57:09	00:59:20
1575.		406.	Eder, Lilli		11. WJ U18	2224	00:57:10	00:58:02
1576.	1170.		Pron, Arthur	Kieler Volksbank	182. M35	12778	00:57:10	00:59:11
1577.		407.	Hansen, Carina		90. W30	3734	00:57:10	00:59:29
1578.	1171.		Heistermann, Sönke		41. M60	4034	00:57:10	00:58:09
1579.		408.	Fischer, Friederike		146. W	2633	00:57:11	00:58:51
1580.		409.	Pinto, Rike		147. W	8412	00:57:11	00:59:31
1581.		410.	Graap, Claudia		41. W40	3282	00:57:11	01:00:22
1582.	1172.		Dressler, Luca Yashu		265. M	2097	00:57:11	01:03:53
1583.	1173.		Immertreu, Lukas	puls+zeit	179. M30	4588	00:57:12	01:00:54
1584.	1174.		Dohse, Clemens		74. MJ U18	2042	00:57:12	01:04:07

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1585.		411.	Templer, Johanna		148. W	11205	00:57:12	00:59:51
1586.	1175.		Roeders, Ingo		42. M60	10735	00:57:12	01:01:38
1587.	1176.		Wobser, Felix	RPRC	266. M	12377	00:57:12	01:03:15
1588.	1177.		Kramer, Uwe-Carsten	L! Troglodytia	73. M55	5787	00:57:12	01:03:17
1589.		412.	Plump, Amelie		149. W	8458	00:57:12	00:58:16
1590.		413.	Stadler, Caroline		150. W	10709	00:57:13	00:59:37
1591.	1178.		Jonker, Dennis		180. M30	9420	00:57:13	00:57:51
1592.		414.	Königs, Lina		151. W	5599	00:57:13	01:00:05
1593.		415.	Kopenhagen, Lisa		55. W35	5711	00:57:13	00:59:50
1594.		416.	Khviasechka, Aksana		42. W40	5246	00:57:13	01:04:21
1595.	1179.		Benkendorf, Bendix		267. M	681	00:57:13	00:59:04
1596.	1180.		Möhr, Maximilian		268. M	5294	00:57:14	01:00:05
1597.	1181.		Schwagereit, Christian		269. M	10237	00:57:14	01:05:41
1598.		417.	Krüger, Katja	Käthes Friends	14. W50	5911	00:57:14	00:58:24
1599.		418.	Goele, Kristin		32. W45	3169	00:57:14	00:58:53
1600.	1182.		Füser, Bastian	Anschütz Pathfinder	96. M45	2873	00:57:15	00:59:48
1601.		419.	Stach, Charis	Logopädie Wortwelten	43. W40	10706	00:57:15	01:02:21
1602.	1183.		Spill, Konstantin		30. MJ U20	10668	00:57:15	01:03:02
1603.		420.	Almon, Sophie		152. W	149	00:57:17	00:59:20
1604.	1184.		Lufft, Moritz	PORT OF KIEL	97. M45	6760	00:57:19	01:03:50
1605.		421.	Scholz, Christina		33. W45	9917	00:57:19	01:00:40
1606.	1185.		Leseberg, Benjamin		183. M35	6439	00:57:19	00:58:46
1607.	1186.		Kornhagen, Max		184. M35	5715	00:57:19	00:59:05
1608.	1187.		Scheffler, Oliver		74. M55	9596	00:57:20	01:00:04
1609.	1188.		Lindemann, Jens		43. M60	6536	00:57:20	00:59:06
1610.	1189.		Bertolini, Roland Hein	Flying Unicorns	148. M40	757	00:57:20	00:58:10
1611.	1190.		von Hardenberg, Jost		149. M40	11770	00:57:20	00:58:11
1612.	1191.		Wunderlich, Nils		181. M30	12544	00:57:21	00:59:09
1613.	1192.		Nebendahl, Ulli		44. M60	7677	00:57:21	01:00:10
1614.	1193.		Hövener, Jan-Bernd	Flying Unicorns	98. M45	4320	00:57:22	00:58:10
1615.		422.	Geyer, Alexandra		153. W	3064	00:57:22	01:03:01
1616.		423.	Touoda, Lea		154. W	11438	00:57:23	00:59:25
1617.	1194.		Müller, Andre		75. M55	7505	00:57:23	00:59:37
1618.	1195.		Grunau, Sönke	Anschütz Pathfinder	150. M40	3469	00:57:23	01:00:00
1619.		424.	Ulfers, Kerstin		11. W55	11538	00:57:23	01:00:00
1620.		425.	Bender, Kathrina		44. W40	665	00:57:23	01:01:42
1621.		426.	Kleemann, Ina		45. W40	5348	00:57:23	01:01:42
1622.	1196.		Lorenz, Philipp	Förde Sparkasse	72. M50	6655	00:57:24	00:58:57
1623.		427.	Fay, Nele		155. W	2502	00:57:24	00:58:45
1624.		428.	Thiele, Andrea	Apotheke Altenholz	46. W40	11262	00:57:24	00:59:50
1625.		429.	Mattaj, Nadja		56. W35	7027	00:57:24	01:01:12
1626.	1197.		Meyer, Marco	Förde Sparkasse	76. M55	7262	00:57:25	00:58:59
1627.		430.	Vanini, Ute		12. W55	11611	00:57:26	00:59:32
1628.		431.	Bastian, Tatiana		34. W45	473	00:57:26	01:04:06
1629.		432.	Hädrich, Miriam		57. W35	3608	00:57:26	01:01:25
1630.	1198.		Schütze, Hendrik	Krooger Dreieck	77. M55	10077	00:57:27	01:01:24
1631.	1199.		Riethdorf, Jan-Rainer	Laufen gegen Krebs	151. M40	9056	00:57:27	00:59:48
1632.	1200.		Münchehofe, Marvin		182. M30	8669	00:57:27	01:00:26
1633.		433.	Braun, Carolin		47. W40	1229	00:57:27	01:01:24
1634.	1201.		Neumann-Neurode, Meik	puls+zeit	270. M	7735	00:57:27	01:01:09
1635.	1202.		Habeck, Max		271. M	3591	00:57:27	01:00:31
1636.	1203.		Hoops, Lennard	FC St. Pauli Radsport	183. M30	8459	00:57:28	01:05:38
1637.	1204.		Bohling, Carsten		152. M40	1029	00:57:28	00:59:26
1638.		434.	Hirschfeld, Hanna	Gymnasium Altenholz	9. WJ U20	5803	00:57:28	01:04:39
1639.	1205.		Hardell, Torben		184. M30	3806	00:57:28	00:59:39
1640.		435.	Gehlhar, Kristina	Förde SparkasseFirma	35. W45	2971	00:57:28	00:59:27
1641.	1206.		Wodarg, Fritz		99. M45	12382	00:57:29	00:59:48
1642.		436.	Jans, Katharina		91. W30	4728	00:57:30	00:59:34
1643.	1207.		Makuszies, Henrik	Berlin Track Club e.V.	272. M	10915	00:57:30	01:00:51
1644.	1208.		Braune, Niclas		185. M30	1242	00:57:30	00:59:47
1645.	1209.		Wodarg, Theo		75. MJ U18	12386	00:57:30	00:59:48
1646.		437.	Dziacka, Alice		92. W30	2189	00:57:31	01:00:27
1647.		438.	Wodarg, Mia-Lotta		156. W	12384	00:57:31	00:59:48
1648.	1210.		Dempel, Karsten		73. M50	1878	00:57:31	01:00:49
1649.		439.	van den Berg, Wiebke	The Real Runners	157. W	11596	00:57:31	01:03:45
1650.	1211.		Bell, Hendrik		185. M35	6933	00:57:32	01:04:51
1651.		440.	Schramm, Jana	Gemeinsam gegen Krebs	158. W	9956	00:57:32	01:00:53
1652.	1212.		Hufnagel, Jens		15. M65	4536	00:57:32	01:01:07
1653.		441.	Schmäh, Julianne	Gemeinsam gegen Krebs	48. W40	9703	00:57:33	01:00:43
1654.	1213.		Schmäh, Jan	TSV Kronshagen Judo	153. M40	9702	00:57:33	01:00:43
1655.		442.	Muscat, Jessica	Stryker	58. W35	7620	00:57:34	01:01:02
1656.		443.	Feistkorn, Tanja		49. W40	2535	00:57:34	00:57:34
1657.	1214.		Duborg, Sven		74. M50	2131	00:57:35	00:59:00
1658.	1215.		Volmer, Georg	Running Clan	186. M35	11731	00:57:35	01:00:29
1659.		444.	Nachtigal, Nora		10. WJ U20	7631	00:57:35	01:00:52
1660.	1216.		Bastian, Lorenz		100. M45	472	00:57:36	01:04:16
1661.	1217.		Lagler, Martin	Bundespolizeiinspektion Kiel	78. M55	6184	00:57:36	00:59:44
1662.		445.	Wriedt, Frederike	dc Services GmbH	59. W35	12490	00:57:37	00:59:34
1663.		446.	Fenner, Eileen		50. W40	2563	00:57:37	01:01:24
1664.	1218.		Kruse, Nils		154. M40	5974	00:57:37	01:02:20
1665.		447.	Koll, Saskia		60. W35	5679	00:57:38	00:58:58
1666.		448.	Vollbehr, Marie Luise		159. W	11716	00:57:38	01:00:04
1667.	1219.		Nehlsen, Moritz	Premium Immobilien Nord	273. M	1582	00:57:40	01:01:44
1668.	1220.		Rauchardt, Jonas		274. M	8788	00:57:40	01:01:02
1669.	1221.		Brauer, Erik	IB.SH Runners	79. M55	1215	00:57:41	00:59:32
1670.	1222.		Ritter, Hannes	SFC Ottendorf	76. MJ U18	9082	00:57:41	00:59:51
1671.	1223.		Böhnke, Erik		77. MJ U18	2317	00:57:41	00:59:16
1672.		449.	Schierl, Mathilda		160. W	9643	00:57:41	01:03:18

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1673.		450.	Lübke, Maya		161. W	6713	00:57:42	00:58:52
1674.		451.	Kuhtz, Lilli		162. W	6079	00:57:42	00:59:07
1675.		452.	Sablewski, Christine		61. W35	9391	00:57:42	00:57:42
1676.	1224.		Eichhorn, Martin	CITTI / CHEFS CULINAR / HMS	75. M50	2289	00:57:43	01:00:03
1677.	1225.		Gorski, Stephan	Die 2 lustigen Drei	101. M45	3260	00:57:43	00:58:29
1678.	1226.		Sellhoff, Michael	Käthes Friends	76. M50	10388	00:57:43	01:00:37
1679.		453.	Kurtzner, Nicole	Die 2 lustigen Drei	36. W45	6136	00:57:44	00:58:29
1680.	1227.		Döring, Bosse		275. M	2000	00:57:44	01:02:59
1681.		454.	Herweg, Frauke		13. W55	4150	00:57:45	01:03:00
1682.	1228.		Rohardt, Michel		186. M30	9152	00:57:45	00:58:01
1683.	1229.		Fischer, Olaf	Hasselteich	80. M55	2653	00:57:45	00:59:28
1684.	1230.		Friedrich, Bert		77. M50	2800	00:57:45	00:59:04
1685.	1231.		Harder, Birk		276. M	3807	00:57:45	01:01:22
1686.	1232.		Fojut, Mark	PORT OF KIEL	187. M30	2713	00:57:45	01:02:58
1687.	1233.		Zoll, Yann	Gettorfer Turnverein	78. M50	12687	00:57:46	01:01:10
1688.	1234.		Woltmann, André		79. M50	12466	00:57:46	01:02:16
1689.	1235.		Knäsche, Niklas	Team Kriwat Sport	277. M	5449	00:57:46	01:02:31
1690.	1236.		Gawrisch, Rüdiger		16. M65	2952	00:57:47	01:00:31
1691.		455.	Menzel, Mina		163. W	7199	00:57:47	00:59:05
1692.		456.	Nasarkin, Christine		164. W	7657	00:57:47	00:58:30
1693.		457.	Marschall, Sina		62. W35	6959	00:57:47	01:00:04
1694.		458.	Genth, Isabell		63. W35	3009	00:57:47	01:00:04
1695.		459.	Rossi, Juliane		51. W40	9248	00:57:47	01:02:21
1696.	1237.		Kempcke, Hans-Joachim	Ricarda rennt!	17. M65	5183	00:57:49	00:59:57
1697.	1238.		Rutscher, Christian		102. M45	9378	00:57:49	01:00:57
1698.		460.	von Korff, Freya	Team Butzelena	52. W40	11784	00:57:50	00:59:49
1699.	1239.		Blümel, Nico		187. M35	939	00:57:50	00:59:47
1700.	1240.		Sachtleben, Hauke		188. M30	9401	00:57:50	00:59:59
1701.	1241.		Precht, Hans-Christian		45. M60	8536	00:57:51	01:00:07
1702.		461.	Herweg, Eike		15. W50	4149	00:57:51	01:03:07
1703.	1242.		Hollmann, Moritz		189. M30	4397	00:57:51	01:01:57
1704.		462.	Löding, Janine	Team Kriwat Sport	93. W30	6611	00:57:53	00:59:59
1705.	1243.		Königs, Maik		190. M30	5600	00:57:53	01:00:53
1706.		463.	Rapp, Christina		37. W45	8744	00:57:54	01:00:49
1707.	1244.		Stein, Daniel		103. M45	10809	00:57:54	01:01:45
1708.	1245.		Busch, Henri	Team Bu	78. MJ U18	1536	00:57:54	00:59:14
1709.		464.	Becker, Lena		165. W	550	00:57:54	01:01:43
1710.	1246.		Kerz, Oliver	BSG Schleswig-Holstein Netz	104. M45	5220	00:57:55	01:00:51
1711.		465.	Tiebel, Malin		94. W30	11352	00:57:55	01:00:01
1712.	1247.		Meyer, Florian		188. M35	7250	00:57:56	00:59:58
1713.	1248.		Clausen, Leon		191. M30	1682	00:57:56	01:01:13
1714.		466.	Fels, Julia	LOTTO Schleswig-Holstein GmbH & Co. KG	95. W30	2551	00:57:57	01:02:23
1715.		467.	Bergamo, Franzesca		166. W	702	00:57:58	00:59:55
1716.	1249.		Wismann, Marwin		278. M	12342	00:57:59	00:59:04
1717.	1250.		Struve, Jonas		279. M	11019	00:57:59	00:59:55
1718.		468.	Meyerholz, Lisa		167. W	7279	00:58:00	01:00:23
1719.	1251.		Rathsack, Mika	PORT OF KIEL	280. M	8779	00:58:01	01:05:58
1720.		469.	Schneekloth, Lena	Manawa Crossfit	168. W	9823	00:58:01	00:59:14
1721.		470.	Rosenkötter, Denise	PORT OF KIEL	169. W	9231	00:58:01	01:05:58
1722.		471.	Zimmermann, Nicole		170. W	12670	00:58:01	01:00:43
1723.	1252.		Bauhof, Martin		189. M35	498	00:58:02	01:01:45
1724.	1253.		Labuhn, Fynn Luca		79. MJ U18	6163	00:58:02	00:59:40
1725.	1254.		Tonnus, Helge	MBWFK	18. M65	11427	00:58:02	01:00:17
1726.		472.	Sorgenfrei, Lena		96. W30	10625	00:58:02	00:58:02
1727.	1255.		Kasüske, Fabian	Manawa Crossfit	192. M30	5127	00:58:02	00:59:15
1728.	1256.		Pfaff, Justus		281. M	8329	00:58:03	01:04:48
1729.	1257.		Oeser, Jörn		155. M40	7906	00:58:06	01:04:35
1730.	1258.		Wunderlich, Martin		19. M65	12543	00:58:06	01:00:31
1731.	1259.		Coy, Jürgen	Dynamo Kronshagen	20. M65	1752	00:58:06	01:01:19
1732.	1260.		Hauschildt, Justus		282. M	3911	00:58:07	00:58:58
1733.	1261.		Weber, Axel		105. M45	11960	00:58:07	01:06:23
1734.		473.	Bruhn, Cynthia		97. W30	1377	00:58:07	01:00:03
1735.		474.	Witte, Jule		171. W	12355	00:58:07	01:01:04
1736.	1262.		Schapfl, Torsten		106. M45	9559	00:58:09	00:59:29
1737.	1263.		Richter, Luca		80. MJ U18	9004	00:58:09	00:59:38
1738.	1264.		Kraft, Jan Henning		190. M35	5778	00:58:09	01:00:02
1739.	1265.		Coy, Eddi	Dynamo Kronshagen	283. M	1751	00:58:09	01:00:21
1740.		475.	Coy, Lea	Dynamo Kronshagen	172. W	1753	00:58:10	01:00:22
1741.	1266.		Crayen, Cay		193. M30	1758	00:58:11	01:06:48
1742.		476.	Thießen, Tabea		173. W	11281	00:58:11	01:06:48
1743.		477.	Albrecht, Jenny		53. W40	123	00:58:11	01:01:32
1744.	1267.		Klose, Bernd		46. M60	5421	00:58:12	01:01:55
1745.	1268.		König, Bastian		194. M30	5573	00:58:12	01:03:10
1746.		478.	Hantzsch, Kira	Lebenhilfswerk Neumünster	98. W30	3796	00:58:13	01:00:56
1747.		479.	Michaelis, Meike		16. W50	7291	00:58:13	00:59:59
1748.	1269.		Persang, Pascal		195. M30	8198	00:58:13	01:00:36
1749.	1270.		Schulze, Philipp		196. M30	10191	00:58:14	01:05:17
1750.	1271.		Schmidt, René		191. M35	9774	00:58:14	01:01:23
1751.		480.	Dörr, Sonja		64. W35	2027	00:58:14	01:02:13
1752.		481.	Hemmje, Chantal		99. W30	4077	00:58:14	01:03:14
1753.		482.	Wilke, Leonie		174. W	12263	00:58:14	01:03:58
1754.		483.	Petersen, Juliane		175. W	8277	00:58:15	01:01:59
1755.		484.	Tramer, Paula Elisabeth		176. W	1275	00:58:15	01:00:03
1756.	1272.		Obrikat, Volker		6. M70	7889	00:58:15	01:01:26
1757.		485.	Fritzler, Megan		177. W	2837	00:58:17	01:00:12
1758.	1273.		Carl, Stefan	Dataporti	192. M35	1590	00:58:17	01:00:55
1759.	1274.		Rosenburg, Sven		107. M45	9229	00:58:18	00:59:52
1760.	1275.		Kotzur, Rüdiger		81. M55	5740	00:58:18	00:59:58

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1761.	1276.		Görllich, Thomas	TuS Hasloh	80. M50	3186	00:58:18	00:59:54
1762.	1277.		Petersen, Lasse	Stadtwerke SH	193. M35	8282	00:58:19	01:01:18
1763.	1278.		Buhmann, Lars		156. M40	1482	00:58:19	01:00:53
1764.	1279.		Teifke, Wilko		81. M50	11195	00:58:19	00:59:55
1765.		486.	Postler, Friedel		38. W45	8520	00:58:20	01:02:02
1766.		487.	Göckes, Henrike		178. W	3152	00:58:20	01:00:24
1767.		488.	Viehweger, Anna-Louisa		179. W	11642	00:58:21	01:01:55
1768.		489.	Lassen, Janne	Stryker	54. W40	6298	00:58:21	01:00:41
1769.	1280.		Koelber, Tilo		157. M40	5564	00:58:23	01:01:42
1770.	1281.		Müller, Martin	Stryker	82. M50	7545	00:58:23	01:04:48
1771.		490.	Gräve, Johanna	Team Blau	39. W45	3306	00:58:23	01:03:10
1772.		491.	Triebel-Schamong, Sarah	Praxis Triebel&Mews	65. W35	11485	00:58:24	01:05:38
1773.	1282.		Stueben, Peter		194. M35	11031	00:58:24	00:59:29
1774.	1283.		Feldmann, Lars		83. M50	2545	00:58:25	01:00:03
1775.	1284.		Sator, Ralf	ALG-VfL Bokel	47. M60	9481	00:58:25	00:59:38
1776.	1285.		Nüsse, Henrik		197. M30	7872	00:58:25	00:59:50
1777.	1286.		Gorsboth, Mirko		108. M45	3258	00:58:25	00:59:27
1778.		492.	Hein, Marike		180. W	3980	00:58:26	01:00:08
1779.		493.	Meves, Natascha	Humboldt-Schule Kiel	55. W40	7241	00:58:26	01:01:50
1780.	1287.		Gosch, Christian		195. M35	3263	00:58:26	01:01:01
1781.	1288.		Tahir, Adeel	TheSite24	198. M30	11129	00:58:26	00:58:36
1782.	1289.		Hamann, Ingo	Fördepuls	84. M50	3677	00:58:26	01:02:14
1783.		494.	Gosch, Framziska		66. W35	3264	00:58:27	01:01:01
1784.	1290.		Riediger, Stephan		158. M40	9034	00:58:27	01:05:54
1785.		495.	Ramm, Caroline		181. W	8731	00:58:27	01:01:22
1786.	1291.		Sobotta, Frederik		109. M45	10569	00:58:27	01:01:33
1787.	1292.		Spilleman, Pascal		284. M	10670	00:58:28	00:59:33
1788.	1293.		Guscinas, Dennis		285. M	3533	00:58:29	01:02:24
1789.	1294.		Bötel, Hannes		196. M35	1015	00:58:29	01:01:21
1790.		496.	May, Lea		182. W	7089	00:58:29	01:02:36
1791.	1295.		Ohrt-Wilkens, Alexander		199. M30	7939	00:58:29	01:01:47
1792.	1296.		Nagel, Lasse		159. M40	12589	00:58:29	01:00:08
1793.		497.	Simon, Alena		100. W30	360	00:58:30	01:01:15
1794.		498.	Vollertsen, Greta	TSV Klausdorf	183. W	11720	00:58:30	00:59:40
1795.	1297.		Schulz, Jan-Ole		197. M35	10149	00:58:30	01:01:21
1796.	1298.		Müller, Andre	Stadtwerke Kiel	82. M55	7504	00:58:30	01:00:01
1797.		499.	Böschchen, Svea		184. W	1013	00:58:30	01:01:56
1798.	1299.		Jessen, Hauke	Pietsch Nord	110. M45	4829	00:58:31	01:00:28
1799.		500.	Rüppell, Thoja		56. W40	9326	00:58:31	01:00:29
1800.	1300.		Kussin, Niklas		200. M30	6142	00:58:32	01:02:52
1801.		501.	Pretzel, Nadine	Team VOSS Küstenläufer	67. W35	8551	00:58:32	01:01:41
1802.		502.	Rußmann, Chris	Team VOSS Küstenläufer	40. W45	9375	00:58:32	01:01:41
1803.		503.	Urban, Jacqueline		101. W30	11566	00:58:33	00:59:01
1804.		504.	Torresin, Lea-Marie		102. W30	11437	00:58:33	01:05:42
1805.	1301.		Brand, Rene		160. M40	1181	00:58:34	01:00:37
1806.	1302.		Rehm, Philipp		198. M35	8848	00:58:34	01:06:25
1807.	1303.		Ardah, Wissam		286. M	240	00:58:34	01:07:05
1808.		505.	Rolfs, Julia		103. W30	9207	00:58:35	01:01:45
1809.		506.	Lübke, Angelika		41. W45	6711	00:58:35	01:00:12
1810.		507.	Goerke, Julia		57. W40	3182	00:58:35	01:01:14
1811.		508.	Viehweger, Christina		14. W55	11643	00:58:35	00:58:35
1812.	1304.		Plock, Dennis		199. M35	8444	00:58:35	01:01:09
1813.		509.	Neumann, Marit		104. W30	7724	00:58:36	01:04:13
1814.		510.	Heistermann, Jonna		185. W	4033	00:58:36	01:00:20
1815.	1305.		Dibbern, Eike		81. MJ U18	1921	00:58:37	01:06:15
1816.		511.	Kirchhoff, Kristina	Anschütz Pathfinder	17. W50	5296	00:58:37	01:00:50
1817.	1306.		Feine, Tim		82. MJ U18	2530	00:58:37	01:06:15
1818.		512.	Taudien, Lena	Logopädie Wortwelten	105. W30	11165	00:58:37	01:00:07
1819.	1307.		Matthies, Alexander		161. M40	7040	00:58:38	01:02:40
1820.	1308.		Schneider, Marcel	RBB	287. M	9843	00:58:38	01:01:33
1821.	1309.		Pfützner, Roman		288. M	8349	00:58:39	01:04:06
1822.	1310.		Kahle, Lutz	Hospiz Kieler Förde	48. M60	5017	00:58:39	01:01:53
1823.	1311.		Hassoun, Abed	GEOMAR	200. M35	3889	00:58:39	01:05:53
1824.	1312.		Martensen, Carl Julius		162. M40	6978	00:58:39	01:03:18
1825.	1313.		Kriegesmann, Torben	Landgericht Kiel	201. M35	5859	00:58:40	00:59:56
1826.	1314.		Niedermeier, Alexe		111. M45	7763	00:58:40	01:00:09
1827.	1315.		Wanke, Bastian		202. M35	11938	00:58:40	01:00:09
1828.		513.	Gross, Anke		18. W50	3422	00:58:40	01:01:53
1829.	1316.		Petersen, Ulf		85. M50	8310	00:58:41	01:01:53
1830.		514.	Schneider, Mareike	Kieler Gelehrtenschule	42. W45	9844	00:58:41	01:02:12
1831.		515.	Hüttmann, Lara		186. W	4532	00:58:41	01:00:21
1832.	1317.		Lipfert, Yannik		289. M	6580	00:58:41	01:00:20
1833.	1318.		Schlag, Julian	Premium Immobilien Nord	290. M	9675	00:58:41	01:02:45
1834.		516.	Bahlburg, Sina Clara	Zack Ergotherapie	187. W	371	00:58:42	00:59:27
1835.		517.	Koudmani, Carolin		58. W40	5741	00:58:42	01:05:09
1836.		518.	Conrad, Sophia		68. W35	1725	00:58:45	01:01:29
1837.		519.	Voß, Charlotte		188. W	11822	00:58:45	01:01:40
1838.		520.	Richter, Constanze		59. W40	8991	00:58:46	01:04:43
1839.		521.	Mikutta, Yvonne	SFC Ottendorf	19. W50	7327	00:58:46	01:00:34
1840.	1319.		Samuelson, Sven		83. M55	9449	00:58:47	01:05:29
1841.		522.	Matthies, Sarah		189. W	7044	00:58:49	01:01:55
1842.	1320.		Czyzewski, Artur		203. M35	1779	00:58:50	01:06:02
1843.		523.	Kurzke, Marin Sofie		190. W	6139	00:58:50	00:58:50
1844.	1321.		Grabsch, Thorsten		112. M45	3285	00:58:50	01:00:56
1845.		524.	Gnounou, Clara		191. W	3134	00:58:51	01:00:22
1846.	1322.		Fröhlich, Martin		204. M35	6946	00:58:51	01:03:19
1847.		525.	Schulze, Juliane		60. W40	10183	00:58:51	01:00:56
1848.		526.	Hayn, Friederike		192. W	3929	00:58:51	01:06:08

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1849.		527.	Senf, Dana		61. W40	10398	00:58:51	01:02:28
1850.		528.	Matthießen, Rajka	Team Pfeffer	62. W40	7061	00:58:52	01:02:11
1851.		529.	Klos, Dorit		15. W55	5420	00:58:52	01:00:19
1852.		530.	Jensen, Merve		106. W30	4801	00:58:53	00:59:27
1853.	1323.		Laatz, Tim		291. M	6157	00:58:53	01:05:24
1854.	1324.		Erogluer, Inan		86. M50	2410	00:58:53	01:00:46
1855.	1325.		Stabenow, Torben		201. M30	10705	00:58:53	00:59:31
1856.		531.	Eismann, Josephine		107. W30	2316	00:58:54	00:59:31
1857.		532.	Nasarkin, Katja		108. W30	7658	00:58:54	00:59:38
1858.	1326.		Oettli, Tobias		205. M35	7914	00:58:54	01:07:07
1859.		533.	Van Moorhem, Olivia		193. W	11603	00:58:55	01:03:33
1860.		534.	Otte, Annika		109. W30	7999	00:58:55	01:04:38
1861.	1327.		Janowitz, Jona		83. MJ U18	4726	00:58:55	01:01:06
1862.	1328.		Rahlf, Joachim		21. M65	8707	00:58:55	01:02:58
1863.	1329.		Koch, Alexander		84. M55	5510	00:58:55	01:01:43
1864.		535.	Heinz, Carlotta		194. W	4014	00:58:55	01:02:36
1865.		536.	Koch, Karoline		195. W	5515	00:58:56	01:01:43
1866.	1330.		Noffke, Till		292. M	7840	00:58:56	01:01:54
1867.	1331.		Andresen, Lennard	PORT OF KIEL	31. MJ U20	202	00:58:56	00:59:41
1868.	1332.		Grossmann, Sven		206. M35	12758	00:58:56	01:03:33
1869.	1333.		Mohr, Jan-Christoph		113. M45	7437	00:58:56	01:05:34
1870.	1334.		Jansen, Lars	IB.SH Runners	207. M35	4736	00:58:56	01:03:55
1871.	1335.		Lange, Jens		85. M55	6229	00:58:57	01:00:02
1872.		537.	Sierck, Alissa		196. W	10481	00:58:57	01:04:44
1873.	1336.		Braun, Fabian		202. M30	1231	00:58:58	01:07:23
1874.		538.	Klose, Mareike		110. W30	5424	00:58:59	01:02:43
1875.		539.	Helmich, Lea		197. W	4070	00:59:00	01:03:06
1876.	1337.		Kemmling, Kevin		203. M30	5179	00:59:00	01:05:16
1877.		540.	Schröder, Laura		198. W	9989	00:59:00	01:02:52
1878.		541.	Jäger, Lara	Rot-Schwarz Kiel	111. W30	4674	00:59:00	01:02:22
1879.	1338.		Uck, Dennis	Spiridon Schleswig	114. M45	11524	00:59:01	01:05:29
1880.		542.	Broch, Inga		199. W	1323	00:59:01	01:00:31
1881.	1339.		Wodtke, Clemens		204. M30	12387	00:59:01	01:07:26
1882.		543.	Schulzke, Ronja		112. W30	10297	00:59:01	01:05:38
1883.	1340.		Hirschfeld, Markus	MEKUN	86. M55	4282	00:59:02	00:59:02
1884.		544.	Völz, Vanessa		200. W	11670	00:59:02	01:01:40
1885.	1341.		Karydis, Sandro	Laufen, Fitness und griechisches Ambiente	205. M30	5116	00:59:02	01:03:59
1886.	1342.		Helf, Michael	Essendon FC	87. M55	4044	00:59:03	01:00:45
1887.		545.	Hagel, Lena		201. W	3628	00:59:04	01:01:02
1888.	1343.		zu Putlitz, Lasse		206. M30	12693	00:59:04	01:02:32
1889.		546.	Freitag, Peggy		16. W55	2776	00:59:04	01:01:57
1890.	1344.		Kruse, Thorsten		49. M60	5980	00:59:06	01:03:13
1891.	1345.		Oestreich, Björn		207. M30	7910	00:59:07	01:00:20
1892.	1346.		Kunz, Roberto	IB.SH Runners	163. M40	6113	00:59:07	01:07:56
1893.	1347.		Matuschek, Philipp		208. M30	7073	00:59:07	01:01:40
1894.	1348.		Bräutigam, Thiemo		208. M35	1169	00:59:07	01:02:36
1895.		547.	Lassen, Swantje		202. W	6305	00:59:07	01:04:41
1896.		548.	Kleiß, Berit		12. WJ U18	5370	00:59:07	01:05:28
1897.		549.	Bieder, Yvonne		69. W35	821	00:59:08	01:02:59
1898.	1349.		Karaduman, Volkan		209. M30	5089	00:59:08	01:02:47
1899.	1350.		Hagemeyer, Tim	RKiSH	209. M35	3753	00:59:08	01:00:42
1900.	1351.		Mätzler, Vivian Matteo		84. MJ U18	6827	00:59:08	01:05:28
1901.		550.	Lokhova, Maria		63. W40	6637	00:59:08	01:00:17
1902.	1352.		Scholz, Alexander		88. M55	9914	00:59:09	01:01:16
1903.	1353.		Döring, Roland		115. M45	2011	00:59:09	01:04:12
1904.		551.	Bibow, Julia Aileen		113. W30	807	00:59:09	01:06:08
1905.	1354.		Pletz, Thorsten		50. M60	8442	00:59:09	01:01:21
1906.	1355.		Schneider, Marko	H&M	87. M50	9845	00:59:09	01:00:59
1907.		552.	Staats, Stefanie		64. W40	10703	00:59:10	01:05:27
1908.		553.	Sander, Mai-Britt		43. W45	9453	00:59:10	01:02:42
1909.	1356.		Deutner, Oliver		89. M55	1913	00:59:11	01:02:02
1910.	1357.		Hansen, Jonas		210. M30	3749	00:59:11	01:01:13
1911.		554.	Busch, Jana	Förde Sparkasse	70. W35	1537	00:59:12	01:01:24
1912.	1358.		von Borstel, Sönke		90. M55	11745	00:59:12	01:01:27
1913.	1359.		Schulz, Gerrit		211. M30	10144	00:59:13	01:02:33
1914.	1360.		Boller, Lucas	OT-Kiel	212. M30	1059	00:59:14	01:03:32
1915.		555.	Westphal, Carlotta		114. W30	12150	00:59:14	01:01:28
1916.		556.	Sassen, Katia		203. W	9474	00:59:14	01:02:34
1917.	1361.		Rosenau, Tim		293. M	9221	00:59:14	01:07:46
1918.	1362.		Baumann, Christian		210. M35	499	00:59:14	01:01:28
1919.		557.	Erdmann, Britta		115. W30	2391	00:59:15	01:00:55
1920.		558.	Reifferscheidt, Lena		204. W	8881	00:59:15	01:01:39
1921.	1363.		Martens, Richard		85. MJ U18	6972	00:59:15	01:05:08
1922.		559.	Hansen, Sarah		205. W	3781	00:59:15	01:01:39
1923.		560.	Berg, Jekaterina		71. W35	696	00:59:15	01:03:33
1924.		561.	Fierley, Imke		206. W	2599	00:59:15	01:01:10
1925.	1364.		Hünemann, Martin	Seeläufer	91. M55	4511	00:59:16	01:04:03
1926.	1365.		Kühl, Kevin		213. M30	6024	00:59:16	01:05:21
1927.		562.	Schwerk, Christiane		1. W65	10305	00:59:17	01:02:33
1928.	1366.		Pohl, Klaus	Läuft bei GCN	92. M55	8475	00:59:17	01:02:21
1929.	1367.		Sam, Lion		214. M30	8275	00:59:17	01:05:01
1930.		563.	Sperveslage, Marit		116. W30	10657	00:59:17	01:02:44
1931.		564.	Malze, Ilka	Läuft bei GCN	17. W55	6909	00:59:17	01:02:22
1932.	1368.		Vollbehr, Pitt		86. MJ U18	11718	00:59:18	01:03:47
1933.	1369.		Pingel, Jörn		116. M45	8403	00:59:18	01:01:39
1934.	1370.		Lohmann, Olaf	SEELÄUFER	51. M60	6629	00:59:19	01:04:07
1935.		565.	Guggenberger, Maria		207. W	3523	00:59:19	01:04:59
1936.	1371.		Leighton, Daniel		294. M	6385	00:59:19	01:01:41

