

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1.	1.		Golecki, Jarle	LAC Kronshagen	1. M	3232	00:16:12	00:16:12
2.	2.		Haude, Tobias	LAC Kronshagen	1. MJ U20	1519	00:17:09	00:17:11
3.	3.		Lucassen, Kjell	Holtsee Runners	2. MJ U20	6685	00:17:10	00:17:14
4.	4.		Klausch, Justus	LAC Kronshagen	3. MJ U20	5339	00:17:13	00:17:15
5.	5.		Ernst, Tjorven	USC Kiel	2. M	2409	00:17:18	00:17:19
6.	6.		Burke, Mats	SG Athletico Büdelsdorf e.V.	4. MJ U20	1515	00:17:23	00:17:25
7.	7.		Vogl, Namgyal	Baltic Storms	3. M	11683	00:17:54	00:17:57
8.	8.		Abshagen, Lorenz	LAC Kronshagen	5. MJ U20	41	00:18:08	00:18:09
9.	9.		Abshagen, Nicolai	LAC Kronshagen	6. MJ U20	44	00:18:09	00:18:11
10.	10.		Omelan, Marvin Christopher Vincenzo		1. M35	7958	00:18:10	00:18:13
11.	11.		Hansen, Alexander		1. M30	3728	00:18:25	00:18:26
12.	12.		Turczyk, Michal		2. M30	11516	00:18:35	00:18:37
13.	13.		Dumke, Till	Leichtathletikclub Kronshagen	4. M	2162	00:18:41	00:18:43
14.	14.		Parusel, Henrik	TSV Fahrdorf	1. M40	8092	00:19:01	00:19:05
15.	15.		Schröder, Henri	Woodenpox	5. M	12831	00:19:12	00:19:16
16.	16.		Oellrich, Thjorben	Woodenpox	3. M30	1246	00:19:20	00:19:24
17.	17.		Schütt, Marvin		2. M35	10069	00:19:25	00:19:28
18.		1.	Mues, Berit	Leichtathletikclub Kronshagen	1. W	7588	00:19:33	00:19:34
19.	18.		Melnychuk, Dan	LAC Kronshagen	7. MJ U20	10864	00:19:34	00:19:36
20.		2.	von Petersdorff, Lina	LAC Kronshagen	2. W	11791	00:19:43	00:19:45
21.	19.		Hamann, Jakob	Salon Stoffregen	3. M35	3679	00:19:53	00:20:06
22.	20.		Matthiesen, Quentin		6. M	7743	00:20:01	00:20:04
23.		3.	Krause, Sanya	LAC Kronshagen	3. W	5815	00:20:04	00:20:06
24.	21.		Vollersten, Tjark	Team Kriwat Sport	7. M	11719	00:20:34	00:20:40
25.	22.		Yanakouros, Tim-Lars	CAU Lauftreff	8. M	7414	00:20:40	00:20:44
26.	23.		Hinrichsen, Leif		9. M	4252	00:20:45	00:23:21
27.	24.		Wrage, Jonas	SG Athletico Büdelsdorf	4. M30	12484	00:20:46	00:20:50
28.	25.		Bartsch, Johannes	LAC Kronshagen	10. M	4638	00:20:50	00:21:01
29.	26.		Berger, Mirco	Woodenpox	11. M	12832	00:20:52	00:20:57
30.	27.		Immink, Niklas	Team Kriwat Sport	5. M30	4589	00:21:02	00:21:08
31.		4.	Kolb, Runa	LAC Kronshagen	1. W40	5662	00:21:41	00:21:47
32.	28.		Getzke, Marc		12. M	3056	00:21:43	00:21:49
33.	29.		Ballke, Lasse		6. M30	391	00:22:04	00:22:06
34.	30.		Hasler, Mario	Kieler Turnerbund v 1899 eV (KTB)	1. M45	3866	00:22:04	00:22:11
35.	31.		Evers, Marc	Förde Sparkasse	4. M35	2430	00:22:11	00:22:18
36.	32.		Sander, Christian	CAU Lauftreff	5. M35	9450	00:22:17	00:22:20
37.	33.		Grunwald, Max		8. MJ U20	3481	00:22:21	00:22:58
38.	34.		Faber, Lars		2. M40	2455	00:22:31	00:22:39
39.	35.		Nordheim, Jan Niklas		13. M	7855	00:22:32	00:22:45
40.	36.		Zeitz, Dominic-Carsten		14. M	12613	00:22:38	00:23:45
41.	37.		Schlotfeldt, Dirk		6. M35	9696	00:22:39	00:23:01
42.		5.	Görg, Catherine		1. WJ U20	3174	00:22:39	00:22:55
43.	38.		Kreß, Michael		3. M40	5837	00:22:47	00:23:06
44.	39.		Matthiesen, Tobias		15. M	7050	00:22:53	00:23:09
45.		6.	Sperling, Sabrina		1. W30	10656	00:22:59	00:23:15
46.	40.		Raabe, Timo		2. M45	8661	00:23:05	00:23:08
47.	41.		Noak, Jens	ALG-VfL Bokel	1. M55	7827	00:23:06	00:23:14
48.	42.		Martin, Nicolas		16. M	6989	00:23:07	00:24:13
49.	43.		Lau, Fritz Jesse	Stammtisch e.V.	17. M	10690	00:23:15	00:23:34
50.	44.		Pohl, Ture		4. M40	8482	00:23:15	00:24:21
51.	45.		Eckstein, Andreas		2. M55	2221	00:23:20	00:23:32
52.		7.	Kock, Nina		1. W45	5534	00:23:25	00:23:44
53.	46.		Jensen, Clemens		7. M30	4790	00:23:26	00:23:26
54.		8.	Früchtenicht, Katrin		4. W	2854	00:23:27	00:23:36
55.	47.		Jahnke, Sven Michael		18. M	4704	00:23:31	00:27:20
56.	48.		Siedler, Jürgen	TSG Giengen	1. M60	10444	00:23:32	00:23:37
57.		9.	Krüger-Hansen, Melanie		2. W40	5930	00:23:37	00:23:41
58.	49.		Momsen, Jonte	Baltic Storms	9. MJ U20	7459	00:23:42	00:23:46
59.	50.		Benkwitz, Marcel	PowerBenk	10. MJ U20	682	00:23:42	00:24:35
60.		10.	Bui, Thi Thuy Linh		5. W	1487	00:23:44	00:23:51
61.	11.		Gravert, Maren		1. W35	3344	00:23:50	00:24:06
62.		12.	Dietrich, Corinna	LG Albatros Kiel/TEA	2. W35	1946	00:23:50	00:24:01
63.	51.		Nickel, Christian	TSV Fahrdorf	5. M40	7747	00:23:52	00:24:26
64.		13.	Tibbe, Lisa		2. WJ U20	11351	00:23:55	00:24:04
65.	52.		Lassen, Joschka		8. M30	6299	00:23:56	00:26:32
66.	53.		Clemens, Johan	Dataporti	3. M45	1702	00:23:56	00:24:43
67.	54.		Dammann, Rolf	ALG-VfL Bokel	2. M60	1806	00:24:00	00:24:09
68.	55.		Höper, Jörn	Höper Bordesholm	3. M55	4314	00:24:10	00:24:33
69.	56.		Rennekamp, Gunnar		4. M45	8943	00:24:14	00:24:37
70.	57.		Ziplinsky, Paul	Zippels Läuferwelt	9. M30	20	00:24:18	00:24:47
71.		14.	Dioum, Bettina	Spiridon Schleswig	1. W55	1966	00:24:24	00:26:55
72.	58.		Schwerdhelm, Tim		19. M	10303	00:24:27	00:25:18
73.		15.	Henningsen, Mela		6. W	4104	00:24:30	00:25:07
74.		16.	Pritzkeleit, Martha		7. W	8591	00:24:30	00:25:05
75.	59.		Mogensen, Nico	Team Kriwat Sport	10. M30	7431	00:24:33	00:24:54
76.	60.		Kriwat, Lais	Team Kriwat Sport	20. M	5869	00:24:33	00:24:54
77.	61.		Zirkelbach, Christian	Dataporti	6. M40	12682	00:24:38	00:24:53
78.	62.		Groneberg, Lasse		21. M	3416	00:24:40	00:25:42
79.	63.		Klink, Werner	TuS Holtenau	3. M60	5398	00:24:49	00:24:56
80.	64.		Neitzel, Jeremy	Woodenpox	22. M	12833	00:24:51	00:24:57
81.		17.	Bornholdt, Bianca	Stryker	3. W35	1120	00:24:52	00:25:45
82.	65.		Runge, Andreas		4. M60	9351	00:24:59	00:25:14
83.		18.	Henneke, Nathalie	Team Kriwat Sport	4. W35	4090	00:25:06	00:25:25
84.	66.		Schmidt, Thorsten	Gemeinsam gegen Krebs	5. M45	9782	00:25:06	00:25:20
85.	67.		Jöhnk, Sven		23. M	4862	00:25:07	00:25:23
86.	68.		Recker, Maximilian		24. M	8807	00:25:08	00:25:08
87.	69.		Boockhoff, Linus		25. M	1081	00:25:08	00:26:11
88.	70.		Schrum, Stefan		4. M55	10031	00:25:09	00:25:33

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
89.	71.		Samson, Loola	Lebenhilfewerk Neumünster	26. M	9444	00:25:12	00:25:15
90.	72.		Stave, Olaf	Lebenhilfewerk Neumünster	5. M55	10769	00:25:17	00:25:20
91.		19.	Rusch, Paula	Flotterflitzer	8. W	9367	00:25:17	00:25:27
92.		20.	Haase, Edita		3. W40	772	00:25:18	00:27:37
93.		21.	Puglia, Sandra		4. W40	8620	00:25:22	00:25:29
94.	73.		Ehrlich, Yannick		11. MJ U20	2284	00:25:26	00:26:01
95.		22.	Dubbert, Cornelia		2. W45	2123	00:25:27	00:25:34
96.	74.		Pietsch, Martin		7. M35	8389	00:25:28	00:26:40
97.	75.		Hanker, Tjark-Ole		27. M	3724	00:25:33	00:25:57
98.	76.		Strecker, Bjarne	Läuft bei GCN	12. MJ U20	10971	00:25:35	00:25:59
99.	77.		Pokovba, Michael		28. M	8493	00:25:37	00:26:34
100.	78.		Gehrke, Lukas	e-nema	29. M	2977	00:25:38	00:28:01
101.		23.	Zyball, Feli		9. W	12715	00:25:41	00:25:49
102.	79.		Hamann, Torte		30. M	3694	00:25:43	00:26:06
103.	80.		Schmidt, Dennis		7. M40	9734	00:25:43	00:25:58
104.		24.	Fröhling, Florentine	Stryker	5. W35	2847	00:25:44	00:26:11
105.		25.	Meier, Johanna	Stryker	2. W30	7131	00:25:51	00:26:18
106.	81.		Alex, Max		31. M	133	00:25:51	00:27:58
107.		26.	Guttau, Simone	Stryker	5. W40	3552	00:25:51	00:26:19
108.	82.		Steinert, Ralf		6. M55	10825	00:25:53	00:25:53
109.		27.	Carow, Tiannah		3. WJ U20	1593	00:25:54	00:26:47
110.	83.		Kindermann, Ulf		7. M55	5276	00:25:56	00:27:46
111.		28.	Stoltenburg, Kirska	Humboldt-Schule	6. W40	10938	00:25:58	00:27:59
112.	84.		von Criegern, Felix		6. M45	11750	00:26:00	00:26:15
113.	85.		Schwerdhelm, Christopher		8. M35	10299	00:26:01	00:26:53
114.	86.		Schumacher, Lasse		11. M30	10202	00:26:09	00:26:40
