

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
1.	1.		Golecki, Jarle	SV Rethwisch	1. MJ U20	8887	00:17:56	00:17:57
2.	2.		Casper, Ruben		1. M	1090	00:18:47	00:18:49
3.	3.		Wesselmann, Holger		1. M30	8317	00:18:53	00:18:55
4.	4.		Rusch, Philipp	Team Vegan	2. M	6329	00:19:17	00:19:23
5.	5.		Grimm, Lasse		3. M	8895	00:19:18	00:19:19
6.	6.		Dumke, Till	LAC Kronshagen	4. M	1484	00:19:34	00:21:21
7.	7.		Schlenz, Jonas	Team Kriwat Sport	5. M	6561	00:20:12	00:20:15
8.	8.		Dunst, Max	Nordlicht Ausdauer-Coaching	2. M30	8837	00:20:19	00:20:26
9.	9.		Wrage, Jonas	SG Athletico Büdelsdorf	6. M	8590	00:20:36	00:20:37
10.		1.	von Petersdorff, Lina	LAC Kronshagen	1. W	8048	00:20:39	00:20:40
11.	10.		Harrie, Henning	Die blauen Hydras	7. M	2578	00:20:41	00:20:48
12.	11.		Geldt, Viktor		3. M30	2033	00:20:42	00:20:51
13.	12.		Potthast, Anton		8. M	5822	00:20:46	00:20:56
14.	13.		Schütt, Marvin		4. M30	6853	00:20:48	00:20:53
15.	14.		Breiholz, Claas	TKMS Marine Systems	9. M	854	00:20:53	00:21:17
16.	15.		Burke, Lars	SG Athletico Büdelsdorf	1. M45	1020	00:20:55	00:20:56
17.	16.		Holz, Christian		5. M30	8939	00:20:56	00:21:58
18.	17.		Vollertsen, Tjark	Team Kriwat Sport	10. M	8007	00:21:06	00:21:31
19.	18.		Lemke, Jonathan		11. M	4360	00:21:16	00:21:23
20.		2.	Braun, Simone	Team Kriwat Sport	1. W50	836	00:21:25	00:21:27
21.	19.		Berg, Christopher	TKMS Marine Systems	12. M	501	00:21:49	00:22:11
22.	20.		Fahrenkrog, Dennis	Team Kriwat Sport	1. M40	1673	00:21:54	00:22:37
23.	21.		N, N		13. M	8474	00:21:54	00:21:54
24.		3.	Thal, Rieka		2. W	7679	00:21:58	00:22:03
25.	22.		Dittrich, Jan		14. M	8830	00:22:15	00:22:58
26.	23.		Gerke, Tim		15. M	8874	00:22:29	00:23:51
27.	24.		Behr, Moritz		2. MJ U20	453	00:22:33	00:23:04
28.	25.		Ballke, Lasse		16. M	280	00:22:33	00:22:34
29.	26.		Sutantio, Indra		17. M	9248	00:22:35	00:23:22
30.	27.		Streckel, Jakob		3. MJ U20	7504	00:22:40	00:23:10
31.	28.		Sohrt, Hannes	TKMS Marine Systems	1. M35	7207	00:22:40	00:23:06
32.	29.		Bogya, Frederik		18. M	703	00:22:45	00:23:23
33.	30.		Messerschmidt, Fabian	Team Kriwat Sport	19. M	4905	00:22:58	00:23:39
34.	31.		Gauch, Peter		20. M	8872	00:22:58	00:23:13
35.	32.		Martin, Torge		2. M45	4773	00:22:58	00:23:15
36.		4.	Dietrich, Corinna	LG Albatros Kiel	1. W30	1365	00:23:02	00:23:23
37.	33.		Wollmann, Markus		1. M50	8566	00:23:05	00:23:41
38.	34.		Behringer, Stefan	Förde Sparkasse	1. M55	470	00:23:06	00:23:16
39.	35.		Koester, Nils	Team TESLA	6. M30	3816	00:23:11	00:25:10
40.		5.	Reinke, Nathalie	Team Kriwat Sport	2. W30	6085	00:23:11	00:23:42