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1937.		566.	Hesse, Caroline		65. W40	4168	00:59:19	01:01:02
1938.		567.	Rammig, Sandra		72. W35	8737	00:59:20	01:03:46
1939.	1372.		Eggers, Martin		22. M65	2245	00:59:20	01:05:21
1940.		568.	Pagel, Amelie		208. W	8032	00:59:21	01:04:42
1941.	1373.		Gröning, Oliver		211. M35	3399	00:59:21	01:04:42
1942.		569.	Wobser, Pauline	RPRC	209. W	12378	00:59:21	01:05:23
1943.	1374.		Wilhelm, Jan	Stadtwerke SH	215. M30	12260	00:59:21	01:02:22
1944.	1375.		Heyer, Jonathan		295. M	4201	00:59:21	01:04:24
1945.		570.	von Hobe, Sina		117. W30	11773	00:59:22	01:02:45
1946.	1376.		Barnekow, Sven	Stadtwerke SH	117. M45	427	00:59:22	01:00:33
1947.		571.	Andrews, Jenna		210. W	206	00:59:23	01:02:07
1948.		572.	Trute, Carolin		211. W	11500	00:59:23	01:07:37
1949.		573.	Redlich, Anna		73. W35	8816	00:59:23	01:01:27
1950.	1377.		Steinbach, Sebastian	Stadtwerke SH	164. M40	10814	00:59:23	01:02:23
1951.	1378.		Bank, Dennis		165. M40	404	00:59:23	01:02:37
1952.		574.	Plöger, Kira		11. WJ U20	8445	00:59:23	01:00:22
1953.	1379.		Renzing, Ole		166. M40	8953	00:59:23	01:02:57
1954.	1380.		Gaude, Fabian	Anschütz Pathfinder	118. M45	2947	00:59:24	01:02:57
1955.	1381.		Pfeil, Wolfgang	Premium Immobilien Nord	119. M45	8345	00:59:24	01:04:31
1956.	1382.		Gibson, Lars		167. M40	3075	00:59:24	01:01:08
1957.	1383.		Danielzik, Rüdiger		93. M55	1811	00:59:24	01:07:53
1958.	1384.		Döring, Carsten	KPMG Kiel	88. M50	2001	00:59:24	01:03:56
1959.		575.	Lange, Marion		18. W55	6235	00:59:24	01:03:08
1960.		576.	Fiedler, Runa	Team Osteopathie Werner	212. W	2594	00:59:24	01:02:20
1961.		577.	Pfeil, Merle	Premium Immobilien Nord	74. W35	8342	00:59:24	01:04:31
1962.		578.	Windmann, Maybrit		118. W30	12307	00:59:25	01:02:11
1963.	1385.		Claudia Nier, Thomas		94. M55	1674	00:59:26	01:02:45
1964.	1386.		Hinken, Philipp		296. M	4242	00:59:26	01:02:11
1965.	1387.		Wienroth, Paul Julius		297. M	12224	00:59:27	01:01:28
1966.		579.	Lindner, Charlotte		66. W40	6551	00:59:27	01:02:26
1967.		580.	Carstensen, Johanna		12. WJ U20	1606	00:59:27	01:00:42
1968.	1388.		Buhr, Dennis		212. M35	1484	00:59:28	01:01:21
1969.		581.	Amann, Kristin		67. W40	170	00:59:28	01:04:17
1970.		582.	Preuss, Vanessa		213. W	8561	00:59:28	01:01:44
1971.	1389.		Pank, Danny		216. M30	8058	00:59:28	01:03:05
1972.	1390.		Rith, Philipp		217. M30	9076	00:59:28	01:03:28
1973.		583.	Hansen, Ines	Kieler Crew	44. W45	3745	00:59:29	01:03:07
1974.	1391.		Vollbehr, Henning		95. M55	11714	00:59:29	01:00:21
1975.	1392.		Vermehren, Lasse	Dataporti	213. M35	11622	00:59:29	01:08:09
1976.	1393.		Maltz, Heiko		23. M65	6904	00:59:29	01:03:24
1977.		584.	Voiß, Stefanie		68. W40	11705	00:59:30	01:03:24
1978.	1394.		Heukelbach, Daniel	CITTI / CHEFS CULINAR / HMS	89. M50	4187	00:59:30	01:03:07
1979.	1395.		Maier, Paul		298. M	707	00:59:31	01:05:53
1980.		585.	Bretschneider, Lisa		75. W35	8078	00:59:32	01:05:03
1981.	1396.		Hesse, Lutz		214. M35	4169	00:59:32	01:05:03
1982.		586.	Uphoff, Sarah	GEOMAR	69. W40	11561	00:59:32	01:02:50
1983.	1397.		Piccirilli, Timmy		215. M35	8365	00:59:33	01:06:05
1984.	1398.		Uphoff, Michael		120. M45	11560	00:59:33	01:02:50
1985.		587.	Ha?, Luisa		214. W	3878	00:59:34	01:02:31
1986.	1399.		Huong, Nontarak	e-nema	218. M30	4553	00:59:34	01:03:51
1987.	1400.		Eggersgluß, Robert	Solvares Runner	219. M30	2247	00:59:34	01:06:50
1988.		588.	Kobs, Alexandra		215. W	5505	00:59:34	01:03:00
1989.		589.	Karstensen, Claudia	Hardenbergschule	19. W55	5115	00:59:34	01:05:38
1990.	1401.		Anders, Frank	PwC Kiel	52. M60	184	00:59:35	01:02:34
1991.	1402.		Yilkal, Petros	Elisabethheim Havetoft	87. MJ U18	12569	00:59:35	01:00:20
1992.		590.	Wilke, Hanna		216. W	12262	00:59:35	01:06:21
1993.		591.	Petersen, Fiona	Hot Heels	217. W	8263	00:59:35	01:05:20
1994.	1403.		Brügger, Tim		216. M35	1367	00:59:38	01:02:54
1995.	1404.		Gebhardt, Jonathan		220. M30	2421	00:59:39	01:01:31
1996.	1405.		Fischbach, Andreas	Fördepuls	168. M40	2625	00:59:39	01:03:39
1997.		592.	Fey, Doreen		20. W50	2576	00:59:39	01:02:33
1998.	1406.		Stark, Oliver		53. M60	10758	00:59:39	01:02:13
1999.	1407.		Reidel, Alexander		299. M	8880	00:59:40	01:05:59
2000.	1408.		Mehl, Maximilian	TheSite24	221. M30	7114	00:59:41	00:59:50
2001.		593.	Steinkamp, Anna	Team Kriwat Sport	218. W	10836	00:59:42	01:02:03
2002.		594.	von Xylander, Anna		219. W	12759	00:59:42	01:04:40
2003.		595.	Göder, Phyllis		220. W	3158	00:59:44	01:04:31
2004.		596.	Wegener, Sandra		119. W30	12000	00:59:44	01:02:00
2005.		597.	Bohling, Femke		76. W35	1030	00:59:46	01:01:44
2006.	1409.		Diederich, Eike	Team mimimi	217. M35	1930	00:59:46	01:04:21
2007.	1410.		Schmarbeck, Torben		169. M40	9715	00:59:46	01:01:44
2008.		598.	Schierloh, Johanna	fördefrosch	221. W	9645	00:59:47	01:02:55
2009.		599.	Cordes-Uck, Marejke Sophie	Spiridon Schleswig	77. W35	1737	00:59:47	01:06:15
2010.		600.	Marxsen, Hannah		222. W	7001	00:59:48	01:03:27
2011.	1411.		Gebauer, Till		222. M30	2956	00:59:48	01:04:12
2012.		601.	Zahlmann, Alina		223. W	12588	00:59:48	01:04:23
2013.	1412.		Boeck, Patrick		170. M40	972	00:59:50	01:02:12
2014.	1413.		Hidde-Regel, Thomas		24. M65	4205	00:59:50	01:07:00
2015.	1414.		Ziplinsky, Rainer	Zippels Läuferwelt	7. M70	1982	00:59:50	01:02:25
2016.	1415.		Steffek, Paul		223. M30	10786	00:59:50	01:08:08
2017.	1416.		Teege, Florian		224. M30	11171	00:59:51	01:07:00
2018.	1417.		Schäller, Matthias	Team Kriwat Sport	96. M55	9536	00:59:51	01:02:50
2019.		602.	Strehler, Julia		224. W	10975	00:59:52	01:01:43
2020.		603.	Zahnow, Svenja	MLLEV	120. W30	12593	00:59:53	01:03:23
2021.	1418.		Lage, Sascha	team baucenter	121. M45	451	00:59:53	01:00:35
2022.	1419.		Zander, Timo		171. M40	12596	00:59:53	01:03:03
2023.		604.	Lesslich, Lena		70. W40	6445	00:59:53	01:05:46
2024.		605.	Schultz, Anke		45. W45	10115	00:59:53	01:03:09

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2025.		606.	Agge, Claudia	LaTeLoMa	20. W55	73	00:59:53	01:04:38
2026.		607.	Sagit, Sophie	RBZ Wirtschaft Kiel	78. W35	9415	00:59:54	01:02:07
2027.	1420.		Laß, Jannik		218. M35	6292	00:59:54	01:05:17
2028.	1421.		Hiebner, Thorsten Kay	EKRC	25. M65	4206	00:59:54	01:04:55
2029.	1422.		Peters, Matthias		97. M55	8237	00:59:55	01:05:32
2030.		608.	Köhler, Lena		225. W	5546	00:59:55	01:04:03
2031.	1423.		Tilgner, Niklas		300. M	11382	00:59:55	01:03:16
2032.		609.	Serbe, Elena	CAU Lauftreff	226. W	10406	00:59:55	00:59:55
2033.		610.	Zäh, Dorothea		121. W30	12584	00:59:56	01:02:42
2034.		611.	Bork, Carolin		79. W35	1107	00:59:56	01:02:51
2035.		612.	Oschlies, Irmela	Lübecker Marathon e.V.	227. W	7978	00:59:56	01:05:05
2036.		613.	Rebbe, Katharina		122. W30	3402	00:59:56	01:04:04
2037.		614.	Illing, Kathrin		71. W40	4586	00:59:56	01:01:18
2038.	1424.		Dohle, Philipp	CITTI / CHEFS CULINAR / HMS	172. M40	2037	00:59:58	01:02:09
2039.	1425.		Pestow, Erik		173. M40	8203	00:59:58	01:01:25
2040.		615.	Serocki, Petra		21. W55	10407	00:59:59	01:01:23
2041.	1426.		Schnitzler, Johann		219. M35	9867	00:59:59	01:01:07
2042.		616.	Antunovic, Elena	Anschütz Pathfinder	228. W	226	00:59:59	01:02:35
2043.		617.	Kardelke, Lena		80. W35	5100	01:00:00	01:06:07
2044.		618.	Petersen, Lea	Team Kriwat Sport	229. W	8283	01:00:01	01:02:23
2045.		619.	Magath, Vanessa		46. W45	6831	01:00:01	01:05:30
2046.	1427.		Schülke, Sebastian		220. M35	10050	01:00:01	01:01:46
2047.	1428.		Foth, Yannik	Kommando der Kompetenz	301. M	2728	01:00:01	01:02:34
2048.		620.	Götzke, Jule		230. W	3845	01:00:02	01:04:18
2049.		621.	Niggemann, Leonie		231. W	7795	01:00:02	01:01:00
2050.	1429.		Wrobel, Sebastian	Stryker	174. M40	12498	01:00:03	01:03:18
2051.		622.	Molsberger, Merle		232. W	3117	01:00:03	01:02:14
2052.	1430.		Hennings, Florian	Running Friends	90. M50	4096	01:00:03	01:03:18
2053.		623.	Schnoor, Swantje	Physiotherapie Selent	22. W55	9875	01:00:04	01:02:17
2054.	1431.		Ruppert, Michael		122. M45	9361	01:00:05	01:01:56
2055.		624.	Hamann, Josephine		123. W30	3682	01:00:05	01:03:28
2056.	1432.		Siebert, Sven		91. M50	10441	01:00:06	01:01:08
2057.	1433.		Mertens, Gereon		302. M	7212	01:00:06	01:03:46
2058.		625.	Heller, Johanna-Sophie	Glitzer Schwitzer	124. W30	4049	01:00:06	01:05:19
2059.		626.	Wichmann, Anna		125. W30	12180	01:00:06	01:05:12
2060.		627.	Marienfeld, Nina	Landgericht Kiel	233. W	6935	01:00:06	01:04:02
2061.		628.	Kent, Lilly		13. WJ U20	5195	01:00:06	01:02:54
2062.	1434.		Makurath, Kolja	Glitzer Schwitzer	175. M40	6877	01:00:06	01:05:19
2063.		629.	Hansen, Nanne		234. W	3769	01:00:06	01:06:05
2064.		630.	Brachmann, Lydia		72. W40	1161	01:00:07	01:04:06
2065.	1435.		Herrmann, Jörg		92. M50	4140	01:00:07	01:04:44
2066.	1436.		Voß, Gunnar		303. M	11829	01:00:07	01:03:31
2067.		631.	Fitzke, Franziska	Hot Heels	126. W30	2672	01:00:07	01:06:54
2068.	1437.		Seichter, Dominic		304. M	10340	01:00:07	01:02:49
2069.	1438.		Rohwedder, Andreas		176. M40	9172	01:00:08	01:05:03
2070.		632.	Krüger, Lina		235. W	5914	01:00:08	01:02:49
2071.		633.	Rathje, Frieda		236. W	8768	01:00:09	01:06:16
2072.	1439.		Eggers, Marcel		221. M35	1644	01:00:09	01:03:51
2073.		634.	Hauenstein, Anne		47. W45	3895	01:00:09	01:04:59
2074.	1440.		Schmidt, Norbert	ALG-VfL Bokel	8. M70	9770	01:00:10	01:01:24
2075.		635.	Paulsen, Hanna		13. WJ U18	8131	01:00:10	01:06:12
2076.	1441.		Schwarz, Marcel		93. M50	10265	01:00:11	01:03:54
2077.		636.	Hass, Jacqui		81. W35	3875	01:00:11	01:08:32
2078.	1442.		Jaques, Lennart		305. M	4763	01:00:11	01:02:10
2079.	1443.		Amelung, Mandu	TATORT HAWAII	88. MJ U18	171	01:00:11	01:07:40
2080.		637.	De Sousa, Sthefani		237. W	8416	01:00:12	01:05:01
2081.	1444.		Dombrowski, Simon		225. M30	2051	01:00:13	01:04:55
2082.	1445.		Löschke, Kevin		226. M30	6623	01:00:13	01:04:28
2083.	1446.		Baberowski, Jochen		54. M60	335	01:00:14	01:03:17
2084.	1447.		Dirks, Claas		306. M	1969	01:00:14	01:01:08
2085.		638.	Magath, Thalea	Team Kiki	14. WJ U18	6830	01:00:15	01:05:31
2086.	1448.		Günther, Lars	Landeshauptstadt Kiel	98. M55	3508	01:00:15	01:05:23
2087.		639.	Kruse, Binta		238. W	5957	01:00:15	01:01:08
2088.	1449.		Scholz, Arne	IB.SH Runners	94. M50	9915	01:00:15	01:03:36
2089.		640.	Cuntz, Marlen		127. W30	1763	01:00:15	01:04:05
2090.		641.	Kuchel, Tessa Luise		239. W	6005	01:00:16	01:03:12
2091.		642.	Ferreira, Vanessa		73. W40	7295	01:00:16	01:05:06
2092.		643.	Kühn, Lena		240. W	6034	01:00:17	01:05:07
2093.	1450.		Behrmann, Tim Jendrik		307. M	638	01:00:17	01:06:46
2094.	1451.		Heidhoff, Jörn		99. M55	3964	01:00:17	01:02:30
2095.		644.	Hansmann, Britta	404 Pace not found	21. W50	3795	01:00:18	01:04:33
2096.		645.	Hein, Marie		128. W30	3979	01:00:18	01:05:15
2097.		646.	Petersen, Jessica		129. W30	8271	01:00:19	01:04:40
2098.		647.	Kloth, Sabine		48. W45	5430	01:00:19	01:06:22
2099.	1452.		Petersen, Peter		55. M60	8292	01:00:19	01:07:43
2100.	1453.		Kloth, Daniel		95. M50	5426	01:00:20	01:06:22
2101.		648.	Hues, Anna		241. W	4516	01:00:21	01:01:57
2102.	1454.		Pietsch, Hartmut		56. M60	8387	01:00:21	01:03:27
2103.	1455.		Kedziarski, Karol		96. M50	5157	01:00:21	01:07:35
2104.	1456.		Schouten, Tore Niklas		308. M	9946	01:00:21	01:03:12
2105.	1457.		Wolf, Ulrich		26. M65	12431	01:00:21	01:08:01
2106.	1458.		Blaschke, Frank		97. M50	898	01:00:22	01:02:30
2107.	1459.		Bahr, Oliver	Fördepuls	177. M40	376	01:00:22	01:04:16
2108.	1460.		Bock, Jan-Philipp	GKN Kiel	227. M30	959	01:00:22	01:05:10
2109.		649.	Güntner, Fabienne	REMONDIS	242. W	1533	01:00:23	01:04:49
2110.	1461.		Könemann, Leon		309. M	5572	01:00:23	01:11:08
2111.	1462.		Binder, Michael		57. M60	854	01:00:24	01:04:05
2112.		650.	Throm, Julia	Eschweiger TSV	130. W30	11343	01:00:24	01:02:38

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2113.	1463.		Schumacher, Fynn Moritz		228. M30	10198	01:00:24	01:06:22
2114.	1464.		Kläve, Michael	LKA Laufgruppe	100. M55	5321	01:00:25	01:07:48
2115.		651.	Köhler, Kaja		82. W35	5543	01:00:26	01:04:51
2116.		652.	Schmarbeck, Friederike		74. W40	9713	01:00:27	01:02:23
2117.		653.	Streckel, Ulrike	CAU Lauftreff	23. W55	10968	01:00:28	01:06:21
2118.		654.	Arndt, Julia	Kieler Volksbank eG	243. W	253	01:00:28	01:05:35
2119.		655.	Kamp, Birte		131. W30	5054	01:00:28	01:05:07
2120.	1465.		Piepenhagen, Thilo	Die Piepenhagener	27. M65	8377	01:00:29	01:04:36
2121.		656.	Hertz, Pauline		244. W	4147	01:00:29	01:02:36
2122.	1466.		Carbuhn, Maximilian		310. M	1586	01:00:29	01:03:40
2123.	1467.		Peters, Holger	Landeshauptstadt Kiel	28. M65	8219	01:00:29	01:02:28
2124.		657.	Reimer, Anneline		245. W	7869	01:00:30	01:08:48
2125.		658.	Hartje, Katja		246. W	3844	01:00:30	01:01:40
2126.		659.	Thede, Maria		75. W40	11232	01:00:30	01:02:02
2127.		660.	Penno, Katharina		132. W30	8185	01:00:31	01:05:35
2128.		661.	Maash, Mia		247. W	6792	01:00:31	01:03:08
2129.	1468.		Schranz, Marco		229. M30	9959	01:00:31	01:03:08
2130.		662.	Hansen, Ramona		49. W45	3778	01:00:31	01:08:14
2131.	1469.		Stoltenberg, Jens		29. M65	10933	01:00:33	01:03:45
2132.	1470.		Jaenicke, Lukas		178. M40	4681	01:00:34	01:00:46
2133.	1471.		Runge, Julian		311. M	9353	01:00:34	01:04:22
2134.		663.	Carretero Soria, Maria	Stryker	248. W	1595	01:00:34	01:03:48
2135.		664.	Jacobsen, Wilma		15. WJ U18	4670	01:00:35	01:04:51
2136.	1472.		Walker, Marc		123. M45	11910	01:00:35	01:06:49
2137.	1473.		Bornholdt, Timo		124. M45	1124	01:00:36	01:06:09
2138.	1474.		Radan, Kurt		312. M	8678	01:00:36	01:02:14
2139.	1475.		Kühn, Nerdý	Stadtwerke Kiel	313. M	6036	01:00:37	01:03:23
2140.		665.	Rieper, Andrea		6. W60	9044	01:00:38	01:02:38
2141.		666.	Vollmer, Anna		83. W35	11724	01:00:38	01:03:22
2142.		667.	Beata Eßer-Sladek, Beat3		7. W60	525	01:00:39	01:02:39
2143.		668.	Dorn, Adele		14. WJ U20	2069	01:00:39	01:08:24
2144.		669.	Detlefsen, Janne Marieke		249. W	1904	01:00:39	01:06:13
2145.	1476.		Kestner, Ulf		58. M60	5228	01:00:39	01:04:37
2146.		670.	Carstens, Nina		133. W30	1600	01:00:39	01:07:29
2147.		671.	Breske, Stefanie		22. W50	1280	01:00:40	01:03:02
2148.		672.	Röhnert, Inga		23. W50	9114	01:00:40	01:03:06
2149.	1477.		Kulbeik, Manfred	STEUERRING Flensburg	30. M65	6087	01:00:40	01:04:29
2150.		673.	Strunck, Anika		84. W35	4005	01:00:40	01:09:03
2151.		674.	Meding, Patricia		85. W35	3873	01:00:40	01:06:49
2152.		675.	Bergmann, Inga	PHV Kiel	8. W60	715	01:00:41	01:06:26
2153.	1478.		Staack, Thomas		31. M65	10699	01:00:41	01:01:56
2154.		676.	Günther, Pauline Greta	Humboldt-Schule	16. WJ U18	3512	01:00:42	01:03:09
2155.		677.	Silveira, Raquel		250. W	10508	01:00:42	01:02:51
2156.		678.	Kretschmer, Julia		86. W35	5841	01:00:42	01:04:22
2157.	1479.		Meden, Uwe	BSG Schleswig-Holstein Netz	32. M65	7104	01:00:43	01:03:39
2158.		679.	Wiltch, Ann-Kathrin		87. W35	12300	01:00:43	01:07:03
2159.		680.	Broch, Nicole		24. W55	1325	01:00:43	01:02:14
2160.	1480.		Dahl, Lars		230. M30	12844	01:00:44	01:08:51
2161.		681.	Wunderlich, Leni		17. WJ U18	12305	01:00:44	01:04:53
2162.	1481.		Zaczek, Christian		179. M40	12582	01:00:44	01:04:40
2163.	1482.		Grünthal, Frank		98. M50	3463	01:00:44	01:02:56
2164.		682.	Nienaber, Anthea		251. W	7789	01:00:44	01:04:33
2165.		683.	Schneider, Franziska		134. W30	9834	01:00:44	01:06:57
2166.		684.	Kreye, Lena		252. W	5849	01:00:45	01:05:23
2167.		685.	Berger, Anna		135. W30	708	01:00:45	01:03:30
2168.	1483.		Wüstenberg, Timm		231. M30	12510	01:00:45	01:03:30
2169.		686.	Jentjens, Finnja		15. WJ U20	4809	01:00:45	01:04:36
2170.	1484.		Dersewski, Mario		180. M40	1890	01:00:46	01:07:15
2171.		687.	Lütjens, Birte		76. W40	6745	01:00:47	01:04:33
2172.	1485.		Kraack, Finn	Kraack	314. M	5747	01:00:47	01:03:31
2173.		688.	Park, Haemin		88. W35	8086	01:00:47	01:06:05
2174.		689.	Scherer, Hannah		136. W30	1989	01:00:48	01:04:46
2175.	1486.		Woywod, Anton		315. M	12481	01:00:48	01:01:51
2176.		690.	Hinz, Sina		50. W45	4273	01:00:48	01:06:43
2177.		691.	Leifholz, Tamara		253. W	6384	01:00:49	01:03:21
2178.	1487.		Amelung, Thorben	TATORT HAWAII	125. M45	172	01:00:49	01:08:19
2179.		692.	Kratt, Kristin		89. W35	5800	01:00:49	01:06:13
2180.	1488.		Czapp, Manfred	404 Pace not found	126. M45	1770	01:00:50	01:05:07
2181.		693.	Gerbrecht, Jana	SFC Ottendorf	254. W	3014	01:00:50	01:03:43
2182.	1489.		Schröder, Sascha		32. MJ U20	10002	01:00:50	01:09:21
2183.		694.	Georgus, Clara	SFC Ottendorf	255. W	3012	01:00:50	01:03:43
2184.		695.	Thoben, Femke	GEOMAR	137. W30	11282	01:00:51	01:08:37
2185.	1490.		Siebert, Sönke		99. M50	10440	01:00:51	01:07:15
2186.	1491.		Thurm, Frank		59. M60	11349	01:00:51	01:03:55
2187.		696.	Schmaljohann, Katja		138. W30	9711	01:00:52	01:08:07
2188.		697.	Börgmann-Mordhorst, Karen		25. W55	1008	01:00:52	01:05:55
2189.	1492.		Biel, Jeremias		232. M30	826	01:00:52	01:07:28
2190.		698.	Jankowski, Lina	SFC Ottendorf	256. W	4720	01:00:53	01:03:46
2191.	1493.		Maass, Nico	Gemeinsam gegen Krebs	60. M60	6799	01:00:53	01:00:58
2192.	1494.		Wallnöfer, Timo		181. M40	11919	01:00:53	01:08:46
2193.	1495.		Rieckhof, Ole	TuS Holtenau	33. MJ U20	9030	01:00:53	01:07:07
2194.	1496.		Allaham, Pierre		222. M35	147	01:00:53	01:04:17
2195.	1497.		Evers, Manuel		127. M45	2429	01:00:53	01:02:59
2196.	1498.		Hinz, Pascal	ETL HOLSTEIN Steuerberatungsgesellschaft	236. M30	4271	01:00:53	01:06:53
2197.		699.	Prösch, Merve		257. W	8595	01:00:54	01:05:32
2198.		700.	Behrendt, Melissa	Gute Laune	139. W30	626	01:00:54	01:08:08
2199.	1499.		Pretzsch, Arno		33. M65	8553	01:00:54	01:03:57
2200.	1500.		Hagemann, Thomas	Förde Sparkasse	61. M60	3631	01:00:55	01:04:25

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2201.	1501.		Cabel, Felix	Dataporti	316. M	1568	01:00:55	01:07:25
2202.	1502.		Martens, Jesper		317. M	6967	01:00:55	01:03:28
2203.		701.	Poppe, Karoline	Stryker	77. W40	310	01:00:56	01:07:20
2204.	1503.		Klingner, Oskar	Sauer Compressors	223. M35	5394	01:00:57	01:05:51
2205.		702.	Ahrens, Anna-Lena		140. W30	90	01:00:57	01:08:10
2206.	1504.		Strohm, Kolja		234. M30	11005	01:00:57	01:03:58
2207.		703.	Böhnert, Nele	USC Kiel	258. W	995	01:00:57	01:03:39
2208.	1505.		Baumgarten, Ole		235. M30	8083	01:00:58	01:04:02
2209.		704.	Schön, Maiken		259. W	4385	01:00:58	01:07:40
2210.		705.	Bock, Janne	GALENpharma	260. W	960	01:00:58	01:03:49
2211.		706.	Scharf, Linnea		141. W30	9561	01:00:58	01:04:02
2212.		707.	Helbing, Jutta	Förde Sparkasse	9. W60	4039	01:00:58	01:05:34
2213.		708.	Swete, Dana		51. W45	11099	01:00:59	01:04:41
2214.	1506.		Lürssen, Felix		318. M	11712	01:00:59	01:05:32
2215.	1507.		Genoux, Jörn		34. M65	3008	01:00:59	01:05:28
2216.		709.	Anderson, Catherine	SV Langwedel	26. W55	189	01:01:00	01:02:33
2217.		710.	Sator, Ursula		27. W55	5525	01:01:00	01:06:54
2218.	1508.		Lentz, Johann		236. M30	6418	01:01:00	01:03:41
2219.		711.	Sals, Christiane		52. W45	9434	01:01:01	01:06:09
2220.		712.	Thon, Ruth	Stryker	53. W45	11332	01:01:01	01:07:25
2221.		713.	Mohr, Caprice		261. W	7435	01:01:01	01:04:13
2222.	1509.		Hoffmann, Heiko		100. M50	4331	01:01:02	01:01:59
2223.	1510.		Marohn, Volker	Förde Sparkasse	1. M75	6949	01:01:02	01:03:20
2224.	1511.		Sals, Alexander		182. M40	9433	01:01:03	01:06:11
2225.		714.	Warnken, Jessica		262. W	11951	01:01:03	01:01:03
2226.	1512.		Dierkes, Simon		319. M	825	01:01:03	01:07:38
2227.		715.	Hüttig, Gina Marie		263. W	4528	01:01:04	01:04:40
2228.		716.	Schacht, Britta		90. W35	9500	01:01:04	01:04:23
2229.		717.	Mass, Lissa	Holtsee Runners	54. W45	7013	01:01:04	01:06:38
2230.		718.	Janser, Marion	Preetzer TSV	28. W55	4745	01:01:05	01:06:44
2231.		719.	Jakobsen, Maren		142. W30	4713	01:01:05	01:03:33
2232.		720.	Raasch, Elisa		264. W	8665	01:01:05	01:05:46
2233.	1513.		Siponen, Stefan	Sauer Compressors	101. M55	10534	01:01:05	01:05:34
2234.		721.	Körner, Julia		24. W50	5614	01:01:06	01:04:57
2235.	1514.		Berlin, Thorsten		62. M60	727	01:01:07	01:04:26
2236.		722.	Kublanck-Deter, Franziska		91. W35	5999	01:01:07	01:06:46
2237.		723.	Schwalm, Elisabeth		10. W60	10241	01:01:07	01:07:32
2238.		724.	Dietel, Laura		265. W	1944	01:01:07	01:03:16
2239.		725.	Jensen, Bente		11. W60	4789	01:01:07	01:02:50
2240.		726.	Sütering, Tomke	Team Kriwat Sport	266. W	11075	01:01:08	01:02:30
2241.	1515.		Lienhard, Christian	Die Zahnärzte Tungendorf	63. M60	6507	01:01:08	01:03:38
2242.		727.	Nielsen, Michelle		143. W30	7772	01:01:08	01:01:43
2243.	1516.		Fode, Jokim		237. M30	2702	01:01:09	01:02:25
2244.	1517.		Graf, Erhard	Gettorfer Turnverein	9. M70	3311	01:01:09	01:05:23
2245.		728.	Probst, Madlen		267. W	8594	01:01:10	01:04:49
2246.		729.	Mard-Azad, Nicole	Team MaWi	55. W45	6928	01:01:10	01:07:12
2247.		730.	Hansen, Ann-Christin		268. W	3514	01:01:11	01:08:28
2248.		731.	Bruns, Julia		144. W30	1401	01:01:11	01:05:41
2249.	1518.		Nachtigall, David	ITV.SH läuft	183. M40	7632	01:01:11	01:03:13
2250.		732.	Heid, Antonina		92. W35	3956	01:01:12	01:07:30
2251.	1519.		Ritter, Simon		34. MJ U20	9083	01:01:12	01:01:12
2252.	1520.		Lauinger, Kim		224. M35	6321	01:01:13	01:05:11
2253.	1521.		Gerken, Holger	Dataporti	128. M45	3029	01:01:13	01:07:05
2254.	1522.		Niemann, Stefan	Tom Kyle	101. M50	2133	01:01:14	01:05:05
2255.	1523.		Brand, Jakob	DILL Running Team	238. M30	1180	01:01:14	01:01:14
2256.		733.	Rath, Tanja		25. W50	8762	01:01:14	01:01:14
2257.		734.	Sale, Rebecca	Fivi Ultras e.V.	145. W30	9429	01:01:14	01:01:14
2258.	1524.		Keune, Ruben		239. M30	5239	01:01:14	01:03:09
2259.		735.	Hoppe, Veronika		78. W40	4450	01:01:14	01:03:04
2260.		736.	Schröder, Britta		146. W30	9972	01:01:14	01:03:54
2261.	1525.		Rother, Kilian	Sauer Compressors	320. M	9275	01:01:14	01:05:23
2262.	1526.		Fröhlich, Marcel		240. M30	2843	01:01:15	01:09:25
2263.		737.	Dworak, Madeleine	HyperKult	16. WJ U20	2185	01:01:15	01:02:56
2264.	1527.		Bornhorst, Lars		225. M35	1127	01:01:15	01:10:07
2265.	1528.		Klein, Alexander		129. M45	5350	01:01:15	01:05:27
2266.		738.	Schütze, Mareike		269. W	10079	01:01:15	01:04:56
2267.		739.	Strehlow, Karen		79. W40	10979	01:01:15	01:04:06
2268.	1529.		Maschmann, Jonas	Sauer Compressors	321. M	7011	01:01:16	01:05:24
2269.	1530.		Mahrt, Alexander		226. M35	6855	01:01:16	01:04:56
2270.	1531.		Dose, Klaus Ulrich	SV Bokhorst	64. M60	2074	01:01:16	01:04:54
2271.		740.	Kluge, Simone		26. W50	5438	01:01:17	01:05:42
2272.	1532.		Schuchardt, Tom	Stadtwerke Kiel	102. M50	10046	01:01:17	01:01:33
2273.	1533.		Fitschen, Hermann	Ev. Kirchengemeinde Harsefeld	10. M70	2668	01:01:18	01:05:18
2274.		741.	Marn, Susanne		29. W55	6948	01:01:18	01:06:54
2275.		742.	Kock, Finja-Lotta		270. W	1754	01:01:18	01:07:19
2276.		743.	Patett, Christine		80. W40	8105	01:01:18	01:06:22
2277.		744.	Hirsch, Jönna		271. W	4279	01:01:19	01:06:23
2278.	1534.		Lehr, Eckhard	Münsterdorfer SV	102. M55	6376	01:01:19	01:04:39
2279.	1535.		Sugaïski, Peter	SEELÄUFER	65. M60	11080	01:01:20	01:06:09
2280.	1536.		Ulrich, Arvid		35. MJ U20	11545	01:01:20	01:05:57
2281.	1537.		Zollondz, Alexander	IG Metall Kiel-Neumünster	103. M50	12689	01:01:20	01:04:19
2282.	1538.		Müller, Heiko		35. M65	7520	01:01:20	01:06:09
2283.	1539.		Hüttemeyer, Peter		103. M55	4525	01:01:20	01:09:49
2284.		745.	Sonnberg, Andrea		27. W50	10617	01:01:21	01:07:01
2285.		746.	Fediuk, Annika		93. W35	2519	01:01:21	01:07:12
2286.		747.	Kuch, Sabrina	Brazzos	94. W35	6000	01:01:21	01:03:53
2287.	1540.		Syring, Christian		241. M30	11104	01:01:21	01:03:53
2288.	1541.		Boll, Stephan		66. M60	1057	01:01:22	01:05:44