115.		29.	Schmidt, Annika	Team Kriwat Sport	10. W	9726	00:26:12	00:26:34
116.	87.		Witt, Morris		32. M	7730	00:26:13	00:26:18
117.		30.	Wetzel, Stefanie	Stadtwerke Kiel	3. W45	12166	00:26:14	00:27:04
118.		31.	Zink, Lea	Stiftung Naturschutz	6. W35	12678	00:26:23	00:28:31
119.	88.		Boitschenko, Eduard		12. M30	1045	00:26:25	00:28:12
120.	89.		Scheer, Paul		9. M35	9592	00:26:31	00:28:20
121.	90.		Lorenz, Benedikt		13. M30	6649	00:26:32	00:27:19
122.	91.		Kalsberger, Tim	TuS Holtenau	33. M	5039	00:26:35	00:26:35
123.		32.	Haß, Svenja	Nordlicht Ausdauer-Coaching	7. W35	3883	00:26:36	00:26:43
124.		33.	Wibrow, Hannah		11. W	12175	00:26:38	00:27:32
125.		34.	Prior, Tanja	Priority Run	3. W30	8588	00:26:43	00:27:21
126.	92.		Szalties, Arne		5. M60	11106	00:26:45	00:27:10
127.		35.	Rieper, Nadja		8. W35	9050	00:26:46	00:27:34
128.	93.		Höper, Johannes	Höper Bordesholm	34. M	4315	00:26:47	00:27:12
129.	94.		Helmich, Bernd		1. M50	4068	00:26:50	00:27:05
130.	95.		Czulkies, Bernd		10. M35	1777	00:26:52	00:28:11
131.	96.		Röhling, Pascal	Dataporti	14. M30	9110	00:26:57	00:27:04
132.	97.		Bertow, Kai		7. M45	762	00:26:57	00:28:25
133.	98.		Schmidt, Ole	Team Kriwat Sport	6. M60	9771	00:26:57	00:27:14
134.		36.	Pohl, Lena		7. W40	8476	00:26:58	00:27:51
135.	99.		Thorns, Patrick		11. M35	2914	00:27:00	00:28:02
136.		37.	Waldraff, Hanna		12. W	11907	00:27:01	00:27:23
137.	100.		Köhn, Thomas		8. M45	5559	00:27:05	00:28:07
138.	101.		Hamann, Heiko		8. M55	3676	00:27:05	00:27:57
139.	102.		Görg, Holger		9. M55	3175	00:27:09	00:27:22
140.		38.	Wechsler, Iris	Stryker	4. W30	6599	00:27:15	00:27:43
141.	103.		Brauer, Björn		12. M35	1213	00:27:15	00:28:35
142.	104.		Hartmann, Philip	Team Hase	8. M40	3849	00:27:17	00:28:33
143.	105.		Bamm, Eric	GALENpharma	15. M30	401	00:27:21	00:29:08
144.	106.		Meinert, Ronny	Wilms Sicherheit	13. M35	12723	00:27:21	00:27:49
145.	107.		Kraft, Axel	Förde Sparkasse	10. M55	5774	00:27:21	00:27:54
146.	108.		Reestorff, Thorsten		11. M55	8829	00:27:22	00:27:34
147.		39.	Maaß, Laura		5. W30	6797	00:27:27	00:27:58
148.		40.	Musch, Melia		13. W	7622	00:27:27	00:37:17
149.		41.	Manke, Verena		8. W40	6913	00:27:29	00:28:13
150.	109.		Neise, Leon		35. M	7687	00:27:31	00:27:52
151.	110.		Brauer, Rasmus	VFG Kiel e.V. (FiZ)	13. MJ U20	1224	00:27:36	00:30:26
152.		42.	Karol, Cornelia		9. W40	5105	00:27:40	00:27:56
153.		43.	Becker, Anna	1. KHTC	14. W	537	00:27:41	00:29:56
154.		44.	Klatt, Tanja		1. W50	5336	00:27:43	00:27:51
155.		45.	Oldenburg, Silvia		2. W50	7948	00:27:44	00:29:31
156.		46.	von Randow, Wibke		10. W40	11793	00:27:44	00:27:56
157.	111.		Wilgus, Iven		36. M	12259	00:27:47	00:28:47
158.	112.		Hunold, René	Team VOSS Küstenläufer	9. M45	4548	00:27:51	00:28:12
159.	113.		Finke, Marco		10. M45	2608	00:27:51	00:28:13
160.		47.	Vollertsen, Jule		6. W30	11721	00:27:52	00:28:28
161.	114.		Gazis, Iason Zois	GEOMAR	14. M35	2955	00:27:53	00:28:01
162.		48.	Fiedler, Sophia		9. W35	40	00:28:04	00:29:11
163.	115.		Landt-Hayen, Marco	Die Kohorte	11. M45	6213	00:28:06	00:28:11
164.	116.		Hartnack, Tim	Solvares Runner	12. M45	3850	00:28:06	00:28:41
165.	117.		Wendt, Lukas		16. M30	12101	00:28:08	00:29:13
166.		49.	Hintz, Lea	Team Kriwat Sport	15. W	4256	00:28:11	00:29:03
167.	118.		Schwerdhelm, Matthäus		37. M	10300	00:28:14	00:29:09
168.	119.		Theede, Sven		12. M55	11239	00:28:16	00:30:28
169.		50.	Burchardt, Emily Sophia		16. W	1508	00:28:17	00:28:55
170.	120.		Zabala, David		15. M35	12575	00:28:20	00:29:09
171.		51.	Marxsen, Johanna		17. W	8191	00:28:20	00:28:37
172.		52.	Rathje, Jana	Gemeinsam gegen Krebs	11. W40	8770	00:28:22	00:29:12
173.		53.	Nielsen, Ragna		4. WJ U20	7773	00:28:25	00:29:12
174.		54.	Scheumann, Franziska		12. W40	9629	00:28:26	00:28:32
175.	121.		Oertling, Sebastian	Dataporti	9. M40	7905	00:28:27	00:29:13
176.		55.	Hepach, Helmke	GEOMAR	13. W40	4118	00:28:30	00:30:34

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Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
177.	122.		Kruse, Jan	TuS Holtenau	13. M55	5964	00:28:38	00:29:22
178.	123.		Wendt, Frank		7. M60	12098	00:28:39	00:29:44
179.	124.		Behrendt, Andre	Team Kriwat Sport	13. M45	623	00:28:39	00:28:58
180.	125.		Deichmann, Michael		8. M60	1857	00:28:44	00:29:11
181.	126.		Stoltenberg, Henning		16. M35	10931	00:28:45	00:29:33
182.		56.	Keller, Marlene	Max Rubner-Institut	18. W	5171	00:28:46	00:29:32
183.		57.	Bewig, Merete		7. W30	793	00:28:47	00:29:54
184.		58.	Theune, Laura	Zippels Läuferwelt	10. W35	11246	00:28:49	00:29:13
185.	127.		Nordheim, Thomas		9. M60	7857	00:28:50	00:29:06
186.		59.	Deeken, Jana		11. W35	1849	00:28:52	00:30:07
187.		60.	Schnaars, Astrid	Rumrunner TSV Vineta Audorf	2. W55	9814	00:28:53	00:29:34
188.	128.		Bock, Heiko		14. M45	958	00:28:53	00:30:08
189.		61.	Recker, Nicole		3. W50	8808	00:28:54	00:28:54
190.	129.		Wiemeier, Stefan		15. M45	12218	00:28:55	00:30:22
191.		62.	Regling, Rivana		19. W	8834	00:28:55	00:29:13
192.	130.		Gerkamp, Sam		17. M30	3025	00:28:55	00:31:21
193.	131.		Vock, Ulrich		16. M45	11655	00:28:57	00:29:43
194.	132.		Gogolok, Christof		10. M40	3209	00:28:58	00:30:15
195.	133.		Bellingrath, René		17. M45	654	00:28:58	00:29:28
196.	134.		Spann, Chris		17. M35	10641	00:28:59	00:29:32
197.		63.	Hamann, Petra		3. W55	3688	00:29:02	00:29:59
198.		64.	Boldt, Lucy		20. W	1049	00:29:02	00:29:13
199.		65.	Lagerquist, Marie		8. W30	12437	00:29:04	00:29:56
200.	135.		Schoppe, Martin		18. M45	9934	00:29:09	00:29:20
201.		66.	Petersen, Stine		12. W35	8300	00:29:13	00:29:44
202.	136.		Becker, Ole	TSB Flensburg	18. M30	557	00:29:16	00:31:31
203.		67.	Freytag, Maike		14. W40	2786	00:29:17	00:30:48
204.	137.		Branski, Henryk	Team Kriwat Sport	38. M	1866	00:29:17	00:30:09
205.	138.		Schulz, Fiete		39. M	10142	00:29:18	00:31:22
206.		68.	Mittelstedt, Sandra	Dataporti	13. W35	7356	00:29:19	00:30:20
207.		69.	Wobser, Elke	laufverliebt	4. W55	12376	00:29:19	00:29:33
208.	139.		Schröder, Til		40. M	10006	00:29:19	00:30:49
209.		70.	Wanner, Alina		21. W	11939	00:29:20	00:31:05
210.		71.	Kleinschmidt, Mara		22. W	5369	00:29:20	00:31:05
211.	140.		Mallach, Michael	Förde Sparkasse	14. M55	6895	00:29:23	00:30:12
212.		72.	Mehrens, Sarah	Running Friends	5. WJ U20	7121	00:29:30	00:30:07
213.		73.	Hennings, Luzie	Running Friends	6. WJ U20	4098	00:29:30	00:30:07
214.	141.		Beyer, Nick		41. M	801	00:29:34	00:30:05
215.	142.		Rabehl, Torsten	Stryker	15. M55	7744	00:29:35	00:30:03
216.	143.		Möß, Daniel		18. M35	7430	00:29:35	00:30:08
217.		74.	Kulm, Kerstin		4. W50	6097	00:29:38	00:30:54
218.	144.		Lüneberg, Johannes		19. M45	6732	00:29:39	00:31:47
219.		75.	Nickel, Tini		4. W45	7753	00:29:42	00:29:51
220.		76.	Holst, Petra		5. W55	4413	00:29:43	00:31:24
221.	145.		Forker, Enrico	Ohana Turtled	11. M40	2718	00:29:46	00:32:32
222.		77.	Boldt, Sandra		5. W50	1053	00:29:51	00:30:01
223.		78.	Ewering, Kerstin	Anschütz Pathfinder	1. W60	2437	00:29:51	00:29:57
224.		79.	Winkler, Bente		15. W40	12318	00:29:51	00:30:01
225.	146.		Paulsen, Tim		42. M	8126	00:29:51	00:31:16
226.	147.		Freytag, Tim		12. M40	2788	00:29:53	00:31:25
227.		80.	Stürwold, Charlotta		23. W	11043	00:29:53	00:30:34
228.	148.		Dörnenburg, Peter		1. M75	2017	00:29:55	00:31:05
229.		81.	Kruppa, Julia		24. W	5955	00:29:55	00:31:55
230.		82.	Köhnke, Annette		5. W45	5562	00:29:58	00:30:39
231.		83.	Witt, Anne		25. W	12347	00:29:58	00:31:01
232.		84.	Fürst, Kira		26. W	2868	00:30:00	00:30:05