41.	36.		Lütje, Sören	Förde Sparkasse	4. MJ U20	4608	00:23:12	00:23:28
42.	37.		Faber, Lars		2. M40	1664	00:23:12	00:23:35
43.	38.		Heckt, Robin		21. M	2651	00:23:27	00:23:30
44.		6.	Manthey, Insa		3. W30	4708	00:23:28	00:23:32
45.	39.		Potthast, Johann		22. M	5825	00:23:29	00:25:17
46.	40.		Ramlow, Kenneth	ALG-VfL Bokel	23. M	5953	00:23:48	00:24:08
47.		7.	Masur, Larissa		3. W	4790	00:23:51	00:23:52
48.	41.		Evers, Marc	Förde Sparkasse	7. M30	1647	00:23:53	00:24:04
49.	42.		Brozio, Jan Piet	TKMS Marine Systems	3. M40	925	00:24:04	00:24:33
50.	43.		Bolte, Christoph	Deutsche Post	8. M30	718	00:24:06	00:26:07
51.	44.		Börger, Marwin	Roggensack Ingenieure	24. M	688	00:24:08	00:26:14
52.	45.		Bock, Jan-Philipp	GKN Driveline	25. M	660	00:24:09	00:25:20
53.	46.		Höper, Jörn	TSV Bordesholm	2. M55	2923	00:24:16	00:25:07
54.	47.		Wilder, Richard	Deutsche Post	9. M30	8426	00:24:17	00:26:15
55.	48.		Burzlauff, Jens	GKN Driveline	3. M55	1031	00:24:25	00:24:33
56.	49.		Lies, David Maximilian Amedeo		2. M35	9034	00:24:29	00:25:29
57.		8.	Wiese, Alexa		4. W30	8405	00:24:33	00:25:20
58.	9.		Hasse, Ann-Sophie		4. W	2611	00:24:35	00:25:08
59.	10.		Voß, Jenny		1. W35	8074	00:24:42	00:24:53
60.		11.	Sperling, Sabrina		5. W	7263	00:24:47	00:25:07
61.	50.		Lüthje, Sebastian		4. M40	4604	00:24:48	00:27:13
62.		12.	Harnisch, Rabea		5. W30	2576	00:24:56	00:25:16
63.	13.		Lange, Nina	Kieler tb	6. W	4242	00:24:56	00:25:35
64.	51.		Klink, Werner	Die blauen Hydras	4. M55	3670	00:24:57	00:25:04
65.	52.		Brabnik, Florian	Porsche Zentrum	5. M40	790	00:25:02	00:27:12
66.	53.		Ließ, Louis	Porsche Zentrum	26. M	4443	00:25:04	00:27:16
67.		14.	Herzberg, Carolin		7. W	8930	00:25:06	00:25:25
68.	54.		Kalsberger, Tim		27. M	3416	00:25:07	00:26:37
69.		15.	Abshagen, Marlene	TUS Holtenau	8. W	38	00:25:08	00:26:38
70.	55.		Conrads, Michael	Wassersportvereinigung Büdelsdorf	6. M40	1183	00:25:09	00:25:39
71.		16.	Kunath, Johanna		9. W	9005	00:25:11	00:25:31
72.	56.		Winkler, Julian		28. M	5599	00:25:11	00:25:21
73.	57.		Ulbrich, Paul	PWC	10. M30	7892	00:25:17	00:25:33
74.	58.		Kriwat, Lais	Team Kriwat Sport	29. M	3989	00:25:25	00:26:06
75.		17.	Reese, Victoria		2. W35	6012	00:25:25	00:26:33
76.		18.	Ziegler, Christin		6. W30	8669	00:25:26	00:26:13
77.	59.		Reich-Dultz, Fridtjof	LG Albatros Kiel	3. M35	9136	00:25:31	00:25:59
78.	60.		Roth, Andreas		3. M45	9152	00:25:31	00:27:55
79.	61.		Klaus, Marc		30. M	3628	00:25:34	00:26:29
80.		19.	Trentmann, Wibke		1. W40	7849	00:25:37	00:25:51
81.		20.	Schröter, Laura	FLS Runners	7. W30	6831	00:25:42	00:26:13