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2289.	1542.		Seyb, Wolfgang		67. M60	10411	01:01:22	01:04:47
2290.	1543.		Kindt, Jannik	Hospiz Kieler Förde	322. M	5278	01:01:22	01:01:22
2291.		748.	Langfeldt, Inger		81. W40	6248	01:01:23	01:05:55
2292.	1544.		Haak, Thomas		104. M55	3565	01:01:23	01:03:13
2293.	1545.		Wiese, Klaus		68. M60	12237	01:01:23	01:06:57
2294.	1546.		Langfeldt, Philipp		227. M35	6250	01:01:23	01:05:55
2295.		749.	Niemeyer, Tina	VFG Kiel e.V. (FiZ)	56. W45	7788	01:01:23	01:05:49
2296.	1547.		Siegler, Niclas	GeFa	36. MJ U20	10455	01:01:24	01:06:47
2297.		750.	Gundrum, Janina		95. W35	3528	01:01:24	01:05:10
2298.	1548.		Piontek, Felix	L! Troglodytia	242. M30	8413	01:01:25	01:07:33
2299.		751.	Ledebur, Runa Leonie		96. W35	6339	01:01:26	01:05:16
2300.		752.	Storm, Lea		272. W	10949	01:01:26	01:02:55
2301.		753.	Gunther, Jonna		273. W	3529	01:01:26	01:07:45
2302.		754.	Gorski, Anna		82. W40	3259	01:01:26	01:05:12
2303.		755.	Schulze, Nina		83. W40	10190	01:01:27	01:04:31
2304.	1549.		Bartels, Frank		104. M50	439	01:01:27	01:04:31
2305.	1550.		Preut, Jan		323. M	8563	01:01:28	01:47:13
2306.		756.	Johannsen, Karlotta	HAJO	18. WJ U18	4865	01:01:28	01:04:46
2307.		757.	Burack, Judith		274. W	1506	01:01:28	01:47:13
2308.		758.	Johannsen, Madita	HOJA	17. WJ U20	4876	01:01:28	01:04:46
2309.	1551.		Hahm, Johannes	HAJO	105. M50	3640	01:01:29	01:04:47
2310.	1552.		Damm, Tarik	SouthGeorgiaRats	324. M	1804	01:01:30	01:07:11
2311.	1553.		Mielke, Horst		11. M70	7313	01:01:30	01:04:11
2312.		759.	Ilgner, Karina		97. W35	4583	01:01:30	01:03:24
2313.	1554.		Hauser, Gabor		106. M50	3916	01:01:31	01:04:29
2314.		760.	Hansen, Ember		19. WJ U18	3738	01:01:31	01:03:53
2315.		761.	Andresen, Julie		147. W30	199	01:01:31	01:03:59
2316.	1555.		Susam, Alicem		325. M	11096	01:01:31	01:08:27
2317.	1556.		Skupien, Erik		326. M	10546	01:01:31	01:04:30
2318.		762.	Nierobisch, Jannika		148. W30	7791	01:01:32	01:05:55
2319.		763.	Steiner, Anika		28. W50	10820	01:01:32	01:04:03
2320.		764.	Külsen, Anna-Lena		275. W	6046	01:01:32	01:04:31
2321.	1557.		Pfänder, Stefan		105. M55	8326	01:01:32	01:07:56
2322.	1558.		Richter, Thomas		107. M50	9013	01:01:33	01:06:15
2323.		765.	Aitemirova, Aizada		149. W30	101	01:01:33	01:07:15
2324.	1559.		Mastripolito, Dario		327. M	7017	01:01:33	01:08:29
2325.		766.	Schumacher, Bente	Dino Running Club	276. W	10197	01:01:34	01:02:37
2326.	1560.		Rexhausen, Ole		328. M	8978	01:01:34	01:08:30
2327.	1561.		Buhmann, Markus		106. M55	1483	01:01:35	01:04:46
2328.	1562.		Rohwer, Reinhard	RPRC	12. M70	9200	01:01:36	01:02:45
2329.	1563.		Saß, Hauke		130. M45	9469	01:01:36	01:05:12
2330.	1564.		Jokel, Erk	Dino Running Club	184. M40	4894	01:01:37	01:02:40
2331.		767.	Busch, Gesche	Gettorfer Turnverein	57. W45	1535	01:01:38	01:08:25
2332.		768.	Fogel, Cornelia		277. W	2709	01:01:38	01:05:48
2333.	1565.		Utz, Christian		131. M45	11579	01:01:39	01:06:51
2334.	1566.		Großmann, Daniel	Dataporti	185. M40	3436	01:01:39	01:05:58
2335.		769.	Händle, Sophie		150. W30	3613	01:01:39	01:04:18
2336.		770.	Janßen-Bäcker, Bettina	ERDINGER Active TEAM	30. W55	4753	01:01:40	01:04:09
2337.	1567.		Kansy, Johannes	Stadtwerke Kiel	228. M35	5074	01:01:40	01:04:30
2338.	1568.		Holfert, Jan		229. M35	4380	01:01:41	01:02:51
2339.		771.	Burmester, Marthe		278. W	1527	01:01:41	01:08:01
2340.		772.	Burmester, Esther		151. W30	1526	01:01:41	01:08:01
2341.	1569.		Vollstedt, Thomas		69. M60	11730	01:01:42	01:02:48
2342.		773.	Bargmann, Julia		279. W	418	01:01:42	01:04:19
2343.	1570.		Mkombozi, Frank		37. MJ U20	272	01:01:42	01:01:47
2344.	1571.		Klein, Paul		329. M	5359	01:01:43	01:07:53
2345.	1572.		Rückert, Jasper		89. MJ U18	9312	01:01:43	01:03:03
2346.		774.	Gottwald, Luca		280. W	3280	01:01:43	01:07:53
2347.	1573.		Pohlmann, Julian	Süverkrüp	330. M	12747	01:01:43	01:05:44
2348.		775.	Schulz, Sandra		84. W40	10171	01:01:44	01:05:36
2349.		776.	Brüsehafer, Larissa		152. W30	1374	01:01:44	01:01:44
2350.	1574.		Alff, Thorsten		132. M45	136	01:01:44	01:05:37
2351.		777.	Butgereit, Ida		18. WJ U20	1564	01:01:45	01:04:02
2352.	1575.		Ehe, Ralf	Familie Ehe	107. M55	2253	01:01:46	01:03:54
2353.	1576.		Unger, Till		331. M	11555	01:01:46	01:08:12
2354.		778.	Schröder, Annika	Boost Sportpsychologie	98. W35	9970	01:01:46	01:07:10
2355.	1577.		Schubert, Frank		36. M65	10037	01:01:47	01:05:16
2356.		779.	Hoffmann, Ulrike		85. W40	4354	01:01:48	01:06:35
2357.		780.	Gerking, Johanna Sophie		281. W	3031	01:01:49	01:04:13
2358.	1578.		Waller, Ole	Dataporti	243. M30	11915	01:01:49	01:07:49
2359.	1579.		Rahlf, Frederik		230. M35	8706	01:01:49	01:04:19
2360.		781.	Joswig, Maja		282. W	4921	01:01:49	01:05:36
2361.	1580.		Schaube, Dennis		133. M45	9574	01:01:49	01:04:20
2362.	1581.		Spychalski, Steffen		108. M55	10689	01:01:50	01:07:33
2363.		782.	Schmidt, Bettina		58. W45	9728	01:01:50	01:04:41
2364.	1582.		Martensen, Sebastian		231. M35	6981	01:01:50	01:03:01
2365.	1583.		Islam, Redwan		244. M30	4613	01:01:50	01:07:14
2366.	1584.		Metz, Marco		134. M45	7229	01:01:51	01:06:18
2367.		783.	Graupner, Birgit	CITTI / CHEFS CULINAR / HMS	31. W55	3343	01:01:51	01:08:03
2368.	1585.		Zienecker, Tobias		108. M50	12644	01:01:51	01:06:58
2369.		784.	Wendler, Jacline		99. W35	12092	01:01:51	01:06:18
2370.		785.	Brandenburg, Ludmilla		86. W40	1185	01:01:52	01:04:33
2371.	1586.		Stahlke, Andrej		332. M	10720	01:01:52	01:03:11
2372.	1587.		Schulat, Michael		109. M50	10088	01:01:53	01:02:35
2373.	1588.		Wagner, Alexander		232. M35	11879	01:01:53	01:04:27
2374.		786.	Rasmussen, Inke		59. W45	8753	01:01:53	01:06:01
2375.	1589.		Wulff, Christian		135. M45	12529	01:01:54	01:10:17
2376.		787.	Gümmer, Lina		100. W35	3496	01:01:55	01:04:34

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2377.		788.	Wielert, Eileen		153. W30	12217	01:01:55	01:08:44
2378.	1590.		Nay, Dennis		333. M	7668	01:01:55	01:03:42
2379.		789.	Röhl, Nadine	DIE Röhl's	60. W45	9107	01:01:55	01:05:25
2380.	1591.		Bülk, Kai Peter		334. M	1452	01:01:56	01:05:35
2381.		790.	Held, Janne		283. W	4040	01:01:57	01:07:07
2382.		791.	Tiede, Katharina		154. W30	11354	01:01:57	01:05:22
2383.		792.	Gerlach, Svea		284. W	3032	01:01:57	01:06:07
2384.		793.	Höper-Fels, Bianca		29. W50	4317	01:01:57	01:05:40
2385.	1592.		Alakid, Sadam	Elisabethheim Havetoft	335. M	111	01:01:58	01:02:41
2386.	1593.		Ahmadi, Hassan	Elisabethheim Havetoft	90. MJ U18	85	01:01:58	01:02:41
2387.	1594.		Huettmann, Karsten		70. M60	4531	01:01:58	01:03:05
2388.		794.	Hansen, Daniela		30. W50	3737	01:01:58	01:06:05
2389.		795.	Sell, Sophie		285. W	10384	01:01:58	01:07:13
2390.	1595.		Stehl, Nikita	Süverkrüp	336. M	12743	01:01:58	01:02:05
2391.	1596.		Gielow, Axel		337. M	3076	01:01:58	01:05:36
2392.	1597.		Borchardt, Jens		37. M65	1087	01:01:59	01:04:44
2393.	1598.		Friedrichs, Torsten	LTV Kiel-Ost	109. M55	2810	01:01:59	01:04:42
2394.	1599.		Patz, Ralf		110. M55	8108	01:02:00	01:07:28
2395.	1600.		Bähr, Cornelius		91. MJ U18	365	01:02:00	01:03:07
2396.	1601.		Albrecht, Martin	Lemmy	111. M55	124	01:02:00	01:05:50
2397.	1602.		Rammelkamp, Daniel	L! Troglodytia	245. M30	8734	01:02:00	01:08:09
2398.	1603.		Middendorf, Theis		246. M30	7311	01:02:01	01:05:14
2399.		796.	Stahlke, Jennifer	Stryker	101. W35	10721	01:02:01	01:08:40
2400.		797.	Dunkel, Laura		286. W	2167	01:02:01	01:05:14
2401.	1604.		Komorowski, Stefan	Dataporti	110. M50	5691	01:02:01	01:08:55
2402.	1605.		Quabeck, Carsten		136. M45	8639	01:02:02	01:09:34
2403.		798.	Lai, Hsin-Tung		287. W	6193	01:02:04	01:10:44
2404.	1606.		Bienas, Rolf		112. M55	835	01:02:04	01:06:02
2405.		799.	Falliner, Thyra		61. W45	2484	01:02:05	01:07:42
2406.		800.	Gnutzmann, Luise		155. W30	3136	01:02:05	01:03:01
2407.	1607.		Simon, Jan-Eric		338. M	10516	01:02:05	01:05:12
2408.	1608.		Pillokat, Jan		339. M	8398	01:02:07	01:05:52
2409.	1609.		Zahlmann, Jan	Sauer Compressors	113. M55	12590	01:02:07	01:05:36
2410.		801.	Schrader, Sabeth	IM-Team	288. W	9949	01:02:07	01:05:52
2411.	1610.		Riegel, Maik		111. M50	9037	01:02:07	01:05:26
2412.	1611.		Gräfendorf, Frank		71. M60	3294	01:02:07	01:05:22
2413.		802.	Furck, Luisa		156. W30	2879	01:02:08	01:04:49
2414.	1612.		Beesten, Alexander		137. M45	598	01:02:08	01:04:34
2415.		803.	Staufeldt, Karoline		289. W	10767	01:02:08	01:05:34
2416.	1613.		Lüthje, Rouven		112. M50	6742	01:02:08	01:02:43
2417.	1614.		Hirsch, Marcel	MLLEV	233. M35	4264	01:02:09	01:09:45
2418.		804.	Willms, Anna	Gemeinsam gegen Krebs	102. W35	12289	01:02:09	01:08:03
2419.		805.	Wätzig, Vicki	Gemeinsam gegen Krebs	31. W50	11875	01:02:09	01:08:03
2420.	1615.		Vogler, Dieter	Frauensache.de	72. M60	11684	01:02:09	01:06:21
2421.		806.	Lüthje, Alva	fördefrosch	290. W	5329	01:02:09	01:08:34
2422.		807.	Sebens, Susanne	Gemeinsam gegen Krebs	32. W50	10320	01:02:10	01:08:03
2423.		808.	Schirmack, Nadine		291. W	9666	01:02:10	01:09:38
2424.		809.	Dohle, Celia		157. W30	2035	01:02:10	01:07:09
2425.		810.	Trieben, Nici		292. W	11486	01:02:11	01:09:38
2426.	1616.		Mentzer, Rüdiger		73. M60	7196	01:02:12	01:08:11
2427.		811.	Hintz, Viktoria		293. W	4259	01:02:12	01:06:47
2428.	1617.		Hintz, Sven		74. M60	4258	01:02:12	01:06:47
2429.	1618.		Falk, Jon		75. M60	2468	01:02:13	01:07:21
2430.		812.	Golland, Jane	PORT OF KIEL	294. W	3238	01:02:13	01:06:25
2431.		813.	Korthals, Karen		62. W45	5723	01:02:13	01:08:12
2432.	1619.		Andresen, Kai		76. M60	201	01:02:14	01:07:21
2433.		814.	Eicke, Anna		295. W	2293	01:02:15	01:08:09
2434.	1620.		Broese-Talleur, Benjamin		186. M40	1343	01:02:15	01:09:52
2435.	1621.		Arndt, Marcel		114. M55	260	01:02:16	01:06:55
2436.		815.	Arndt, Fenya		296. W	251	01:02:16	01:06:56
2437.	1622.		Jürgensen, Hendrik		234. M35	4937	01:02:16	01:05:04
2438.		816.	von Jagow, Nele		297. W	11776	01:02:17	01:05:45
2439.		817.	Krüger, Stefanie		87. W40	5924	01:02:17	01:08:48
2440.	1623.		Gökcen, Ali		235. M35	3164	01:02:17	01:05:28
2441.		818.	Merkel, Eva		103. W35	7204	01:02:18	01:07:22
2442.		819.	Kurberg, Lydia	PwC Kiel	298. W	6127	01:02:18	01:06:04
2443.	1624.		Schulz, Jamie		340. M	10148	01:02:20	01:10:33
2444.	1625.		Hansen, Niklas		187. M40	3773	01:02:20	01:04:13
2445.	1626.		Damm, Bjoern	SouthGeorgiaRats	38. M65	1802	01:02:20	01:08:02
2446.	1627.		Grot, Ralf Christoph		77. M60	3440	01:02:20	01:07:14
2447.	1628.		Bartsch, Oliver		113. M50	454	01:02:20	01:10:33
2448.	1629.		Schadwald, Florian	Sauer Compressors	341. M	9508	01:02:21	01:06:29
2449.	1630.		Büll, Thorben	Humboldt-Schule Kiel	138. M45	1455	01:02:21	01:04:30
2450.	1631.		Joswig, Olaf	AusbZFlaRak/ Bw	114. M50	4922	01:02:21	01:06:09
2451.		820.	South, Alexandra		63. W45	10634	01:02:21	01:03:39
2452.	1632.		Kohlmorgen, Rainer	LTV Kiel-Ost	115. M55	5645	01:02:22	01:10:48
2453.	1633.		Dannmeier, Hinrich		139. M45	1818	01:02:23	01:04:04
2454.		821.	Meifort, Destina		20. WJ U18	7144	01:02:23	01:09:33
2455.		822.	Rieckhof, Susanne	TuS Holtenau	33. W50	9031	01:02:23	01:04:39
2456.		823.	Zantopp, Irmgard		12. W60	12602	01:02:23	01:06:15
2457.	1634.		Dörschner, Jonas	WEISSLEDER EWER	140. M45	2029	01:02:23	01:06:27
2458.		824.	Burych, Sandra		88. W40	1531	01:02:23	01:08:09
2459.		825.	Bichel, Nicola		104. W35	810	01:02:23	01:04:53
2460.		826.	Damm, Jing		34. W50	1803	01:02:24	01:02:55
2461.	1635.		Schmieta, Thorben	PwC Kiel	247. M30	9798	01:02:24	01:06:29
2462.	1636.		Weber, Cornelius	Stryker	342. M	11961	01:02:25	01:09:50
2463.		827.	Huber, Carina		158. W30	4485	01:02:26	01:08:19
2464.		828.	Sugaiki, Lea		159. W30	11079	01:02:26	01:07:15

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2465.	1637.		Lemke, Nico		343. M	6405	01:02:26	01:08:11
2466.		829.	Geisler, Corinna		35. W50	2991	01:02:27	01:07:51
2467.		830.	Christofolini, Sabine		36. W50	1658	01:02:28	01:08:02
2468.	1638.		Marks, Cornelius		236. M35	6940	01:02:28	01:03:11
2469.		831.	Niß, Miriam	IM-Team	299. W	7806	01:02:29	01:05:52
2470.	1639.		Willmer, Raphael		141. M45	12288	01:02:29	01:06:04
2471.	1640.		Geuenich, Taylor	Ernst-Barlach-Gymnasium	92. M.J U18	3059	01:02:30	01:08:32
2472.	1641.		Thomsen, Kai		116. M55	10459	01:02:30	01:07:07
2473.	1642.		Huber, Judith		344. M	12823	01:02:30	01:06:51
2474.	1643.		Standke, Willy		345. M	10740	01:02:31	01:10:20
2475.	1644.		Tarter, Luca		346. M	11154	01:02:31	01:06:52
2476.		832.	Stobäus, Ricarda		32. W55	10888	01:02:32	01:05:02
2477.		833.	Wolf, Carlotta		300. W	12420	01:02:32	01:07:10
2478.		834.	Bobsin, Kerstin	VDC	33. W55	952	01:02:32	01:06:10
2479.	1645.		Solty, Arne		347. M	10598	01:02:32	01:07:40
2480.		835.	Schiller, Gerhild	Alpenverein Flensburg	34. W55	9653	01:02:33	01:11:15
2481.		836.	Jansen, Viviane		160. W30	4743	01:02:33	01:05:55
2482.		837.	Brumm, Britta		89. W40	1388	01:02:33	01:05:24
2483.	1646.		Rogat, Daniel		237. M35	9148	01:02:33	01:06:09
2484.	1647.		Vermehren, Kai	Alpenverein Flensburg	39. M65	11621	01:02:33	01:11:16
2485.	1648.		Cook, Andrew		238. M35	1732	01:02:33	01:04:46
2486.		838.	Hennings, Selma-Sophie	Running Friends	301. W	4100	01:02:33	01:08:23
2487.	1649.		Goik, Sven	LTV Kiel-Ost	117. M55	3216	01:02:33	01:05:59
2488.	1650.		Günther, Andreas	Northern Dynamic GmbH	118. M55	3500	01:02:34	01:08:47
2489.		839.	Goik, Emma		21. WJ U18	3214	01:02:34	01:05:59
2490.		840.	Müller, Hanne		22. WJ U18	7518	01:02:34	01:09:39
2491.		841.	Pohl, Xandra	SV Mönkeberg	35. W55	8483	01:02:34	01:08:47
2492.		842.	Woile, Anna		90. W40	12410	01:02:34	01:05:25
2493.	1651.		Künstler, Sven	Stadtwerke Kiel	119. M55	6050	01:02:36	01:04:36
2494.	1652.		Koke, Tom		348. M	5655	01:02:36	01:04:12
2495.		843.	Sadlowski, Denise		302. W	9404	01:02:36	01:13:29
2496.	1653.		Törper, Arne	Nico Knust	239. M35	11414	01:02:36	01:05:34
2497.		844.	Raitschew, Britta		64. W45	8717	01:02:36	01:05:13
2498.	1654.		Stahl, Jasper		248. M30	10715	01:02:37	01:07:59
2499.		845.	Geruschkat, Katja		303. W	3050	01:02:37	01:08:25
2500.	1655.		Kasperowski, Maximilian		249. M30	5126	01:02:37	01:07:59
2501.	1656.		Molina, Carlos	e-nema	115. M50	7447	01:02:37	01:07:46
2502.	1657.		Erdmann, Lucas		250. M30	2393	01:02:37	01:07:17
2503.		846.	Stoltenberg, Pia		161. W30	10936	01:02:38	01:10:58
2504.	1658.		Müller, Lars		116. M50	7535	01:02:38	01:09:43
2505.		847.	Rieper, Lara		162. W30	9048	01:02:38	01:02:38
2506.		848.	Jacobs, Merete		163. W30	4646	01:02:39	01:07:12
2507.	1659.		Wentorf, Fynn		349. M	12117	01:02:40	01:06:02
2508.	1660.		Bondarenko, Viktor		188. M40	1071	01:02:40	01:08:39
2509.		849.	Feratoski, Alicia Selma		304. W	2566	01:02:42	01:07:26
2510.		850.	Imke, Werner		305. W	12515	01:02:42	01:05:12
2511.	1661.		Schulz, Michael		78. M60	10166	01:02:42	01:07:35
2512.		851.	Siemens, Luise		164. W30	10474	01:02:42	01:07:07
2513.		852.	Selmann, Julia		65. W45	10391	01:02:42	01:06:19
2514.	1662.		Haase, Steffen		142. M45	3587	01:02:42	01:08:39
2515.		853.	Klusmann, Uta		37. W50	5441	01:02:43	01:07:14
2516.		854.	Sievers, Charlotte		19. WJ U20	10486	01:02:43	01:06:10
2517.		855.	Piel, Sophie		165. W30	8375	01:02:45	01:05:47
2518.		856.	Frahm, Karina	Anschütz Pathfinder	166. W30	2733	01:02:45	01:05:35
2519.		857.	Kluwe, Mia	Sportprofil-Gymkro-Kiki	20. WJ U20	5442	01:02:46	01:08:02
2520.		858.	Jung, Saskia	LAC Kronshagen	105. W35	4957	01:02:46	01:07:53
2521.		859.	Wagner, Denise		91. W40	11880	01:02:46	01:05:20
2522.		860.	Lübke, Nina	Running Gagx	306. W	6714	01:02:46	01:07:37
2523.		861.	Scheibe, Anniko		307. W	9599	01:02:47	01:06:22
2524.		862.	Treptau, Jette		308. W	11475	01:02:47	01:04:42
2525.	1663.		Kraus, Hanns-Sebastian	IM-Team	143. M45	5804	01:02:47	01:05:46
2526.		863.	Huuck, Levke		309. W	4570	01:02:48	01:08:31
2527.		864.	Beermann, Petra		36. W55	596	01:02:48	01:03:40
2528.	1664.		Bergemann, Sönke	LaSaHaRa	79. M60	706	01:02:49	01:05:54
2529.		865.	Ihle, Christina		66. W45	4577	01:02:49	01:07:51
2530.		866.	Großkurth, Gesa		67. W45	3435	01:02:49	01:07:51
2531.	1665.		Wüstmann, Georg-Johannes		240. M35	12513	01:02:49	01:09:04
2532.		867.	Seidel, Karin	LOTTO Schleswig-Holstein GmbH & Co. KG	1. W70	10345	01:02:49	01:07:27
2533.		868.	Rohlf, Kathrin		167. W30	9166	01:02:49	01:08:36
2534.	1666.		Köhler, Tim		120. M55	5553	01:02:50	01:11:37
2535.	1667.		Reich, Sven		251. M30	8863	01:02:50	01:08:36
2536.	1668.		Döring, Ralf	CITTI / CHEFS CULINAR / HMS	80. M60	2010	01:02:51	01:05:01
2537.		869.	Schöler, Julia		106. W35	9886	01:02:51	01:08:17
2538.	1669.		Danilenko, Nikita		189. M40	1812	01:02:52	01:08:23
2539.		870.	de Azevedo Lopes, Amanda		107. W35	1837	01:02:53	01:08:18
2540.		871.	Stut, Vanessa		310. W	12755	01:02:53	01:07:21
2541.	1670.		Gilbert, Niklas		252. M30	3092	01:02:53	01:09:31
2542.		872.	Bengtson, Myriam	SV Mönkeberg	37. W55	680	01:02:53	01:06:57
2543.		873.	Appelt, Rabea	SV Mönkeberg	38. W50	238	01:02:53	01:06:57
2544.	1671.		Reich-Dultz, Fridtjof	IB.SH Runners	241. M35	8865	01:02:53	01:06:00
2545.		874.	Menakuntuala, Nissi		311. W	7182	01:02:54	01:04:57
2546.		875.	Wulf, Jessica		108. W35	12520	01:02:55	01:14:35
2547.	1672.		Petersen, Sven		121. M55	8305	01:02:55	01:04:16
2548.	1673.		Friedrichsen, Christian		122. M55	2813	01:02:55	01:10:40
2549.		876.	Balensiefer, Lysann		312. W	386	01:02:55	01:06:47
2550.		877.	Klütz, Wencke		313. W	5433	01:02:56	01:08:09
2551.	1674.		Enterlein, Kay		144. M45	2383	01:02:57	01:04:26
2552.	1675.		Grünewald, Andreas		242. M35	3459	01:02:57	01:05:27

Ergebnis Einlauf >> Volkslauf (10.2 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2553.	1676.		Dechow, Niklas		350. M	1841	01:02:57	01:11:04
2554.	1677.		Neumann, Felix	K-Unit	190. M40	7707	01:02:57	01:11:36
2555.		878.	Krätschmann, Kristin		168. W30	5770	01:02:57	01:10:28
2556.		879.	Tasbasi, Zara		314. W	11156	01:02:58	01:10:10
2557.		880.	Balzereit, Anne		92. W40	398	01:02:58	01:08:23
2558.	1678.		Küstner, Josef		253. M30	6055	01:02:58	01:08:48
2559.	1679.		Tempel, Roland		145. M45	11204	01:02:59	01:08:24
2560.		881.	Schmidt, Jacqueline		315. W	9742	01:02:59	01:06:55
2561.		882.	Becker, Katharina		21. WJ U20	548	01:02:59	01:09:52
2562.		883.	Lorenzen, Janne Louisa		316. W	6663	01:02:59	01:07:02
2563.	1680.		Freiber, René		254. M30	2772	01:02:59	01:06:34
2564.	1681.		Gossing, Florian	Munkelhorrrstler Aktiv	351. M	3272	01:02:59	01:04:05
2565.	1682.		Trautwein, Dennis		255. M30	11454	01:03:00	01:06:34
2566.	1683.		Klaas, Marco		81. M60	5318	01:03:00	01:10:00
2567.	1684.		Nagel, Volker	L! Troglodytia	191. M40	7649	01:03:00	01:09:06
2568.		884.	Michaelis, Maja		317. W	7288	01:03:00	01:03:00
2569.		885.	Schneider, Nina		68. W45	9849	01:03:00	01:10:40
2570.		886.	Schumacher, Nicoline		318. W	10204	01:03:01	01:05:16
2571.	1685.		Rank, Jannik		352. M	8741	01:03:01	01:03:01
2572.	1686.		Timpe, Christoph		256. M30	11391	01:03:02	01:05:53
2573.	1687.		Toepfer, Martin	Dataporti	192. M40	11413	01:03:02	01:05:58
2574.		887.	Baltutis, Karen		69. W45	396	01:03:02	01:10:26
2575.		888.	Sütel, Tamina		319. W	11074	01:03:02	01:08:44
2576.	1688.		Ernst, Helge	ESN	117. M50	2404	01:03:02	01:07:31
2577.	1689.		Majer, Valerio Marzio		243. M35	6865	01:03:02	01:06:59
2578.	1690.		Wobser, Tom	RPRC	93. MJ U18	12380	01:03:03	01:09:05
2579.	1691.		Lütten, Michael	eff90 Brandschutzconsulting	123. M55	6753	01:03:03	01:11:14
2580.	1692.		Schurad, Olaf		124. M55	10216	01:03:03	01:05:36
2581.	1693.		Mitschke, Max		353. M	7354	01:03:04	01:04:24
2582.		889.	Fehlau, Margaretha		169. W30	2521	01:03:04	01:06:19
2583.		890.	Laftrentz, Edina	CITTI / CHEFS CULINAR / HMS	170. W30	6181	01:03:05	01:08:54
2584.		891.	Wemhöner, Lina		109. W35	12088	01:03:05	01:09:21
2585.	1694.		Krol, Emil		354. M	11974	01:03:05	01:04:41
2586.		892.	Ewers, Christine		93. W40	2438	01:03:06	01:07:49
2587.		893.	Bogusch, Kathleen		94. W40	1027	01:03:06	01:07:49
2588.		894.	Bousboa, Julia	PARITÄTISCHER Wohlfahrtsverband Schleswig-Holstein e. V.	154. W45	1154	01:03:07	01:05:54
2589.		895.	Salto, Mia Charlize		320. W	9436	01:03:07	01:05:02
2590.		896.	Koszowski, Isabell		321. W	5735	01:03:07	01:07:09
2591.		897.	Luttkus, Camila	MTV Horst	322. W	6777	01:03:07	01:08:38
2592.	1695.		Saitner, Michael	Der PARITÄTISCHE Schleswig-Holstein	193. M40	9423	01:03:07	01:05:54
2593.		898.	Richter, Jule		22. WJ U20	12064	01:03:07	01:04:34
2594.		899.	Scheibner, Emma	Haus & Grund SH	323. W	9601	01:03:07	01:10:39
2595.		900.	Büchner, Britta		38. W55	1442	01:03:08	01:06:39
2596.		901.	Alten, Julia		71. W45	158	01:03:09	01:08:26
2597.	1696.		Rosenkranz, Jonathan		257. M30	1591	01:03:09	01:07:33
2598.	1697.		Karlitshchek, Matthias		125. M55	5104	01:03:10	01:10:49
2599.		902.	Ladzinski, Dorit	Stadtwerke Kiel	2. W65	6177	01:03:10	01:07:16
2600.		903.	Knorr, Katja		110. W35	5480	01:03:11	01:04:57
2601.	1698.		Jurk, Janko		194. M40	4977	01:03:11	01:07:47
2602.		904.	Stegemann, Katharina		95. W40	10802	01:03:12	01:07:47
2603.		905.	von Döllen, Klara	Warte, ich muss binden!	324. W	11760	01:03:12	01:10:15
2604.		906.	Andropova-Schroeder, Lana		72. W45	207	01:03:12	01:09:01
2605.		907.	Laß, Marie		111. W35	6293	01:03:12	01:06:46
2606.		908.	Wehr, Eva Sophia		325. W	12019	01:03:12	01:07:01
2607.		909.	Pöhl, Melina		171. W30	8464	01:03:13	01:06:48
2608.		910.	Sachau, Kristin		96. W40	9396	01:03:13	01:04:58
2609.	1699.		Gräf, Marcel		118. M50	3293	01:03:13	01:09:50
2610.	1700.		Roth, Lasse		258. M30	9265	01:03:14	01:07:24
2611.		911.	Irmer, Gesche	Hasselteich	39. W50	4599	01:03:14	01:04:59
2612.	1701.		Gräfendorf, Leonard		355. M	3295	01:03:14	01:06:23
2613.		912.	Jürgensen, Julia		326. W	4939	01:03:15	01:07:11
2614.		913.	Liebmann, Martina		39. W55	6493	01:03:15	01:08:01
2615.		914.	Röhl, Friederike		112. W35	9104	01:03:15	01:03:15
2616.		915.	Pfaff, Carlotta		327. W	8328	01:03:16	01:10:02
2617.		916.	Kohnert, Celina		328. W	5651	01:03:17	01:05:18
2618.	1702.		Thomsen, Frank		126. M55	11308	01:03:17	01:07:44
2619.	1703.		Hahn, Jonathan		259. M30	3644	01:03:18	01:07:39
2620.	1704.		Buhrke, Nils	FINNOFLEET BMI	82. M60	1486	01:03:18	01:08:36
2621.	1705.		Fuchs, Roland		83. M60	2859	01:03:18	01:08:59
2622.		917.	Köster, Malin		23. WJ U18	5626	01:03:19	01:09:35
2623.		918.	Tiedemann, Lena		113. W35	11359	01:03:19	01:08:14
2624.	1706.		Luhmann, Finn		356. M	6761	01:03:19	01:09:25
2625.		919.	Küchenmeister, Dorothee		329. W	6015	01:03:19	01:08:39
2626.	1707.		Passau, Nils	545 Runners	146. M45	8100	01:03:19	01:08:14
2627.		920.	Saggau, Maike		114. W35	9414	01:03:20	01:08:14
2628.	1708.		Spendig, Maximilian	d.velop runners	260. M30	10651	01:03:21	01:03:21
2629.	1709.		Quakernack, Robert		195. M40	8642	01:03:21	01:09:19
2630.	1710.		Knossalla, Niklas		357. M	5485	01:03:21	01:11:00
2631.		921.	Spigatis, Sofia		330. W	10672	01:03:22	01:03:51
2632.	1711.		Wedemeyer, Lutz	FINNOFLEET BMI	40. M65	11988	01:03:23	01:08:41
2633.	1712.		Schwabe, Jonas	JoLi Laufclub	358. M	10234	01:03:23	01:03:52
2634.		922.	Zehmisch, Ebba		331. W	12608	01:03:23	01:06:31
2635.		923.	Köhler, Maja		332. W	5549	01:03:24	01:06:11
2636.	1713.		Wolf, Paul-Julius		359. M	12429	01:03:24	01:06:11
2637.		924.	Wiesner, Katrin		73. W45	661	01:03:25	01:09:21
2638.	1714.		Heinrichsen, Markus		244. M35	4008	01:03:25	01:07:53
2639.		925.	Köster, Alexandra		40. W50	5621	01:03:25	01:09:41
2640.	1715.		Hahn, Stephan		245. M35	3649	01:03:25	01:09:47

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2641.		926.	Stark, Kaya Mette	LOTTO Schleswig-Holstein GmbH & Co. KG	333. W	10755	01:03:27	01:07:50
2642.		927.	Rieken, Kristin		115. W35	9040	01:03:28	01:05:10
2643.	1716.		Kühn, Thomas	Tri Team Tüttendorf	84. M60	6039	01:03:28	01:04:23
2644.	1717.		Kerl, Wolfgang		41. M65	5203	01:03:29	01:09:32
2645.		928.	Mathur, Annika		97. W40	7021	01:03:29	01:09:12
2646.		929.	Warms, Inga		74. W45	11952	01:03:29	01:11:16
2647.		930.	Bahnsen, Kristin		98. W40	373	01:03:30	01:08:55
2648.	1718.		Placzek, Matthias		246. M35	8422	01:03:30	01:08:54
2649.	1719.		Lutz, Matthias		261. M30	6778	01:03:30	01:03:30
2650.		931.	Reimers, Mareike		172. W30	8898	01:03:31	01:07:54
2651.		932.	Beckmann, Marie	Anschütz Pathfinder	334. W	576	01:03:31	01:06:07
2652.	1720.		Keck, David		247. M35	3337	01:03:31	01:09:52
2653.	1721.		Musch, Mathias		119. M50	7621	01:03:32	01:08:07
2654.		933.	Schubert, Anna		116. W35	10035	01:03:32	01:07:58
2655.	1722.		Göckes, Thorsten		127. M55	3153	01:03:32	01:08:52
2656.	1723.		Lübke, Bernd		1. M80	6712	01:03:32	01:09:13
2657.	1724.		Schüler, Robert		196. M40	10049	01:03:33	01:10:04
2658.		934.	Lorenzen, Lisa		117. W35	6666	01:03:33	01:06:11
2659.	1725.		Fey, Piet		85. M60	2578	01:03:34	01:06:28
2660.	1726.		Ebert, Tim	Energie in Bewegung	147. M45	2208	01:03:35	01:11:19
2661.		935.	Mosel, Julia		173. W30	7483	01:03:35	01:11:46
2662.	1727.		Heider, Tim		248. M35	3962	01:03:35	01:09:23
2663.	1728.		Moor, Frank		148. M45	7467	01:03:35	01:09:24
2664.		936.	Becker, Zelda		335. W	566	01:03:36	01:11:25
2665.		937.	Friedrichs, Finja		24. WJ U18	2806	01:03:36	01:07:41
2666.		938.	Pede, Martina		118. W35	8158	01:03:36	01:11:44
2667.		939.	Bürger, Sarah		336. W	11529	01:03:37	01:10:13
2668.		940.	Schütte, Hanna		174. W30	10071	01:03:37	01:07:41
2669.		941.	Tietze, Nina		337. W	11380	01:03:37	01:07:41
2670.	1729.		Schulz, Alexander		249. M35	10126	01:03:37	01:07:59
2671.	1730.		Meier, Samuel		197. M40	7139	01:03:37	01:08:41
2672.		942.	Schlüter, Mirja		338. W	9699	01:03:38	01:07:07
2673.	1731.		Abegg, Christoph		86. M60	23	01:03:38	01:07:37
2674.		943.	Püstow, Sabrina		99. W40	8615	01:03:38	01:08:19
2675.		944.	Ivens, Glenna		339. W	4619	01:03:38	01:07:07
2676.	1732.		Müller-Heise, Kai		120. M50	7571	01:03:38	01:09:14
2677.		945.	Schwarze, Heidi		41. W50	10276	01:03:39	01:08:58
2678.	1733.		Fraller, Thomas	TKMS	128. M55	2735	01:03:39	01:08:19
2679.	1734.		Jonasson, Finn		360. M	4898	01:03:39	01:10:50
2680.	1735.		Ankermann, Tobias	LaSaHaRa	87. M60	213	01:03:39	01:06:03
2681.		946.	Tastl, Julia		75. W45	11157	01:03:40	01:10:41
2682.	1736.		Zimmermann, Jonas		250. M35	12664	01:03:40	01:05:43
2683.	1737.		Strigl, Sascha		121. M50	10992	01:03:40	01:07:45
2684.		947.	Schramm, Carolin	PwC Kiel	175. W30	9951	01:03:40	01:07:05
2685.		948.	Avemarg, Milla		25. WJ U18	313	01:03:40	01:11:00
2686.	1738.		Haß, Malte	PwC Kiel	251. M35	3879	01:03:40	01:07:05
2687.	1739.		Arp, Markus		198. M40	274	01:03:40	01:06:04
2688.	1740.		Nielsen, Jakob	Bloody Morons Running Club	252. M35	2901	01:03:40	01:05:43
2689.	1741.		Janssen, Derk	Energie in Bewegung	253. M35	4747	01:03:41	01:11:25
2690.		949.	Hossner, Ines		100. W40	4476	01:03:41	01:07:31
2691.	1742.		Brendel, Kai		122. M50	1273	01:03:41	01:03:41
2692.	1743.		Freyruth, Jan Henrik	SV Langwedel	254. M35	2783	01:03:41	01:07:24
2693.	1744.		Svirsky, Alexander		262. M30	11098	01:03:42	01:03:42
2694.	1745.		Ilardia Lorentzen, Rafael		88. M60	4581	01:03:42	01:09:38
2695.	1746.		Leffler, Rene	GKN Kiel	199. M40	6349	01:03:42	01:07:33
2696.		950.	Matsumoto, Mai		42. W50	9088	01:03:42	01:09:44
2697.	1747.		Kohnert, Arvid		263. M30	5650	01:03:43	01:09:36
2698.	1748.		Matsumoto, Katsumi		129. M55	10084	01:03:43	01:09:46
2699.		951.	Bergner, Nina		43. W50	723	01:03:44	01:05:46
2700.		952.	Wiegert, Ina		40. W55	12213	01:03:44	01:08:30
2701.		953.	Hinrichsen, Anja		44. W50	4249	01:03:44	01:09:25
2702.	1749.		Felske, Frank		149. M45	2554	01:03:44	01:10:39
2703.	1750.		Waller, Jan		200. M40	11913	01:03:44	01:08:12
2704.		954.	Glaubitz, Nadine		340. W	3104	01:03:44	01:08:45
2705.		955.	Frach, Maike	Postfelder SV	45. W50	2730	01:03:45	01:06:46
2706.	1751.		Hamkens, Michi	SV Felm	201. M40	3699	01:03:45	01:10:39
2707.	1752.		Malinowsky, Levi		94. MJ U18	6888	01:03:45	01:09:52
2708.		956.	Palkowski, Franziska		119. W35	8051	01:03:46	01:07:53
2709.		957.	Majcheczack, Göntje		120. W35	6864	01:03:46	01:06:10
2710.		958.	Meyer, Merit		176. W30	7266	01:03:46	01:06:10
2711.	1753.		Fojcik, Sebastian Jerzy		150. M45	2712	01:03:46	01:03:46
2712.		959.	Modes, Annemarie		121. W35	7365	01:03:46	01:09:04
2713.	1754.		Brües, Holger		255. M35	1364	01:03:47	01:07:42
2714.		960.	Lindner, Lydia	Hase und Igel	46. W50	6557	01:03:47	01:06:38
2715.		961.	Brües, Lynn		177. W30	1365	01:03:47	01:07:42
2716.		962.	Moormann, Marianne		76. W45	7469	01:03:47	01:06:42
2717.	1755.		Baron, Florian		361. M	429	01:03:48	01:11:43
2718.		963.	Balthes, Carla		341. W	395	01:03:50	01:06:15
2719.	1756.		Johannsen, Lucas		256. M35	4875	01:03:50	01:06:16
2720.	1757.		Seiling, Paul	GKN Kiel	362. M	10367	01:03:51	01:08:56
2721.		964.	Ostermeier, Insa	IB.SH Runners	342. W	7988	01:03:51	01:11:26
2722.	1758.		Reichardt, Andreas	LTV Kiel-Ost	130. M55	8867	01:03:52	01:10:14
2723.		965.	Wölck, Laura	LAC Kronshagen	343. W	12392	01:03:52	01:12:37
2724.		966.	Mikus, Tessa		344. W	7326	01:03:53	01:03:53
2725.		967.	Posern, Conny		77. W45	8518	01:03:53	01:08:46
2726.		968.	Schiller, Sinje		41. W55	9655	01:03:53	01:10:02
2727.	1759.		Krämer, Ulrich	Krämer	42. M65	5769	01:03:54	01:09:09
2728.		969.	Krämer, Maike		13. W60	5766	01:03:54	01:09:10