233.	149.		Koch, Daniel		19. M35	5511	00:30:00	00:31:27
234.		85.	Jahn, Danina		6. W45	4693	00:30:00	00:30:21
235.		86.	Monien, Gabriele		2. W60	7460	00:30:01	00:30:25
236.	150.		Irsigler, Ingo		2. M50	4606	00:30:02	00:30:57
237.	151.		Lindner, Lars		20. M45	6556	00:30:07	00:30:52
238.		87.	Blecher, Katrin		16. W40	912	00:30:07	00:30:17
239.	152.		Förster, Klaus		1. M70	2704	00:30:11	00:30:37
240.		88.	Grell, Alma Rose		7. WJ U20	3361	00:30:11	00:32:06
241.		89.	Goesch, Swantje		6. W55	3198	00:30:12	00:30:12
242.		90.	Wetter, Nina	Elisabethheim Havetoft	9. W30	12161	00:30:13	00:30:13
243.	153.		Witt, Martin	Brock Müller Ziegenbein	21. M45	12351	00:30:14	00:30:54
244.	154.		Jürgensen, Matthias		13. M40	4940	00:30:14	00:32:39
245.		91.	Stock, Nora	Borener SV	14. W35	10898	00:30:14	00:31:47
246.		92.	Mai, Janina		10. W30	6857	00:30:14	00:32:02
247.	155.		Hoffmann, Sven		3. M50	7349	00:30:15	00:31:19
248.		93.	Kühl, Karina		27. W	6023	00:30:18	00:30:32
249.	156.		Jordt, Erko		20. M35	4910	00:30:21	00:31:41
250.		94.	Godbersen, Chantal		28. W	3138	00:30:23	00:30:41
251.		95.	Bunge, Meret		29. W	1503	00:30:23	00:31:02
252.		96.	Storm, Carina	Kieler Crew	15. W35	10946	00:30:24	00:32:12
253.	157.		Micka, Jaroslaw		10. M60	7308	00:30:24	00:31:54
254.		97.	Schmidt, Leonie	Team Kriwat Sport	30. W	9760	00:30:27	00:30:50
255.	158.		Kettner, Florian		4. M50	5234	00:30:29	00:31:41
256.	159.		Weiß, Ulrich		16. M55	12069	00:30:30	00:31:11
257.		98.	Krämer, Anastasia		31. W	5757	00:30:31	00:31:31
258.		99.	Voth, Lea-Sophie		8. WJ U20	11859	00:30:34	00:32:06
259.	160.		Sandmann, Henner		17. M55	9456	00:30:34	00:31:05
260.	161.		Krauthammer, Ole		18. M55	5829	00:30:35	00:31:35
261.	162.		Süverkrüp, Oliver		14. M40	11078	00:30:35	00:31:49
262.		100.	Buchholz, Corinna		7. W45	1415	00:30:35	00:31:41
263.		101.	Wibrow, Emilia		32. W	12173	00:30:35	00:32:11
264.		102.	Voth, Nina		17. W40	11861	00:30:36	00:32:08

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
265.	163.		Kelensi, Jean-Christoph		43. M	5167	00:30:42	00:32:54
266.		103.	Klinke, Sarah		11. W30	5400	00:30:45	00:30:56
267.		104.	Müller-Heise, Kathrin		8. W45	7572	00:30:46	00:31:29
268.		105.	Klein, Laura		33. W	5351	00:30:46	00:32:40
269.		106.	Sakowski, Alina	Fördepuls	12. W30	9425	00:30:46	00:30:56
270.		107.	Rehkopf, Lilli		34. W	8844	00:30:48	00:34:41
271.	164.		Poyda, Arne		15. M40	8524	00:30:50	00:32:54
272.		108.	Brands, Marieke		16. W35	3052	00:30:52	00:31:53
273.	165.		Howling, Ilan	Stryker	5. M50	4479	00:30:52	00:33:18
274.		109.	Klinke, Janina		13. W30	5399	00:30:52	00:31:03
275.	166.		Alvarez, Elias		14. MJ U20	167	00:30:54	00:32:03
276.	167.		Brauer, Stephan	VFG Kiel e.V. (FiZ)	19. M55	1227	00:30:56	00:33:46
277.		110.	Fürst, Merle		35. W	2870	00:30:56	00:33:03
278.	168.		Amzoll, Thomas		1. M65	181	00:30:58	00:32:02
279.	169.		Kleinz, Dennis		22. M45	7202	00:30:58	00:31:25
280.	170.		Jordt, Andreas		23. M45	4906	00:31:01	00:32:21
281.		111.	Koglin, Johanna		36. W	7854	00:31:02	00:31:07
282.		112.	Oetjens, Silke	CVJM	7. W55	7911	00:31:02	00:31:36
283.	171.		Kühn, Paul		16. M40	6038	00:31:05	00:31:12
284.		113.	Hagemann, Eike	Förde Sparkasse	8. W55	3629	00:31:08	00:33:08
285.		114.	Siedler, Rosemarie	TSG Giengen	3. W60	10445	00:31:09	00:31:21
286.	172.		Thomsen, Marcus	RBZ Wirtschaft Kiel	20. M55	11316	00:31:09	00:32:00
287.		115.	Steiner, Rebecca		17. W35	10823	00:31:12	00:33:32
288.		116.	Greve, Milena		37. W	3373	00:31:12	00:33:16
289.		117.	Nielsen, Celina		38. W	7767	00:31:13	00:33:16
290.		118.	Seckler, Nadine	Team Hase	9. W45	10322	00:31:13	00:32:30
291.		119.	Reibe, Mia		39. W	8859	00:31:14	00:31:36
292.	173.		Kriebitzsch, Malte		24. M45	5855	00:31:14	00:31:54
293.		120.	Rössner, Nina	d.velop runners	6. W50	9141	00:31:14	00:32:32
294.	174.		Schubert, Eckhard	LTV Kiel-Ost	2. M70	10036	00:31:14	00:31:30
295.		121.	Schumacher, Maren	Laufender Meter	9. W55	10203	00:31:15	00:31:44
296.		122.	Gerloff, Stefanie		18. W40	3035	00:31:16	00:32:17
297.		123.	Gerloff, Dörte		19. W40	3033	00:31:16	00:32:17
298.	175.		Wustrow, Lars	Mein 38. Kiel.Lauf	21. M55	12552	00:31:17	00:32:16
299.	176.		Voth, Stefan		6. M50	11862	00:31:17	00:32:48
300.	177.		Hansen, Carsten		25. M45	3735	00:31:17	00:33:27
301.		124.	Nickel, Vanessa		20. W40	7754	00:31:20	00:32:18
302.	178.		Heinrichsen, Sven		22. M55	2759	00:31:22	00:32:39
303.		125.	Harders, Anna		40. W	12393	00:31:24	00:33:34
304.		126.	Linneweber, Selina		18. W35	6575	00:31:25	00:33:01
305.		127.	Steffen, Lucy		41. W	10789	00:31:25	00:33:12
306.		128.	Kuhr, Hanna		10. W55	6078	00:31:26	00:33:26
307.		129.	Lintschinger, Julia		19. W35	6577	00:31:27	00:32:11
308.	179.		Pooch-Kampz, Norbert		2. M65	8503	00:31:27	00:33:14
309.		130.	Schmidt, Kira	MTV Dänischenhagen	42. W	9755	00:31:27	00:33:51
310.	180.		Witzki, Claudius		26. M45	12374	00:31:27	00:31:32
311.		131.	Schories, Frederike	WEISSLEDER EWER	43. W	9936	00:31:28	00:33:09
312.		132.	Stange, Petra		4. W60	10744	00:31:29	00:32:47
313.		133.	Stange, Laura Maxi		20. W35	10742	00:31:29	00:32:47
314.		134.	Schulze, Danuta	Rumrunner TSV Vineta Audorf	10. W45	10177	00:31:31	00:32:13
315.		135.	Ruttkowski, Jana		44. W	9385	00:31:31	00:32:36
316.		136.	Lehmann, Anke	SV Langwedel	11. W55	6355	00:31:32	00:32:12
317.		137.	Mohr, Jolina	SV Langwedel	45. W	7439	00:31:33	00:32:12
318.		138.	Marks, Malinee		21. W35	6942	00:31:34	00:33:33
319.	181.		Paulmann, Jörn	Team Kriwat Sport	23. M55	8125	00:31:35	00:31:52
320.	182.		Joswig, Arne		11. M60	4918	00:31:35	00:31:45
321.		139.	Beeck, Kathrin		22. W35	591	00:31:35	00:33:11
322.		140.	Mertens, Maike		7. W50	7213	00:31:35	00:32:26
323.	183.		Schwerdhelm, Rainer		12. M60	10301	00:31:36	00:32:37
324.		141.	Massong, Adina		8. W50	7015	00:31:36	00:31:49
325.		142.	Schultz, Grit		11. W45	10117	00:31:37	00:31:58
326.		143.	Springer, Christiane		21. W40	10685	00:31:38	00:31:47
327.		144.	Ohff, Amelie	Team SPD	46. W	288	00:31:38	00:32:15
328.		145.	Molero Eichwein, Malena Andrea	Spiridon Schleswig	9. WJ U20	7446	00:31:38	00:32:28
329.	184.		Hoffmann, Noah		15. MJ U20	4350	00:31:39	00:34:03
330.		146.	Schneider, Ewa		12. W45	9832	00:31:42	00:32:10
331.		147.	Harder, Jana		23. W35	3812	00:31:42	00:33:33
332.		148.	Eggers, Katja		13. W45	2241	00:31:43	00:33:33
333.		149.	Preisinger, Sarah	knk	24. W35	8540	00:31:47	00:33:10
334.	185.		Atif, Radouane	Stryker	17. M40	9382	00:31:48	00:34:23
335.	186.		Vorsselman, Tobias	Tobias	44. M	11814	00:31:48	00:35:45
336.		150.	Meyer, Karina		9. W50	7258	00:31:49	00:33:38
337.		151.	Lewin, Susanne		14. W45	6464	00:31:49	00:34:00
338.		152.	Peters, Liane		10. W50	8231	00:31:50	00:33:01
339.		153.	Kümmel-Neumann, Anne		15. W45	6048	00:31:50	00:32:20
340.		154.	Papenroth, Sarah	Gebeco	47. W	8080	00:31:54	00:33:48
341.		155.	Koch, Lydia	Stiftung Naturschutz	25. W35	5518	00:31:55	00:34:03
342.		156.	Reimann, Sabine	Kieler Gelehrtenschule	16. W45	8887	00:31:55	00:32:22
343.		157.	Wetzig, Imke	MLLEV	11. W50	12167	00:31:56	00:33:33
344.	187.		Fein, Benjamin		21. M35	2527	00:31:57	00:32:24
345.		158.	Horst, Mareike	TSV Klausdorf	12. W50	4467	00:31:58	00:33:44
346.		159.	Harder, Brit		17. W45	3808	00:31:58	00:32:28
347.	188.		Pinnau, Ralf		3. M65	8409	00:31:59	00:32:26
348.	189.		Himmelreich, Denis	CITTI / CHEFS CULINAR / HMS	19. M30	4238	00:31:59	00:32:38
349.		160.	Bargholz, Ines		18. W45	8455	00:32:00	00:34:11
350.		161.	Franke, Irina		22. W40	2755	00:32:00	00:33:34
351.	190.		Stölting, Saman		20. M30	10913	00:32:02	00:32:02
352.	191.		Gast, Torsten		18. M40	2943	00:32:08	00:34:08

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
353.		162.	Lissack, Sophie		48. W	6593	00:32:11	00:34:36
354.		163.	Bärow, Emma		49. W	1713	00:32:13	00:33:42
355.		164.	Richter, Ida		50. W	8994	00:32:13	00:32:23
356.	192.		Schröder, Uwe		4. M65	10009	00:32:14	00:32:41
357.	193.		Ballke, Jörg		5. M65	390	00:32:16	00:33:25
358.	194.		Ludwar, Frank		24. M55	6696	00:32:16	00:33:12
359.		165.	Zelda, Patricia		51. W	12614	00:32:16	00:34:34
360.		166.	Stamer-Weißer, Katrin		1. W65	10731	00:32:20	00:32:35
361.	195.		Kuhn, Hannes		45. M	6072	00:32:20	00:33:09
362.		167.	Hoffmann, Janne		26. W35	4333	00:32:21	00:34:48
363.	196.		Henningsen, Fynn		46. M	4103	00:32:25	00:33:26
364.	197.		Monien, Mario		6. M65	7461	00:32:25	00:32:49
365.		168.	Bumann, Claudia		5. W60	1493	00:32:26	00:34:06
366.		169.	Becker, Janne		52. W	544	00:32:26	00:33:03
367.		170.	Neumann, Silvia		19. W45	7731	00:32:27	00:32:38
368.	198.		Bruns, Marco		7. M50	1402	00:32:28	00:32:36
369.		171.	Paschen, Maria		23. W40	8096	00:32:29	00:33:28
370.		172.	Toepfer, Hanna		24. W40	11411	00:32:31	00:34:42
371.		173.	Meyer, Nele	Team Kriwat Sport	53. W	1235	00:32:32	00:32:53
372.	199.		Schian, Jelle		21. M30	9634	00:32:32	00:33:06
373.		174.	Koch, Lina		54. W	5517	00:32:32	00:33:12
374.	200.		Junge, Jörg	Lehmann Junge Kollegen	13. M60	4962	00:32:37	00:34:59
375.	201.		Longardt, Marcus		8. M50	6639	00:32:38	00:33:09
376.		175.	Dittbrenner, Elisa		25. W40	1976	00:32:39	00:33:56
377.		176.	Schloth, Carolin	IB.SH Runners	20. W45	9697	00:32:39	00:33:22
378.		177.	Roch, Annabelle		14. W30	9091	00:32:39	00:32:51
379.		178.	Fürst, Claudia		13. W50	2867	00:32:39	00:34:47
380.		179.	Görny, Marion	PSV Stralsund	1. W70	3192	00:32:40	00:33:06
381.		180.	Bruhn, Nicole		15. W30	6242	00:32:42	00:33:43
382.		181.	Vock, Nana		21. W45	11654	00:32:43	00:33:28
383.		182.	Hornung, Miriam		22. W45	4460	00:32:43	00:33:28
384.		183.	Meyer, Birte	Förde Sparkasse	12. W55	7247	00:32:43	00:33:55
385.		184.	Schumacher, Helga		6. W60	10200	00:32:44	00:33:56
386.	202.		Hill, Thomas		7. M65	4219	00:32:44	00:33:51
387.		185.	Frahm, Anna-Marie		55. W	2731	00:32:45	00:34:54
388.		186.	Cornils, Lisa		27. W35	1743	00:32:46	00:33:30
389.		187.	Hofmann, Wiebke		26. W40	4365	00:32:46	00:33:28
390.	203.		Bethmann, Peter	Förde Sparkasse	8. M65	784	00:32:47	00:34:58
391.		188.	Schlosser, Marlene	IB.SH Runners	16. W30	9694	00:32:48	00:33:41
392.	204.		Heinscher, Christian		14. M60	4011	00:32:48	00:33:17
393.		189.	Albrecht, Doreen		23. W45	122	00:32:49	00:33:38
394.		190.	Drost, Lorna		56. W	2115	00:32:50	00:34:55
395.		191.	Fischer, Amélie		57. W	2626	00:32:52	00:34:56
396.		192.	Jakob, Jana	Dataporti	17. W30	4710	00:32:52	00:33:40
397.		193.	Fischer, Wiebke		27. W40	2663	00:32:52	00:34:28
398.		194.	Teichgräber, Ute		24. W45	11190	00:32:53	00:34:47
399.		195.	Jung, Christina		28. W40	4952	00:32:54	00:33:21
400.		196.	Ziebell, Caroline		58. W	12632	00:32:55	00:35:05
401.	205.		Lübcke, Jonas		22. M30	6706	00:32:57	00:35:33
402.		197.	Lübcke, Kirsten		7. W60	6707	00:32:57	00:35:33
403.	206.		Brodersen, Dennis	Kieler Volksbank	23. M30	12749	00:32:58	00:35:29
404.		198.	Schulz, Hannah		59. W	10145	00:32:59	00:35:03
405.	207.		Hollstein, Erich		25. M55	4400	00:32:59	00:33:22
406.	208.		Mattsson, Dennis	Mattoffs	22. M35	7070	00:33:03	00:33:48
407.		199.	Schäfer, Stefanie		25. W45	9528	00:33:04	00:33:18
408.		200.	Mohajerani, Shiva		60. W	7432	00:33:05	00:34:18
409.		201.	Anton, Cathy		26. W45	221	00:33:06	00:34:49
410.		202.	Moryson-Zanoth, Anja		13. W55	7481	00:33:07	00:33:50
411.	209.		Stute, Gregor	Dataporti	9. M50	11054	00:33:09	00:34:22
412.		203.	Elliott, Johanna		27. W45	2327	00:33:09	00:35:04
413.		204.	Reichel, Dorota		28. W45	8869	00:33:09	00:35:00
414.		205.	Stamer, Katrin	Käthes Friends	14. W55	10729	00:33:11	00:34:17
415.	210.		Schuwert, Roman		24. M30	10229	00:33:12	00:35:26
416.		206.	Bischoff, Kerstin		14. W50	872	00:33:12	00:33:49
417.		207.	Siedler, Sarah		61. W	4125	00:33:12	00:35:26
418.		208.	Siegmon, Anna		29. W45	10458	00:33:13	00:34:22
419.		209.	Weimar-Keszti, Lea		18. W30	12045	00:33:14	00:35:21
420.	211.		Hillmann, Björn		27. M45	4225	00:33:14	00:33:33
421.		210.	Paulsen, Britta		15. W55	8128	00:33:16	00:35:22
422.		211.	Mackeben-Zenker, Stefanie		16. W55	6809	00:33:17	00:33:37
423.	212.		Galés Volquardsen, Sandro		47. M	2919	00:33:18	00:35:01
424.	213.		Bastein, Carsten	Humboldt-Schule Kiel	28. M45	467	00:33:19	00:34:17
425.		212.	Jakobi, Anna		19. W30	4711	00:33:19	00:35:05
426.		213.	Lehmann, Inna	Brock Müller Ziegenbein	28. W35	6359	00:33:19	00:35:30
427.		214.	Mundt, Julia		62. W	7606	00:33:19	00:35:29
428.		215.	Obermann, Merle		63. W	7884	00:33:20	00:35:29
429.		216.	Klischat, Jaqueline		20. W30	5404	00:33:20	00:35:05
430.		217.	Schmidt, Susanne	KMTV	15. W50	9780	00:33:20	00:35:44
431.		218.	Nakostenko, Elena	Stryker	29. W35	10548	00:33:21	00:35:52
432.		219.	Wiczerekowski, Karin	Ernst-Barlach-Gymnasium	8. W60	3094	00:33:25	00:34:51
433.		220.	Pütz, Julia		2. W65	8617	00:33:26	00:34:56
434.		221.	Teich, Lisa		29. W40	11184	00:33:28	00:34:28
435.		222.	Thomsen, Tabea	Dataporti	16. W50	11322	00:33:28	00:34:46
436.	214.		Busse, Tom		10. M50	1561	00:33:32	00:34:48
437.		223.	Busse, Merle		64. W	1559	00:33:32	00:34:48
438.		224.	Radbruch, Paula	Dorf Prieser Gang	21. W30	8681	00:33:32	00:34:53
439.		225.	Domann, Alina		65. W	2047	00:33:34	00:34:27
440.		226.	Meier zu Beerentrop, Kerstin		30. W35	7142	00:33:34	00:35:45

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
441.		227.	Mattsson, Finja	Mattoffs	31. W35	7071	00:33:35	00:34:19
442.	215.		Rosenau, Andreas		11. M50	9219	00:33:35	00:34:40
443.		228.	Hansen, Svenja	RBZ Wirtschaft Kiel	32. W35	3785	00:33:36	00:35:04
444.		229.	Haaks, Joline		22. W30	3571	00:33:38	00:35:29
445.	216.		Nowak, Alexander		48. M	7864	00:33:40	00:35:50
446.	217.		Conradt, Torsten		9. M65	1731	00:33:42	00:34:14
447.		230.	Strassenburg, Lotta		30. W45	10961	00:33:43	00:34:25
448.		231.	Lange, Theresa		66. W	6239	00:33:43	00:34:21
449.		232.	Rohde, Jana		33. W35	3042	00:33:43	00:35:45
450.		233.	Hackbarth, Nanne	RBZ Wirtschaft Kiel	34. W35	3602	00:33:44	00:35:45
451.	218.		Gampl, Philipp	Lebenhilfewerk Neumünster	49. M	2921	00:33:44	00:34:29
452.	219.		Bojo, Stjepan	Schild Flaggen	12. M50	1047	00:33:44	00:33:57
453.		234.	Yurchenko, Ksenija		35. W35	10565	00:33:46	00:35:28
454.	220.		Schlesinger, Knut		26. M55	9683	00:33:47	00:35:52
455.		235.	Rutschmann, Katharina		36. W35	9384	00:33:47	00:34:23
456.		236.	Hohn, Johanna Luisa		10. WJ U20	4376	00:33:47	00:35:10
457.		237.	Schuldt, Janine		23. W30	10092	00:33:48	00:34:35
458.		238.	Beier-Vafeidis, Kati	Brock Müller Ziegenbein	17. W50	639	00:33:49	00:35:43
459.		239.	Weinert, Birgit		9. W60	12047	00:33:51	00:35:33
460.		240.	Schlöpke, Ramona		24. W30	9691	00:33:51	00:34:34
461.		241.	Paap, Melina		37. W35	8023	00:33:51	00:35:59
462.	221.		Lucassen, Holger	Holtsee Runners	27. M55	4145	00:33:54	00:36:18
463.		242.	Wolter, Merle		38. W35	12462	00:33:55	00:35:37
464.		243.	Bieler, Katharina		39. W35	830	00:33:56	00:34:32
465.		244.	Netuschil, Caja	Süverkrüp	67. W	12735	00:33:57	00:41:50
466.	222.		Kramer, Imko		23. M35	5784	00:33:59	00:34:23
467.	223.		Thomas, Helmut		3. M70	11294	00:33:59	00:34:38