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2729.	1760.		Redöhl, Michell	IB.SH Runners	257. M35	8821	01:03:56	01:09:15
2730.	1761.		Schmidt, Jonathan David		264. M30	9749	01:03:56	01:08:40
2731.	1762.		Rahn, Bjarne		363. M	8711	01:03:56	01:10:06
2732.		970.	Hasselmann, Ann-Christin		122. W35	3886	01:03:56	01:09:38
2733.		971.	Suhr, Hanna		345. W	11082	01:03:56	01:08:05
2734.		972.	Mund, Sanne		78. W45	7603	01:03:57	01:08:09
2735.		973.	Tilk, Marie		346. W	11383	01:03:57	01:03:57
2736.		974.	Elementaler, Stella		347. W	2331	01:03:57	01:11:01
2737.	1763.		Elementaler, Michael		89. M60	2330	01:03:58	01:11:01
2738.	1764.		Jahnke, Andy	Darula	202. M40	4701	01:03:58	01:09:31
2739.		975.	Brixle, Monique		79. W45	1322	01:03:58	01:04:07
2740.		976.	Lahann, Bente	BSG Schleswig-Holstein Netz	101. W40	1474	01:03:59	01:08:17
2741.		977.	Bünning, Isabell		348. W	1459	01:03:59	01:10:48
2742.		978.	Mielke, Jessika	Kaltenhofer Running Ladys	47. W50	7314	01:03:59	01:06:29
2743.	1765.		Dogar, Yakup		123. M50	2033	01:04:00	01:09:30
2744.		979.	Malinowsky, Celina	2:14:57	349. W	6887	01:04:00	01:10:07
2745.	1766.		Gosch, Tim		364. M	3267	01:04:01	01:11:54
2746.	1767.		Richter, Michael		38. MJ U20	9007	01:04:01	01:06:49
2747.	1768.		Kraft, Alexander	MBWFK	131. M55	5772	01:04:01	01:11:31
2748.		980.	Schmalbach, Barbara		80. W45	9705	01:04:01	01:09:28
2749.	1769.		Ebel, Bennet		39. MJ U20	2196	01:04:01	01:09:52
2750.		981.	Skerhutt, Ann-Kathrin		350. W	10540	01:04:02	01:07:52
2751.		982.	Wailke, Stefanie		81. W45	11897	01:04:02	01:09:30
2752.		983.	Reuther, Tosca	DAMPSOFT GmbH	123. W35	8977	01:04:03	01:05:27
2753.		984.	Vasundharan, Vini		124. W35	11614	01:04:04	01:05:59
2754.	1770.		Neuber, Ingo		90. M60	7696	01:04:04	01:10:26
2755.		985.	Reis, Zoe Marie		23. WJ U20	8925	01:04:04	01:09:47
2756.		986.	Breternitz, Wiebke		102. W40	1287	01:04:05	01:10:12
2757.		987.	Paulsen, Jana		351. W	8133	01:04:06	01:12:50
2758.		988.	Hanschke, Nina		125. W35	5578	01:04:06	01:10:04
2759.		989.	Taute, Anneke		82. W45	11166	01:04:06	01:09:10
2760.		990.	Nagel, Pia		352. W	7646	01:04:06	01:12:51
2761.		991.	Meier, Katrin		83. W45	7132	01:04:07	01:09:11
2762.		992.	Peters, Denise	Kieler TB	178. W30	8215	01:04:09	01:06:30
2763.	1771.		Elten, Helge		124. M50	2339	01:04:09	01:10:43
2764.		993.	Malinowsky, Yvonne	2:14:57	48. W50	6889	01:04:10	01:10:18
2765.		994.	Ewert, Julia		179. W30	2442	01:04:10	01:08:08
2766.		995.	Fliether, Palmira		353. W	475	01:04:11	01:08:05
2767.		996.	Scherlach, Anna		354. W	9624	01:04:12	01:07:53
2768.		997.	Metz, Stefanie	Ohana Turtles	84. W45	7230	01:04:12	01:08:25
2769.	1772.		Remke, Marcel	d.velop runners	258. M35	8935	01:04:12	01:08:34
2770.		998.	Mallon, Sabine		49. W50	154	01:04:13	01:08:32
2771.	1773.		Kolmorgen, Daniel		259. M35	5685	01:04:13	01:05:37
2772.		999.	Kirsch, Kathrin		50. W50	5302	01:04:16	01:10:19
2773.	1774.		Beth, Martin		151. M45	777	01:04:17	01:07:56
2774.	1775.		Tesch, Sascha		203. M40	11214	01:04:17	01:06:52
2775.	1776.		Umino, Shuichi		91. M60	11551	01:04:18	01:07:25
2776.		1000.	Gradert, Laura		355. W	3286	01:04:18	01:12:12
2777.		1001.	Nevermann, Zita		356. W	7740	01:04:18	01:07:21
2778.	1777.		Lehmann, Thomas		152. M45	6367	01:04:18	01:07:24
2779.		1002.	Henke, Linnea		357. W	4084	01:04:18	01:07:21
2780.		1003.	Kollmann, Lotta		358. W	5682	01:04:19	01:11:56
2781.	1778.		Kollmann, Michael		92. M60	5683	01:04:19	01:11:56
2782.		1004.	Falke, Christina		85. W45	2470	01:04:19	01:07:25
2783.		1005.	Reimnitz, Julia	OT-Kiel	359. W	8905	01:04:20	01:08:38
2784.	1779.		von Arend, Bastian		365. M	3751	01:04:20	01:07:03
2785.		1006.	Braun, Katrien	RSS- Kiel	103. W40	1232	01:04:21	01:10:40
2786.		1007.	Ludolph, Jette	OT-Kiel	360. W	6695	01:04:21	01:08:39
2787.	1780.		Schneider, Eric		366. M	9831	01:04:21	01:08:26
2788.		1008.	Goldmann, Julie		361. W	12316	01:04:22	01:11:40
2789.	1781.		Wibrow, Marco		132. M55	12176	01:04:22	01:10:48
2790.		1009.	Furczyk, Jana		362. W	2880	01:04:23	01:12:05
2791.		1010.	Armbrecht, Juliane		363. W	248	01:04:23	01:12:05
2792.	1782.		Kuhn, Dieter		93. M60	6069	01:04:23	01:07:49
2793.	1783.		Harders, Leon	GKN Kiel	367. M	3822	01:04:24	01:09:30
2794.	1784.		Peter, Jens		125. M50	8205	01:04:25	01:08:12
2795.		1011.	Gruhn, Christina		180. W30	3466	01:04:25	01:12:16
2796.		1012.	Jackstadt, Sabrina		126. W35	4633	01:04:25	01:09:24
2797.		1013.	Wolk, Nieke		364. W	12444	01:04:25	01:10:45
2798.		1014.	Labs, Sabrina		181. W30	6161	01:04:27	01:08:38
2799.		1015.	Wulff, Sabrina		42. W55	12536	01:04:27	01:07:54
2800.	1785.		Ehlers, Nico		265. M30	2264	01:04:27	01:11:30
2801.	1786.		Pulkowski, Ulrich		133. M55	8627	01:04:27	01:07:19
2802.	1787.		Kunst, Tobias		368. M	6110	01:04:28	01:07:55
2803.		1016.	Pulkowski, Elke		43. W55	8625	01:04:28	01:07:19
2804.	1788.		Pfaff, Michael		126. M50	8330	01:04:28	01:11:14
2805.	1789.		Amirov, Thomas	Stryker	153. M45	177	01:04:28	01:05:57
2806.		1017.	Schlimm, Jantje		127. W35	9689	01:04:28	01:06:34
2807.	1790.		Stahlke, Jörn	Stryker	260. M35	10722	01:04:28	01:11:08
2808.		1018.	Schröder, Yara		365. W	10015	01:04:29	01:10:18
2809.	1791.		Petschull, Arne	Nibøl UF	134. M55	8316	01:04:31	01:08:08
2810.		1019.	Reimers, Celine		366. W	8891	01:04:32	01:04:32
2811.	1792.		Meyer-Hoffmeister, Dennis		204. M40	7276	01:04:32	01:09:47
2812.	1793.		Blümke, Jens	SV Mönkeberg	94. M60	5710	01:04:32	01:08:35
2813.		1020.	Blasel, Tamara		44. W55	901	01:04:32	01:07:01
2814.	1794.		Kubbutat, Oskar		95. MJ U18	5992	01:04:32	01:06:31
2815.		1021.	Rönnfeldt, Nina		104. W40	9126	01:04:33	01:08:38
2816.		1022.	Buchmann, Marilena	FeinLauf	128. W35	1424	01:04:33	01:09:24

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2817.	1795.		Wohlert, Jo	FeinLauf	95. M60	12404	01:04:33	01:09:24
2818.		1023.	Wulf, Sophia		367. W	12527	01:04:33	01:04:33
2819.		1024.	Baroke, Uta		105. W40	428	01:04:33	01:11:03
2820.	1796.		Quade, Malte		135. M55	8640	01:04:34	01:09:55
2821.		1025.	Floer, Luisa	e-nema	368. W	2692	01:04:34	01:09:12
2822.		1026.	Lehnhardt, Ida		369. W	6374	01:04:34	01:08:47
2823.	1797.		Knebusch, Moritz		205. M40	5456	01:04:35	01:05:58
2824.	1798.		Lürssen, Jonas		369. M	2877	01:04:35	01:12:36
2825.		1027.	Landmann, Silke		45. W55	6208	01:04:36	01:10:06
2826.		1028.	Krohn, Beke		370. W	5890	01:04:36	01:10:32
2827.		1029.	Lietz, Lena		129. W35	6519	01:04:36	01:09:48
2828.	1799.		Szuwart, Aloys	Apollo Greed	96. M60	11117	01:04:37	01:04:41
2829.	1800.		Wüchner, Patrick		154. M45	12500	01:04:37	01:11:11
2830.	1801.		Mett, Terje		370. M	7224	01:04:37	01:06:23
2831.		1030.	Schrum, Fenja		371. W	10029	01:04:38	01:06:25
2832.	1802.		Linnenbrügger, Ingo		136. M55	6571	01:04:38	01:10:04
2833.		1031.	Schrum, Femke		24. WJ U20	10028	01:04:38	01:06:25
2834.	1803.		Koll, Timo		127. M50	5680	01:04:38	01:09:42
2835.		1032.	Bessel, Rieka		372. W	775	01:04:39	01:11:43
2836.	1804.		Bessel, Noah Ben		40. MJ U20	774	01:04:39	01:11:43
2837.		1033.	Miltkau, Sarah-Jane		106. W40	7340	01:04:40	01:13:57
2838.		1034.	Iwert, Vanessa		130. W35	4625	01:04:41	01:10:38
2839.	1805.		Klein, Raimo	Dataporti	206. M40	8346	01:04:41	01:11:20
2840.		1035.	Koll, Birte		86. W45	5675	01:04:43	01:09:39
2841.		1036.	Koll, Luisa		25. WJ U20	5678	01:04:44	01:09:39
2842.	1806.		Kloth, Finus		41. MJ U20	5427	01:04:45	01:09:27
2843.		1037.	Malchow, Bianka		14. W60	6880	01:04:45	01:11:07
2844.		1038.	Jürgensen, Jonna		373. W	4938	01:04:45	01:10:19
2845.	1807.		Peters, Jonas		371. M	8222	01:04:46	01:10:25
2846.		1039.	Kuhlmann, Melanie		107. W40	6063	01:04:46	01:10:06
2847.		1040.	Müller, Susanne	Förde Sparkasse	51. W50	7558	01:04:46	01:10:07
2848.		1041.	Kay, Alina		87. W45	5150	01:04:47	01:12:31
2849.		1042.	Trawka, Conny		88. W45	11458	01:04:47	01:12:31
2850.	1808.		Ebel, Knut		128. M50	2198	01:04:48	01:10:39
2851.		1043.	Ramm, Levke		26. WJ U18	8733	01:04:48	01:11:32
2852.		1044.	Waller, Anne	Dataporti	108. W40	11912	01:04:50	01:09:16
2853.		1045.	Volz, Julia	Stammtisch	374. W	10443	01:04:50	01:09:50
2854.	1809.		Grübbel, Jonas		372. M	3452	01:04:51	01:08:26
2855.	1810.		Kloth, Stefan		137. M55	5431	01:04:51	01:09:32
2856.		1046.	Jordt, Nina		182. W30	4912	01:04:51	01:12:23
2857.		1047.	Hagemann, Ina	fördefrosch	183. W30	3630	01:04:51	01:07:59
2858.		1048.	Suxdorf, Pia		184. W30	11097	01:04:51	01:08:54
2859.	1811.		Weyand, Joost		373. M	12171	01:04:52	01:11:51
2860.	1812.		Manz, Volker		43. M65	6926	01:04:52	01:09:13
2861.		1049.	Starck, Alma		375. W	10750	01:04:52	01:11:51
2862.		1050.	Meincke, Manuela		52. W50	7154	01:04:53	01:08:20
2863.		1051.	Kohlhoff, Melanie		53. W50	5643	01:04:53	01:08:39
2864.		1052.	Kohlhoff, Emma		26. WJ U20	5642	01:04:54	01:08:39
2865.	1813.		Henningsen, Tim		374. M	4106	01:04:55	01:06:42
2866.	1814.		Meier, Werner		97. M60	7141	01:04:57	01:07:17
2867.		1053.	Rochfalski, Jule		376. W	9092	01:04:57	01:06:34
2868.		1054.	Hüpper, Karin		46. W55	4515	01:04:57	01:09:13
2869.		1055.	Leinenbach, Julia		131. W35	6388	01:04:57	01:08:08
2870.	1815.		Flint, Jannes		375. M	2690	01:04:58	01:07:13
2871.	1816.		Ha?, Sascha		155. M45	3881	01:04:58	01:07:54
2872.		1056.	Persang, Jacqueline		185. W30	8197	01:04:59	01:07:23
2873.		1057.	Schaefer, Gesa		109. W40	9517	01:05:00	01:09:43
2874.	1817.		Elsner, Marko		129. M50	2336	01:05:00	01:08:57
2875.		1058.	Roth, Marisa	LAC Kronshagen	89. W45	9267	01:05:00	01:07:40
2876.		1059.	Lücke, Nelli		377. W	6715	01:05:01	01:13:13
2877.	1818.		Löbel, Malte		138. M55	6605	01:05:01	01:11:53
2878.		1060.	Matthießen, Anja	Team Pfeffer	110. W40	7053	01:05:02	01:07:51
2879.		1061.	Jacobsen, Juno		27. WJ U18	4657	01:05:02	01:09:12
2880.	1819.		Rüppell, Peter		207. M40	9325	01:05:03	01:06:00
2881.	1820.		Book, Matthias		139. M55	1083	01:05:03	01:08:32
2882.		1062.	Lassen, Emma		378. W	6297	01:05:03	01:09:31
2883.		1063.	Hinze, Verena	KPMG Kiel	111. W40	4276	01:05:03	01:09:36
2884.	1821.		Groth, Mats		266. M30	3445	01:05:03	01:13:03
2885.		1064.	Knief, Nadja		90. W45	5467	01:05:03	01:12:45
2886.		1065.	Maletzki, Anika		54. W50	6884	01:05:03	01:12:01
2887.		1066.	Haus, Leni		112. W40	3922	01:05:04	01:09:18
2888.		1067.	Gördel, Maria		132. W35	3173	01:05:04	01:08:42
2889.		1068.	Gründer, Milena		379. W	3027	01:05:05	01:09:15
2890.	1822.		Rehse, Sebastian		140. M55	8855	01:05:05	01:08:01
2891.		1069.	Hahn, Josefine	ECH Runners	133. W35	3645	01:05:05	01:10:57
2892.		1070.	Falke, Kim Chiara		380. W	2471	01:05:06	01:09:50
2893.	1823.		Gross, Timo		130. M50	3429	01:05:06	01:10:51
2894.		1071.	Mähl, Fiona	AusbZFlaRak/ Bw	381. W	6821	01:05:07	01:09:03
2895.	1824.		Kinzel, Lennart		267. M30	5285	01:05:08	01:09:10
2896.		1072.	Lindenborn de Colmenares, Anna-Rosa		134. W35	6543	01:05:08	01:09:03
2897.		1073.	Müller, Wiebke		135. W35	7566	01:05:09	01:10:54
2898.		1074.	Otto, Camilla		382. W	8003	01:05:09	01:09:14
2899.		1075.	Fisch-Garbrecht, Juliane		15. W60	2705	01:05:10	01:05:10
2900.		1076.	Brandt, Kristin		186. W30	1199	01:05:10	01:09:14
2901.	1825.		Budde, Armin		44. M65	1433	01:05:10	01:08:25
2902.	1826.		Purrucker, Simon		42. MJ U20	8632	01:05:10	01:11:20
2903.	1827.		Ernst, Jürgen	VfL Hitzhusen	13. M70	2405	01:05:11	01:12:36
2904.		1077.	Klingel, Steffanie	ALG-VfL Bokel	55. W50	5392	01:05:11	01:09:48

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2905.		1078.	Schlauderbach, Jennifer		136. W35	9677	01:05:11	01:09:13
2906.		1079.	Gries, Monika		47. W55	3379	01:05:12	01:11:02
2907.	1828.		Riecken, Jörg	Zum Grünhof	208. M40	9025	01:05:12	01:08:07
2908.		1080.	Steffens, Frederike		187. W30	10795	01:05:12	01:11:48
2909.		1081.	Riecken, Christin	Zum Grünhof	137. W35	9024	01:05:12	01:08:06
2910.	1829.		Brune, Achim		98. M60	1390	01:05:12	01:12:58
2911.	1830.		Bolte-Richter, Matthi	ITV.SH läuft	209. M40	1063	01:05:13	01:10:24
2912.		1082.	Büssau, Kjestine	Zum Grünhof	383. W	1472	01:05:13	01:08:07
2913.		1083.	Purrucker, Clara		384. W	8631	01:05:13	01:11:23
2914.	1831.		Gutberlet, Heiko		131. M50	3541	01:05:13	01:11:48
2915.		1084.	Haase, Jutta	Zum Grünhof	48. W55	3582	01:05:13	01:08:07
2916.	1832.		Krabbenhöft, Christoph		376. M	5752	01:05:13	01:11:30
2917.		1085.	Wohlert, Kim-Alyna		138. W35	12405	01:05:13	01:08:48
2918.	1833.		Büssau, Andreas	Zum Grünhof	268. M30	1471	01:05:13	01:08:07
2919.		1086.	Hohensee, Smilla		385. W	4370	01:05:13	01:10:36
2920.		1087.	Schulz, Hannah Jule	LOTTO Schleswig-Holstein GmbH & Co. KG	386. W	10146	01:05:14	01:09:38
2921.	1834.		Büssau, Rolf	Zum Grünhof	99. M60	1473	01:05:14	01:08:09
2922.	1835.		Fey, Sebastian		156. M45	2579	01:05:14	01:09:51
2923.	1836.		Gromov, Vladislav		269. M30	3413	01:05:14	01:12:17
2924.		1088.	Machon, Elena	Erdinger Actice Team	188. W30	6805	01:05:15	01:13:27
2925.	1837.		Hohensee, Marc		141. M55	4369	01:05:15	01:10:37
2926.		1089.	Sass, Annika		387. W	7043	01:05:15	01:07:05
2927.	1838.		Dieckmann, Dennis	SV Mönkeberg	210. M40	1929	01:05:16	01:11:23
2928.		1090.	Sakimov, Leonie		388. W	9424	01:05:16	01:10:22
2929.	1839.		Marquardt, Marvin	Wilms Sicherheit	270. M30	12721	01:05:16	01:12:23
2930.	1840.		Nagel, Thomas		100. M60	7647	01:05:16	01:07:48
2931.		1091.	Delling, Frieda		389. W	1869	01:05:17	01:07:47
2932.		1092.	Hecht, Louisa	Premium Immobilien Nord	390. W	3939	01:05:17	01:10:22
2933.		1093.	Reinert, Tabea		391. W	8908	01:05:17	01:08:03
2934.	1841.		Crasemann, Nils		261. M35	1757	01:05:17	01:09:06
2935.	1842.		Lembke, Andre	Sauer Compressors	157. M45	6394	01:05:18	01:09:34
2936.	1843.		Rahn, Wolfgang	LTV Kiel-Ost	2. M75	8714	01:05:19	01:10:47
2937.		1094.	Albrecht, Sibylle		139. W35	127	01:05:19	01:08:43
2938.		1095.	Cybula, Lena		140. W35	1765	01:05:20	01:09:55
2939.	1844.		Köhler, Björn		101. M60	5540	01:05:20	01:13:47
2940.		1096.	Dose, Michaela		49. W55	2075	01:05:20	01:11:59
2941.	1845.		Rehme, Meik		132. M50	8849	01:05:20	01:09:51
2942.		1097.	Sobotta, Karla		28. WJ U18	10571	01:05:20	01:10:49
2943.	1846.		Brune, Sebastian		271. M30	1392	01:05:20	01:13:07
2944.		1098.	Grosser, Patrizia		392. W	3431	01:05:22	01:08:33
2945.	1847.		Buchwald, Lennart		272. M30	1426	01:05:22	01:08:33
2946.		1099.	Kasch, Tessa		189. W30	5119	01:05:22	01:09:45
2947.		1100.	Mumm, Cornelia		91. W45	7596	01:05:23	01:08:37
2948.	1848.		Maass, Rainer	Holtsee Runners	14. M70	6800	01:05:23	01:10:58
2949.	1849.		Ulbricht, Emil		96. MJ U18	11537	01:05:24	01:09:12
2950.	1850.		Lehmann-Matthaei, Max	LaSaHaRa	377. M	1634	01:05:24	01:08:26
2951.		1101.	Müller-Bergh, Leonore	Flotte Fersen Tegelhorn	393. W	7568	01:05:24	01:11:11
2952.		1102.	von der Beeck, Antonia		190. W30	2190	01:05:24	01:11:18
2953.		1103.	Raue, Tabea		394. W	8791	01:05:25	01:10:52
2954.	1851.		Matthießen, Peter	Team Pfeffer	45. M65	7060	01:05:25	01:08:14
2955.		1104.	Hübner, Svea		29. WJ U18	4502	01:05:25	01:10:13
2956.	1852.		Quast, Alexander		378. M	8644	01:05:25	01:05:25
2957.		1105.	Kneschke, Anja	Die Duracell-Häschen	92. W45	12840	01:05:26	01:13:49
2958.		1106.	Zwickler, Bettina		50. W55	12710	01:05:26	01:10:11
2959.		1107.	Kristensen, Kaja		191. W30	5866	01:05:27	01:07:30
2960.		1108.	Durda, Mareike	Sauer Compressors	192. W30	2174	01:05:28	01:08:56
2961.		1109.	Paulat, Kim		395. W	8121	01:05:29	01:10:42
2962.	1853.		Sobotta, Frederik Jan		158. M45	10570	01:05:29	01:11:54
2963.	1854.		Brasen, Maximilian		379. M	1208	01:05:29	01:11:47
2964.		1110.	Christoph, Lisa		193. W30	1659	01:05:30	01:10:28
2965.	1855.		Trowe, Michael	Heizungstechnik Kapusuz	102. M60	11496	01:05:30	01:08:35
2966.		1111.	Bornhöft, Anne	HSG Holstein Kiel/Kronshagen	141. W35	1117	01:05:31	01:09:32
2967.		1112.	Steding, Nia-Melina	DEKRA	194. W30	10774	01:05:32	01:11:50
2968.	1856.		Stobäus, Frank		142. M55	10887	01:05:32	01:08:01
2969.		1113.	Gerbitz, Sirke		56. W50	3013	01:05:32	01:07:21
2970.		1114.	Makareviciute-Fichtner, Kriste	PwC Kiel	142. W35	6872	01:05:33	01:07:54
2971.		1115.	Holm, Cosma		396. W	4403	01:05:34	01:10:52
2972.	1857.		Havemeister, Jens	Sparkasse Südholstein	103. M60	3925	01:05:34	01:08:11
2973.		1116.	Spickermann, Birte		113. W40	10659	01:05:35	01:12:10
2974.		1117.	Gut, Angelica		143. W35	3539	01:05:35	01:11:17
2975.		1118.	Busse, Lena		114. W40	1557	01:05:35	01:12:11
2976.		1119.	Höll, Doris		51. W55	4310	01:05:36	01:09:54
2977.		1120.	Thiede, Ida Liska		397. W	11253	01:05:37	01:08:59
2978.	1858.		Asbahr, Heiko		133. M50	280	01:05:38	01:11:27
2979.	1859.		Steinbach, Dieter	LG Donatus Erftstadt	15. M70	10811	01:05:39	01:07:52
2980.		1121.	Krause, Zoe		398. W	5821	01:05:39	01:10:17
2981.		1122.	Rudnick, Hanna		399. W	9297	01:05:39	01:10:18
2982.		1123.	Krüger, Sandra		93. W45	5923	01:05:40	01:10:24
2983.	1860.		Staufeldt, Jacob		143. M55	10766	01:05:40	01:09:34
2984.		1124.	Evers-Jungjohann, Nadine	Dataporti	94. W45	2433	01:05:41	01:09:19
2985.		1125.	Bath, Annika		144. W35	476	01:05:41	01:12:04
2986.	1861.		Rohwer, Marc	Nibøl UF	134. M50	9198	01:05:41	01:09:17
2987.		1126.	Sick, Melissa		400. W	10433	01:05:41	01:11:52
2988.		1127.	Lippert, Tanja	IB.SH Runners	52. W55	6583	01:05:42	01:10:44
2989.		1128.	Gieselmann, Britta	IB.SH Runners	57. W50	3084	01:05:43	01:10:44
2990.	1862.		Hakobyan, Emil		380. M	3661	01:05:43	01:13:29
2991.		1129.	Voelker, Joke		401. W	11661	01:05:43	01:08:06
2992.	1863.		Back, Kai		144. M55	352	01:05:43	01:13:33

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
2993.		1130.	Kummutat, Henrika		402. W	6104	01:05:44	01:08:50
2994.	1864.		Voelker, Hendrik		273. M30	11658	01:05:44	01:08:06
2995.		1131.	Back, Martina		16. W60	353	01:05:44	01:13:33
2996.		1132.	Molina Medina, Stefanie	Idemia	95. W45	7450	01:05:44	01:10:53
2997.	1865.		König, Sebastian		211. M40	5593	01:05:45	01:12:14
2998.	1866.		Ditschler, Kevin	Förde Sparkasse	262. M35	1973	01:05:45	01:10:46
2999.	1867.		Gosse, Oliver		145. M55	3269	01:05:45	01:09:41
3000.		1133.	Nagat, Inga		115. W40	7642	01:05:46	01:12:14
3001.	1868.		Jacobsen, Ralph	Landgericht Kiel	104. M60	4665	01:05:47	01:10:38
3002.	1869.		Milster, Jürgen		159. M45	7338	01:05:47	01:07:37
3003.		1134.	Petzold, Mirjam		53. W55	8319	01:05:47	01:07:37
3004.		1135.	Sharp, Chiara		403. W	5260	01:05:47	01:10:38
3005.	1870.		Jacobsen, Erik		381. M	4652	01:05:47	01:10:38
3006.		1136.	Schultz, Inga		404. W	10119	01:05:47	01:09:44
3007.		1137.	May, Kristin		145. W35	7088	01:05:47	01:08:10
3008.		1138.	Peters, Katrin	Dataporti	96. W45	8227	01:05:47	01:12:42
3009.		1139.	Francke, Conny		116. W40	2738	01:05:47	01:10:50
3010.		1140.	Hauptmann, Merle		117. W40	3903	01:05:48	01:10:50
3011.		1141.	Tiedemann, Christin		118. W40	11358	01:05:48	01:10:50
3012.	1871.		Jordan, Christian	Running Gagx	382. M	4902	01:05:48	01:10:38
3013.	1872.		Portukat, Raphael	LG Albatros Kiel	146. M55	8516	01:05:48	01:08:36
3014.	1873.		Memmer, Hasim		212. M40	7209	01:05:49	01:12:20
3015.		1142.	Harder, Sophie		195. W30	3817	01:05:49	01:09:29
3016.		1143.	Flemming, Gesine		146. W35	2683	01:05:49	01:09:36
3017.	1874.		Jakobsen, Sondre		274. M30	4714	01:05:49	01:05:49
3018.	1875.		Mädge, Michael	Süverkrüp	213. M40	12746	01:05:50	01:09:51
3019.	1876.		Brunsch, Luca		275. M30	1404	01:05:50	01:13:58
3020.	1877.		Schümann, Knut		105. M60	10055	01:05:50	01:13:01
3021.		1144.	Anders, Charlotte	Stiftung Naturschutz	405. W	183	01:05:50	01:09:17
3022.		1145.	Saß, Linnea	JoLi Laufclub	406. W	9471	01:05:50	01:09:18
3023.		1146.	Sacht, Kim Swaantje	Freiwillige Feuerwehr Manhagen	147. W35	9400	01:05:51	01:09:51
3024.		1147.	Lenk, Margo		407. W	7367	01:05:51	01:14:08
3025.		1148.	Kemper, Denise		97. W45	5188	01:05:51	01:14:50
3026.	1878.		Meigel, Martin		263. M35	7148	01:05:52	01:11:08
3027.		1149.	Bremer, Emma		27. WJ U20	1264	01:05:53	01:11:27
3028.		1150.	Bergmann, Marie		148. W35	8722	01:05:53	01:11:24
3029.	1879.		Günther, Patrick	Team mimimi	264. M35	3511	01:05:54	01:10:27
3030.	1880.		Basedow, Martin	KPMG Kiel	214. M40	459	01:05:54	01:10:29
3031.		1151.	Kanopka, Diana		58. W50	5073	01:05:55	01:09:28
3032.	1881.		Soller, Claas	PwC Kiel	276. M30	10594	01:05:55	01:08:27
3033.	1882.		Kindt, Norbert	Hospiz Kieler Förde	147. M55	5279	01:05:55	01:11:31
3034.	1883.		Bartholomé, Franz	Gemeinsam gegen Krebs	383. M	452	01:05:55	01:12:21
3035.		1152.	Carow, Britta	Team Schnatzmann	119. W40	1592	01:05:55	01:12:36
3036.		1153.	Bürger, Susann		98. W45	1461	01:05:56	01:12:42
3037.		1154.	Ruge, Hübke	IM-Team	196. W30	9338	01:05:57	01:12:47
3038.		1155.	Fengler, Katja		54. W55	2560	01:05:58	01:12:14
3039.		1156.	Dankowski, Sabine		59. W50	1815	01:05:58	01:10:45
3040.	1884.		Grohmann, Reinhard		3. M75	3410	01:05:59	01:12:13
3041.		1157.	Norden, Beata		99. W45	7851	01:05:59	01:11:36
3042.	1885.		Risch, Michael		106. M60	9069	01:05:59	01:11:38
3043.		1158.	Beckmann, Marie	SV Felm	149. W35	575	01:05:59	01:10:40
3044.		1159.	Hinz, Nele		408. W	4270	01:06:00	01:06:00
3045.		1160.	Sell, Lillie		409. W	10382	01:06:00	01:06:00
3046.	1886.		Reich-Dultz, Wolfgang Jacob	LG Albatros Kiel	160. M45	8866	01:06:00	01:06:00
3047.		1161.	Richter, Kirsten		55. W55	8998	01:06:00	01:13:30
3048.		1162.	Diercks, Isabel	GEOMAR	197. W30	1940	01:06:01	01:10:25
3049.		1163.	Obermann, Lena		150. W35	7883	01:06:02	01:08:30
3050.		1164.	Schildhauer, Clara		198. W30	9651	01:06:02	01:11:15
3051.	1887.		Carstensen, Sönke		277. M30	1613	01:06:02	01:09:57
3052.	1888.		Fix, Oliver	Fix und fertig	161. M45	2674	01:06:03	01:12:04
3053.		1165.	Schöning, Dagmar		3. W65	9894	01:06:03	01:07:54
3054.		1166.	Prinz, Giuliana		199. W30	8580	01:06:03	01:08:34
3055.		1167.	Thomsen, Viola		410. W	11325	01:06:03	01:10:50
3056.		1168.	Kreß, Vinja		200. W30	5838	01:06:04	01:08:34
3057.	1889.		Jasper, Malte	d.velop runners	265. M35	4772	01:06:04	01:10:24
3058.		1169.	Hell, Aline Sophie		411. W	4045	01:06:04	01:09:36
3059.	1890.		Liebmann, Marc		148. M55	6490	01:06:04	01:10:50
3060.	1891.		Kobs, Christopher		384. M	5506	01:06:04	01:09:36
3061.	1892.		Hartung, Michael		135. M50	3853	01:06:04	01:08:16
3062.		1170.	Bahr, Charlize		412. W	2803	01:06:04	01:07:03
3063.	1893.		Dittner, Steffen		136. M50	1980	01:06:04	01:06:04
3064.		1171.	Bieder, Lina		413. W	819	01:06:05	01:13:54
3065.		1172.	Rönnau, Sonja		100. W45	9124	01:06:06	01:09:29
3066.	1894.		Trawka, Fynn		43. MJ U20	11459	01:06:06	01:08:21
3067.	1895.		Wedel, Marvin		385. M	5994	01:06:06	01:07:41
3068.		1173.	Nehrmann, Christina		201. W30	12821	01:06:07	01:13:56
3069.		1174.	Jessen, Bonnie		202. W30	4827	01:06:07	01:09:57
3070.		1175.	Seiler, Christina	ERDINGER Active TEAM	203. W30	10364	01:06:07	01:13:57
3071.		1176.	Deigmüller, Anneke		414. W	1858	01:06:08	01:14:02
3072.		1177.	Buschendorf, Friederike		204. W30	1550	01:06:08	01:08:33
3073.		1178.	Jensen, Svenja		56. W55	4806	01:06:08	01:11:59
3074.		1179.	Beckmann, Lea		415. W	574	01:06:09	01:11:47
3075.		1180.	Beth, Nora		120. W40	778	01:06:10	01:11:51
3076.	1896.		Sonnenschein, Jan		266. M35	10621	01:06:11	01:12:18
3077.	1897.		Reinert, Christoph	KRAFT Runners Kiel	278. M30	2506	01:06:12	01:10:14
3078.	1898.		Glaubit, Sven		149. M55	3105	01:06:13	01:11:13
3079.	1899.		Feiler, Voldemars		267. M35	2526	01:06:13	01:12:19
3080.	1900.		Schuh, Torsten		150. M55	10086	01:06:13	01:13:42