468.		245.	Schulz, Janina		40. W35	10150	00:33:59	00:34:49
469.		246.	Rimbach, Sandra		17. W55	9058	00:33:59	00:34:40
470.	224.		Happ, Magnus	Süverkrüp	50. M	12736	00:34:01	00:41:50
471.		247.	Frommhagen, Katharina		41. W35	2852	00:34:03	00:34:28
472.		248.	Richter, Lisa	Die Kohorte	30. W40	9001	00:34:04	00:34:47
473.		249.	Flachenecker, Merle		68. W	2676	00:34:07	00:34:17
474.	225.		Schulte, Moritz		29. M45	10108	00:34:08	00:35:48
475.		250.	Schottek, Julia		31. W40	9944	00:34:10	00:35:18
476.		251.	Friedrichsen, Levke		25. W30	2816	00:34:14	00:36:08
477.	226.		Hamann, Matthias		30. M45	3687	00:34:15	00:35:23
478.		252.	Friedrichsen, Anja		10. W60	2811	00:34:15	00:36:08
479.		253.	Naeve, Nadja	Der Thorbi und das BO	69. W	7641	00:34:16	00:35:22
480.		254.	Drews, Jessica	Der Thorbi und das BO	18. W50	2110	00:34:16	00:35:22
481.		255.	Striezel, Finja		26. W30	10990	00:34:17	00:35:27
482.	227.		Amtsberg, Gerald		24. M35	3843	00:34:18	00:34:18
483.		256.	Schütze, Annika		19. W50	10074	00:34:18	00:35:46
484.		257.	Raue, Susann	Dorf Prieser Gang	32. W40	8790	00:34:21	00:35:42
485.	228.		Weber - Detjens, Christian		31. M45	11973	00:34:21	00:35:19
486.	229.		Wedhorn, Hendrik		19. M40	11989	00:34:21	00:34:54
487.	230.		Kiel, Christian		15. M60	5254	00:34:23	00:36:00
488.	231.		Kunze, Florian		20. M40	6118	00:34:26	00:36:41
489.		258.	Engelhardt, Tanja		42. W35	2366	00:34:26	00:35:22
490.		259.	Kunze, Anna-Lena		27. W30	6115	00:34:26	00:36:41
491.		260.	Busch, Sabine		20. W50	1545	00:34:26	00:36:12
492.		261.	Emmeluth, Nathalie		33. W40	5791	00:34:27	00:35:37
493.	232.		Hamkens, Justus	SV Felm	21. M40	3698	00:34:27	00:36:07
494.		262.	Körnig, Nadja	PwC Kiel	34. W40	5619	00:34:28	00:35:48
495.	233.		Roloff, Mathis		51. M	9209	00:34:29	00:34:29
496.	234.		Manthey, David	GKN Kiel	16. MJ U20	6923	00:34:29	00:36:47
497.		263.	Jöhnik, Hannah		70. W	4856	00:34:30	00:35:42
498.		264.	Kreft, Emilia	Woodenpoxy	71. W	12834	00:34:30	00:36:39
499.		265.	Schulze, Gina		72. W	10178	00:34:30	00:35:37
500.		266.	Pingel, Sabine		31. W45	8405	00:34:31	00:36:26
501.	235.		Lorenzen, Armin-André		25. M35	6658	00:34:32	00:35:29
502.		267.	Schmidtke, Claudia		35. W40	9793	00:34:32	00:35:55
503.	236.		Schulz, Malte	Käthes Friends	10. M65	10159	00:34:32	00:35:23
504.		268.	Beyer, Hiltrud		11. W60	797	00:34:33	00:36:20
505.		269.	König- Schlaeger, Julia		43. W35	5596	00:34:33	00:36:04
506.		270.	Lebang, Katharina		73. W	6336	00:34:34	00:36:31
507.		271.	Harpke, Katharina	Gebeco	74. W	3838	00:34:35	00:36:19
508.		272.	Lanzius, Fee		44. W35	6278	00:34:35	00:34:43
509.		273.	Armgardt, Amy Joyce		75. W	249	00:34:36	00:36:41
510.		274.	Knabe, Cordula	Stiftung Naturschutz	28. W30	5445	00:34:37	00:36:46
511.		275.	Ohm, Julia Lucie		76. W	7937	00:34:38	00:35:33
512.		276.	Gehrke, Gesa	Max Rubner-Institut	45. W35	2976	00:34:38	00:35:24
513.		277.	Schaffrath, Anika		36. W40	9551	00:34:40	00:36:36
514.	237.		Röhl, Thorsten		16. M60	9109	00:34:40	00:36:06
515.		278.	Gräbel, Sylvia		32. W45	3289	00:34:41	00:36:12
516.		279.	Winkler, Claudia		33. W45	12319	00:34:41	00:36:12
517.	238.		Müller, Johann Felix		32. M45	7528	00:34:44	00:36:42
518.	239.		Bienhoff, Maurice		52. M	840	00:34:52	00:37:12
519.	240.		Libuda, Stephan		22. M40	4907	00:34:52	00:37:12
520.		280.	Kütemeier, Mia		77. W	6057	00:34:53	00:37:12
521.		281.	Fajardo, Johana		46. W35	2466	00:34:56	00:36:55
522.	241.		Bock, Bjarne		53. M	956	00:34:56	00:36:59
523.		282.	Appel, Johanna		47. W35	232	00:34:56	00:36:48
524.		283.	Tanck, Anja		34. W45	11141	00:34:57	00:36:36
525.	242.		Hauschildt, Marcel		25. M30	3914	00:34:58	00:35:38
526.		284.	Sievers, Kathrin		18. W55	10491	00:34:58	00:35:48
527.		285.	Holldorf-Schober, Nadine		29. W30	4389	00:34:58	00:36:24
528.		286.	Spengler, Silke	Suchsdorfer SV	35. W45	10653	00:34:58	00:35:48

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
529.		287.	Seelow, Birte		30. W30	10333	00:34:58	00:36:23
530.		288.	Dalisdä, Sandra		21. W50	1796	00:35:00	00:35:41
531.	243.		Trost, Hendrik-Tobias		33. M45	11494	00:35:01	00:37:09
532.	244.		Dietrich, Leonard	Dataporti	26. M30	1949	00:35:01	00:36:35
533.	245.		Maaß, Christian		34. M45	6794	00:35:01	00:36:40
534.		289.	Prior, Tasja	Priority Run	48. W35	8589	00:35:02	00:35:41
535.	246.		von Delft, Heinz		2. M75	2066	00:35:02	00:35:26
536.	247.		Prior, Heribert	Priority Run	11. M65	8584	00:35:02	00:35:41
537.		290.	Brühl, Carina	Dataporti	36. W45	1373	00:35:02	00:36:36
538.		291.	Prior, Irene	Priority Run	12. W60	8585	00:35:02	00:35:41
539.		292.	Bertow, Matilda		78. W	764	00:35:02	00:36:39
540.	248.		Paustian, Paik		54. M	8150	00:35:07	00:37:06
541.	249.		Vock, Christian		27. M30	11652	00:35:07	00:36:28
542.		293.	Nestler, Grit	Kleine Rennmäuse	37. W40	7694	00:35:08	00:36:21
543.		294.	Raben, Eva		49. W35	8672	00:35:09	00:36:21
544.		295.	Frenger, Ivy	GEOMAR	37. W45	2777	00:35:09	00:36:48
545.		296.	König, Wibke		38. W45	5595	00:35:13	00:37:16
546.		297.	Schwerdhelm, Sonja		31. W30	10302	00:35:15	00:36:10
547.	250.		Metz, Callun	Vinci Deutschland	55. M	7226	00:35:17	00:38:42
548.		298.	Czulkies, Ann-Christin		50. W35	1776	00:35:19	00:36:42
549.		299.	Haaf, Lina Elise		51. W35	3561	00:35:20	00:36:09
550.	251.		Schönhoff, Klaus		17. M60	9892	00:35:21	00:38:11
551.		300.	Schneider, Felice		79. W	9833	00:35:26	00:37:22
552.		301.	Bohn, Heinke		13. W60	1033	00:35:26	00:35:40
553.		302.	Brhane, Luise		52. W35	1309	00:35:27	00:37:27
554.	252.		Tanck, Stefan		13. M50	11143	00:35:27	00:37:05
555.		303.	Meier, Malina		53. W35	7134	00:35:29	00:36:20
556.		304.	Krysiak, Beata		32. W30	5988	00:35:29	00:39:15
557.		305.	Höppner, Silke		54. W35	12727	00:35:30	00:36:40
558.		306.	Bruegge-Pleiss, Birgit	KMTV	14. W60	1366	00:35:31	00:35:54
559.		307.	Krez, Oksana	CITTI / CHEFS CULINAR / HMS	19. W55	5851	00:35:31	00:36:15
560.		308.	Wendt, Patricia		39. W45	12103	00:35:32	00:36:39
561.		309.	Schoenfeld, Kimberly		80. W	6188	00:35:34	00:37:23
562.		310.	Libeck, Lisa		38. W40	6471	00:35:37	00:37:50
563.	253.		Sonnenschein, Ian	WEISSLEDER EWER	28. M30	10620	00:35:37	00:37:52
564.	254.		Lisowicki, Michael	ParISERVE	23. M40	7585	00:35:37	00:36:14
565.		311.	Lisowicki, Eveline	ParISERVE	39. W40	6592	00:35:38	00:36:14
566.		312.	Marynek, Kira		81. W	7007	00:35:39	00:37:31
567.	255.		Voß, Lennard		56. M	11834	00:35:39	00:37:31
568.	256.		Majewski, Dirk	Stryker	28. M55	6867	00:35:39	00:37:56
569.		313.	Lorenz, Anna		55. W35	6648	00:35:41	00:37:13
570.		314.	Kosog, Kristina		40. W40	5731	00:35:42	00:37:01
571.		315.	Hilmer, Alea		82. W	4230	00:35:43	00:37:32
572.		316.	Freiheit, Birgit		15. W60	10865	00:35:44	00:36:16
573.		317.	Lorenz, Andrea		33. W30	6647	00:35:44	00:36:32
574.		318.	Paschetag, Lena		83. W	8097	00:35:45	00:37:14
575.	257.		Bleumer, Hartmut		18. M60	918	00:35:46	00:38:15
576.		319.	Bleumer, Rebecca		84. W	919	00:35:46	00:38:15
577.	258.		Donner, Christoph		24. M40	2056	00:35:46	00:36:43
578.		320.	Hillmann, Wiebke		56. W35	4229	00:35:46	00:36:05
579.		321.	Rummer, Nike	Brock Müller Ziegenbein	85. W	9345	00:35:46	00:38:20
580.		322.	Voß, Svenja	Kleine Rennmäuse	41. W40	11852	00:35:48	00:37:01
581.		323.	Bordes, Sabine		16. W60	1100	00:35:49	00:37:36
582.		324.	Steffens, Petra		57. W35	10798	00:35:53	00:38:24
583.		325.	Theden, Anika	Förde Sparkasse	58. W35	11233	00:35:54	00:37:09
584.	259.		Döring, Arndt		29. M55	1999	00:35:57	00:37:24
585.		326.	Döring, Christine		22. W50	2002	00:35:57	00:37:24