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3081.	1901.		Lamp-Greve, Hannes		97. MJ U18	6201	01:06:13	01:08:28
3082.		1181.	Ahrens, Beatrice		416. W	91	01:06:13	01:14:05
3083.	1902.		Kelling, Domenick		279. M30	5174	01:06:13	01:07:22
3084.		1182.	Röschmann, Ellen	ALG-VfL Bokel	101. W45	9131	01:06:14	01:10:50
3085.		1183.	Gramann, Jonna	Wassersportvereinigung Büdelsdorf	30. WJ U18	3326	01:06:14	01:13:52
3086.	1903.		Gramann, Christian	Wassersportvereinigung Büdelsdorf	162. M45	3325	01:06:14	01:13:51
3087.		1184.	Staudt, Katrin		60. W50	10765	01:06:14	01:13:45
3088.		1185.	Schulz, Sabrina Celine		417. W	10170	01:06:15	01:10:38
3089.		1186.	Schmolle, Celina		418. W	9809	01:06:15	01:14:04
3090.	1904.		Scheunemann, Martin	Ingenieurteam Trebes	107. M60	9633	01:06:15	01:10:12
3091.	1905.		Schümann, Niklas		386. M	10058	01:06:15	01:10:39
3092.		1187.	Haack, Romi		121. W40	3559	01:06:15	01:14:04
3093.	1906.		Kjobstad, Martin		215. M40	5317	01:06:15	01:07:34
3094.		1188.	Henning, Heike	Stiftung Naturschutz	4. W65	4091	01:06:16	01:10:22
3095.		1189.	Krüger, Astrid		57. W55	5903	01:06:16	01:11:06
3096.	1907.		Schulze, Steffen		280. M30	10192	01:06:19	01:06:19
3097.	1908.		Feldmann, Jakob		44. MJ U20	2544	01:06:19	01:07:58
3098.	1909.		Schulz, Christian		281. M30	10134	01:06:20	01:10:27
3099.		1190.	Zenker, Julia		419. W	12618	01:06:20	01:13:21
3100.		1191.	Koch, Merle		205. W30	5521	01:06:20	01:10:27
3101.		1192.	Johannsen, Birte		61. W50	4867	01:06:21	01:09:38
3102.		1193.	Kramm, Anna		420. W	5788	01:06:21	01:09:09
3103.		1194.	Oetken, Anke		17. W60	7912	01:06:21	01:12:20
3104.		1195.	Wudtke, Lina		421. W	12499	01:06:21	01:11:26
3105.	1910.		Göhlich, Henry		216. M40	3162	01:06:22	01:10:28
3106.		1196.	Cavalli, Marta		206. W30	1619	01:06:22	01:10:28
3107.		1197.	Mund, Cathrin		122. W40	7599	01:06:23	01:09:15
3108.	1911.		Hennings, Thorsten	Running Friends	151. M55	4101	01:06:23	01:09:38
3109.	1912.		Schnitzler, Frank		152. M55	9863	01:06:23	01:09:54
3110.		1198.	Warmbold-Ophey, Katharina	Max-Planck-Schule Kiel	123. W40	11946	01:06:23	01:11:07
3111.	1913.		Schaefer, Olav		163. M45	9524	01:06:24	01:12:45
3112.	1914.		Ophey, Levi	Max-Planck-Schule Kiel	98. MJ U18	7966	01:06:24	01:11:07
3113.		1199.	Fix, Vanessa	Fix und fertig	102. W45	2675	01:06:24	01:12:25
3114.	1915.		Ganzer, Jannik		387. M	8799	01:06:24	01:12:24
3115.	1916.		Rohwer, Luca		282. M30	9197	01:06:25	01:12:43
3116.	1917.		Ziebell, Gerald		164. M45	12633	01:06:25	01:13:41
3117.	1918.		Balster, Janek		388. M	394	01:06:26	01:09:59
3118.	1919.		Hesselbarth, Carsten		153. M55	4175	01:06:27	01:07:30
3119.		1200.	Hinrichs, Marlene		422. W	4246	01:06:27	01:10:00
3120.	1920.		Laschinsky, Jan	DEKRA	217. M40	6287	01:06:27	01:07:28
3121.		1201.	Fritz, Anja		62. W50	2828	01:06:28	01:15:03
3122.		1202.	Heuchmer, Vivian	Stryker	207. W30	4178	01:06:28	01:12:54
3123.	1921.		Benecke, Rouven		283. M30	675	01:06:28	01:13:20
3124.	1922.		Unbach, Andreas		154. M55	11554	01:06:28	01:13:20
3125.		1203.	Shakir, Afnan		423. W	10421	01:06:29	01:11:53
3126.	1923.		Zimmermann, Michael		108. M60	12669	01:06:29	01:12:03
3127.	1924.		Gümmer, Nils		218. M40	3498	01:06:30	01:09:11
3128.	1925.		Hansen, Andy	PwC Kiel	268. M35	3729	01:06:30	01:09:55
3129.	1926.		Trawka, Sören		165. M45	11460	01:06:31	01:14:02
3130.	1927.		Hild, Marcel		137. M50	4212	01:06:31	01:13:58
3131.		1204.	Friedel, Nina		208. W30	2798	01:06:32	01:11:35
3132.		1205.	Blöbaum, Leonie		424. W	932	01:06:32	01:09:57
3133.	1928.		Krönke, Daniel	Dataporti	109. M60	5884	01:06:33	01:09:29
3134.		1206.	Block, Friederike Sophie		425. W	929	01:06:33	01:12:06
3135.	1929.		Lachenmann, Christoph		389. M	6167	01:06:33	01:12:36
3136.		1207.	Abraham, Promthong		63. W50	34	01:06:33	01:11:10
3137.	1930.		Hartmann, Luca		390. M	796	01:06:33	01:10:25
3138.	1931.		Nickel, Jonas		391. M	7751	01:06:34	01:12:44
3139.		1208.	Heegard, Jule		426. W	3950	01:06:34	01:10:26
3140.		1209.	Griesbach, Lena		124. W40	3381	01:06:35	01:12:54
3141.		1210.	Wulf, Jennifer		209. W30	12519	01:06:35	01:12:44
3142.	1932.		Stefanski, Maciej		392. M	10785	01:06:37	01:13:46
3143.	1933.		Pötsch, Christian		269. M35	8470	01:06:37	01:13:44
3144.		1211.	Paolella, Gudrun		64. W50	8073	01:06:37	01:11:44
3145.	1934.		Claßen, Jon		284. M30	1673	01:06:39	01:11:24
3146.		1212.	Zunker, Anastasia	Süße Schnecken	151. W35	12701	01:06:39	01:13:53
3147.	1935.		Borm, Volker		110. M60	1115	01:06:40	01:12:23
3148.		1213.	Fiebig, Jule		427. W	2589	01:06:40	01:11:26
3149.		1214.	Schau, Jennifer		152. W35	9573	01:06:41	01:10:35
3150.	1936.		Rückert, Max		393. M	9313	01:06:42	01:14:33
3151.		1215.	Ulbrich, Liv	Team Osteopathie Werner	28. WJ U20	11535	01:06:42	01:08:04
3152.	1937.		Sauer, Leon Gabriel		394. M	7292	01:06:42	01:11:48
3153.		1216.	Teigeler, Alena	Apotheke Altenholz	428. W	11196	01:06:43	01:11:28
3154.		1217.	Linneweber, Maike	IB.SH Runners	58. W55	6572	01:06:43	01:11:39
3155.	1938.		Alvin Makmur, Antonius		395. M	168	01:06:47	01:09:01
3156.		1218.	Hüser, Janina		210. W30	4519	01:06:47	01:11:12
3157.		1219.	Geurinck, Alexandra		153. W35	3061	01:06:48	01:12:09
3158.	1939.		Stieben, Wadim		219. M40	10878	01:06:48	01:14:08
3159.	1940.		Pascoletti, Mirco		220. M40	8098	01:06:49	01:13:00
3160.		1220.	Malenica, Milka	WTSH	154. W35	6997	01:06:49	01:12:46
3161.		1221.	Lee, Yoo-Jung		429. W	6345	01:06:50	01:13:51
3162.	1941.		Keller, Niklas	Warte, ich muss binden!	396. M	5172	01:06:50	01:13:54
3163.		1222.	Meyer, Julia Charlotte Sophie	Warte, ich muss binden!	430. W	7256	01:06:51	01:13:54
3164.	1942.		Becker, Benjamin	PORT OF KIEL	221. M40	538	01:06:51	01:13:21
3165.	1943.		Stuhr, Dominik		397. M	11048	01:06:51	01:08:29
3166.	1944.		Pohland, Ben		398. M	8484	01:06:53	01:10:25
3167.		1223.	Spyropoulos, Lara		155. W35	10692	01:06:54	01:13:13
3168.		1224.	Janssen-Gorontzy, Heike		5. W65	4754	01:06:54	01:13:27

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3169.	1945.		Molsberger, Christoph		46. M65	7454	01:06:55	01:15:19
3170.	1946.		von der Weppen, Marc		399. M	11759	01:06:55	01:14:05
3171.	1947.		Unhjem, Vegard		270. M35	11556	01:06:55	01:09:05
3172.	1948.		Ehlers, Frank		111. M60	2259	01:06:57	01:10:04
3173.	1949.		Jender, Fabian		271. M35	4782	01:06:57	01:12:54
3174.		1225.	Wulf, Patricia		18. W60	12526	01:06:57	01:10:10
3175.	1950.		Richter, Willi		285. M30	9014	01:06:58	01:11:12
3176.	1951.		Feldt, Sören		286. M30	2548	01:06:58	01:10:42
3177.		1226.	Traulsen, Saskia		156. W35	11453	01:06:58	01:10:45
3178.	1952.		Ziegenbein, Thomas		166. M45	12634	01:06:58	01:13:41
3179.		1227.	Gaedke, Sinja		125. W40	2896	01:06:59	01:14:23
3180.		1228.	Geldmacher, Christin		211. W30	2994	01:06:59	01:14:28
3181.	1953.		Schenzle, Markus		272. M35	9618	01:06:59	01:09:43
3182.		1229.	Depiereux, Kerstin		65. W50	1885	01:07:00	01:11:15
3183.	1954.		Richter, Andreas		155. M55	8987	01:07:01	01:09:20
3184.	1955.		Kock, Malte		167. M45	5532	01:07:01	01:12:45
3185.	1956.		Netrup, Alexander		287. M30	7695	01:07:02	01:09:30
3186.		1230.	Lüdicke, Michaela		59. W55	6723	01:07:02	01:12:29
3187.		1231.	Ilfrich, Ina		66. W50	4582	01:07:02	01:09:50
3188.		1232.	Arendes, Mareike	GALENpharma	157. W35	243	01:07:03	01:09:52
3189.	1957.		Inbar, Amos		400. M	4592	01:07:03	01:13:46
3190.		1233.	Broneske, Carlotta		431. W	1351	01:07:03	01:13:46
3191.	1958.		Mayer, Felix	USC Kiel	401. M	7091	01:07:03	01:16:04
3192.		1234.	Homfeldt, Ferja		212. W30	9405	01:07:04	01:14:52
3193.		1235.	Gräfin Kerssenbroc, Dagmar		6. W65	3297	01:07:04	01:11:21
3194.	1959.		Liedtke, Paul		273. M35	6501	01:07:04	01:10:47
3195.		1236.	Liedtke, Lia		158. W35	6498	01:07:05	01:10:47
3196.	1960.		Heyden, Knut	Hasselteich	112. M60	4196	01:07:06	01:08:53
3197.		1237.	Rück, Lisa		213. W30	9306	01:07:07	01:14:32
3198.		1238.	Sulima, Alicja		159. W35	11087	01:07:07	01:14:31
3199.	1961.		Maart, Hauke	LG Albatros	16. M70	6788	01:07:07	01:12:39
3200.		1239.	Papenstein, Pia Florentine		432. W	8081	01:07:09	01:13:05
3201.	1962.		Bergmann, Thomas		138. M50	721	01:07:09	01:13:48
3202.		1240.	Piehl, Julia		433. W	8373	01:07:10	01:07:10
3203.		1241.	Harms, Rebekka		434. W	3833	01:07:11	01:14:06
3204.	1963.		Schu, Oliver		139. M50	10032	01:07:11	01:10:46
3205.		1242.	Kiel, Pia		435. W	5256	01:07:11	01:12:57
3206.		1243.	Het, Jennifer	Tempo Turtles	436. W	5560	01:07:11	01:10:09
3207.		1244.	Schädlich, Bente		437. W	9512	01:07:11	01:12:58
3208.		1245.	Sannmann, Mareike		438. W	9462	01:07:11	01:10:11
3209.		1246.	Tachulke, Anna		439. W	11126	01:07:12	01:14:49
3210.		1247.	Grunwald, Hanna		440. W	3480	01:07:12	01:14:49
3211.		1248.	Locht, Carina		214. W30	6600	01:07:12	01:12:51
3212.		1249.	Datschun, Kira		160. W35	1825	01:07:12	01:14:59
3213.		1250.	Möller, Tina	FördeFlitzer	67. W50	7419	01:07:13	01:10:32
3214.	1964.		Neumann, Lauritz		288. M30	7717	01:07:13	01:12:50
3215.		1251.	Schmidt, Sheila		161. W35	9778	01:07:14	01:15:06
3216.	1965.		Schulz, Leonel	Cheered on by Lord Henry	99. MJ U18	10157	01:07:14	01:15:13
3217.		1252.	Bondarenko, Anastasia		126. W40	1070	01:07:15	01:13:13
3218.	1966.		Hajra, Arben		168. M45	3657	01:07:15	01:08:38
3219.	1967.		Vasiliadis, Alexander		169. M45	11613	01:07:16	01:13:46
3220.	1968.		Möller, Robin		274. M35	7412	01:07:16	01:13:46
3221.		1253.	Gesell, Deike	Dino Running Club	441. W	3054	01:07:16	01:08:19
3222.		1254.	Bachmann, Tina		162. W35	350	01:07:17	01:11:40
3223.		1255.	Lucks, Marleen		215. W30	6693	01:07:18	01:15:05
3224.		1256.	Schürhoff-Goeters, Gesine		442. W	10061	01:07:20	01:10:52
3225.		1257.	Seifert, Maj Brit Anke		216. W30	10354	01:07:20	01:10:52
3226.		1258.	Manthey, Carolin		127. W40	6922	01:07:20	01:11:15
3227.	1969.		Jährig, Tim		289. M30	4678	01:07:21	01:10:52
3228.		1259.	Zeidler, Marisa		443. W	12610	01:07:21	01:10:58
3229.	1970.		Kann, Lauritz	Die Herzensläufer und die Glücksfee	402. M	5065	01:07:21	01:12:59
3230.	1971.		Wernowski, Jesko	Dataporti	290. M30	12135	01:07:22	01:07:22
3231.		1260.	Neumann, Lena		163. W35	7718	01:07:22	01:12:44
3232.	1972.		Stegelmann, Holger		113. M60	10799	01:07:22	01:15:08
3233.		1261.	Hamer, Mailin	Die Herzensläufer und die Glücksfee	444. W	3695	01:07:22	01:12:59
3234.		1262.	Weimann, Beate	LOTTO Schleswig-Holstein GmbH & Co. KG	60. W55	12043	01:07:22	01:11:52
3235.		1263.	Windeler, Maria		61. W55	12303	01:07:22	01:13:34
3236.		1264.	Asani, Floriana		217. W30	1650	01:07:23	01:16:11
3237.		1265.	Piehl, Lea-Maria		445. W	8374	01:07:23	01:10:28
3238.		1266.	Isamukhamedova, Niginabonu		446. W	4609	01:07:24	01:14:45
3239.	1973.		Horn, Oscar	Premium Immobilien Nord	403. M	4456	01:07:24	01:14:11
3240.		1267.	Grannemann, Melina		447. W	3332	01:07:24	01:14:45
3241.	1974.		Pürwitz, Markus		156. M55	8610	01:07:25	01:09:31
3242.		1268.	Schwarz, Maike		62. W55	10264	01:07:25	01:12:01
3243.		1269.	Baumann, Kira		448. W	502	01:07:25	01:12:39
3244.	1975.		Wernowski, Jannes		404. M	12134	01:07:25	01:12:39
3245.	1976.		Fritz, Carsten	LOTTO Schleswig-Holstein GmbH & Co. KG	275. M35	2829	01:07:26	01:11:52
3246.	1977.		Hilmer, Kay	Running Clan	276. M35	4231	01:07:26	01:12:40
3247.		1270.	Reinhart, Anna	Flitzende Flinta*s	449. W	8910	01:07:27	01:11:40
3248.	1978.		Courvoisier, Nils	SEM-Kiel	140. M50	1748	01:07:27	01:13:03
3249.		1271.	Tegelhütter, Lynn		450. W	11177	01:07:27	01:15:08
3250.	1979.		Johansson, Niklas		405. M	4887	01:07:27	01:07:27
3251.	1980.		Busch, Karsten	RR ATV Ditmarsia	114. M60	1541	01:07:28	01:12:38
3252.		1272.	Mahlen, Inke		128. W40	6842	01:07:28	01:10:31
3253.		1273.	Sebelin, Daniela		103. W45	10318	01:07:29	01:13:40
3254.	1981.		Wulff, Andreas		141. M50	12528	01:07:29	01:13:04
3255.	1982.		Keil, Rainer	LC Michelstadt	47. M65	5163	01:07:30	01:13:40
3256.		1274.	Krutzki, Lina		451. W	5987	01:07:34	01:15:03

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3257.		1275.	Cassier-Singh, Friederike		129. W40	1618	01:07:34	01:11:57
3258.	1983.		Hartert, Thomas		277. M35	3842	01:07:34	01:14:03
3259.		1276.	Malek, Irene		130. W40	6882	01:07:35	01:12:11
3260.		1277.	Kaffl-Brauckmann, Lise	Meerläuferinnen	63. W55	5009	01:07:35	01:11:45
3261.		1278.	Melo Bruss, Juliana	Kampf gegen den Krebs, UKSH	218. W30	7179	01:07:37	01:16:13
3262.		1279.	Frank, Sophie		219. W30	2747	01:07:37	01:10:30
3263.		1280.	Kruse, Doremarie		7. W65	5958	01:07:37	01:13:45
3264.	1984.		Delfs, Marcel	Stiftung Kieler Sporthilfe	278. M35	12773	01:07:37	01:16:16
3265.		1281.	Preiß, Kathrin	MEKUN	104. W45	8542	01:07:38	01:10:17
3266.		1282.	Spaeter, Pia-Marie		220. W30	10637	01:07:39	01:07:39
3267.	1985.		Wollweber, Kai		48. M65	12456	01:07:39	01:13:53
3268.		1283.	Bergmann, Carlotta		452. W	712	01:07:39	01:11:41
3269.		1284.	Hüttemeyer, Jella		31. WJ U18	4524	01:07:40	01:16:08
3270.		1285.	König, Theresa		164. W35	5594	01:07:40	01:13:16
3271.	1986.		Wessel, Morten		291. M30	2156	01:07:41	01:14:21
3272.		1286.	Köhler, Katja		68. W50	5544	01:07:42	01:11:10
3273.	1987.		Bastian, Daniel		292. M30	469	01:07:43	01:15:28
3274.		1287.	Kalinowski, Ina		131. W40	5034	01:07:43	01:11:28
3275.		1288.	Kreitschmann, Katharina		221. W30	5834	01:07:44	01:10:51
3276.	1988.		Buurma, Nico		170. M45	1567	01:07:44	01:13:30
3277.		1289.	Döbler, Eileen		222. W30	1990	01:07:45	01:14:36
3278.		1290.	Montag, Frida		453. W	7464	01:07:45	01:07:45
3279.		1291.	Glindemann, Milena		454. W	3111	01:07:45	01:13:29
3280.	1989.		Faber, Krister		222. M40	2454	01:07:45	01:11:59
3281.		1292.	Otto, Gyde	WEISSLEDER EWER	69. W50	8004	01:07:45	01:14:17
3282.	1990.		Gallasch, Christian	Dataporti	223. M40	2915	01:07:46	01:16:01
3283.		1293.	Labus, Annina		455. W	6166	01:07:47	01:10:12
3284.	1991.		Peters, Markus		142. M50	8234	01:07:47	01:15:19
3285.		1294.	Franke, Bergith	Hannover Runners	2. W70	2752	01:07:47	01:14:03
3286.		1295.	Schlüter, Xenia		19. W60	9700	01:07:47	01:15:04
3287.	1992.		Meyer, Alexander		279. M35	3793	01:07:48	01:16:02
3288.		1296.	Eisenhardt, Saskia		165. W35	2307	01:07:49	01:14:26
3289.	1993.		Lenz, Robert		49. M65	6425	01:07:49	01:13:35
3290.		1297.	Martensen-Kerl, Christel		20. W60	6982	01:07:49	01:13:52
3291.		1298.	Schnell, Barbara		64. W55	9858	01:07:50	01:11:02
3292.	1994.		Rehder, Tobias		293. M30	8841	01:07:50	01:14:20
3293.		1299.	Spitzer, Lea		456. W	10674	01:07:51	01:16:07
3294.	1995.		Rehm, Erik		294. M30	8845	01:07:52	01:10:54
3295.		1300.	Schomaker, Maren	Premium Immobilien Nord	65. W55	9924	01:07:52	01:12:59
3296.		1301.	Mehlhardt, Viviane		223. W30	7118	01:07:52	01:10:54
3297.		1302.	Klimm, Julia		66. W55	5382	01:07:52	01:15:15
3298.		1303.	Schormann, Agnes		132. W40	9937	01:07:53	01:14:07
3299.		1304.	Zabiiaka, Yuliia	Fördepuls	457. W	12579	01:07:53	01:11:36
3300.	1996.		Reders, León	Fördepuls	406. M	8813	01:07:54	01:11:37
3301.		1305.	Buchloh, Triinu		70. W50	12603	01:07:55	01:11:47
3302.		1306.	Krause-Falk, Andrea		21. W60	5822	01:07:55	01:11:12
3303.		1307.	Goldbeck, Greta		32. WJ U18	10332	01:07:56	01:12:49
3304.	1997.		Möller, Sven T.		171. M45	7417	01:07:58	01:14:51
3305.		1308.	Weiß, Anna-Milena		224. W30	12067	01:07:58	01:12:55
3306.		1309.	Ehlers, Swantje		458. W	2267	01:07:58	01:16:13
3307.		1310.	Schomaker, Nike	Premium Immobilien Nord	459. W	9925	01:07:59	01:13:04
3308.		1311.	Köpke, Lotte		29. WJ U20	5605	01:08:00	01:14:03
3309.	1998.		Müller, Franz-Josef		143. M50	7516	01:08:00	01:16:35
3310.	1999.		Wade, Tjorben		407. M	11869	01:08:00	01:13:00
3311.		1312.	Lietzow, Stephanie	1. Kieler Roll- und Eissportverein	225. W30	6520	01:08:00	01:15:49
3312.		1313.	van Solt, Ann-Kathrin		226. W30	11607	01:08:01	01:15:49
3313.	2000.		Witkowski, Gregor	Team MaWi	172. M45	12345	01:08:02	01:14:06
3314.	2001.		Hopp, Patrick	Fördepuls	280. M35	4440	01:08:03	01:12:04
3315.	2002.		Klempert, Janik	GKN Kiel	408. M	5375	01:08:04	01:13:12
3316.	2003.		Jaeschke, Ole		281. M35	4686	01:08:04	01:13:14
3317.	2004.		Rathjen, Heiko		144. M50	8772	01:08:04	01:11:08
3318.		1314.	Bosse, Henriette		460. W	1139	01:08:04	01:12:18
3319.		1315.	Hilbert, Kimberly		461. W	4209	01:08:05	01:12:18
3320.		1316.	Ronke, Jenna		462. W	9210	01:08:06	01:11:54
3321.	2005.		Boock, Lucas		295. M30	1078	01:08:06	01:15:47
3322.		1317.	Kayser, Friederike	The Real Runners	463. W	5154	01:08:07	01:13:40
3323.	2006.		Burmeister, Georg		409. M	1521	01:08:08	01:14:21
3324.		1318.	Koch, Lydia		227. W30	5519	01:08:09	01:14:56
3325.		1319.	Schulz, Christina		71. W50	10135	01:08:09	01:14:12
3326.		1320.	Schönrock, Fayola	Hot Heels	464. W	9900	01:08:09	01:16:40
3327.		1321.	Pieper, Maja		33. WJ U18	8381	01:08:09	01:14:13
3328.		1322.	Valivaj, Kristina		465. W	2658	01:08:10	01:16:40
3329.	2007.		Pahl, Heiner	TSV Breiholz	17. M70	8045	01:08:10	01:12:31
3330.		1323.	Haltenhof, Sophie		166. W35	3671	01:08:10	01:13:59
3331.		1324.	Engwicht, Emilia		466. W	2382	01:08:11	01:15:47
3332.		1325.	Tschey, Nele		467. W	11503	01:08:11	01:15:47
3333.	2008.		Köppel, Manuel		282. M35	5608	01:08:11	01:15:16
3334.		1326.	Bergweiler, Lena		167. W35	724	01:08:12	01:14:44
3335.		1327.	Dammann, Antonia		468. W	1805	01:08:12	01:12:17
3336.	2009.		Kuhn, David		410. M	9227	01:08:12	01:14:56
3337.		1328.	Knehans, Kathrin		133. W40	5458	01:08:12	01:13:23
3338.		1329.	Gollan, Nina		134. W40	3237	01:08:13	01:14:09
3339.	2010.		Gollan, Gereon		224. M40	3235	01:08:13	01:14:09
3340.		1330.	Stöckel, Christiane		168. W35	10908	01:08:13	01:13:15
3341.		1331.	Roß, Katharina		228. W30	9242	01:08:14	01:14:57
3342.		1332.	Wiedecke, Diana		169. W35	12204	01:08:14	01:13:39
3343.	2011.		Burmester, Stephan	GKN Kiel	145. M50	1528	01:08:15	01:13:24
3344.		1333.	Fengler, Frederike	Hot Heels	229. W30	2559	01:08:15	01:14:30

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3345.	2012.		Ameskamp, Henning		100. MJ U18	173	01:08:15	01:15:50
3346.		1334.	Müller, Marion		230. W30	7542	01:08:15	01:12:34
3347.		1335.	Döring, Ida		170. W35	3607	01:08:15	01:15:21
3348.	2013.		Meerkamp, Paul		296. M30	7112	01:08:16	01:15:04
3349.		1336.	Hartnack, Lana		469. W	10916	01:08:16	01:15:21
3350.		1337.	Simanski, Vera		470. W	10509	01:08:16	01:12:04
3351.		1338.	Husfeld, Constanze	Förde Sparkasse	22. W60	4556	01:08:16	01:11:33
3352.	2014.		Cornils, Mathias	K-Unit	225. M40	1744	01:08:17	01:16:57
3353.		1339.	Fischer, Friederike	LOTTO Schleswig-Holstein GmbH & Co. KG	135. W40	2632	01:08:17	01:12:48
3354.		1340.	Weber, Petra		105. W45	11972	01:08:18	01:16:33
3355.		1341.	Sauer, Laura	SV Langwedel	231. W30	9486	01:08:20	01:13:10
3356.		1342.	Dreher, Christine		232. W30	2089	01:08:22	01:08:22
3357.		1343.	Kannenbergh, Tanja		233. W30	5067	01:08:23	01:11:57
3358.	2015.		Petersen, Benjamin		226. M40	8253	01:08:23	01:13:43
3359.	2016.		Rathay, Mathias		115. M60	8765	01:08:23	01:11:07
3360.	2017.		Görge, Volker		50. M65	3176	01:08:23	01:15:17
3361.		1344.	Effe, Maria		106. W45	2234	01:08:25	01:13:36
3362.		1345.	Solterbeck, Lisa Marie		471. W	10597	01:08:25	01:11:08
3363.		1346.	Ingenerf, Paula	GALENpharma	472. W	4594	01:08:26	01:11:14
3364.	2018.		Preißler, Tim		146. M50	8548	01:08:26	01:13:21
3365.	2019.		Hebbeln, Hans-Otto		51. M65	3933	01:08:27	01:13:21
3366.	2020.		Dröge, Marcus		297. M30	2113	01:08:27	01:12:58
3367.		1347.	Schulz, Nadine		473. W	10167	01:08:27	01:14:42
3368.		1348.	Weißborn, Tori		474. W	11699	01:08:27	01:14:23
3369.	2021.		Eder, Linus		101. MJ U18	2225	01:08:28	01:09:20
3370.		1349.	Ströh, Hellen		107. W45	10996	01:08:28	01:15:44
3371.		1350.	Hoffmann, Kristin		136. W40	4340	01:08:29	01:13:38
3372.	2022.		Dietrich, John		298. M30	1948	01:08:30	01:15:33
3373.		1351.	Ketelsen, Luisa	Premium Immobilien Nord	475. W	5232	01:08:31	01:13:38
3374.	2023.		Müller, Markus		227. M40	7543	01:08:32	01:15:26
3375.		1352.	Pritschow, Nele		476. W	8590	01:08:32	01:16:20
3376.		1353.	Zimmermann, Silke		23. W60	12672	01:08:33	01:14:17
3377.		1354.	Muhs, Sabine	Förde Sparkasse	24. W60	7594	01:08:33	01:12:12
3378.		1355.	Haas, Celina		477. W	3575	01:08:33	01:13:24
3379.		1356.	Conradt, Christina		137. W40	1729	01:08:34	01:14:33
3380.		1357.	Jargstorf, Talia		478. W	4765	01:08:34	01:13:31
3381.		1358.	Hübner, Martina		72. W50	4497	01:08:35	01:13:32
3382.		1359.	Zimmermann, Andrea		67. W55	12659	01:08:35	01:14:20
3383.	2024.		Krüger, Kevin		283. M35	5912	01:08:36	01:16:19
3384.		1360.	Stroni, Sofia		30. WJ U20	11007	01:08:37	01:15:35
3385.		1361.	Rudnicki, Linn	Solvaes Runner	108. W45	9299	01:08:37	01:15:30
3386.		1362.	Jordan de Witzki, Valerie		109. W45	4905	01:08:37	01:16:06
3387.	2025.		Raschke, Manuel	Humboldt-Schule Kiel	228. M40	8752	01:08:38	01:14:12
3388.		1363.	Bunzel, Eva		138. W40	1504	01:08:38	01:12:11
3389.		1364.	Sierau, Elena		171. W35	10480	01:08:38	01:16:26
3390.	2026.		Mertens, Max		299. M30	7214	01:08:39	01:16:18
3391.		1365.	Rössner, Hanna		234. W30	9140	01:08:39	01:15:42
3392.	2027.		Westhöfer, Gunther	Wilferth & Westhöfer Versicherungsmakler	116. M60	12144	01:08:40	01:12:34
3393.		1366.	Claasen, Christine		172. W35	1666	01:08:40	01:12:11
3394.		1367.	Rürup, Isa		479. W	9327	01:08:41	01:16:08
3395.	2028.		Pöschl, Nils		411. M	8469	01:08:41	01:16:55
3396.	2029.		Herzigkeit, Benjamin		284. M35	4160	01:08:42	01:13:53
3397.	2030.		Geilenkirchen, Hendrik		412. M	2357	01:08:42	01:10:34
3398.	2031.		Bönigk, Sebastian		229. M40	1002	01:08:43	01:15:27
3399.		1368.	Jesußek, Lene		34. WJ U18	11023	01:08:44	01:14:05
3400.		1369.	Kuhn, Beate	Tri Team Tüttendorf	25. W60	6067	01:08:45	01:12:11
3401.	2032.		Jesußek, Moritz		230. M40	10503	01:08:45	01:14:05
3402.	2033.		Theede, Mathias	Freundschaftsfreunde	231. M40	11238	01:08:45	01:13:47
3403.	2034.		Finn, Max Leon	GeFa	102. MJ U18	2616	01:08:45	01:17:15
3404.		1370.	Tetens, Verena		173. W35	11220	01:08:45	01:15:54
3405.		1371.	Floro, Danvee	Lemmy	73. W50	2697	01:08:46	01:16:32
3406.		1372.	Menning, Jaane		480. W	7191	01:08:46	01:17:02
3407.	2035.		Buchwald, Joost		45. MJ U20	1425	01:08:46	01:17:16
3408.	2036.		Müller, Jens-Uwe		52. M65	7527	01:08:46	01:14:59
3409.		1373.	Andersen, Bodil		3. W70	185	01:08:46	01:10:52
3410.	2037.		Matthiesen, Hendrik		413. M	7046	01:08:47	01:10:21
3411.		1374.	Halleman, Laura		235. W30	3667	01:08:48	01:13:22
3412.		1375.	Gräfer, Helen		481. W	3296	01:08:48	01:12:55
3413.		1376.	Meyer, Johanna	Gebeco	236. W30	7255	01:08:50	01:13:13
3414.		1377.	Zühlke, Alma		482. W	12695	01:08:50	01:13:02
3415.		1378.	Mieth, Carina		237. W30	7315	01:08:51	01:14:06
3416.		1379.	Dellin, Samira		35. WJ U18	2965	01:08:51	01:14:12
3417.	2038.		Eisenhauer, Kaj Antal		414. M	2309	01:08:52	01:13:57
3418.	2039.		Slipukhov, Danylo		415. M	10551	01:08:53	01:14:44
3419.		1380.	Ackermann, Ute	CITTI / CHEFS CULINAR / HMS	74. W50	48	01:08:53	01:16:41
3420.		1381.	Heußel, Karla		36. WJ U18	4192	01:08:54	01:14:47
3421.	2040.		Hohbein, Stephan	MBWFK	232. M40	4367	01:08:54	01:12:22
3422.	2041.		Schneider, Bennet	Sportprofil-Gymkro-Kiki	103. MJ U18	9827	01:08:54	01:14:02
3423.		1382.	Ohlsen, Katrin	Meerläuferinnen	68. W55	7935	01:08:54	01:13:05
3424.	2042.		Strunk, Mats		416. M	11016	01:08:55	01:15:07
3425.	2043.		Moschner, Matti	Sportprofil-Gymkro-Kiki	104. MJ U18	7482	01:08:55	01:14:02
3426.		1383.	Ludwig, Caja		483. W	6697	01:08:56	01:13:16
3427.	2044.		Gleim, Martin		4. M75	3108	01:08:56	01:15:14
3428.	2045.		Lehfeldt, Mathias		117. M60	6353	01:08:56	01:13:37
3429.	2046.		Gloth, Malte		300. M30	3121	01:08:57	01:15:52
3430.		1384.	Martinez, Delfina		238. W30	6991	01:08:57	01:10:50
3431.		1385.	Baasch, Ayleen		239. W30	327	01:08:57	01:15:52
3432.		1386.	Bustorf, Ana-Lena		240. W30	1562	01:08:59	01:15:36

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3433.		1387.	Hülsen, Dana		484. W	4509	01:09:00	01:15:36
3434.		1388.	Roos, Christin-Anabell		110. W45	12762	01:09:00	01:12:09
3435.		1389.	Rohloff, Gesa		174. W35	9171	01:09:01	01:12:34
3436.		1390.	Liedtke, Julia		139. W40	6497	01:09:02	01:14:18
3437.		1391.	Breede, Sabiene		75. W50	1253	01:09:02	01:13:55
3438.		1392.	Goldbeck, Inga		76. W50	3222	01:09:02	01:13:55
3439.		1393.	Rzepka, Hanne		31. WJ U20	9387	01:09:02	01:14:31
3440.	2047.		Lilienthal, Marco		173. M45	6522	01:09:02	01:16:55
3441.		1394.	Hinrichsen, Finja		241. W30	4250	01:09:03	01:13:31
3442.		1395.	Nicklaus, Carla		485. W	7757	01:09:03	01:14:37
3443.	2048.		Kremin, Basti		233. M40	5836	01:09:04	01:14:52
3444.		1396.	Böttcher, Marlene		242. W30	1018	01:09:04	01:17:03
3445.		1397.	Tuinman, Alexandra		77. W50	11514	01:09:04	01:14:16
3446.		1398.	Werner, Ann-Kristin		175. W35	12123	01:09:04	01:13:56
3447.		1399.	Bertling, Sabine		26. W60	753	01:09:05	01:15:43
3448.		1400.	Gross, Elena		486. W	3423	01:09:05	01:16:30
3449.		1401.	Frehse, Victoria	Fielmann AG	487. W	2771	01:09:06	01:15:06
3450.		1402.	Wittfooth, Lea Sophie		488. W	12359	01:09:09	01:15:09
3451.		1403.	Siegeler, Jessica		176. W35	10453	01:09:09	01:15:02
3452.		1404.	Engel, Emily	Fielmann AG	489. W	2354	01:09:10	01:15:11
3453.	2049.		Fächner-Posor, Michael		157. M55	2461	01:09:11	01:14:10
3454.		1405.	Fudickar, Kathrin		490. W	2862	01:09:11	01:14:43
3455.		1406.	Linde, Anna		243. W30	6530	01:09:11	01:12:02
3456.		1407.	Stüber-Dohle, Hannah		177. W35	11036	01:09:11	01:11:23
3457.		1408.	Wieczorek, Emma		491. W	12199	01:09:11	01:14:02
3458.		1409.	Möller, Kim-Christin		140. W40	7398	01:09:12	01:15:39
3459.		1410.	Callsen, Jette		492. W	12756	01:09:13	01:16:14
3460.		1411.	Noack, Stine		493. W	12757	01:09:14	01:16:14
3461.		1412.	Brauer, Merle		244. W30	1220	01:09:14	01:13:39
3462.	2050.		von Rönn, Axel		118. M60	11797	01:09:14	01:16:14
3463.		1413.	Bauer, Finja		178. W35	484	01:09:15	01:18:01
3464.	2051.		Gutsche, Phil		301. M30	3548	01:09:15	01:13:21
3465.		1414.	Thrun, Anna		245. W30	11345	01:09:15	01:13:21
3466.		1415.	Bellingrath, Julia		141. W40	651	01:09:15	01:17:43
3467.	2052.		Christophersen, Kai		147. M50	11415	01:09:16	01:15:34
3468.		1416.	Brexendorf, Dara		179. W35	1302	01:09:16	01:12:26
3469.		1417.	Schäfer, Lisa		246. W30	5775	01:09:16	01:14:10
3470.	2053.		Kneschke, Jan	Die Duracell-Häschen	174. M45	5465	01:09:17	01:17:41
3471.	2054.		Burkhardt, Michael		285. M35	1518	01:09:18	01:16:03
3472.	2055.		Bläse, Vincent		302. M30	893	01:09:18	01:16:03
3473.		1418.	Winter, Lea		494. W	12327	01:09:19	01:11:28
3474.		1419.	Jarstorff, Johanna		495. W	4769	01:09:19	01:16:33
3475.		1420.	Peters, Lena		247. W30	8229	01:09:19	01:16:32
3476.		1421.	Schwarz, Claudia		78. W50	10255	01:09:20	01:14:48
3477.		1422.	Wilkens, Mira	e-nema	248. W30	12268	01:09:21	01:10:19
3478.		1423.	Staal, Bettina	Kieferorthopäden in der Holtenerau	79. W50	10700	01:09:22	01:16:25
3479.		1424.	Schümann, Lea		249. W30	10056	01:09:23	01:17:38
3480.		1425.	Wild, Antje		69. W55	12256	01:09:23	01:12:38
3481.		1426.	Arndt, Josephine		250. W30	252	01:09:24	01:13:21
3482.		1427.	Schmidt, Maike		496. W	9764	01:09:24	01:13:02
3483.	2056.		Viedt, Friedrich	Stiftung Naturschutz	286. M35	11641	01:09:25	01:12:52
3484.		1428.	Genoux, Eva		497. W	3007	01:09:25	01:13:10
3485.		1429.	Fülling, Merle		498. W	11056	01:09:25	01:16:59
3486.		1430.	Kruse, Romina		180. W35	5977	01:09:25	01:15:07
3487.		1431.	Wegner, Lisa		499. W	12010	01:09:25	01:16:58
3488.		1432.	Tietgen, Kerstin	Kieler Nachrichten	181. W35	11370	01:09:26	01:13:00
3489.	2057.		Benkwitz, Michael	PowerBank	158. M55	683	01:09:26	01:15:15
3490.	2058.		Kornus, Michael		148. M50	3113	01:09:26	01:15:15
3491.	2059.		Schröder, Björn		287. M35	9971	01:09:27	01:15:13
3492.		1433.	Peppe, Lena		182. W35	8188	01:09:27	01:14:41
3493.		1434.	Eilsberger, Maike		500. W	2299	01:09:27	01:18:09
3494.		1435.	Tietjens, Sandy		111. W45	11377	01:09:28	01:15:35
3495.	2060.		Conrad, Kolja		303. M30	1722	01:09:28	01:16:17
3496.	2061.		Hintze, Marc	3 Eier am Wandern	288. M35	4261	01:09:28	01:16:12
3497.	2062.		Mohr, Joachim		53. M65	7438	01:09:28	01:15:51
3498.		1436.	Genatowski, Lina		501. W	3000	01:09:29	01:12:14
3499.		1437.	Schwarz, Amelie		502. W	10251	01:09:29	01:14:58
3500.		1438.	Stoffel, Céline	ETL HOLSTEIN Steuerberatungsgesellschaft	142. W40	10918	01:09:29	01:15:18
3501.		1439.	Czwordon, Julia		112. W45	1778	01:09:30	01:13:42
3502.	2063.		Sehne, Fynn		417. M	10339	01:09:31	01:16:31
3503.		1440.	Enzian, Franziska		113. W45	2385	01:09:31	01:14:54
3504.	2064.		Throe, Björn		234. M40	11340	01:09:32	01:15:00
3505.	2065.		Gözlet, Sedat	GEOMAR	289. M35	3207	01:09:32	01:18:17
3506.	2066.		von Criegern, Felix		175. M45	11751	01:09:33	01:10:58
3507.	2067.		Bieler, Torsten	Die Duracell-Häschen	149. M50	833	01:09:34	01:13:50
3508.		1441.	Hoffmann, Lili		503. W	4342	01:09:34	01:15:00
3509.	2068.		Heimbürger, Timm		290. M35	3977	01:09:35	01:17:43
3510.		1442.	Stehle, Johanna		504. W	10805	01:09:37	01:13:57
3511.		1443.	Stehle, Christiane		27. W60	5668	01:09:37	01:13:56
3512.	2069.		Prohn, Kevin	Solvares Runner	304. M30	8596	01:09:37	01:16:53
3513.		1444.	Richter, Bernadette	Fördepuls	80. W50	9899	01:09:37	01:12:06
3514.	2070.		Petermann, Luca		418. M	8208	01:09:39	01:15:05
3515.		1445.	Seidel, Sylja		183. W35	10346	01:09:39	01:16:02
3516.		1446.	Neumann, Lone		37. WJ U18	7722	01:09:40	01:10:41
3517.		1447.	Gerdes, Alexandra		143. W40	3015	01:09:40	01:12:30
3518.		1448.	Biermann, Laura		251. W30	845	01:09:41	01:17:44
3519.	2071.		Shaghaghi Zadeh, Arian		419. M	10420	01:09:42	01:15:50
3520.		1449.	Jonas, Marlene		505. W	4897	01:09:42	01:14:58

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3521.	2072.		Gericke, Thore		305. M30	3024	01:09:42	01:09:42
3522.		1450.	Winter, Henrike		506. W	12326	01:09:43	01:16:31
3523.		1451.	Rohwer, Maren		81. W50	9199	01:09:43	01:16:30
3524.	2073.		Dürrbaum, Clemens		420. M	2150	01:09:43	01:15:59
3525.		1452.	Meyborn, Imke		252. W30	7244	01:09:44	01:17:48
3526.		1453.	Wauter, Lisa		184. W35	11959	01:09:44	01:17:47
3527.		1454.	Hecke, Lea Sophie		253. W30	3942	01:09:44	01:17:48
3528.		1455.	Dempewolf, Dana		507. W	1740	01:09:44	01:09:44
3529.		1456.	Peters, Helen	Lilli-Nielsen-Schule	254. W30	8218	01:09:45	01:17:53
3530.	2074.		Ward, Najeeb		421. M	11942	01:09:46	01:18:09
3531.		1457.	Fischer, Julia		508. W	2639	01:09:46	01:14:56
3532.		1458.	Thurrow, Maja		509. W	11350	01:09:46	01:14:56
3533.		1459.	Bock, Susanne		70. W55	964	01:09:46	01:15:40
3534.	2075.		Held, Lukas		306. M30	6878	01:09:46	01:18:10
3535.		1460.	Wolpers, Kirsten	Sportprofil-Gymkro-Kiki	82. W50	12457	01:09:48	01:16:05
3536.	2076.		Dürrbaum, Roland		119. M60	2151	01:09:48	01:15:59
3537.		1461.	Erdmann, Michelle		510. W	2394	01:09:49	01:15:06
3538.	2077.		Thiel, René	Thielers	150. M50	11261	01:09:49	01:18:00
3539.		1462.	Thiel, Anja	Thielers	71. W55	11256	01:09:49	01:18:01
3540.		1463.	Frank, Laura		185. W35	2746	01:09:49	01:09:49
3541.		1464.	Adam, Meike		255. W30	55	01:09:50	01:13:09
3542.		1465.	Karstens, Johanna		83. W50	5112	01:09:50	01:13:20
3543.		1466.	Himota, Ester Ndemuhafela		511. W	4239	01:09:51	01:15:59
3544.		1467.	Alsen, Gesine		72. W55	156	01:09:51	01:13:20
3545.	2078.		Borchert, Jens		159. M55	1094	01:09:51	01:14:36
3546.	2079.		Schütt, Lars		151. M50	10068	01:09:51	01:12:33
3547.		1468.	Stange, Britta		84. W50	8903	01:09:51	01:13:20
3548.		1469.	Geldschläger, Helen		256. W30	2996	01:09:51	01:17:36
3549.		1470.	Nordheim, Laura Sophie		512. W	7856	01:09:51	01:14:04
3550.		1471.	Tesch, Joelina		513. W	11211	01:09:52	01:12:25
3551.		1472.	Dittmann, Finnja		514. W	1978	01:09:52	01:14:04
3552.		1473.	Halbwidl, Katrin		114. W45	3662	01:09:52	01:17:08
3553.		1474.	Jensen, Beke		515. W	4788	01:09:53	01:16:55
3554.		1475.	Sperber-Conrads, Micaela	Debeka Versicherungen und Bausparen	73. W55	10655	01:09:54	01:14:41
3555.		1476.	Sperber, Anneke	Debeka Versicherungen und Bausparen	85. W50	10654	01:09:54	01:14:41
3556.		1477.	Stinn, Britta	LG 295	115. W45	10885	01:09:55	01:16:36
3557.		1478.	von Elm, Maya	Sauer Compressors	516. W	11762	01:09:55	01:13:18
3558.		1479.	Brinckmeier, Nicole	LG 295	86. W50	1314	01:09:55	01:16:36
3559.		1480.	Schlag, Janne		257. W30	9674	01:09:57	01:12:11
3560.		1481.	Biedermann, Lena	MTV Dänischenhagen	258. W30	823	01:09:57	01:16:52
3561.		1482.	Bühler, Joana	MTV Dänischenhagen	259. W30	1448	01:09:58	01:16:52
3562.		1483.	Worbes, Esther		74. W55	12473	01:10:00	01:13:33
3563.		1484.	Von Houwald, Meike		87. W50	11775	01:10:00	01:13:13
3564.	2080.		Dettmann, Antonia	Fördepuls	422. M	1910	01:10:01	01:13:56
3565.		1485.	Rischbieter, Britta		88. W50	9070	01:10:01	01:18:43
3566.		1486.	Hansen, Marie	Dataporti	186. W35	8307	01:10:01	01:17:06
3567.	2081.		Geurink, Jörg		160. M55	3063	01:10:03	01:15:29
3568.	2082.		Tschuschke, Hubert	Stadtwerke Kiel	120. M60	11505	01:10:05	01:17:02
3569.		1487.	Kixmüller, Dorte		116. W45	5314	01:10:05	01:13:53
3570.		1488.	Stevens, Katharina	Kampf gegen den Krebs, UKSH	28. W60	10871	01:10:06	01:14:55
3571.		1489.	Conradt, Carolin		187. W35	1728	01:10:06	01:15:39
3572.		1490.	Lobocki, Lea		517. W	7997	01:10:07	01:16:06
3573.		1491.	Neumann, Uta		89. W50	7734	01:10:07	01:15:01
3574.		1492.	Oldenburg, Stina		518. W	7949	01:10:07	01:14:03
3575.		1493.	Anderson, Lena		519. W	190	01:10:11	01:16:34
3576.		1494.	Ahlert, Celin	Marty McFlyers	188. W35	79	01:10:11	01:14:18
3577.	2083.		Krohn, Hans-Jürgen		18. M70	5891	01:10:11	01:15:01
3578.	2084.		Wensierski, Alexandros		176. M45	12115	01:10:14	01:17:24
3579.		1495.	Hagensen, Lisa-Marie		520. W	3635	01:10:16	01:18:45
3580.		1496.	Sitko, Sonja		90. W50	10536	01:10:16	01:15:02
3581.	2085.		Sänger, Benjamin		235. M40	9408	01:10:17	01:16:05
3582.	2086.		Lorenzen, Sven		291. M35	6669	01:10:17	01:18:51
3583.		1497.	Wenige, Swetlana	Anschütz Pathfinder	91. W50	12110	01:10:18	01:17:30
3584.		1498.	Breuer, Silke		117. W45	1298	01:10:19	01:18:23
3585.	2087.		Palme, Derek	SV Mönkeberg	152. M50	8054	01:10:19	01:11:48
3586.	2088.		Marxsen, Sven		121. M60	7005	01:10:19	01:17:55
3587.		1499.	Ehlers, Sina		521. W	2265	01:10:20	01:14:35
3588.		1500.	Behr, Nele		522. W	620	01:10:20	01:15:12
3589.		1501.	Schubert, Runa	SieMatic läuft	523. W	12578	01:10:20	01:17:55
3590.		1502.	Wiebelhaus, Andrea		8. W65	12192	01:10:20	01:16:35
3591.		1503.	Fenger, Martha	Kieferorthopäden in der Holtener	524. W	2558	01:10:20	01:15:57
3592.		1504.	vom Stein, Lucy		525. W	11736	01:10:21	01:18:40
3593.		1505.	Paulat, Jil Luisa		526. W	8120	01:10:22	01:15:35
3594.		1506.	Leopold, Neele		527. W	6431	01:10:22	01:16:04
3595.		1507.	Pfeil, Neele		118. W45	8343	01:10:23	01:17:38
3596.	2089.		Burmeister, Michael		54. M65	1522	01:10:24	01:16:47
3597.		1508.	Dalisda, Nele		38. WJ U18	1795	01:10:24	01:16:20
3598.	2090.		Hansen, Holger		161. M55	3744	01:10:24	01:19:09
3599.		1509.	Gahr, Imke	Die Quizbrötchen	144. W40	2902	01:10:24	01:17:40
3600.		1510.	Poschmann, Sabrina		528. W	8517	01:10:24	01:17:59
3601.		1511.	Lassen, Julia		529. W	6300	01:10:26	01:16:53
3602.	2091.		Bohnhof, Dennis		236. M40	1036	01:10:26	01:15:58
3603.		1512.	Köhler, Nina		530. W	5552	01:10:26	01:16:52
3604.		1513.	Becker, Chiara		531. W	539	01:10:26	01:16:53
3605.		1514.	Trutschel, Ina		9. W65	11502	01:10:27	01:17:00
3606.	2092.		Wienroth, Heiko		122. M60	12223	01:10:28	01:14:34
3607.		1515.	Wohlstein, Lisann		532. W	12408	01:10:29	01:15:15
3608.		1516.	Falkenhahn, Lucy		533. W	2473	01:10:29	01:14:21

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3609.		1517.	Neuschulz, Heidrun	Holtseer Runners	75. W55	7738	01:10:29	01:14:13
3610.		1518.	Roeschmann, Katica	Holtsee Runners	76. W55	9132	01:10:29	01:14:13
3611.		1519.	Sahling, Svenja	PwC Kiel	534. W	9417	01:10:29	01:14:15
3612.		1520.	Funke, Fiona		535. W	2878	01:10:30	01:19:01
3613.		1521.	Post, Cathleen		536. W	8519	01:10:31	01:10:31
3614.		1522.	Gaedke, Lenja		39. WJ U18	2895	01:10:31	01:17:54
3615.		1523.	Blau-Bermes, Annalena		537. W	905	01:10:33	01:13:43
3616.		1524.	Sassen, Mareike		538. W	9476	01:10:33	01:13:54
3617.	2093.		Richter, Jens		177. M45	8997	01:10:33	01:12:07
3618.	2094.		Pohl, Torsten		123. M60	8481	01:10:34	01:16:05
3619.		1525.	Thiele, Stella	MTV Dänischenhagen	539. W	11265	01:10:36	01:17:32
3620.		1526.	Böhme, Karola		4. W70	987	01:10:36	01:13:49
3621.	2095.		Schmidt, Richard		46. MJ U20	9775	01:10:37	01:12:54
3622.	2096.		Olbrich, Leif		178. M45	7945	01:10:37	01:15:48
3623.	2097.		Jöhnck, Alex		292. M35	4854	01:10:38	01:19:07
3624.		1527.	Bode, Thea		540. W	971	01:10:38	01:14:09
3625.		1528.	Woywod, Sandra	Fielmann AG	77. W55	12482	01:10:38	01:14:55
3626.	2098.		Belitz, Devin		47. MJ U20	649	01:10:39	01:18:02
3627.		1529.	Knapp, Ulrike		29. W60	5451	01:10:40	01:17:01
3628.		1530.	Fast, Ellen		189. W35	2490	01:10:40	01:15:51
3629.		1531.	Burkert, Julia		260. W30	1517	01:10:41	01:13:31
3630.		1532.	Schüring, Andrea		10. W65	10062	01:10:43	01:12:43
3631.		1533.	Kelling, Bettina		190. W35	5173	01:10:44	01:15:16
3632.		1534.	Fenger, Lisa-Maria	Kieferorthopäden in der Holtenuer	191. W35	2557	01:10:44	01:14:39
3633.	2099.		Thormählen, Lasse		307. M30	11338	01:10:44	01:17:33
3634.		1535.	Green, Elke		92. W50	3348	01:10:45	01:15:12
3635.		1536.	Tatzki, Jana	PwC Kiel	541. W	11159	01:10:45	01:17:33
3636.		1537.	Tietze, Martina		30. W60	11379	01:10:47	01:13:10
3637.		1538.	Kaatz, Hannah		542. W	4984	01:10:48	01:18:21
3638.		1539.	Kaatz, Lena		261. W30	4986	01:10:48	01:18:21
3639.	2100.		Singaporewala, Karl		237. M40	10531	01:10:48	01:17:48
3640.		1540.	Lassen, Anja		31. W60	6295	01:10:48	01:15:33
3641.	2101.		Dohrendorf, Oliver		153. M50	2038	01:10:49	01:16:29
3642.	2102.		Schlesselmann, Heiner		423. M	9684	01:10:49	01:15:02
3643.		1541.	Mattig, Marie		543. W	7066	01:10:49	01:15:02
3644.		1542.	Groß, Katja		93. W50	3425	01:10:50	01:16:30
3645.		1543.	Schäfer, Marina		544. W	9523	01:10:50	01:17:37
3646.	2103.		Munstermann, Mathias		238. M40	7614	01:10:51	01:15:18
3647.		1544.	Petersen, Marit		545. W	8288	01:10:52	01:18:57
3648.		1545.	Pank, Katharina		192. W35	8059	01:10:52	01:14:29
3649.	2104.		Härtel, Jonte		424. M	3621	01:10:52	01:18:48
3650.		1546.	Deema, Jantima	PwC Kiel	262. W30	1851	01:10:53	01:10:53
3651.		1547.	Diener, Jeannine		119. W45	955	01:10:54	01:17:13
3652.		1548.	Ulrich, Merle		193. W35	11546	01:10:55	01:17:52
3653.		1549.	Marxen, Alina		194. W35	6998	01:10:55	01:17:52
3654.		1550.	Gehricke, Katja		78. W55	2975	01:10:56	01:18:52
3655.	2105.		Fritzsche, Henrik		308. M30	2838	01:10:57	01:17:24
3656.		1551.	Effe, Hannah		546. W	2233	01:10:59	01:16:11
3657.		1552.	Leier, Annastassia		547. W	6906	01:10:59	01:14:08
3658.	2106.		Lunow, Till		425. M	6770	01:11:00	01:16:04
3659.	2107.		Singh, Jasvir		19. M70	10529	01:11:00	01:16:23
3660.		1553.	Scheffler, Frida		40. WJ U18	9594	01:11:01	01:16:33
3661.		1554.	Leder, Margret		79. W55	6341	01:11:02	01:19:08
3662.		1555.	Lenz, Sabine		11. W65	6426	01:11:02	01:16:31
3663.	2108.		Zillmer, Jan		309. M30	12650	01:11:03	01:19:12
3664.	2109.		Gronau, Rene	Pappeclown	154. M50	3414	01:11:03	01:18:06
3665.	2110.		Obrikat, Thomas		55. M65	7888	01:11:03	01:14:15
3666.	2111.		Strecker, Axel	Läuft bei GCN	162. M55	10969	01:11:04	01:14:30
3667.		1556.	Köster, Mona		145. W40	5627	01:11:05	01:15:27
3668.		1557.	Mommensen, Lotte		548. W	7456	01:11:05	01:16:40
3669.	2112.		Samuelson, Peer		426. M	9448	01:11:05	01:17:46
3670.		1558.	Fabain, Clara		549. W	2451	01:11:06	01:17:39
3671.	2113.		El-Samalouti, Volker		163. M55	2322	01:11:06	01:17:58
3672.	2114.		Heine, Burkhard		5. M75	3982	01:11:07	01:17:16
3673.	2115.		Thoms, Stefan	USC Kiel	124. M60	11301	01:11:07	01:17:59
3674.	2116.		Glau, Lukas		310. M30	3102	01:11:08	01:17:56
3675.	2117.		Fischer, Peter		56. M65	2654	01:11:09	01:19:56
3676.		1559.	Schneider, Wiebke	die tapferen Schneiderleins	146. W40	9856	01:11:09	01:17:41
3677.		1560.	Timm, Jara	Stiftung Naturschutz	550. W	11384	01:11:09	01:18:11
3678.		1561.	Möller, Emily		551. W	7389	01:11:10	01:18:11
3679.		1562.	Bunzel, Nina	IB.SH Runners	552. W	1505	01:11:10	01:19:26
3680.		1563.	Domnick, Janne Meret		553. W	2055	01:11:12	01:18:31
3681.	2118.		Fröhlich, Oliver		20. M70	2846	01:11:12	01:19:04
3682.	2119.		Davtjan, Ilya		48. MJ U20	1835	01:11:13	01:15:07
3683.		1564.	Hecker, Wiebke	Tactical Athlete Fitness	263. W30	3947	01:11:14	01:18:22
3684.		1565.	Laufhütte, Kim		264. W30	6319	01:11:15	01:18:53
3685.		1566.	Brohm, Anja		147. W40	1347	01:11:15	01:17:21
3686.		1567.	Heik, Nele	Dataporti	265. W30	3968	01:11:15	01:18:14
3687.		1568.	Spießl, Janice		266. W30	10664	01:11:15	01:18:38
3688.		1569.	Rückert, Bryndis		554. W	9309	01:11:17	01:13:52
3689.		1570.	Wiegert, Lea		555. W	12214	01:11:19	01:16:05
3690.	2120.		Rattay, Karsten		164. M55	8782	01:11:19	01:18:47
3691.	2121.		Teege, Rasmus		311. M30	11172	01:11:19	01:19:28
3692.		1571.	Jöhnk, Carlotta		556. W	4855	01:11:20	01:16:19
3693.		1572.	Schindwein, Carolin		267. W30	9690	01:11:20	01:15:49
3694.		1573.	Hecker, Britta		557. W	3943	01:11:22	01:14:30
3695.		1574.	Barfuß, Ann-Kathrin		195. W35	415	01:11:23	01:18:23
3696.	2122.		Hecker, Lars		312. M30	3944	01:11:23	01:14:30

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3697.		1575.	Chemnitz, Verena		268. W30	1635	01:11:26	01:18:41
3698.		1576.	Ströh, Lena		558. W	10999	01:11:26	01:18:40
3699.	2123.		Puhlmann, Lutz		165. M55	8622	01:11:27	01:16:24
3700.		1577.	Möller, Sarah	Gutenbergschule	94. W50	7413	01:11:27	01:19:35
3701.	2124.		Liebich, Markus		239. M40	6483	01:11:27	01:18:31
3702.		1578.	Löschen, Kerstin		80. W55	6619	01:11:27	01:17:19
3703.		1579.	Winter, Doro		559. W	12323	01:11:30	01:13:25
3704.	2125.		Trede, Marco		179. M45	11465	01:11:31	01:17:22
3705.		1580.	Lima de Miranda, Gabriella	Humboldt-Schule	41. WJ U18	6525	01:11:32	01:19:15
3706.		1581.	Lima de Miranda, Angelina	Humboldt-Schule	42. WJ U18	6524	01:11:33	01:19:16
3707.	2126.		Baß, Henrik		293. M35	460	01:11:33	01:19:54
3708.	2127.		Peter, Jens		125. M60	8204	01:11:33	01:18:55
3709.		1582.	Brinkmann, Melissa		560. W	1316	01:11:33	01:19:54
3710.		1583.	Dibbern, Sarah		561. W	1923	01:11:34	01:18:55
3711.		1584.	Rimkus, Tamara		269. W30	9059	01:11:34	01:18:55
3712.		1585.	Hellmayr, Stephanie		148. W40	4055	01:11:35	01:16:22
3713.	2128.		Hauschildt, Kay		21. M70	3912	01:11:36	01:18:43
3714.	2129.		Friedrichs, Martin		313. M30	2807	01:11:37	01:19:27
3715.		1586.	Schittko, Sonja		81. W55	9667	01:11:39	01:20:13
3716.		1587.	Determann, Svea		32. WJ U20	1895	01:11:41	01:15:34
3717.	2130.		Fenner, Lars		166. M55	2564	01:11:41	01:11:41
3718.		1588.	Otromke, Julia		562. W	7995	01:11:42	01:11:42
3719.	2131.		Kopschina, Robert		240. M40	5712	01:11:44	01:18:30
3720.		1589.	Haack, Constanze		149. W40	3554	01:11:44	01:17:16
3721.	2132.		Vahs, Jens		126. M60	11585	01:11:44	01:14:40
3722.		1590.	Kuhn, Hanna		120. W45	6071	01:11:44	01:18:30
3723.		1591.	Schwartzrock, Sandy Marie		563. W	2726	01:11:46	01:17:38
3724.		1592.	Rusbült, Lene		270. W30	9363	01:11:46	01:19:12
3725.		1593.	Göde, Milena		196. W35	3155	01:11:46	01:19:12
3726.		1594.	Franke, Aileen		564. W	2750	01:11:46	01:20:05
3727.	2133.		Repenning, Volker		127. M60	8956	01:11:46	01:20:09
3728.		1595.	Tanz, Mira	Running Friends	565. W	11152	01:11:47	01:19:51
3729.		1596.	Hallmann, Maren		566. W	3670	01:11:47	01:18:12
3730.		1597.	Ralfs, Julia		150. W40	8723	01:11:47	01:15:17
3731.		1598.	Tanz, Khania Sophie		271. W30	11151	01:11:47	01:19:51
3732.		1599.	Reimann, Lisa		95. W50	8884	01:11:47	01:15:17
3733.	2134.		Wemhöner, Bernd		57. M65	12085	01:11:48	01:18:03
3734.	2135.		Groth, Jorrit		427. M	3443	01:11:48	01:17:54
3735.		1600.	Schmidt, Franziska		272. W30	9738	01:11:48	01:17:53
3736.	2136.		Lausten, Mads		428. M	3513	01:11:48	01:18:38
3737.		1601.	Hansen, Nina		567. W	3775	01:11:49	01:15:46
3738.		1602.	Schmidt, Christiana		82. W55	9732	01:11:49	01:17:55
3739.		1603.	Krasnici, Daria		273. W30	5794	01:11:49	01:16:21
3740.		1604.	Holz, Larissa		568. W	4420	01:11:50	01:17:32
3741.	2137.		Franke, Leonard		429. M	2758	01:11:50	01:20:09
3742.		1605.	Howe, Kim		274. W30	4478	01:11:50	01:18:40
3743.	2138.		Müller, Stefan		314. M30	7556	01:11:50	01:17:33
3744.	2139.		Kloth, Jan-Hendrik		315. M30	6399	01:11:51	01:16:31
3745.		1606.	Kohn, Bianca		275. W30	5648	01:11:51	01:16:31
3746.	2140.		Rothe, Tobias	Fördepuls	430. M	9271	01:11:52	01:15:36
3747.		1607.	Reinholdt, Rike		569. W	8914	01:11:52	01:18:19
3748.		1608.	Steinhausen, Luise	Landgericht Kiel	151. W40	10830	01:11:52	01:21:40
3749.	2141.		Marten, Holger		128. M60	6962	01:11:53	01:20:03
3750.		1609.	Marten, Mareike		32. W60	6963	01:11:53	01:20:03
3751.	2142.		Blohm, Simon		431. M	935	01:11:53	01:18:10
3752.		1610.	Boeckmann, Alena		276. W30	10020	01:11:54	01:17:54
3753.	2143.		Stenzel, Ingo	Allianz Generalvertretung	129. M60	10856	01:11:55	01:19:33
3754.	2144.		Kuchenbecker, Sönke	Lauftreff Wita	294. M35	6010	01:11:55	01:20:03
3755.		1611.	Schmidt, Jana		121. W45	9745	01:11:58	01:18:12
3756.		1612.	Munstermann, Christine	die tapferen Schneiderleins	152. W40	7610	01:11:58	01:16:25
3757.		1613.	Laubert, Sina		277. W30	6311	01:11:58	01:17:37
3758.		1614.	Preuß, Brita	Legenden	83. W55	8555	01:11:58	01:17:24
3759.		1615.	Beusen, Dana		570. W	788	01:11:58	01:14:37
3760.	2145.		Bootsmann, Jonas		432. M	1085	01:11:59	01:14:37
3761.		1616.	Tegtmeyer, Marta		153. W40	11182	01:11:59	01:16:00
3762.		1617.	Marienfeld, Janina		278. W30	6934	01:12:00	01:18:34
3763.	2146.		Linden, Matthias		130. M60	6540	01:12:00	01:12:44
3764.		1618.	Treptau, Ida		571. W	11474	01:12:02	01:17:08
3765.	2147.		Schulz, Benjamin	team baucenter	180. M45	10130	01:12:02	01:19:48
3766.		1619.	Ulrich, Milena		572. W	11547	01:12:05	01:17:27
3767.		1620.	RiosMartini, Gabriela		197. W35	9063	01:12:06	01:18:52
3768.		1621.	Sommerfeld, Afet		573. W	10607	01:12:06	01:17:28
3769.	2148.		Detlefsen, Hans-Jörg		131. M60	1902	01:12:09	01:19:42
3770.		1622.	Detlefsen, Sabine		84. W55	1906	01:12:10	01:19:42
3771.		1623.	Dudzik, Laura		574. W	2144	01:12:10	01:16:41
3772.		1624.	Napieralla, Kristin		122. W45	7656	01:12:10	01:19:01
3773.		1625.	Hüttmann, Elisabeth		575. W	4530	01:12:11	01:16:42
3774.		1626.	Hüttmann, Alice		576. W	4529	01:12:11	01:16:41
3775.	2149.		Heuer, Claas		241. M40	4180	01:12:11	01:12:11
3776.		1627.	Klocke, Marion	LaTeLoMa	85. W55	5406	01:12:12	01:17:26
3777.	2150.		Schumacher, Maarten		433. M	5806	01:12:13	01:19:54
3778.	2151.		Lunow, Ingo		132. M60	6768	01:12:13	01:18:42
3779.		1628.	Kulik, Alina		577. W	6092	01:12:13	01:19:54
3780.	2152.		Böhme, Rainer		22. M70	988	01:12:14	01:15:25
3781.		1629.	Deistler, Alena		198. W35	1861	01:12:15	01:20:33
3782.		1630.	Renner, Lina		578. W	8946	01:12:16	01:19:07
3783.		1631.	Potzuweit, Laura		279. W30	8523	01:12:16	01:17:35
3784.		1632.	Williams, Kaarina		96. W50	12283	01:12:16	01:17:03