586.		327.	Schulz, Lara		59. W35	10155	00:35:58	00:36:23
587.		328.	Tramm, Paulina		86. W	11445	00:35:59	00:37:39
588.		329.	Schwarz, Jenny		60. W35	10259	00:35:59	00:38:11
589.		330.	Tramm, Michaela		23. W50	11444	00:36:02	00:37:42
590.		331.	Schwake, Bene		40. W45	3089	00:36:03	00:37:03
591.		332.	Kettwig, Elizabete		24. W50	5235	00:36:03	00:36:32
592.		333.	Utesch, Maren		41. W45	5913	00:36:04	00:37:03
593.		334.	Gugat, Kerstin		42. W45	8068	00:36:04	00:38:23
594.		335.	Weiß, Carolin		42. W40	12068	00:36:05	00:37:51
595.		336.	Michelmann, Nele		11. WJ U20	7302	00:36:05	00:37:27
596.	260.		Ngenlor, Keaw		35. M45	7742	00:36:07	00:38:07
597.		337.	Umland, Jessy		43. W45	11552	00:36:07	00:37:07
598.		338.	Harms, Mai-Britt		87. W	3832	00:36:10	00:37:54
599.		339.	Löhning, Gudrun		20. W55	6613	00:36:13	00:38:32
600.		340.	Mahlke, Janne	Kiel Kelpies	88. W	6845	00:36:13	00:38:31
601.		341.	O'Sullivan, Jasna		61. W35	4883	00:36:14	00:37:49
602.		342.	Hanker, Marlies		25. W50	3723	00:36:15	00:36:39
603.		343.	Hermann, Andrea		26. W50	4132	00:36:16	00:37:44
604.		344.	Voss, Kyra	Apotheke Altenholz	34. W30	11832	00:36:19	00:37:38
605.		345.	Levsen, Linda		62. W35	6455	00:36:23	00:36:23
606.		346.	Schneider, Catrin		17. W60	9829	00:36:23	00:37:23
607.		347.	Uhlenbrock, Pia		18. W60	1899	00:36:26	00:37:41
608.		348.	Thoms, Rosemarie	USC Kiel	19. W60	11300	00:36:26	00:37:42
609.		349.	Beyer, Susanne		20. W60	803	00:36:36	00:37:31
610.	261.		Möller, Jan		25. M40	7394	00:36:38	00:38:27
611.		350.	Bilinger, Finja		89. W	852	00:36:39	00:39:19
612.		351.	Stanislawski, Pia		90. W	10746	00:36:40	00:38:04
613.	262.		Schenk, Rainer		3. M75	9616	00:36:41	00:37:44
614.		352.	Lotzing, Elisa		91. W	6679	00:36:42	00:38:06
615.	263.		Schwarzer, Thomas	Heilpädagogium an der Ostsee	4. M70	10280	00:36:43	00:38:23
616.		353.	Grunst, Lisa		35. W30	3476	00:36:46	00:37:53

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
617.		354.	Meier, Stefanie		27. W50	7140	00:36:49	00:38:49
618.		355.	Scharfenberg, Wilhelmine		12. WJ U20	9565	00:36:53	00:38:26
619.	264.		Schatkowski, Simon		29. M30	9568	00:36:54	00:38:59
620.		356.	Buchholz, Ivonne		21. W55	1417	00:36:54	00:39:06
621.	265.		Brunkhorst, Johann		5. M70	1395	00:36:55	00:38:27
622.		357.	Amzoll, Diana		28. W50	180	00:36:57	00:38:00
623.		358.	Schulz, Katja	Stryker	43. W40	940	00:36:58	00:36:58
624.		359.	Ameskamp, Katrin		44. W45	175	00:37:01	00:38:43
625.	266.		Kirchner, Bertram		57. M	11173	00:37:02	00:37:21
626.		360.	Boll, Cathrin		36. W30	5779	00:37:03	00:39:04
627.		361.	Asmussen, Bettina		22. W55	291	00:37:04	00:38:26
628.	267.		Dippel, Til	Team Kriwat Sport	58. M	1967	00:37:04	00:37:24
629.		362.	Kalanathan, Theepa		92. W	5032	00:37:04	00:38:01
630.		363.	Laforge, Loane		13. WJ U20	6180	00:37:04	00:39:05
631.	268.		Götze, Stefan		19. M60	3205	00:37:05	00:38:41
632.		364.	Tait, Daniela		44. W40	11130	00:37:06	00:37:59
633.		365.	Meier-Kriszun, Claudia	MLLEV	63. W35	7143	00:37:08	00:38:59
634.	269.		Schwarze, Edzard		20. M60	10275	00:37:09	00:38:50
635.		366.	Duhnke, Lara		93. W	2157	00:37:10	00:38:05
636.	270.		Schäfer, Daniel		59. M	9516	00:37:13	00:39:33
637.		367.	Selck, Karina		37. W30	10371	00:37:13	00:37:52
638.		368.	Lohmann, Elke		2. W70	6625	00:37:14	00:37:49
639.		369.	Richter, Dorit	MBWFK	23. W55	8992	00:37:16	00:38:02
640.	271.		Kolf, Carsten	Kolf-Clan	14. M50	5670	00:37:20	00:39:41
641.	272.		Mende, Kim	GALENpharma	26. M35	7185	00:37:23	00:39:11
642.		370.	Kadish, Navah		29. W50	4988	00:37:23	00:39:37
643.		371.	Fleiß, Linda		38. W30	2691	00:37:24	00:39:23
644.		372.	Bertow, Andrea	GALENpharma	45. W45	761	00:37:26	00:39:11
645.		373.	Grabke, Antonia		94. W	3283	00:37:26	00:39:55
646.		374.	Gauder, Nina		95. W	2948	00:37:26	00:39:12
647.		375.	Stolley, Novalie		96. W	10929	00:37:27	00:39:12
648.		376.	Ribnitz, Kerstin	Kieler Volksbank	45. W40	12753	00:37:28	00:40:00
649.		377.	Kotlitzki, Janina		46. W45	5736	00:37:29	00:38:11
650.		378.	Haase, Emma		97. W	3581	00:37:30	00:38:37
651.		379.	Hintze, Mirja	3 Eier am Wandern	64. W35	4263	00:37:31	00:39:55
652.		380.	Kongkuntod, Udomluk		65. W35	5695	00:37:34	00:39:33
653.	273.		Zickert, Marc		30. M55	12630	00:37:35	00:37:35
654.		381.	Ahrens, Christina		46. W40	92	00:37:35	00:39:19
655.		382.	Agbobli, Esther		66. W35	70	00:37:36	00:38:40
656.		383.	Iwohn, Sabrina		47. W45	4626	00:37:36	00:39:19
657.	274.		Blaschek, Stefan		26. M40	896	00:37:37	00:37:41
658.		384.	Japsen, Tabea		98. W	4762	00:37:37	00:39:32
659.		385.	Wriedt, Maren		24. W55	12493	00:37:38	00:39:01
660.	275.		Ahrens, Maximilian		60. M	11059	00:37:38	00:39:05
661.		386.	Pfänder, Ilka		30. W50	8325	00:37:38	00:39:51
662.		387.	Uygun, Seyma		99. W	11580	00:37:38	00:37:48
663.	276.		Lange-Dölitzsch, Sebastian	Wartenberger Club	36. M45	6241	00:37:39	00:38:31
664.		388.	Willert, Sabine		48. W45	12282	00:37:40	00:38:13
665.	277.		Lepczynski, Bernd		6. M70	6432	00:37:41	00:38:11
666.		389.	Huhnold, Janina		39. W30	4539	00:37:47	00:39:31
667.		390.	Lock, Juliane		47. W40	6601	00:37:47	00:38:17
668.	278.		Frank, Sven	Stryker	37. M45	2748	00:37:47	00:39:25
669.		391.	Jensen, Nele		100. W	4803	00:37:48	00:39:31
670.		392.	Nünning, Irina		49. W45	7867	00:37:48	00:38:14
671.	279.		Movaghar, Bahador		38. M45	7495	00:37:48	00:38:48
672.		393.	Hammadou, Keren		48. W40	3702	00:37:48	00:39:45
673.	280.		Pohl, Joshua		30. M30	8473	00:37:50	00:39:33
674.		394.	Grund, Leonie	Kieler Volksbank	101. W	12750	00:37:51	00:40:11
675.		395.	Kruse, Merit	Kieler Volksbank	102. W	12751	00:37:52	00:40:12
676.	281.		Mohr, Bjarne		61. M	10261	00:37:52	00:39:55
677.		396.	Kramm, Anneke		49. W40	5789	00:37:55	00:39:09
678.		397.	Gehrke, Vanessa		103. W	2978	00:37:58	00:39:11
679.		398.	Möser, Liv		104. W	7429	00:37:58	00:39:12
680.		399.	Donner, Stephanie		50. W40	2058	00:37:59	00:38:58
681.		400.	Williams, Lina		105. W	12284	00:38:03	00:39:06
682.		401.	Fischer, Susanne	Die Teufelchen	21. W60	2657	00:38:04	00:39:24
683.	282.		Gudat, Kai		39. M45	3489	00:38:04	00:40:22
684.		402.	Sütel, Emily		106. W	11073	00:38:06	00:39:08
685.		403.	Fandrey, Fiona		107. W	2485	00:38:07	00:40:04
686.		404.	Herter, Alexandra		50. W45	4144	00:38:07	00:39:24
687.		405.	Wöffler, Merret		51. W45	12390	00:38:07	00:39:24
688.	283.		Pagnia, Stephan		40. M45	8044	00:38:08	00:39:33
689.	284.		Pooch, Volker		12. M65	8502	00:38:08	00:39:18
690.	285.		Borchers, Michael	Förde Sparkasse	21. M60	1092	00:38:10	00:38:22
691.		406.	Göbel, Katharina	Rogat Runners	67. W35	3148	00:38:11	00:39:48
692.	286.		Nissen, Ulf		15. M50	7819	00:38:13	00:40:28
693.		407.	Nissen, Kristina		52. W45	7813	00:38:13	00:40:28
694.		408.	Gawrisch, Silke		3. W65	2953	00:38:15	00:39:33
695.		409.	Hinzmann, Liv Malin		108. W	4277	00:38:17	00:39:44
696.		410.	Budell, Sarah	Anschütz Pathfinder	109. W	1436	00:38:18	00:40:35
697.	287.		Füll, Marius		27. M35	2865	00:38:20	00:39:57
698.		411.	Gade, Barbara		22. W60	2886	00:38:20	00:39:10
699.	288.		Andresen, Kai		31. M55	200	00:38:25	00:39:32
700.	289.		Sitarek, Frank		16. M50	10535	00:38:25	00:39:32
701.		412.	Jäger, Christiane		53. W45	4671	00:38:27	00:38:27
702.		413.	Koberstein, Lisa		110. W	5504	00:38:29	00:40:19
703.		414.	Comberg-Buell, Gunda		23. W60	1718	00:38:30	00:39:01
704.	290.		Koberstein, Jochen		17. M50	5503	00:38:30	00:40:19

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