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3785.	2153.		Rohwedder, Lars		295. M35	9180	01:12:16	01:19:35
3786.		1633.	Marquardt, Lea Farina		579. W	6953	01:12:16	01:19:07
3787.		1634.	Helzel, Katharina		580. W	4074	01:12:16	01:19:07
3788.	2154.		Buschtöns, Matthias		296. M35	1554	01:12:17	01:20:06
3789.	2155.		Hass, Lasse		297. M35	8149	01:12:17	01:20:37
3790.		1635.	Sünderhauf, Romina		581. W	11064	01:12:17	01:18:24
3791.		1636.	Sievern, Fenja		582. W	10484	01:12:17	01:20:33
3792.		1637.	Wohlgemuth, Anna		583. W	12406	01:12:18	01:20:33
3793.		1638.	Richter, Jennifer		123. W45	8996	01:12:18	01:13:36
3794.		1639.	Kahrs, Verena		199. W35	5021	01:12:19	01:20:42
3795.		1640.	Biere, Nele		584. W	842	01:12:19	01:16:53
3796.		1641.	Bozic, Mia		585. W	1157	01:12:19	01:12:19
3797.	2156.		Schenk, Cornelius		181. M45	9614	01:12:20	01:18:59
3798.		1642.	Angelov, Linda		586. W	208	01:12:20	01:17:47
3799.		1643.	Ehlers, Alexandra		154. W40	2254	01:12:21	01:18:58
3800.		1644.	Bierbaß, Bente		587. W	841	01:12:21	01:17:47
3801.		1645.	Gebhardt, Susanne		86. W55	2958	01:12:21	01:17:41
3802.		1646.	Lohse, Lara		588. W	6631	01:12:21	01:17:26
3803.		1647.	Schmoliner, Stephanie	IG Metall Kiel-Neumünster	97. W50	9806	01:12:22	01:20:03
3804.		1648.	Stuke, Carla		589. W	11050	01:12:22	01:20:03
3805.		1649.	Sandmann, Marie		590. W	9458	01:12:22	01:14:00
3806.	2157.		Kruse, Jacob		316. M30	5963	01:12:23	01:20:24
3807.		1650.	Böhme, Johanna		591. W	986	01:12:24	01:18:48
3808.		1651.	v. Stuckrad-Barre, Charlotte		592. W	11581	01:12:24	01:16:54
3809.	2158.		Teschke, Ansgar		434. M	11217	01:12:24	01:16:54
3810.	2159.		Pardall, Friedrich	LI Troglodytia	317. M30	8084	01:12:24	01:18:32
3811.		1652.	Soldanski, Noelle		593. W	10593	01:12:24	01:20:23
3812.		1653.	Günther, Susanne		33. W60	2287	01:12:25	01:15:32
3813.	2160.		Kamm, Finn Lukas		435. M	5052	01:12:25	01:16:54
3814.		1654.	Teschke, Amanda		594. W	11216	01:12:25	01:16:54
3815.		1655.	Berger, Franziska	Landeshauptstadt Kiel	155. W40	709	01:12:25	01:17:44
3816.	2161.		Jacobs, Sascha		155. M50	4648	01:12:26	01:18:20
3817.		1656.	Meister, Michaela		156. W40	7174	01:12:26	01:17:24
3818.	2162.		Krüger, Tim		298. M35	5927	01:12:26	01:17:25
3819.		1657.	Schönrock, Anne Marie		280. W30	9899	01:12:29	01:16:42
3820.		1658.	Zuckschwerdt, Lia Antonia		33. WJ U20	12694	01:12:29	01:14:31
3821.		1659.	Mallek, Lea	Rot-Schwarz Kiel	281. W30	6897	01:12:29	01:15:52
3822.		1660.	Ologge, Annika		595. W	7954	01:12:30	01:15:30
3823.	2163.		Buck, Valentin		318. M30	1431	01:12:30	01:20:24
3824.		1661.	Doroszkó, Oliwia		596. W	2070	01:12:31	01:21:00
3825.	2164.		Nahnsen, Kenneth		319. M30	7651	01:12:31	01:16:54
3826.	2165.		Jensen, Arved		320. M30	4787	01:12:31	01:16:01
3827.		1662.	Büttner, Paula		282. W30	1476	01:12:32	01:21:00
3828.		1663.	Voss, Lorena		283. W30	11835	01:12:32	01:16:02
3829.		1664.	Reglinski, Miriam		597. W	8835	01:12:33	01:19:58
3830.		1665.	Duborg, Yrsa		124. W45	2132	01:12:34	01:16:46
3831.		1666.	Fischer, Jean		125. W45	2637	01:12:34	01:16:47
3832.		1667.	Clausen, Tabea		34. WJ U20	1693	01:12:34	01:18:05
3833.	2166.		Krokhin, Roman		321. M30	5893	01:12:35	01:18:55
3834.		1668.	Badura, Christiane		34. W60	362	01:12:39	01:16:13
3835.	2167.		Hopgood, Lucas		299. M35	4437	01:12:39	01:15:45
3836.		1669.	Martens, Laura		598. W	6969	01:12:40	01:18:32
3837.		1670.	Martens, Theresa		599. W	6974	01:12:40	01:18:32
3838.		1671.	Grabosch, Viktoria		600. W	3284	01:12:41	01:20:59
3839.		1672.	Rentzow, Stefanie		200. W35	8949	01:12:41	01:20:59
3840.		1673.	Pfister, Frederike		284. W30	8348	01:12:41	01:14:29
3841.		1674.	Warnk, Hannah		601. W	11948	01:12:42	01:20:33
3842.	2168.		Wegner, Martin		58. M65	12012	01:12:42	01:21:20
3843.		1675.	Ehlers, Katharina		602. W	2262	01:12:43	01:19:34
3844.		1676.	Claußen, Yasmine		201. W35	1699	01:12:43	01:19:34
3845.		1677.	Dethlefsen, Lilith		603. W	1897	01:12:46	01:16:04
3846.		1678.	Dethlefsen, Anja		87. W55	1896	01:12:46	01:16:04
3847.	2169.		Lüder, Herrgen	VFL Schönberg	23. M70	6717	01:12:46	01:17:25
3848.		1679.	Lehni, Sabine		98. W50	6375	01:12:46	01:18:12
3849.	2170.		Syring, Jonathan		436. M	2778	01:12:47	01:17:48
3850.		1680.	Rüter, Kyra		604. W	9331	01:12:47	01:19:20
3851.		1681.	Rausch, Hanna		605. W	8793	01:12:47	01:17:48
3852.		1682.	Grashorn, Lisa		285. W30	3336	01:12:47	01:19:54
3853.		1683.	Paulsen, Frauke		99. W50	8130	01:12:48	01:18:53
3854.		1684.	Kalus, Beate		100. W50	5046	01:12:48	01:18:39
3855.	2171.		Paulsen, Jens		167. M55	8136	01:12:48	01:18:54
3856.		1685.	Pagel, Dorthie		606. W	8036	01:12:48	01:18:08
3857.		1686.	Le, Thi Hang		286. W30	2959	01:12:50	01:21:26
3858.		1687.	Dias Freitas, Juliana		287. W30	5526	01:12:50	01:21:26
3859.		1688.	Reksidler, Biggi		35. W60	8934	01:12:50	01:17:22
3860.		1689.	Gernhardt, Helga		12. W65	3039	01:12:50	01:17:23
3861.	2172.		Halim, Lucius		322. M30	3663	01:12:51	01:15:13
3862.	2173.		Janzen, Hauke		156. M50	4758	01:12:51	01:20:14
3863.		1690.	Janzen, Marina		101. W50	4759	01:12:52	01:20:14
3864.		1691.	Drescher, Lena		288. W30	2093	01:12:52	01:20:37
3865.		1692.	Haffmans, Ellen		607. W	3626	01:12:54	01:17:09
3866.		1693.	Sobik, Maja		608. W	10567	01:12:54	01:19:37
3867.	2174.		Schnack, Volker		59. M65	9819	01:12:55	01:18:52
3868.		1694.	Steen, Jennifer		289. W30	10776	01:12:55	01:19:53
3869.	2175.		Kubitza, Christopher		437. M	5998	01:12:55	01:18:46
3870.	2176.		Nehmer, Philip		300. M35	7686	01:12:56	01:20:02
3871.	2177.		Zulli, Paolo	GKN Kiel	242. M40	12697	01:12:57	01:18:02
3872.	2178.		Hollensen, Franz	Gymnasium Altenholz	105. MJ U18	4391	01:13:00	01:20:35

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3873.		1695.	Raeke, Laura	Hot Heels	202. W35	8697	01:13:02	01:20:20
3874.	2179.		Rohwer, Tim		168. M55	9202	01:13:04	01:18:47
3875.		1696.	Wussow, Berit		290. W30	12550	01:13:04	01:18:47
3876.	2180.		Westphal, Constantin		323. M30	12151	01:13:05	01:16:53
3877.		1697.	Lessmann, Selina		291. W30	6447	01:13:07	01:20:59
3878.		1698.	Holler, Jonna		609. W	7716	01:13:08	01:21:00
3879.		1699.	Ritthausen, Silke		36. W60	711	01:13:08	01:20:22
3880.	2181.		Lesslich, Andre		301. M35	6443	01:13:08	01:20:27
3881.		1700.	Becker, Christiane		292. W30	540	01:13:09	01:17:43
3882.		1701.	Lorenz, Johanna		293. W30	6653	01:13:09	01:16:50
3883.	2182.		Rickers, Rüdiger		133. M60	9016	01:13:09	01:21:35
3884.	2183.		Gloyer, Dieter	Preetzer TSV	2. M80	3122	01:13:11	01:21:03
3885.	2184.		Heider, Christian	IB.SH Runners	157. M50	3961	01:13:12	01:19:56
3886.	2185.		Heider, Tom		106. MJ U18	3963	01:13:12	01:19:57
3887.		1702.	Draber, Lisa	Gemeinsam gegen Krebs	203. W35	2081	01:13:12	01:13:12
3888.		1703.	Möller, Claudia	cc runner	102. W50	7386	01:13:12	01:21:00
3889.		1704.	Böhle, Pia		610. W	978	01:13:14	01:19:50
3890.		1705.	Tamm, Melina		611. W	11135	01:13:19	01:17:59
3891.	2186.		Garcke, Henning		169. M55	2930	01:13:20	01:19:32
3892.	2187.		Merkel, Marc André		302. M35	7205	01:13:21	01:19:32
3893.		1706.	Zillmer, Isabel		294. W30	12649	01:13:22	01:21:30
3894.	2188.		Kähler, Felix		438. M	4997	01:13:22	01:13:22
3895.		1707.	Borchert, Melina		612. W	1095	01:13:25	01:18:35
3896.		1708.	Schulz, Metje		613. W	10165	01:13:25	01:18:35
3897.	2189.		Schießer, Steffen		182. M45	9647	01:13:25	01:20:35
3898.		1709.	Schnack, Anja	Förde Sparkasse	126. W45	9815	01:13:25	01:20:19
3899.		1710.	Brandenburg, Steffi		157. W40	1186	01:13:26	01:20:48
3900.		1711.	Käning, Kristin		158. W40	5002	01:13:27	01:20:48
3901.		1712.	Herzbruch, Lil		614. W	4155	01:13:27	01:20:08
3902.	2190.		Johannsen, Fabian		324. M30	4870	01:13:27	01:20:08
3903.		1713.	Götte, Roswitha		615. W	3201	01:13:29	01:21:58
3904.		1714.	Holliday, Sarah Louise	Zack Ergotherapie	616. W	4395	01:13:30	01:14:16
3905.		1715.	Wichmann, Almuth		159. W40	12179	01:13:32	01:20:01
3906.		1716.	Tempel, Angeliue		204. W35	11202	01:13:34	01:15:06
3907.	2191.		Klempt-Gießing, Burkhard	L! Troglodytia	134. M60	5377	01:13:34	01:19:24
3908.	2192.		Pevestorf, Frank		170. M55	8323	01:13:35	01:21:28
3909.		1717.	Waldmann, Sabine		5. W70	11906	01:13:35	01:20:27
3910.		1718.	Walther, Juleika	MEKUN	127. W45	11930	01:13:35	01:19:29
3911.	2193.		Von Heyer, Rafael		183. M45	9695	01:13:35	01:17:20
3912.		1719.	Bernhöft, Melanie		160. W40	747	01:13:36	01:15:21
3913.	2194.		Braumann, Sven		439. M	1228	01:13:36	01:20:23
3914.	2195.		Teßmann, Neels		325. M30	11218	01:13:36	01:21:39
3915.		1720.	Friedrich, Lisa		617. W	2804	01:13:36	01:20:32
3916.		1721.	Hilbig, Merle		205. W35	4211	01:13:36	01:20:32
3917.		1722.	Wolff, Louisa		618. W	12438	01:13:36	01:20:23
3918.	2196.		Formella, Timo		243. M40	2722	01:13:36	01:17:20
3919.		1723.	Mälck, Hannah	Cheered on by Lord Henry	619. W	6823	01:13:37	01:21:35
3920.	2197.		Oranienburg, Niklas		326. M30	7968	01:13:38	01:18:31
3921.		1724.	Widderich, Sina		620. W	12188	01:13:38	01:22:14
3922.		1725.	Duske, Lena		206. W35	2179	01:13:39	01:22:01
3923.		1726.	Scheel, Daniela	ErSte Trägergesellschaft	207. W35	9581	01:13:40	01:19:26
3924.		1727.	Berndt, Jule		621. W	735	01:13:40	01:17:30
3925.		1728.	Eils, Merlind		622. W	2298	01:13:41	01:20:07
3926.		1729.	Jantz, Kira		623. W	4757	01:13:42	01:18:52
3927.		1730.	Schmidt, Tatiana		128. W45	9781	01:13:43	01:21:54
3928.	2198.		Voß, Walter	SV Mönkeberg	60. M65	11856	01:13:43	01:19:54
3929.		1731.	Borchardt, Maja-Jolie		35. WJ U20	1089	01:13:44	01:19:30
3930.		1732.	Krupke, Nadine		129. W45	5954	01:13:45	01:21:13
3931.	2199.		Krogh, Tomas		171. M55	5888	01:13:45	01:21:13
3932.		1733.	Price, Lauren		295. W30	8565	01:13:45	01:16:10
3933.		1734.	Klüver, Annika		130. W45	10329	01:13:46	01:21:57
3934.		1735.	Scheele-Mädge, Andrea		103. W50	9589	01:13:46	01:21:13
3935.		1736.	Röhl, Petra	DIE Röhl's	6. W70	9108	01:13:47	01:18:34
3936.	2200.		Freiheit, Oliver		303. M35	1660	01:13:47	01:17:40
3937.		1737.	Lütten, Wiveka		624. W	6754	01:13:48	01:21:59
3938.		1738.	Siuts, Hanna		208. W35	10537	01:13:48	01:21:58
3939.		1739.	Meinen, Marion		209. W35	7157	01:13:49	01:20:09
3940.	2201.		Schink, Norbert	Holtsee Runners	172. M55	9663	01:13:49	01:18:42
3941.		1740.	Kuppe, Paula Sophia		43. WJ U18	6125	01:13:53	01:21:59
3942.		1741.	Kießling, Naomi		296. W30	5261	01:13:53	01:15:29
3943.		1742.	Hammond, Lisa		625. W	3712	01:13:53	01:22:14
3944.	2202.		Emann, Dirk	LOTTO Schleswig-Holstein GmbH & Co. KG	61. M65	2424	01:13:54	01:17:10
3945.		1743.	Berg, Kristin	Team VOSS Küstenläufer	161. W40	697	01:13:54	01:19:02
3946.		1744.	Taube, Julia		210. W35	11160	01:13:55	01:21:05
3947.	2203.		Vollbehr, Peer		173. M55	11717	01:13:56	01:18:26
3948.	2204.		Kuppe, Mario		158. M50	6124	01:13:56	01:22:02
3949.		1745.	Schroedter, Nadine		162. W40	10016	01:13:57	01:20:21
3950.		1746.	Wopp, Claudia	LG Albatros Kiel	104. W50	12472	01:13:57	01:20:31
3951.		1747.	Lau, Jenny		297. W30	6310	01:13:58	01:19:59
3952.		1748.	Görtz, Birte		298. W30	3195	01:13:59	01:19:59
3953.		1749.	Beinke, Sabine	Kieler Volksbank eG	163. W40	643	01:13:59	01:19:25
3954.		1750.	Lindhorst, Katja	ESN	131. W45	6548	01:14:01	01:18:29
3955.		1751.	König, Merle		299. W30	5588	01:14:01	01:19:20
3956.		1752.	Krause, Ulrike	Gemeinsam gegen Krebs	37. W60	5820	01:14:01	01:19:20
3957.		1753.	Zolk, Berit		300. W30	12686	01:14:03	01:21:53
3958.		1754.	Pilz, Nele		164. W40	8400	01:14:03	01:21:54
3959.	2205.		Hintze, Michael	3 Eier am Wandern	62. M65	4262	01:14:04	01:20:47
3960.		1755.	Strehlow, Birte		301. W30	5925	01:14:04	01:21:30

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
3961.		1756.	Hennings, Bianca	Team Möwenschiss	165. W40	4095	01:14:05	01:21:58
3962.	2206.		Hollensen, Lars	Gymnasium Altenholz	159. M50	4392	01:14:05	01:21:39
3963.		1757.	Rüter, Britta		105. W50	9330	01:14:06	01:20:40
3964.		1758.	Grunert, Carolin		626. W	3475	01:14:06	01:21:35
3965.		1759.	Speck, Nancy	404 Pace not found	166. W40	10648	01:14:06	01:18:22
3966.		1760.	Reinheimer, Ann-Christin		302. W30	8911	01:14:07	01:22:37
3967.		1761.	Patz, Nathalie		88. W55	8107	01:14:09	01:19:38
3968.	2207.		Kempe, Sönke	TSV Kroog	184. M45	5187	01:14:09	01:21:38
3969.		1762.	Tigges, Anna		211. W35	11381	01:14:10	01:19:40
3970.		1763.	Jürgensen, Celina		627. W	4936	01:14:13	01:19:47
3971.	2208.		Hussaini, Muhammad	Logopädie Wortwelten	304. M35	4562	01:14:14	01:18:22
3972.	2209.		Kaufmann, Rieko	Walking Dads Luhdorf	174. M55	5141	01:14:15	01:22:05
3973.	2210.		Molkentin, Joachim	Max Rubner-Institut	135. M60	7451	01:14:16	01:19:56
3974.		1764.	Soltz-Ventsch, Annette	#läuft	212. W35	10599	01:14:16	01:21:17
3975.	2211.		Jaich, Ruben		305. M35	4706	01:14:16	01:16:17
3976.	2212.		Ventsch, Erik		306. M35	11618	01:14:16	01:21:16
3977.	2213.		Krüger, Hubert		136. M60	5909	01:14:16	01:21:10
3978.	2214.		Claußen, Sönke	TSV Breiholz	160. M50	1698	01:14:16	01:19:15
3979.		1765.	Broustin, Martina		89. W55	1359	01:14:17	01:21:40
3980.		1766.	von Krottnaurer, Josephine		628. W	219	01:14:17	01:22:11
3981.	2215.		Dylanski, Karsten		137. M60	2187	01:14:18	01:15:55
3982.		1767.	Heidt, Kerstin	MLLEV	167. W40	3966	01:14:19	01:21:57
3983.		1768.	Geng, Ina		629. W	3004	01:14:19	01:22:45
3984.		1769.	Treis, Alexandra		168. W40	11466	01:14:20	01:17:48
3985.		1770.	Lindenau, Emma		630. W	6541	01:14:20	01:22:40
3986.	2216.		Jende-Holzmann, Dirk	e-nema	138. M60	4781	01:14:20	01:18:39
3987.		1771.	Boll, Lisa Kristina		303. W30	1056	01:14:21	01:20:32
3988.		1772.	Baschnagel, Pia	Neptune Studio	631. W	458	01:14:24	01:22:00
3989.	2217.		Berger, Gunnar	Neptune Studio	440. M	710	01:14:25	01:22:00
3990.	2218.		Beyerlein, Bernhard		24. M70	805	01:14:26	01:22:09
3991.		1773.	Okunneck, Franz		304. W30	7942	01:14:27	01:21:40
3992.		1774.	Niehaus, Jana		213. W35	7764	01:14:27	01:19:36
3993.	2219.		Balcer, Harald		161. M50	9525	01:14:27	01:16:59
3994.		1775.	Bern, Marlene		632. W	733	01:14:28	01:23:02
3995.		1776.	Quistorf, Kimberly	DiscoMausis	633. W	9987	01:14:29	01:20:07
3996.	2220.		Erbes, Dennis		441. M	4980	01:14:30	01:21:40
3997.		1777.	Düring, Marie	DiscoMausis	634. W	567	01:14:30	01:20:08
3998.		1778.	Detering, Silke	IM-Team	90. W55	1894	01:14:30	01:22:38
3999.	2221.		Voswinckel, Philip		307. M35	11857	01:14:30	01:16:51
4000.		1779.	Graucob, Birthe		214. W35	3340	01:14:31	01:16:52
4001.		1780.	Schuries, Anette		91. W55	10217	01:14:33	01:20:31
4002.	2222.		Gries, Marco		175. M55	3378	01:14:33	01:19:45
4003.		1781.	Schmidt, Lena		635. W	9757	01:14:35	01:21:37
4004.		1782.	Strehlow, Inken		13. W65	10977	01:14:35	01:22:47
4005.		1783.	Matthiesen, Hanna		636. W	7045	01:14:35	01:21:43
4006.		1784.	Weinert, Nathalie		637. W	12048	01:14:35	01:21:43
4007.		1785.	Greening, Claudia		215. W35	3352	01:14:38	01:21:14
4008.		1786.	Sassenberg, Sarah		169. W40	9480	01:14:39	01:21:14
4009.	2223.		Witte, Leonard		327. M30	12356	01:14:40	01:21:39
4010.	2224.		Ziesecke, Robin		308. M35	12647	01:14:40	01:21:39
4011.		1787.	Breuer, Heike		132. W45	1294	01:14:40	01:22:44
4012.		1788.	Latendorf, Anna		638. W	6307	01:14:40	01:21:39
4013.		1789.	Ziesecke, Nele		216. W35	12646	01:14:40	01:21:39
4014.		1790.	Pachnicke, Ruth		133. W45	8029	01:14:41	01:22:27
4015.	2225.		Brandt, Peter	GEOMAR	139. M60	1204	01:14:42	01:19:54
4016.		1791.	Jacobsen, Karla Philine		639. W	4658	01:14:42	01:19:00
4017.	2226.		Rentzow, Sven		162. M50	8950	01:14:43	01:20:16
4018.		1792.	Prieß, Christine		38. W60	8576	01:14:43	01:17:06
4019.		1793.	Plank, Lucy	Fielmann AG	36. WJ U20	8429	01:14:43	01:21:59
4020.		1794.	Rama, Claudia	Grün Weiß Bovenau	92. W55	8724	01:14:44	01:17:06
4021.		1795.	Rentzow, Tanja		106. W50	8951	01:14:44	01:20:16
4022.		1796.	Marx, Sandra		217. W35	6996	01:14:44	01:16:28
4023.		1797.	Riechling, Lisa	Stadtwerke Kiel	640. W	9022	01:14:46	01:22:12
4024.		1798.	Lühmann, Verena	Running Bears	93. W55	6726	01:14:46	01:22:57
4025.		1799.	Schneider, Elena	Stadtwerke Kiel	305. W30	9830	01:14:47	01:22:13
4026.	2227.		Zielinski, Philip Mario	Dataporti	328. M30	12640	01:14:47	01:18:03
4027.	2228.		Heyer, Fabian		329. M30	4200	01:14:48	01:20:15
4028.	2229.		Rohwedder, Thomas		140. M60	9182	01:14:48	01:22:08
4029.		1800.	Schmidt, Jelena		218. W35	9747	01:14:49	01:21:13
4030.		1801.	Witthoff, Kristin		219. W35	12826	01:14:50	01:20:11
4031.	2230.		Hildebrandt, Frank		163. M50	4214	01:14:50	01:23:05
4032.		1802.	Stehnck, Laura	Logopädie Wortwelten	641. W	10806	01:14:50	01:18:59
4033.		1803.	Skrzeba, Dagmar		107. W50	10545	01:14:51	01:22:04
4034.		1804.	Oehmke, Julia		220. W35	7899	01:14:53	01:21:12
4035.		1805.	Spörl, Katharina		642. W	10679	01:14:56	01:20:36
4036.		1806.	Cheranti, Yasmin		643. W	1637	01:14:56	01:23:16
4037.		1807.	Lembcke, Laura		644. W	6393	01:14:56	01:20:36
4038.		1808.	Fischer, Leonie		645. W	2796	01:14:58	01:18:38
4039.	2231.		Lima Netto, Expedito	IFCN Running Club	309. M35	5565	01:14:58	01:22:20
4040.		1809.	Heine, Svea		646. W	3986	01:14:59	01:23:26
4041.	2232.		Raffie, Abdullah	IFCN Running Club	442. M	8704	01:15:00	01:22:20
4042.	2233.		Schramm, Holger		141. M60	9955	01:15:01	01:19:21
4043.		1810.	Kaapke, Anna		306. W30	4983	01:15:01	01:23:18
4044.	2234.		Wilkening, Philipp		330. M30	12267	01:15:01	01:23:18
4045.		1811.	Schramm, Christina		221. W35	9952	01:15:03	01:23:31
4046.		1812.	Stoffers, Lone		647. W	10924	01:15:04	01:23:00
4047.	2235.		Ferenz, Thomas		164. M50	8974	01:15:04	01:17:42
4048.	2236.		Holst, Henning		176. M55	1651	01:15:04	01:17:42

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4049.	2237.		Labudda, Martin	IB.SH Runners	244. M40	6162	01:15:04	01:21:18
4050.		1813.	Reid, Lea	Landgericht Kiel	222. W35	8879	01:15:05	01:21:27
4051.		1814.	Höfelmeyer, Annika		648. W	4297	01:15:06	01:23:37
4052.		1815.	Petersen, Stefanie		94. W55	8299	01:15:08	01:22:02
4053.		1816.	Woltmann, Alena		170. W40	12465	01:15:09	01:19:38
4054.		1817.	Lempart, Charlotte		649. W	6407	01:15:10	01:17:40
4055.		1818.	Lempart, Pauline		650. W	6408	01:15:11	01:17:40
4056.	2238.		Engelhardt, Jens		177. M55	2365	01:15:11	01:21:12
4057.	2239.		Ripke, Alex	Spiridon Schleswig	310. M35	9064	01:15:11	01:23:14
4058.	2240.		Sarmiento, Gabriel	IFCN Running Club	331. M30	9467	01:15:12	01:22:32
4059.	2241.		Katzer, Jörg	Gemeinsam Eins - Inklusion Schleswig-Holstein	128. M75	5138	01:15:12	01:23:14
4060.		1819.	Köhler, Diana	Gemeinsam Eins - Inklusion Schleswig-Holstein	124. W45	5542	01:15:12	01:23:14
4061.	2242.		Gohla, Michael		6. M75	3213	01:15:12	01:22:28
4062.	2243.		Backhaus, Oliver	Gemeinsam Eins - Inklusion Schleswig-Holstein	341. M75	7625	01:15:12	01:23:14
4063.	2244.		Lühmann, Wolfgang	Running Bears	63. M65	6727	01:15:13	01:23:22
4064.		1820.	Gahse, Sandra	Spiridon Schleswig	135. W45	2905	01:15:13	01:23:14
4065.		1821.	Ehlers, May-Britt		307. W30	9125	01:15:13	01:22:57
4066.	2245.		Thiede, Moritz		179. M55	11255	01:15:13	01:18:36
4067.		1822.	Köhnen-Rönnau, Jennifer		308. W30	5561	01:15:14	01:22:58
4068.	2246.		Katzer, Klaus-Peter	Gemeinsam Eins - Inklusion Schleswig-Holstein	165. M50	5139	01:15:14	01:23:15
4069.	2247.		Luchterhand, Udo	Gemeinsam Eins - Inklusion Schleswig-Holstein	180. M75	6690	01:15:14	01:23:15
4070.	2248.		Köhler, Urs	Gemeinsam Eins - Inklusion Schleswig-Holstein	166. M70	5554	01:15:14	01:23:15
4071.		1823.	Meifort, Rahime		136. W45	7145	01:15:16	01:22:26
4072.		1824.	Mehrmann, Lena	IB.SH Runners	171. W40	7123	01:15:17	01:23:41
4073.		1825.	Wolter, Nele		651. W	11407	01:15:18	01:23:28
4074.		1826.	Jumpapo, Sarunya		223. W35	4949	01:15:18	01:23:43
4075.		1827.	Kaa, Agnessa		172. W40	4979	01:15:18	01:21:15
4076.		1828.	Korn, Lilly		652. W	311	01:15:19	01:23:28
4077.		1829.	Jarck, Nina		653. W	4764	01:15:19	01:21:26
4078.		1830.	Naujoks Pacht, Naomi		309. W30	7664	01:15:19	01:22:17
4079.	2249.		Frey, Thomas		181. M55	2782	01:15:19	01:21:46
4080.		1831.	Smeink, Kira		654. W	10557	01:15:19	01:21:26
4081.	2250.		Jost, Benjamin		185. M45	4915	01:15:22	01:16:30
4082.		1832.	Eisenbeiß, Anne-Katrin		137. W45	2305	01:15:22	01:22:53
4083.		1833.	Schmidt, Carina		655. W	9729	01:15:22	01:22:34
4084.		1834.	Becktepe, Nina		173. W40	583	01:15:22	01:22:53
4085.	2251.		Scheinert, Philipp		443. M	9604	01:15:22	01:23:16
4086.	2252.		Scheja, Stephan		25. M70	9605	01:15:24	01:20:45
4087.	2253.		Gröpper, Hanno		444. M	3401	01:15:24	01:22:42
4088.		1835.	Newe, Emma		656. W	7741	01:15:25	01:22:42
4089.		1836.	Ketels, Joke	Hot Heels	657. W	5229	01:15:26	01:21:41
4090.		1837.	Petersen, Rieke	Hot Heels	658. W	8295	01:15:26	01:21:40
4091.		1838.	Stick, Hella		1. W75	10873	01:15:27	01:23:20
4092.	2254.		Nordmeyer, Thomas		64. M65	7860	01:15:27	01:20:57
4093.		1839.	Schmitz, Carina		310. W30	9800	01:15:27	01:24:16
4094.		1840.	Steinke, Franziska		39. W60	10841	01:15:27	01:21:59
4095.		1841.	Laws, Anna Lena		659. W	6332	01:15:29	01:17:47
4096.	2255.		Höneise, Felix Lewe	Premium Immobilien Nord	445. M	4312	01:15:31	01:22:17
4097.		1842.	Dohse, Anabell		44. WJ U18	2041	01:15:31	01:22:33
4098.	2256.		Kasper, Christian		167. M50	5123	01:15:32	01:23:05
4099.		1843.	Isolehto, Annastina		660. W	4614	01:15:36	01:22:03
4100.		1844.	Becker, Sophie		661. W	560	01:15:36	01:22:03
4101.		1845.	Röschmann, Mailin		108. W50	9134	01:15:36	01:17:04
4102.	2257.		Plohr, Gunther		182. M55	8452	01:15:37	01:21:40
4103.		1846.	Langnau, Dörte		40. W60	6265	01:15:37	01:22:51
4104.	2258.		Lorenzen, Jan		312. M35	6662	01:15:38	01:24:17
4105.		1847.	Molkewehrum, Jule		662. W	7452	01:15:41	01:21:43
4106.		1848.	Groene, Luisa		138. W45	3397	01:15:41	01:23:37
4107.	2259.		Koch, Ulrich		183. M55	5527	01:15:42	01:22:44
4108.		1849.	Dubau, Lina		663. W	2120	01:15:43	01:23:46
4109.	2260.		Beyer, Jürgen		65. M65	799	01:15:44	01:21:42
4110.		1850.	Lange, Elisa	Borener SV	664. W	6224	01:15:45	01:18:58
4111.	2261.		Lohmann, Heiner		7. M75	6626	01:15:45	01:24:11
4112.		1851.	von Stuckrad-Barre, Luise		665. W	11805	01:15:48	01:16:54
4113.		1852.	Schaller, Nicole	Dataporti	109. W50	6380	01:15:48	01:23:10
4114.		1853.	Lemke, Laura		224. W35	6404	01:15:49	01:23:31
4115.		1854.	Abeling, Lena		37. WJ U20	25	01:15:49	01:24:24
4116.	2262.		Dietrich, Stefan	Dataporti	332. M30	1951	01:15:49	01:23:38
4117.	2263.		Abeling, Achim		184. M55	24	01:15:50	01:24:24
4118.		1855.	Godbersen, Lara		666. W	3140	01:15:52	01:20:05
4119.		1856.	Godbersen, Nele		667. W	3141	01:15:52	01:20:05
4120.		1857.	Kracht, Maria		668. W	5756	01:15:53	01:21:35
4121.		1858.	Matthaei, Emylou		669. W	7035	01:15:53	01:23:23
4122.		1859.	Carstens, Sina		311. W30	1601	01:15:54	01:23:12
4123.		1860.	Krehl, Laura		670. W	5833	01:15:56	01:23:43
4124.		1861.	Wegner, Nele		312. W30	12013	01:15:56	01:23:28
4125.		1862.	Wilner, Marie-Luise	Förde Sparkasse	174. W40	11471	01:15:57	01:15:57
4126.		1863.	Hellmig, Annalena		313. W30	4058	01:15:58	01:21:27
4127.		1864.	Albig, Sarah		175. W40	121	01:15:58	01:23:42
4128.	2264.		Sievers, Olaf		185. M55	10497	01:15:59	01:22:03
4129.	2265.		Kästner, Manuel		245. M40	5007	01:16:01	01:19:43
4130.		1865.	Kästner-Hennig, Jasmin		176. W40	5008	01:16:02	01:19:44
4131.		1866.	Albig, Esther		314. W30	8019	01:16:04	01:23:47
4132.		1867.	Kofahl, Annika		110. W50	5638	01:16:04	01:23:15
4133.		1868.	Below, Sandy		111. W50	660	01:16:04	01:23:16
4134.	2266.		Lehmann, Jan		186. M55	6360	01:16:05	01:24:05
4135.	2267.		Göder, Robert		142. M60	3159	01:16:06	01:20:54
4136.	2268.		Paulke, Marc		446. M	8124	01:16:06	01:20:54

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4137.		1869.	Krügel, Kim Noelle		671. W	5901	01:16:07	01:22:59
4138.	2269.		Milau, Matthias	SEGEL-bar	143. M60	7329	01:16:07	01:22:34
4139.	2270.		Lorenzen, Stefan		186. M45	6668	01:16:08	01:21:25
4140.		1870.	Gertz, Kerstin	LTV Kiel-Ost	112. W50	3049	01:16:08	01:19:20
4141.	2271.		Theil, Gerald		187. M55	8498	01:16:08	01:21:25
4142.		1871.	Sell, Svenja		177. W40	10386	01:16:08	01:21:25
4143.	2272.		Margowski, Thomas		26. M70	6931	01:16:08	01:22:31
4144.		1872.	Herweg, Luca Marlene		672. W	4148	01:16:10	01:21:26
4145.		1873.	Herweg, Martha		45. WJ U18	4153	01:16:11	01:21:26
4146.		1874.	Wiese, Inga		225. W35	12233	01:16:11	01:21:23
4147.		1875.	Trahn, Alicia		673. W	11442	01:16:13	01:24:15
4148.	2273.		Bombis, Dennis		313. M35	1067	01:16:14	01:24:08
4149.		1876.	Gust, Catharina		178. W40	3536	01:16:14	01:24:07
4150.	2274.		Sohn, Bastian	Roggensack Ing	168. M50	10590	01:16:15	01:16:15
4151.	2275.		Wyppych, Patrick		314. M35	8686	01:16:17	01:16:17
4152.		1877.	Brakhage, Marisa Johanna		674. W	1170	01:16:19	01:24:21
4153.		1878.	Sohst, Franziska	LTV Kiel-Ost	113. W50	10591	01:16:21	01:22:41
4154.	2276.		Marx, Richard		246. M40	6995	01:16:28	01:16:28
4155.		1879.	Egts, Bettina		95. W55	2250	01:16:29	01:24:27
4156.		1880.	Duchow, Kristin		226. W35	2136	01:16:31	01:23:36
4157.		1881.	Wirdemann, Kathrin		179. W40	12334	01:16:32	01:24:34
4158.		1882.	Vogel, Petra		96. W55	11674	01:16:32	01:24:35
4159.		1883.	Schulz, Charlotte		315. W30	10133	01:16:32	01:21:02
4160.		1884.	Holz, Leonie		675. W	4421	01:16:34	01:22:16
4161.	2277.		Treumer, Jonas	FC Flachzange	333. M30	11481	01:16:41	01:22:50
4162.	2278.		Boseke, Alexander		334. M30	1136	01:16:41	01:23:25
4163.		1885.	Kulawy, Laura		676. W	6086	01:16:41	01:23:25
4164.		1886.	Akbari, Mona	Running Club	677. W	102	01:16:41	01:22:51
4165.		1887.	Kriedemann, Mareike		316. W30	5856	01:16:42	01:23:59
4166.		1888.	Diehn, Josy Alicia		678. W	1934	01:16:42	01:24:52
4167.		1889.	Schulz, Franziska		180. W40	10143	01:16:43	01:21:56
4168.	2279.		Eisenhauer, Anton		66. M65	2308	01:16:47	01:20:46
4169.		1890.	Meyners, Maike	Solvaes Runner	114. W50	7282	01:16:48	01:19:01
4170.		1891.	Hapke, Linda		227. W35	3798	01:16:48	01:24:02
4171.	2280.		Schröder, Hauke		188. M55	9980	01:16:49	01:20:06
4172.	2281.		Rotkowsky, Ingo		247. M40	9279	01:16:49	01:21:28
4173.	2282.		Grosche, Bernd	LG Albatros Kiel	144. M60	3421	01:16:52	01:21:08
4174.		1892.	Stucke, Nadja	Freundschaftsfreunde	228. W35	11028	01:16:57	01:21:53
4175.	2283.		Stucke-Schmidt, Sven Olaf	Freundschaftsfreunde	248. M40	11029	01:16:57	01:21:53
4176.	2284.		Voß, Piet		447. M	11846	01:16:57	01:18:38
4177.		1893.	Rohkohl, Anne		181. W40	9162	01:16:58	01:24:18
4178.		1894.	Zwerg, Michelle		679. W	12706	01:16:59	01:23:15
4179.		1895.	Harm, Hiske		182. W40	3828	01:16:59	01:23:34
4180.		1896.	Staub-Jønsson, Rike		183. W40	10762	01:17:00	01:22:54
4181.		1897.	Woland, Inga		184. W40	12412	01:17:00	01:22:55
4182.		1898.	Sharif, Serina		680. W	10423	01:17:00	01:25:20
4183.		1899.	Hansen, Lara		681. W	3752	01:17:01	01:24:43
4184.	2285.		Neckels, Jan-Marvin		448. M	7681	01:17:01	01:24:43
4185.		1900.	Bertling, Svea		682. W	755	01:17:02	01:23:39
4186.	2286.		Jakob, Christian		145. M60	4709	01:17:05	01:24:21
4187.	2287.		Schwarz, Bertram		67. M65	10253	01:17:05	01:25:00
4188.	2288.		Wulff, Lasse	Energie in Bewegung	449. M	12532	01:17:05	01:24:49
4189.	2289.		Schwarz, Leif		335. M30	10262	01:17:05	01:25:00
4190.		1901.	Schwarz, Rike		317. W30	10268	01:17:05	01:25:00
4191.		1902.	Schwarz, Linn		683. W	10263	01:17:05	01:25:00
4192.	2290.		Staubes, Oliver		450. M	10244	01:17:06	01:23:24
4193.	2291.		Wegner, Jacob		107. MJ U18	12008	01:17:08	01:25:50
4194.		1903.	Schnoor, Ines		185. W40	9869	01:17:08	01:17:08
4195.	2292.		Wegner, Torben		169. M50	12016	01:17:09	01:25:50
4196.		1904.	Rohlf, Sigrid	SG Tantalus Kiel	97. W55	9168	01:17:09	01:25:45
4197.	2293.		Jürrens, Inko		451. M	4945	01:17:10	01:22:37
4198.	2294.		Fey, Alexander	Dragonfly Laboe	315. M35	2575	01:17:10	01:24:13
4199.		1905.	Wieben, Levke		684. W	12195	01:17:11	01:22:04
4200.		1906.	Rekittke, Joana	Energie in Bewegung	685. W	8933	01:17:11	01:24:54
4201.		1907.	Behrens, Jessica		229. W35	631	01:17:13	01:21:59
4202.		1908.	Specht, Daniela	Dragonfly Laboe	139. W45	10645	01:17:14	01:24:16
4203.	2295.		Specht, Michael	Dragonfly Laboe	170. M50	10647	01:17:14	01:24:16
4204.		1909.	Hänelt, Christin		686. W	3618	01:17:15	01:21:42
4205.	2296.		Naumann, Sascha		249. M40	7667	01:17:19	01:24:10
4206.		1910.	Doose, Jantje		186. W40	2062	01:17:19	01:19:52
4207.		1911.	Mastrangelo, Debora		187. W40	7016	01:17:19	01:19:52
4208.		1912.	Kloppmann, Lisa		318. W30	5418	01:17:19	01:24:10
4209.		1913.	Goldenbaum, Lisa		230. W35	3224	01:17:22	01:17:22
4210.		1914.	Gartenlechner, Sonja		140. W45	2940	01:17:27	01:23:19
4211.		1915.	Karbach, Vanessa		231. W35	5095	01:17:27	01:23:20
4212.		1916.	Lütt, Katja		687. W	6752	01:17:32	01:20:25
4213.	2297.		Brettschneider, Erik		452. M	1289	01:17:32	01:20:24
4214.		1917.	Frey, Svenja		688. W	2781	01:17:32	01:21:46
4215.		1918.	Bieg, Alessia		689. W	824	01:17:32	01:21:55
4216.	2298.		Wobser, Thomas	RPRC	189. M55	12379	01:17:32	01:23:34
4217.		1919.	Klemer, Katharina		232. W35	5371	01:17:34	01:25:48
4218.		1920.	Bellmann, Lisa		233. W35	656	01:17:34	01:23:26
4219.	2299.		Goldschmidt, Mattes		453. M	3227	01:17:34	01:25:46
4220.	2300.		Brösicke, Anton		454. M	1344	01:17:35	01:23:06
4221.	2301.		Gawarecki, Andreas		190. M55	2951	01:17:36	01:24:28
4222.		1921.	Wernicke, Susanne	Fördepuls	188. W40	12133	01:17:36	01:21:38
4223.		1922.	Wiese, Sandra	Gebeco	115. W50	12238	01:17:37	01:24:43
4224.		1923.	Schulze, Lisa-Marie		234. W35	10184	01:17:40	01:25:01