705.		415.	Buell, Rhea		111. W	4920	00:38:30	00:39:01
706.		416.	Refaaf, Jayda		112. W	8830	00:38:31	00:40:09
707.	291.		Lausen, Christopher		62. M	6327	00:38:31	00:39:58
708.	292.		Ernst, Andreas		22. M60	2399	00:38:32	00:38:46
709.	293.		Bumann, Frank		32. M55	1495	00:38:33	00:41:04
710.		417.	Dykstra, Stephanie	MEKUN	68. W35	2186	00:38:35	00:41:00
711.	294.		Thomsen, Jan		41. M45	11312	00:38:37	00:38:54
712.	295.		Barth, Christian		42. M45	449	00:38:37	00:40:27
713.		418.	Sicka, Antje	Dataporti	54. W45	10434	00:38:38	00:39:56
714.		419.	Beyer, Silke		24. W60	802	00:38:38	00:39:09
715.		420.	Juhnke, Sarah		40. W30	4948	00:38:38	00:40:27
716.	296.		Kisek, Joel	Stadtwerke Kiel	31. M30	5307	00:38:39	00:40:35
717.		421.	Hennschen, Kim	Stadtwerke Kiel	69. W35	4107	00:38:39	00:40:35
718.		422.	Bunchalad, Wannapa		70. W35	1499	00:38:39	00:39:07
719.		423.	Kummetz, Anne	Humboldt Schule Kiel	31. W50	6102	00:38:42	00:40:48
720.		424.	Urban, Beke		55. W45	11564	00:38:42	00:40:48
721.		425.	Sommerfeld, Fritz		51. W40	10609	00:38:42	00:40:48
722.	297.		Müller, Marcel		28. M35	7541	00:38:42	00:39:05
723.		426.	Müller, Sabrina		71. W35	7552	00:38:42	00:39:04
724.		427.	Engelke, Claudia		52. W40	2368	00:38:44	00:40:05
725.		428.	Jordt, Mareike		72. W35	4911	00:38:45	00:40:24
726.	298.		Wähner, Michael	Lebenhilfswerk Neumünster	27. M40	11872	00:38:46	00:39:28
727.		429.	Büchmann, Monika		25. W60	1441	00:38:47	00:40:04
728.		430.	Marsau, Carlotta		113. W	6955	00:38:47	00:40:31
729.		431.	Foster, Sarah		41. W30	1412	00:38:49	00:40:44
730.	299.		Nonnewitz, Tore	MEKUN	32. M30	7846	00:38:50	00:41:14
731.		432.	Gehrmann, Diana		25. W55	2979	00:38:52	00:40:27
732.		433.	Hartlieb, Selina		114. W	3846	00:38:52	00:40:27
733.		434.	Wilhelm, Sarah		115. W	12261	00:38:55	00:41:19
734.		435.	Kröncke, Kathrin		53. W40	5883	00:38:55	00:40:57
735.	300.		Riggert, Wolfgang		4. M75	9057	00:38:57	00:39:30
736.		436.	Röll, Sigrun		26. W60	9117	00:38:59	00:40:54
737.	301.		Schmidt, Horst	KMTV	18. M50	9741	00:39:00	00:41:22
738.		437.	Mentzer, Heike		27. W60	7194	00:39:06	00:39:33
739.		438.	Renth, Martina		32. W50	6254	00:39:06	00:39:18
740.		439.	Phetrat, Sawitree		73. W35	8353	00:39:07	00:39:07
741.		440.	Petersen, Anna		42. W30	8248	00:39:08	00:41:31
742.		441.	Sachs, Eva		43. W30	9399	00:39:08	00:41:31
743.		442.	Jacobi-Freutel, Dorith		74. W35	4640	00:39:14	00:40:43
744.		443.	Adämmer, Ingrid		33. W50	50	00:39:15	00:41:50
745.	302.		Adämmer, Jörg		33. M55	51	00:39:15	00:41:50
746.	303.		Natschke, Uwe		13. M65	7661	00:39:16	00:40:25
747.		444.	Zeybek, Aydan	Kieler Volksbank	44. W30	12752	00:39:17	00:41:49
748.		445.	Madey, Zina		54. W40	6815	00:39:17	00:40:15
749.	304.		Ordowski, Til		63. M	7969	00:39:18	00:40:33
750.		446.	Schmidtchen, Chiara		116. W	9790	00:39:18	00:40:33
751.		447.	Pfaff, Anika		56. W45	8327	00:39:22	00:40:24
752.		448.	May-Strüben, Simone		26. W55	7090	00:39:24	00:40:07
753.		449.	Maerker, Stephanie		75. W35	6825	00:39:25	00:40:07
754.	305.		Maxilom, Jeremy		33. M30	7087	00:39:26	00:41:17
755.	306.		Krutchaiyant, Sakol		34. M30	5986	00:39:26	00:41:17
756.		450.	Strunck, Jette		117. W	11014	00:39:31	00:43:06
757.		451.	Laddey, Lara		45. W30	6173	00:39:32	00:43:07
758.		452.	Switalla, Barbara		28. W60	11100	00:39:35	00:39:38
759.	307.		Krug, Andre		14. M65	5937	00:39:36	00:40:11
760.		453.	Stange, Lisa		76. W35	10743	00:39:38	00:40:50
761.		454.	Wulf, Alina-Annika		77. W35	12514	00:39:38	00:40:50
762.		455.	Pinnau, Marion	Landeshauptstadt Kiel	29. W60	8408	00:39:41	00:41:14
763.	308.		Doose, Dirk		28. M40	2061	00:39:43	00:41:07
764.	309.		Rosenberg, Holger		7. M70	9226	00:39:45	00:41:26
765.		456.	Kaiser-Behnke, Dagmar	Landeshauptstadt Kiel	4. W65	5030	00:39:45	00:40:12
766.		457.	Reuter-Rosenberg, Monika		5. W65	8976	00:39:45	00:41:27
767.		458.	Schadwald, Mandy	GKN Kiel	78. W35	9509	00:39:52	00:40:31
768.		459.	Spachmann, Karin		6. W65	10635	00:39:53	00:40:40
769.		460.	Küper, Paulina		118. W	6054	00:39:53	00:40:36
770.		461.	Labadi, Jasmin		46. W30	6158	00:39:53	00:40:36
771.		462.	Schwartz, Zora		119. W	10248	00:39:54	00:41:40
772.		463.	Martens, Kathrin		30. W60	6968	00:40:01	00:42:02
773.		464.	Schumann, Katrin	Max Rubner-Institut	57. W45	10206	00:40:03	00:42:21
774.		465.	Tiedemann, Beke		47. W30	11357	00:40:06	00:41:49
775.		466.	Reese, Berit		55. W40	8824	00:40:07	00:42:37
776.	310.		Weidner, Gunter		15. M65	12037	00:40:08	00:42:06
777.		467.	Buchhofer, Annouk		120. W	1414	00:40:09	00:40:09
778.		468.	Dowers, Anniki		14. WJ U20	2079	00:40:10	00:40:54
779.	311.		Weißer, Jürgen		8. M70	12072	00:40:10	00:42:19
780.		469.	Brand, Gwendolin		48. W30	1176	00:40:12	00:41:38
781.	312.		Gauder, Philip		64. M	2949	00:40:12	00:42:00
782.		470.	Kampmann, Katrin		31. W60	5056	00:40:12	00:41:36
783.		471.	Potthast, Inga		27. W55	8521	00:40:13	00:41:36
784.		472.	Czischke, Casandra		121. W	1774	00:40:13	00:42:15
785.		473.	Lieske, Larissa		49. W30	6515	00:40:14	00:41:50
786.		474.	Passick, Gudrun	MLLEV	28. W55	8102	00:40:18	00:42:09
787.		475.	Schoppe, Johanna		58. W45	9932	00:40:18	00:40:30
788.	313.		Holldorf, Ulrich		9. M70	4388	00:40:19	00:41:45
789.	314.		Coste, Domenico		23. M60	1746	00:40:20	00:42:18
790.	315.		Fischer, Roland		16. M65	2655	00:40:20	00:42:19
791.	316.		Goldschmidt, Matthias		24. M60	3228	00:40:21	00:41:52
792.	317.		Jacobs, Anton		65. M	4641	00:40:22	00:42:27

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
793.		476.	Goldschmidt, Susanne		32. W60	3229	00:40:22	00:41:52
794.		477.	Jacobs, Christina		122. W	4643	00:40:22	00:42:27
795.	318.		Pronkow, Werner		10. M70	8599	00:40:25	00:42:35
796.	319.		Dins, Michael	LAC Kronshagen	17. M65	1961	00:40:26	00:41:48
797.	320.		Timm, Jens Peter		25. M60	11385	00:40:27	00:41:48
798.		478.	Edert, Katrin		56. W40	2227	00:40:28	00:41:32
799.		479.	Paßmann, Dana		123. W	8103	00:40:28	00:43:01
800.	321.		Carl, Michael		29. M40	1589	00:40:29	00:41:32
801.		480.	Von Pein, Leslie		79. W35	11790	00:40:31	00:41:51
802.		481.	Lackschewitz, Sophie		80. W35	6172	00:40:31	00:41:51
803.		482.	Müller, Natascha		57. W40	7548	00:40:33	00:42:25
804.		483.	Schwab, Claudia		34. W50	10230	00:40:33	00:42:11
805.		484.	Hesse-Wieck, Rita		33. W60	4174	00:40:36	00:41:27
806.		485.	Wagner, Maike		58. W40	11886	00:40:37	00:41:38
807.		486.	Surjoseputro, Elisa		50. W30	11095	00:40:43	00:43:00
808.	322.		Kirey, Tom	Neue Waldorfschule Rendsburg	66. M	9692	00:40:43	00:42:36
809.		487.	Roos, Joana		124. W	7322	00:40:45	00:40:59
810.		488.	Knifka, Birgit		34. W60	5468	00:40:49	00:42:46
811.		489.	Herbst, Carolina		125. W	4121	00:40:49	00:41:28
812.		490.	Hutner, Marie		126. W	4567	00:40:49	00:43:12
813.		491.	Lüpke, Clara		127. W	6735	00:40:49	00:43:12
814.		492.	Marholz, Sina	Brock Müller Ziegenbein	59. W45	6932	00:40:50	00:42:58
815.		493.	Steffen, Doris		35. W60	10787	00:40:53	00:41:48
816.		494.	Stürck, Nadja		128. W	11042	00:40:56	00:42:47
817.		495.	Albrechtsen, Sara Maria	KMTV	59. W40	130	00:40:56	00:42:50
818.		496.	Fandrey, Miriam		51. W30	2486	00:40:58	00:42:55
819.	323.		Bewarder, Malte		67. M	791	00:40:58	00:42:08
820.		497.	Koke, Julia		129. W	5654	00:40:58	00:42:09
821.	324.		Pauer, Gunnar		18. M65	8113	00:40:59	00:42:58
822.	325.		Breuer, Michael		19. M50	1296	00:41:02	00:43:25
823.		498.	Tonn, Claudia	Dataporti	60. W40	11421	00:41:04	00:41:08
824.	326.		Hutzfeld, Denis	Sauer Compressors	43. M45	4568	00:41:06	00:42:50
825.		499.	Gloe, Chantal		130. W	3114	00:41:07	00:43:00
826.		500.	Krause-Kyora, Saskia		60. W45	5824	00:41:09	00:41:09
827.		501.	Kiefer, Susanne		36. W60	4808	00:41:10	00:43:21
828.		502.	Hennings, Kathleen	Running Friends	35. W50	4097	00:41:11	00:42:55
829.		503.	Würsing, Friederike	Stryker	61. W40	12507	00:41:20	00:42:58
830.	327.		Kraft, Christian	CITTI / CHEFS CULINAR / HMS	44. M45	5776	00:41:22	00:43:00
831.	328.		Kolodzey, Thomas		45. M45	5688	00:41:25	00:43:33
832.		504.	Kotuszewski, Nicole	Dataporti	61. W45	5738	00:41:27	00:43:58
833.	329.		Mizgayski, Martin		20. M50	7359	00:41:34	00:43:13
834.	330.		Koch, Sebastian		30. M40	5524	00:41:35	00:43:48
835.		505.	Gottschalk, Sarina		81. W35	3279	00:41:35	00:43:49
836.	331.		Zaschke, Julian		35. M30	1122	00:41:37	00:43:03
837.	332.		Möller, Stefan Christoph		34. M55	7415	00:41:49	00:44:11
838.		506.	Krug, Gesa		36. W50	5938	00:41:52	00:42:29
839.		507.	Gross, Nele		131. W	3427	00:41:57	00:43:13
840.		508.	Grüner, Heike	Brock Müller Ziegenbein	62. W45	3458	00:41:57	00:44:31
841.		509.	Langfeldt, Monika	Ingenieurteam Trebes	29. W55	6249	00:41:58	00:44:25
842.		510.	Arp, Antje	Ingenieurteam Trebes	62. W40	269	00:41:59	00:44:25
843.		511.	Jablonski, Anika		82. W35	4631	00:42:04	00:42:50
844.		512.	Langhof, Annika	Bines Brummer	83. W35	6253	00:42:04	00:43:40
845.	333.		Trede, Heino		11. M70	11463	00:42:11	00:44:18
846.		513.	Grage, Antonia		52. W30	3317	00:42:12	00:43:23
847.		514.	Drewes, Olga		63. W45	2103	00:42:12	00:44:14
848.		515.	Pflug, Ann-Katrin		37. W60	8352	00:42:14	00:43:32
849.		516.	Theophile, Lena		53. W30	11245	00:42:21	00:42:57
850.		517.	Hamann, Kathleen		63. W40	3684	00:42:21	00:42:38
851.		518.	Niemeier, Lina-Marie		54. W30	7786	00:42:23	00:42:58
852.		519.	Ritzka, Maren		55. W30	9087	00:42:23	00:44:01
853.		520.	Geest-Hansen, Lea		132. W	2967	00:42:37	00:45:07
854.	334.		Schroeder, Norbert	ALG-VfL Bokel	12. M70	9998	00:42:38	00:43:19
855.		521.	Dörnenburg, Gabi		3. W70	2014	00:42:42	00:43:49
856.		522.	Kutscher, Linn Madita	Humboldt Schule Kiel	15. WJ U20	6148	00:42:45	00:44:37
857.		523.	Stolzenburg, Ronja		56. W30	10943	00:42:46	00:43:19
858.		524.	Hausig, Johanna		133. W	3920	00:42:54	00:44:45
859.		525.	Marsau, Claudia		30. W55	6956	00:42:54	00:44:38
860.		526.	Grätsch, Désirée		64. W40	3302	00:42:57	00:43:52
861.		527.	Langenstein, Maj-Britt		134. W	6243	00:42:57	00:42:57
862.		528.	Hecht, Louisa	Premium Immobilien Nord	135. W	5872	00:42:57	00:44:16
863.		529.	Seifert, Susan	Gettorfer TV	64. W45	10357	00:42:59	00:45:04
864.		530.	Seegert, Anna-Lena		57. W30	10325	00:43:02	00:44:30
865.	335.		Seegert, Tobias		29. M35	10326	00:43:03	00:44:30
866.	336.		Rüter, Olav		35. M55	9332	00:43:09	00:45:21
867.		531.	Ernst, Kerstin		38. W60	2406	00:43:14	00:43:27
868.		532.	Ehrig, Regine		7. W65	10564	00:43:24	00:44:28
869.		533.	Antons, Lisa	Gemeinsam gegen Krebs	136. W	225	00:43:25	00:44:55
870.		534.	Milster, Marion		31. W55	7339	00:43:30	00:45:28
871.		535.	Laszkowski, Jana	Gemeinsam gegen Krebs	137. W	6306	00:43:32	00:45:01
872.		536.	Jahnke, Conny		32. W55	4702	00:43:37	00:47:28
873.		537.	Schulz, Ragna		84. W35	10169	00:43:49	00:46:19
874.		538.	Butzug, Jonalia	PariSERVE	138. W	1566	00:43:55	00:46:17
875.	337.		Leopold, Lennart		68. M	6430	00:43:57	00:46:23
876.		539.	Trautwig, Inga		65. W40	11456	00:44:01	00:45:26
877.		540.	Schrum, Michaela		37. W50	10030	00:44:02	00:44:39
878.		541.	Siemsen, Katharina	Stryker	66. W40	10473	00:44:09	00:45:48
879.		542.	Ehe, Hannah	Familie Ehe	139. W	2252	00:44:10	00:45:34
880.		543.	Voß, Gitta	SV Mönkeberg	39. W60	11828	00:44:27	00:44:56

Ergebnis Einlauf >> Kurzlauf (5.1 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
881.		544.	Petersen, Stefanie		58. W30	8297	00:44:34	00:48:02
882.		545.	Moeller, Kitt		40. W60	7399	00:44:36	00:44:36
883.		546.	Jäger, Jana		59. W30	4673	00:44:36	00:48:03
884.		547.	Vettorel, Jessica		60. W30	11633	00:44:39	00:49:04
885.		548.	Brunkhorst, Ulrike		4. W70	1396	00:44:40	00:46:21
886.		549.	Kuru, Katrin		67. W40	6137	00:44:41	00:46:16
887.	338.		Johannsen, Dirk		13. M70	4868	00:44:58	00:46:31
888.		550.	Johannsen, Lisa		8. W65	4874	00:45:01	00:46:31
889.		551.	Reestorff, Angela		41. W60	8828	00:45:06	00:45:40
890.		552.	Feuereisel, Dorothea S.		61. W30	2574	00:45:07	00:47:08
891.		553.	Müller, Carola		85. W35	7512	00:45:08	00:45:31
892.		554.	Hauser, Vivien		33. W55	3917	00:45:22	00:47:58
893.		555.	Gurita, Daniela		68. W40	3531	00:45:27	00:46:01
894.	339.		Asmussen, Jörg	Die Teufelchen	26. M60	293	00:45:28	00:46:48
895.	340.		Dregelies, Martin	Landeshauptstadt Kiel	19. M65	2087	00:45:30	00:45:59
896.		556.	Knust-Kiedrowski, Krystyna		65. W45	5497	00:45:35	00:46:45
897.		557.	Becker, Wiebke	Dataporti	9. W65	565	00:45:57	00:48:13
898.		558.	Eichhorn, Katrin		34. W55	2288	00:45:59	00:48:19
899.		559.	Bierkant, Tina		38. W50	844	00:46:02	00:47:38
900.		560.	Lindner, Irene		35. W55	6553	00:46:21	00:48:55
901.		561.	Petersen, Anna Lena		140. W	8249	00:46:22	00:48:49
902.		562.	Vetter, Christina		86. W35	11629	00:46:22	00:48:50
903.	341.		Liebsch-Dörschner, Thomas		14. M70	6494	00:46:23	00:48:30
904.		563.	Gothe, Linda		10. W65	3273	00:46:24	00:48:30
905.		564.	Gnass, Christel		1. W75	3131	00:46:26	00:48:11
906.	342.		Lüders, Stefan	Running Clan	27. M60	6719	00:46:56	00:46:56
907.		565.	Rheindorf, Lucia Milena		141. W	8982	00:47:00	00:49:27
908.		566.	Hofmann, Janina		142. W	4360	00:47:00	00:49:27
909.		567.	Avila, Isabel		39. W50	317	00:47:35	00:48:43
910.	343.		Plischke, Niclas		69. M	8443	00:47:39	00:49:54
911.		568.	van Kempen, Svea-Sophie		143. W	11602	00:48:04	00:49:27
912.	344.		Plöger, Tjark		70. M	8447	00:48:04	00:49:27
913.		569.	Knust, Nadine	Kieler Volksbank eG	69. W40	5493	00:48:10	00:50:32
914.		570.	Knust, Sandra	Kieler Volksbank eG	66. W45	5495	00:48:10	00:50:32
915.	345.		Wähum, Gerd	KT83	1. M85	11874	00:48:37	00:50:56
916.	346.		Siegmann, Ralf		28. M60	10457	00:48:51	00:51:12
917.		571.	Hock, Dilys		36. W55	4295	00:48:51	00:51:12
918.		572.	Becker, JaNine		70. W40	543	00:48:53	00:49:23
919.	347.		Kalwies, Konstantin		29. M60	5050	00:48:54	00:50:56
920.		573.	Siegmann, Fabienne		62. W30	10456	00:48:54	00:51:16
921.		574.	Sielaff, Melanie	IB.SH Runners	67. W45	10466	00:49:07	00:51:36
922.		575.	Lange, Angela	Dataporti	37. W55	6219	00:49:22	00:51:20
923.		576.	Titz, Kyra		144. W	11398	00:49:51	00:51:54
924.		577.	Mahmoodi, Maryam		40. W50	6850	00:50:39	00:51:38
925.	348.		Eggen, Kai		71. M	2237	00:50:47	00:53:08
926.		578.	Soeth, Edlyn	Gemeinsam gegen Krebs	42. W60	10582	00:50:49	00:52:01
927.		579.	Empacher, Kathrin	Curvy Yoga Studio by Krishnabai	63. W30	2347	00:53:01	00:53:21
928.		580.	Brummund, Franziska	Curvy Yoga Studio by Krishnabai	87. W35	1389	00:53:01	00:53:22
929.		581.	Weinzierl, Charlotte	Curvy Yoga Studio by Krishnabai	16. WJ U20	12055	00:53:01	00:53:22
930.		582.	Weinzierl, Natascha	Curvy Yoga Studio by Krishnabai	68. W45	12056	00:53:02	00:53:22
931.		583.	Thommsen, Yvonne	Curvy Yoga Studio by Krishnabai	69. W45	11296	00:53:04	00:53:22
932.	349.		Mischok, Daniel	Stadtwerke Kiel	30. M35	7350	01:09:47	01:45:20
933.		584.	Glombek, Claudia		64. W30	3120	01:11:27	01:49:37
934.		585.	Colve, Laura	Kiel Kelpies	65. W30	1717	01:12:29	01:12:29
935.	350.		Stölting, Klaus	Kieler Turnerbund v 1899 eV (KTB)	1. M80	10912	02:59:57	02:59:57
936.		586.	Boje, Astrid		41. W50	1046	03:45:00	03:45:00