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4225.	2302.		Thorsen, Andrew	Fivi Ultras	455. M	11341	01:17:41	01:20:59
4226.		1924.	Rost, Leonie-Marie		319. W30	9254	01:17:44	01:25:49
4227.	2303.		Bedei, Yannik		316. M35	585	01:17:44	01:25:49
4228.		1925.	Simson, Nele		690. W	10525	01:17:45	01:23:55
4229.		1926.	Walczak, Leonie		691. W	11900	01:17:45	01:22:07
4230.	2304.		Jobst, Lukas	Dataporti	336. M30	4848	01:17:47	01:17:47
4231.		1927.	Bork, Mara		38. WJ U20	1111	01:17:48	01:21:41
4232.		1928.	Tietje, Leonie		39. WJ U20	11372	01:17:48	01:21:41
4233.	2305.		Bulitz, Mika Elias	Die Zermöhrer	456. M	1491	01:17:48	01:21:09
4234.		1929.	Mahnke, Ingrid		7. W70	6852	01:17:49	01:26:43
4235.		1930.	Pfau, Emilie Sophie	Die Zermöhrer	40. WJ U20	8334	01:17:49	01:21:09
4236.		1931.	Wagner, Monika		14. W65	11889	01:17:51	01:25:02
4237.	2306.		Rosek, Marvin		337. M30	9218	01:17:54	01:22:35
4238.		1932.	Jänsch, Dagmar		692. W	4683	01:17:54	01:22:35
4239.	2307.		Spiekermann, Jan-Olav	Duckionary & Obscurium	317. M35	10661	01:17:54	01:26:37
4240.	2308.		van Dijk, Divan		457. M	11600	01:17:56	01:26:29
4241.		1933.	Lorenzen, Svenja		693. W	6670	01:17:57	01:26:29
4242.	2309.		Diekmann, Jörg	FördeFlitzer	171. M50	1937	01:17:57	01:25:52
4243.		1934.	Elsner, Sarah		694. W	2337	01:17:58	01:25:38
4244.		1935.	Schippkowski-Dilmahamod, Julia		235. W35	9665	01:17:59	01:25:39
4245.		1936.	Strunck, Leah		41. WJ U20	11015	01:18:00	01:23:17
4246.		1937.	Baloch, Miriam		42. WJ U20	356	01:18:00	01:23:17
4247.	2310.		Staats, Dirk		191. M55	10702	01:18:02	01:23:42
4248.	2311.		Täuber, Marc	MTV Heide	338. M30	4063	01:18:02	01:25:44
4249.		1938.	Schuldt, Caroline		98. W55	10090	01:18:03	01:26:20
4250.		1939.	Wenur, Eunike Golda Gabriella		320. W30	5867	01:18:03	01:25:25
4251.	2312.		Ripke, Stephan		250. M40	9067	01:18:03	01:20:07
4252.		1940.	Lemke, Jana		695. W	6401	01:18:03	01:23:48
4253.		1941.	Fischer, Vivien		696. W	2662	01:18:03	01:20:07
4254.		1942.	Geist, Anneke		697. W	2992	01:18:03	01:25:22
4255.		1943.	Selmer, Miriam		321. W30	10154	01:18:03	01:25:45
4256.	2313.		Carella, Guilherme		458. M	1587	01:18:05	01:23:06
4257.		1944.	Wichowska, Agata		698. W	12184	01:18:05	01:23:06
4258.		1945.	Surin, Suleeporn	PwC Kiel	322. W30	11094	01:18:06	01:20:55
4259.		1946.	Pohlmann, Ines		116. W50	8491	01:18:06	01:26:25
4260.		1947.	Bitterer, Katharina	Munkelhorrrstler Aktiv	699. W	885	01:18:07	01:23:06
4261.	2314.		Röhlk, Tim	BSG GMSH AöR	251. M40	9112	01:18:07	01:24:46
4262.		1948.	Mickler, Nicole		323. W30	7310	01:18:09	01:25:07
4263.	2315.		Duschinski, Manuel		187. M45	2177	01:18:10	01:26:16
4264.	2316.		Burmeister, Sascha		252. M40	1523	01:18:10	01:26:32
4265.		1949.	Schult, Ronja		700. W	10101	01:18:10	01:26:16
4266.		1950.	Duschinski, Anna		141. W45	2175	01:18:10	01:26:16
4267.	2317.		Duschinski, Gregor		253. M40	2176	01:18:11	01:26:17
4268.		1951.	Offerdinger, Dorothea		142. W45	7930	01:18:13	01:26:34
4269.	2318.		Meyer, Jens	Förde Sparkasse	192. M55	7254	01:18:15	01:23:55
4270.		1952.	Petry, Dagmar		143. W45	8315	01:18:17	01:26:51
4271.		1953.	Zumtobel, Yukie		99. W55	12698	01:18:18	01:25:55
4272.		1954.	Struhs, Sonja		117. W50	11013	01:18:18	01:25:40
4273.	2319.		Petry, Carsten		193. M55	8314	01:18:19	01:26:51
4274.	2320.		Pei, Shen-Chian	GEOMAR	459. M	12845	01:18:19	01:26:59
4275.		1955.	Viertel, Lena		701. W	11644	01:18:21	01:26:38
4276.	2321.		Knorr, Karsten		188. M45	5479	01:18:21	01:18:21
4277.	2322.		Rokotow, Alexander		339. M30	9206	01:18:21	01:26:13
4278.	2323.		Sadolewski, Maciej		318. M35	9406	01:18:22	01:26:13
4279.	2324.		Duchnowski, Marcel		340. M30	2134	01:18:22	01:26:13
4280.		1956.	Tordsen, Kim		236. W35	11428	01:18:25	01:25:32
4281.	2325.		Tordsen, Tim		319. M35	11429	01:18:25	01:25:32
4282.		1957.	Seifert, Carlotta-Marie		702. W	10352	01:18:26	01:25:25
4283.		1958.	Nehls, Karlotta		703. W	7683	01:18:26	01:25:25
4284.		1959.	Malzan, Johanna		704. W	6908	01:18:28	01:25:34
4285.		1960.	Reese, Johanna		705. W	8826	01:18:28	01:26:45
4286.		1961.	Schröder, Amelie		706. W	9967	01:18:28	01:25:34
4287.		1962.	Hanekamp, Jana		324. W30	3716	01:18:29	01:26:16
4288.		1963.	Fischer, Corinna	Lauftreff Wita	237. W35	2628	01:18:30	01:26:36
4289.		1964.	Meerkamp, Johanna		707. W	7111	01:18:30	01:25:18
4290.	2326.		Kock, Christian		254. M40	5528	01:18:33	01:25:15
4291.		1965.	Schulz, Diana		144. W45	10138	01:18:34	01:20:41
4292.		1966.	Ahrens, Finnja	IB.SH Runners	708. W	94	01:18:34	01:23:30
4293.		1967.	Schmidt, Karolin		709. W	9752	01:18:35	01:24:40
4294.	2327.		Reinle, Yannick		341. M30	8922	01:18:36	01:25:06
4295.	2328.		Freyenhagen, Julian Elias		342. M30	2784	01:18:36	01:25:07
4296.		1968.	Schröder, Marie		710. W	9995	01:18:37	01:24:48
4297.	2329.		Stolley, Malte		320. M35	10928	01:18:37	01:24:30
4298.		1969.	Klischat, Ann-Kathrin	PwC Kiel	238. W35	5403	01:18:42	01:22:01
4299.		1970.	Warnecke, Kimberly		711. W	11947	01:18:44	01:26:56
4300.	2330.		Uphaus, Nicolas		189. M45	11559	01:18:47	01:22:20
4301.		1971.	Jürges, Fabia		712. W	7181	01:18:48	01:27:01
4302.		1972.	Maschke, Lara Christin	MBWFK	43. WJ U20	7008	01:18:48	01:22:16
4303.		1973.	Wagner, Katharina	Zack Ergotherapie	713. W	11884	01:18:50	01:25:42
4304.		1974.	Kühl, Svantje	RBZ Wirtschaft Kiel	239. W35	6028	01:18:50	01:24:43
4305.		1975.	Schütt, Justine-Sophie		714. W	10067	01:18:55	01:26:57
4306.		1976.	Schlößer, Linea		715. W	9693	01:18:55	01:26:57
4307.	2331.		Lühr, Matze		190. M45	6729	01:18:57	01:27:17
4308.		1977.	Weinnoldt, Kristina		240. W35	12053	01:18:57	01:27:17
4309.	2332.		Klug, Jens		146. M60	5435	01:18:59	01:22:01
4310.		1978.	von der Lancken, Martje		716. W	11756	01:19:00	01:27:20
4311.		1979.	Fedder, Julia	3-Generationen-Team	189. W40	2512	01:19:00	01:26:37
4312.	2333.		Utomo, Bayu		321. M35	11576	01:19:00	01:26:09

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4313.		1980.	Behnke, Anne Ragna		717. W	607	01:19:03	01:25:02
4314.	2334.		Medrikat, Maik		147. M60	7108	01:19:03	01:23:57
4315.		1981.	Rexmann, Dagmar		100. W55	8979	01:19:04	01:25:02
4316.		1982.	Pekgil, Gizem		325. W30	1569	01:19:05	01:24:41
4317.	2335.		Lahl, Simon		460. M	6185	01:19:06	01:24:01
4318.		1983.	Kuhlmann, Amily		718. W	6061	01:19:06	01:24:01
4319.		1984.	Terjung, Angelika		15. W65	11208	01:19:06	01:25:25
4320.	2336.		Sell, Jürgen		148. M60	10380	01:19:06	01:26:30
4321.		1985.	Fortnagel, Malin		719. W	2724	01:19:09	01:19:09
4322.		1986.	Beneke, Antje		720. W	678	01:19:10	01:26:08
4323.		1987.	Egtved, Smilla		44. WJ U20	2251	01:19:12	01:26:50
4324.		1988.	Noah, Maike	LTV Kiel-Ost	101. W55	7826	01:19:12	01:25:29
4325.	2337.		Rudi, Daniil	Kieler Volksbank eG	461. M	9296	01:19:12	01:27:37
4326.		1989.	Vollbehr, Emma	Kieler Volksbank eG	721. W	11713	01:19:13	01:27:38
4327.		1990.	Lüttgens, Simone		145. W45	6756	01:19:15	01:26:35
4328.	2338.		Fischer, Forest	KurzLang	149. M60	2630	01:19:16	01:26:00
4329.		1991.	Stiewe, Jana		722. W	10882	01:19:17	01:26:59
4330.		1992.	Stabenau, Annika		326. W30	10704	01:19:17	01:26:05
4331.		1993.	Sudhop, Leonie		723. W	11060	01:19:17	01:26:05
4332.		1994.	Grebe, Laura	Ski Club Willingen	724. W	3346	01:19:18	01:26:59
4333.		1995.	Slimpas, Elektra		118. W50	10550	01:19:20	01:26:21
4334.	2339.		Wicherek, Gerrit		172. M50	12178	01:19:20	01:25:56
4335.		1996.	Hellmann, Ida		725. W	4053	01:19:21	01:27:12
4336.		1997.	Ipsen, Melanie		726. W	11443	01:19:22	01:23:01
4337.		1998.	Tiedemann, Sarah		327. W30	11361	01:19:23	01:26:57
4338.		1999.	Gerhus, Wiebke	Landeshauptstadt Kiel	241. W35	3022	01:19:23	01:24:41
4339.	2340.		Böll, Philipp		343. M30	1000	01:19:28	01:27:59
4340.		2000.	D'Hondt-Ceter, Melanie		102. W55	2192	01:19:28	01:26:56
4341.		2001.	Boock-Raabe, Claudia		103. W55	1079	01:19:30	01:26:57
4342.		2002.	Wellershaus, Lilly		727. W	1580	01:19:31	01:27:59
4343.		2003.	Pérez Traulsen, Diane		242. W35	8637	01:19:32	01:24:58
4344.		2004.	Krüger, Noelle		728. W	5920	01:19:36	01:26:33
4345.		2005.	Reemtsma, Michaela		146. W45	8822	01:19:40	01:22:28
4346.	2341.		Schatz, Jorge		462. M	9571	01:19:40	01:28:14
4347.		2006.	van der Veen, Celine		729. W	11599	01:19:41	01:28:15
4348.		2007.	Tomalla, Svenja		190. W40	11417	01:19:42	01:27:01
4349.		2008.	Kiefer, Maria		730. W	5249	01:19:44	01:27:57
4350.		2009.	Drube, Jonna		731. W	2118	01:19:44	01:27:57
4351.		2010.	Heinze, Justyna	MLLEV	119. W50	4019	01:19:45	01:26:49
4352.	2342.		Kaiser, Niko	Team Kriwat Sport	463. M	5027	01:19:46	01:28:21
4353.		2011.	Effland, Sahra		191. W40	2235	01:19:49	01:24:07
4354.		2012.	Schmitt, Nicole		104. W55	9799	01:19:49	01:28:29
4355.		2013.	Klawitter-Borgmann, Antje		147. W45	5341	01:19:50	01:26:47
4356.		2014.	Mordhorst, Silke		105. W55	7473	01:19:52	01:26:49
4357.		2015.	Bieler, Victoria	Die Duracell-Häschen	148. W45	834	01:19:55	01:24:13
4358.		2016.	Dauelsberg, Nele	fördefrosch	732. W	2827	01:19:59	01:28:22
4359.		2017.	Wieben, Friederike	fördefrosch	733. W	12193	01:19:59	01:28:22
4360.		2018.	Paulsen, Bea		734. W	8127	01:19:59	01:27:05
4361.		2019.	Bünzen, Lea		735. W	1460	01:19:59	01:27:05
4362.		2020.	Linning, Lara		328. W30	6576	01:19:59	01:24:19
4363.		2021.	Bonifer, Tinke	GeFa	46. WJ U18	1074	01:20:01	01:25:26
4364.		2022.	Kreutz, Paula	GeFa	47. WJ U18	5843	01:20:01	01:25:26
4365.		2023.	Baumgart, Lijana	GeFa	45. WJ U20	508	01:20:02	01:25:26
4366.		2024.	Golubovic, Fatma Berna		243. W35	3245	01:20:03	01:26:11
4367.		2025.	Lichtrowitz, Katharina		244. W35	6476	01:20:04	01:26:11
4368.		2026.	Künzel, Stine		48. WJ U18	6053	01:20:06	01:27:49
4369.	2343.		Peetz, Felix		464. M	8163	01:20:11	01:21:53
4370.	2344.		Künzel, Dominic		255. M40	6051	01:20:11	01:27:56
4371.		2027.	Haase, Eileen		192. W40	3580	01:20:15	01:27:25
4372.	2345.		Pöhls, Mika		465. M	8468	01:20:16	01:26:35
4373.		2028.	Kestner, Patrícia		41. W60	5227	01:20:18	01:27:35
4374.		2029.	Keck, Nadine		149. W45	5156	01:20:18	01:27:26
4375.		2030.	Schnack, Silke		16. W65	9818	01:20:18	01:20:18
4376.		2031.	Wigger-Prieß, Christiane	LTV Kiel-Ost	17. W65	12252	01:20:18	01:20:18
4377.	2346.		Tietgen, Jan Christian		322. M35	11369	01:20:20	01:28:44
4378.		2032.	Sikora, Gabriele		18. W65	9102	01:20:22	01:25:53
4379.		2033.	Hüttenrauch, Antje		150. W45	4526	01:20:26	01:24:40
4380.		2034.	Rotermund, Anna Maria		329. W30	9260	01:20:29	01:27:18
4381.		2035.	Carstens, Sonja		120. W50	1602	01:20:34	01:28:17
4382.		2036.	Wohler, Lisa		330. W30	12396	01:20:34	01:28:17
4383.	2347.		Bräuer-Härtel, Peter		194. M55	1168	01:20:34	01:28:31
4384.		2037.	Schindel, Annika		331. W30	9661	01:20:35	01:27:33
4385.		2038.	Gauger, Emily		736. W	2950	01:20:35	01:27:33
4386.	2348.		Schatz, Sebastian		323. M35	9572	01:20:35	01:27:33
4387.		2039.	Härtel, Paulina		737. W	3622	01:20:35	01:28:31
4388.		2040.	Bednarski, Sally Marie		332. W30	586	01:20:36	01:26:18
4389.	2349.		Scholz, Christian		27. M70	9916	01:20:36	01:26:17
4390.	2350.		Gehle, Stefan		195. M55	2968	01:20:38	01:28:07
4391.	2351.		Brodersen, Nils		191. M45	1334	01:20:43	01:26:16
4392.	2352.		Duderstadt, Björn		192. M45	2142	01:20:43	01:20:43
4393.		2041.	Schröder, Sophie		738. W	10003	01:20:44	01:20:44
4394.		2042.	Brauer, Simone		42. W60	1226	01:20:44	01:24:34
4395.		2043.	Wandke, Angelique	Holtsee Runners	46. WJ U20	11934	01:20:47	01:26:51
4396.		2044.	Habermann, Gabi		106. W55	3598	01:20:47	01:28:17
4397.	2353.		Sendel, Gerhard		68. M65	10397	01:20:49	01:27:44
4398.	2354.		Klindt, Olaf		150. M60	5387	01:20:53	01:27:34
4399.		2045.	Finger, Marie		739. W	2607	01:21:03	01:29:09
4400.	2355.		Schnettler, Kevin		344. M30	9860	01:21:03	01:29:09

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4401.		2046.	Eichhorn, Nele		333. W30	2290	01:21:07	01:29:07
4402.	2356.		Wiese, Jan		345. M30	12234	01:21:07	01:29:07
4403.	2357.		Behrendt, Marcel		324. M35	625	01:21:11	01:28:06
4404.		2047.	Jonsson, Rebecca		121. W50	4899	01:21:12	01:28:24
4405.		2048.	Horst, Aileen		193. W40	4461	01:21:13	01:28:25
4406.		2049.	Stuhr, Johanna		740. W	11049	01:21:26	01:21:26
4407.		2050.	Sick, Alina		334. W30	10432	01:21:28	01:29:02
4408.		2051.	Völter, Anna Sara		335. W30	11666	01:21:28	01:29:02
4409.		2052.	Lange, Melina		336. W30	6237	01:21:28	01:29:02
4410.		2053.	Richter, Laura		245. W35	12730	01:21:33	01:23:27
4411.		2054.	Steinbach, Miriam	Stadtwerke SH	151. W45	10813	01:21:38	01:24:38
4412.		2055.	Cárdenes Wuttig, Paulina		741. W	1782	01:21:41	01:27:59
4413.		2056.	Regel, Ina R. P.		246. W35	8831	01:21:45	01:29:26
4414.		2057.	Pohlmann, Marei		742. W	8492	01:21:46	01:29:13
4415.	2358.		Croon, Max		466. M	1761	01:21:47	01:27:15
4416.		2058.	Haß, Sonja		107. W55	3882	01:21:47	01:28:47
4417.	2359.		Martens, Boie		3. M80	6965	01:21:48	01:27:33
4418.	2360.		Lender, Stefan	Dataporti	256. M40	6409	01:21:50	01:26:25
4419.		2059.	Gietzelt, Neele	Fördeplus	743. W	3086	01:21:53	01:25:50
4420.	2361.		Ihben, Johann		151. M60	4575	01:21:57	01:29:29
4421.	2362.		Höfelmeyer, Peter	Förde Sparkasse	173. M50	4299	01:21:59	01:29:08
4422.		2060.	Schmidt-Falbe, Stefanie		152. W45	9787	01:21:59	01:29:17
4423.	2363.		Mattig, Horst	TSV Altenholz	28. M70	7065	01:22:09	01:28:34
4424.	2364.		Leibrich, Jochen		174. M50	6378	01:22:11	01:30:18
4425.	2365.		Kanclerowicz, Maximilian		467. M	5061	01:22:12	01:28:39
4426.	2366.		Rudolf, Frank		29. M70	9300	01:22:13	01:28:19
4427.		2061.	Rothenhagen, Leah		744. W	9272	01:22:25	01:29:50
4428.		2062.	Terraschke, Huayna		194. W40	11210	01:22:25	01:29:10
4429.	2367.		Baltutis, Yannik		468. M	397	01:22:25	01:29:50
4430.		2063.	Flores Canet, Silke		19. W65	2696	01:22:26	01:28:50
4431.		2064.	Krizia, Birgit	USC Kiel	108. W55	5472	01:22:27	01:28:50
4432.	2368.		Spieckermann, André	Farmsener Turnverein von 1926 e.V.	193. M45	10660	01:22:37	01:29:21
4433.		2065.	Bauer, Marie-Kristin		745. W	489	01:22:41	01:29:48
4434.		2066.	Schnoor, Sarah		746. W	9873	01:22:42	01:29:48
4435.	2369.		Schaible, Torben		346. M30	9553	01:22:45	01:29:25
4436.		2067.	Schaible, Birte		747. W	9552	01:22:46	01:29:25
4437.		2068.	Lünert, Anja		109. W55	6734	01:22:47	01:22:47
4438.	2370.		Brodtmann, Detlev		69. M65	1338	01:22:49	01:30:06
4439.		2069.	Ascher, Anna		337. W30	283	01:22:51	01:30:09
4440.		2070.	Ott, Svenja		748. W	7998	01:22:51	01:30:09
4441.		2071.	Brodtmann, Tanja		153. W45	1339	01:22:53	01:30:09
4442.	2371.		Esch, Oliver	Betty Ford Bewegungskollektiv	194. M45	2414	01:23:00	01:31:30
4443.		2072.	Schmalzer, Stefanie	Betty Ford Bewegungskollektiv	195. W40	9708	01:23:00	01:31:30
4444.		2073.	Huxdorf, Sarah	Betty Ford Bewegungskollektiv	196. W40	4571	01:23:00	01:31:30
4445.	2372.		Höhne, Kay	Betty Ford Bewegungskollektiv	175. M50	4309	01:23:00	01:31:30
4446.		2074.	Rothenheber, Anabel		749. W	9273	01:23:06	01:30:31
4447.		2075.	Dreiner, Hildegard	SSF Bonn	43. W60	2092	01:23:09	01:30:49
4448.		2076.	Hammerich, Greta		750. W	3706	01:23:10	01:30:22
4449.	2373.		Hammerich, Gunther		70. M65	3707	01:23:11	01:30:24
4450.		2077.	Hammerich, Janne		751. W	3708	01:23:12	01:30:24
4451.		2078.	Baasch, Bettina		247. W35	328	01:23:17	01:29:12
4452.		2079.	Wäger, Katharina		752. W	11871	01:23:18	01:31:06
4453.	2374.		Klapproth, Finn		469. M	5327	01:23:18	01:31:06
4454.		2080.	Maci, Elena	Zack Ergotherapie	753. W	6806	01:23:18	01:30:11
4455.		2081.	Arp, Danille	Zack Ergotherapie	754. W	270	01:23:19	01:30:12
4456.	2375.		Ernst, Benedikt		470. M	2401	01:23:22	01:30:59
4457.		2082.	Korn, Maja		755. W	5714	01:23:23	01:31:55
4458.		2083.	Feer, Nele		756. W	2520	01:23:24	01:30:11
4459.		2084.	Schwarzer, Hanna		757. W	10278	01:23:25	01:30:11
4460.		2085.	Schefe, Kristin		758. W	9593	01:23:35	01:32:07
4461.		2086.	Thede, Benita		759. W	11230	01:23:37	01:32:10
4462.		2087.	Vogelsang, Saskia		760. W	11678	01:23:39	01:32:00
4463.		2088.	Vogelsang, Vanessa		761. W	11680	01:23:39	01:32:00
4464.	2376.		Vogelsang, Stefan		152. M60	11679	01:23:40	01:32:01
4465.		2089.	Niemeyer, Grit	Kieler Brustkrebssprossen	110. W55	7787	01:23:42	01:30:15
4466.	2377.		Durand Wetzell, Josw Irving	OT-Kiel	325. M35	2171	01:23:43	01:42:58
4467.		2090.	Rohwer-Jacobsen, Sylvia	Nibøl UF	122. W50	9204	01:23:44	01:31:40
4468.	2378.		Schmidt, Hans-Ulrich		196. M55	9739	01:23:44	01:27:15
4469.		2091.	Schmidt, Verónica		154. W45	9784	01:23:45	01:27:16
4470.	2379.		Smarzyk, Artur		71. M65	10554	01:23:50	01:32:25
4471.		2092.	Walter, Sarah		762. W	11926	01:23:53	01:32:19
4472.	2380.		Léger, Paul	SV Kirchbarkau	72. M65	6783	01:23:55	01:30:15
4473.		2093.	Martensen, Alina Marie	Deichperlen	763. W	6977	01:24:00	01:32:26
4474.		2094.	Reth, Kirstin	Deichperlen	123. W50	8964	01:24:00	01:32:26
4475.		2095.	Willer, Nina Alexandra		764. W	12274	01:24:04	01:31:59
4476.		2096.	Marxen, Antonia		765. W	6999	01:24:04	01:32:00
4477.		2097.	Dick, Franka	fördefrosch	766. W	1925	01:24:04	01:32:26
4478.	2381.		Gijsemans, Gustaaf		30. M70	3087	01:24:04	01:31:12
4479.	2382.		Willer, Johannes		471. M	12273	01:24:04	01:31:59
4480.		2098.	Trevino Dresel, María	Idemia	197. W40	11482	01:24:04	01:30:25
4481.		2099.	Willer, Paula Katharina		767. W	12275	01:24:05	01:32:00
4482.		2100.	Witulski, Julia		248. W35	12370	01:24:05	01:32:32
4483.		2101.	Christiansen, Simone		249. W35	1655	01:24:11	01:27:02
4484.		2102.	Möller, Lara		768. W	7400	01:24:12	01:32:55
4485.		2103.	Friese, Vera		155. W45	2822	01:24:13	01:32:05
4486.		2104.	Vageler, Constanze		111. W55	11584	01:24:14	01:32:23
4487.		2105.	Rohwedder, Gisela		44. W60	9175	01:24:14	01:31:24
4488.		2106.	Maltz Foell, Sara		8. W70	6905	01:24:16	01:30:21

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
4489.		2107.	Brune, Annika		338. W30	1391	01:24:21	01:31:52
4490.	2383.		Landschoof, Ole		326. M35	6211	01:24:21	01:31:52
4491.		2108.	Schatz, Birgit		20. W65	9570	01:24:23	01:33:02
4492.		2109.	Kossyk, Sabine		45. W60	5732	01:24:31	01:32:04
4493.		2110.	Nilsson, Malina	Dataporti	339. W30	7800	01:24:34	01:32:39
4494.		2111.	Wuttig, Stefanie		250. W35	12556	01:24:35	01:31:54
4495.		2112.	Beiß, Melanie		340. W30	644	01:24:36	01:32:08
4496.		2113.	Sakowski, Tanja	Holtsee Runners	124. W50	9428	01:24:42	01:32:46
4497.		2114.	Heinrich, Hanna		769. W	3995	01:24:52	01:32:37
4498.		2115.	Alsbach, Sina		341. W30	155	01:24:55	01:31:04
4499.		2116.	Rohwedder, Anja		251. W35	9173	01:24:58	01:32:05
4500.		2117.	Behnke, Barbara		112. W55	608	01:24:59	01:32:39
4501.	2384.		Domann, Thomas		73. M65	2050	01:25:02	01:32:30
4502.		2118.	Punke, Monja		252. W35	8630	01:25:02	01:32:30
4503.		2119.	Fedder, Ines		253. W35	2511	01:25:04	01:31:47
4504.	2385.		Görtz, Knut		327. M35	3196	01:25:05	01:31:47
4505.		2120.	Oberdick, Anna	Kieler Volksbank eG	770. W	7880	01:25:06	01:32:45
4506.		2121.	Hildenbrand, Katrin		156. W45	4216	01:25:14	01:31:43
4507.		2122.	Carstensen, Janne		771. W	1605	01:25:15	01:31:36
4508.	2386.		Krause, Bernd		153. M60	5808	01:25:15	01:31:59
4509.	2387.		Knoop, Thorsten		195. M45	5478	01:25:28	01:29:58
4510.	2388.		Gottorf, Sven	LOTTO Schleswig-Holstein GmbH & Co. KG	257. M40	3278	01:25:28	01:29:58
4511.		2123.	Klose, Jennifer		254. W35	5422	01:25:32	01:33:59
4512.		2124.	Oldenburg, Merle		772. W	7947	01:25:37	01:33:27
4513.		2125.	Michalczyk, Clara		773. W	7298	01:25:40	01:33:58
4514.		2126.	Hirsch, Sandra		255. W35	7720	01:25:43	01:33:20
4515.	2389.		Schultz, Manuel		176. M50	10124	01:26:05	01:30:40
4516.		2127.	Schultz, Enya		49. WJ U18	10116	01:26:05	01:30:40
4517.		2128.	Timm, Ulrike		198. W40	11388	01:26:08	01:34:51
4518.		2129.	Wierig, Louisa		774. W	12226	01:26:12	01:32:31
4519.		2130.	Sauer, Jasmin		342. W30	9484	01:26:25	01:31:51
4520.		2131.	Pein, Meira		775. W	8171	01:26:30	01:34:04
4521.	2390.		Alhassan, Moaz	Elisabethheim Havetoft	108. MJ U18	141	01:26:33	01:27:17
4522.		2132.	Fayazi, Milay	Fielmann AG	47. WJ U20	2503	01:26:33	01:33:49
4523.		2133.	Christ, Mareike	IB.SH Runners	157. W45	1645	01:26:41	01:34:09
4524.		2134.	Söth, Dagmar		113. W55	10581	01:26:48	01:35:13
4525.		2135.	Riege, Loisa-Marisa		776. W	9035	01:26:49	01:32:12
4526.	2391.		Lachmann, Thomas		197. M55	6170	01:26:49	01:32:11
4527.	2392.		Barich, Robert		198. M55	422	01:27:01	01:35:16
4528.		2136.	Günther, Jennifer		256. W35	3505	01:27:04	01:35:14
4529.	2393.		Könnecker, Wilfried		31. M70	5601	01:27:08	01:30:29
4530.		2137.	Holst, Kathleen		114. W55	4407	01:27:10	01:35:06
4531.		2138.	Galdino dos Santos, Barbara Gabriela		343. W30	2913	01:27:44	01:36:21
4532.		2139.	Heber, Yvonne		199. W40	3935	01:27:46	01:36:29
4533.	2394.		Stoske, Ryan		472. M	10950	01:27:51	01:36:22
4534.		2140.	Liesenberger, Caja	Hot Heels	777. W	6513	01:28:02	01:34:19
4535.		2141.	Pennekamp, Mia	Hot Heels	778. W	8181	01:28:02	01:34:19
4536.		2142.	Stoß, Fiona		779. W	10951	01:28:03	01:35:18
4537.		2143.	Röhl, Antonia		780. W	9103	01:28:05	01:34:55
4538.		2144.	Clausen, Cornelia		21. W65	1677	01:28:21	01:36:29
4539.	2395.		Rammelt, Jan		154. M60	8735	01:28:30	01:34:51
4540.	2396.		Böttger, Hannes		473. M	10057	01:28:46	01:34:36
4541.		2145.	Heitmann, Sophie		781. W	4035	01:28:47	01:34:36
4542.	2397.		Becker, Ulrich	TSV Kronshagen	8. M75	562	01:28:49	01:35:32
4543.		2146.	Iordanidou, Sofia	IFCN Running Club	344. W30	4598	01:28:52	01:36:13
4544.		2147.	Heukelbach, Carolin		158. W45	4186	01:28:56	01:33:42
4545.		2148.	Kreutzfeldt, Nadine		257. W35	5847	01:29:00	01:36:57
4546.		2149.	Carstensen, Malin		345. W30	1609	01:29:00	01:36:57
4547.	2398.		Hartwig, Gert		32. M70	3854	01:29:24	01:35:34
4548.	2399.		Krumrey, Bernhard		9. M75	5953	01:29:55	01:37:21
4549.		2150.	Breyde, Sontje		48. WJ U20	1305	01:29:55	01:38:07
4550.		2151.	Neumuth, Marie		782. W	7737	01:30:08	01:38:13
4551.		2152.	Krüger, Melanie		346. W30	5917	01:30:19	01:38:05
4552.		2153.	Kunze, Christina	Peloton	258. W35	6116	01:30:20	01:35:51
4553.	2400.		Tylkowski, Otto	Erdinger Actice Team	4. M80	11523	01:30:43	01:39:29
4554.		2154.	Nickels, Isabel		259. W35	7755	01:31:07	01:37:20
4555.		2155.	Otzen, Merle		347. W30	8014	01:31:08	01:37:20
4556.		2156.	Conrad, Louisa		783. W	1723	01:31:18	01:40:04
4557.		2157.	Rumpelt, Katrin	Running Clan	46. W60	9348	01:31:35	01:31:35
4558.	2401.		Marxsen, Jan		155. M60	7002	01:32:16	01:39:39
4559.	2402.		Dogar, Mevlüt		199. M55	2032	01:34:16	01:39:46
4560.		2158.	Stühmer, Susanne		260. W35	11039	01:34:34	01:34:34
4561.		2159.	Schönies, Lena		261. W35	9893	01:34:41	01:34:41
4562.		2160.	Neßlinger, Charlotte	KPMG Kiel	348. W30	7693	01:35:18	01:39:54
4563.		2161.	Sosath, Vivian		784. W	10628	01:35:26	01:42:38
4564.		2162.	Dibbern, Nele		785. W	1922	01:35:27	01:42:38
4565.		2163.	Kunze, Angelika	Peloton	22. W65	6114	01:35:47	01:42:40
4566.	2403.		Noelle, Oliver		74. M65	5840	01:37:14	01:45:32
4567.	2404.		Wita, Boris		177. M50	12343	01:37:15	01:45:32
4568.		2164.	Breyde, Suvi		50. WJ U18	1306	01:38:05	01:46:16
4569.	2405.		Hopfmann, Kolja		347. M30	4434	01:38:09	01:46:14
4570.		2165.	Zorn, Jessica		786. W	12690	01:38:09	01:46:14
4571.	2406.		Meister, Dirk		200. M55	7172	01:38:32	01:45:24
4572.	2407.		Breyde, Marko		196. M45	1303	01:39:20	01:47:40
4573.		2166.	Breyde, Melanie		159. W45	1304	01:39:20	01:47:40
4574.	2408.		Schatt, Michael	Förde Sparkasse	75. M65	9569	01:49:56	01:58:47
4575.		2167.	Doose, Lena Marie		787. W	2063	01:58:13	02:06:28
4576.	2409.		Lilischkies, Lorenz		474. M	6523	03:10:23	03:10:23