82.	62.		Prieß, Fabian	Hof Sophienlust	31. M	5850	00:25:47	00:26:33
83.	63.		Helmich, Bernd		2. M50	2727	00:25:48	00:26:19
84.	64.		Krüger, Jakob		32. M	4020	00:25:49	00:26:23
85.	65.		Schwarz, Martin	Team TESLA	4. M35	6959	00:25:53	00:27:51
86.	66.		Kraft, Axel	Förde Sparkasse	3. M50	3907	00:25:55	00:26:12
87.	67.		Lengowski, Stefan	TKMS Marine Systems	7. M40	4367	00:26:00	00:26:27
88.	68.		Nolte, Niklas	Team TESLA	33. M	5379	00:26:04	00:28:02

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
89.		21.	Traulsen, Nicole		8. W30	7839	00:26:04	00:26:51
90.	69.		Becker, Roman	Team TESLA	11. M30	415	00:26:05	00:28:02
91.	70.		Vieg, Jendrik	Die blauen Hydras	34. M	7952	00:26:09	00:26:16
92.	71.		Engfer, Konrad		35. M	1607	00:26:11	00:27:09
93.		22.	Kistenmacher, Lisann		1. WJ U20	3612	00:26:15	00:27:56
94.	72.		Stawecker, Marcin	Deutsche Post	12. M30	7355	00:26:15	00:28:09
95.	73.		Zahlmann, Mathis		5. MJ U20	8645	00:26:17	00:27:32
96.	74.		Dittmann, Torben		36. M	1384	00:26:17	00:26:52
97.		23.	Scheinpflug, Merle		10. W	9169	00:26:17	00:27:14
98.	75.		Liedtke, Norbert	Käthes Friends	4. M50	4431	00:26:18	00:26:50
99.		24.	Nordheim, Bettina		1. W55	5386	00:26:20	00:26:36
100.	76.		Massmann, Frederick	Energie in Bewegung	5. M35	4787	00:26:20	00:27:22
101.		25.	Schöchle, Eileen	RSC Lüneburg Triathlon	2. W50	6732	00:26:24	00:27:02
102.	77.		Raymann, Patrick		8. M40	5996	00:26:27	00:28:29
103.	78.		Grube, Timo	LG Gelteringer Bucht	9. M40	2306	00:26:30	00:27:10
104.		26.	Kühn, Julia Nike		11. W	4094	00:26:33	00:27:57
105.		27.	Kalyn, Bohdana		12. W	1547	00:26:34	00:27:10
106.		28.	Steinkopff, Anna		2. WJ U20	7413	00:26:35	00:28:00
107.	79.		Lorenz, Benedikt		37. M	4530	00:26:35	00:28:39
108.	80.		Falk, Markus		4. M45	1677	00:26:40	00:26:44
109.	81.		Guggenberger, Robert		5. M45	2364	00:26:43	00:27:44
110.	82.		Wecker, Bert		6. M45	8179	00:26:45	00:27:59
111.		29.	Rubinos Alvan, Melissa	Podologie-Rubinos	2. W40	9154	00:26:45	00:27:48
112.	83.		Pade, Axel		1. M60	5527	00:26:48	00:26:50
113.	84.		Becker, Ole		13. M30	413	00:26:48	00:28:45
114.	85.		Ecksmann, Axel		1. M65	1514	00:26:48	00:27:00
115.		30.	Mattern, Melina		13. W	4796	00:26:51	00:27:31
116.	86.		Leutelt, Stefan	Skivereinigung SH	2. M60	4402	00:26:55	00:27:29
117.		31.	Ivanov, Yana		1. W45	3115	00:26:57	00:27:02
118.	87.		Pollehn, Harald		7. M45	5792	00:27:00	00:27:59
119.	88.		Claviez, Lukas		38. M	1164	00:27:06	00:28:08
120.	89.		Wyppych, Patrick		14. M30	9328	00:27:09	00:28:06
121.	90.		Schreiber, Jakob		39. M	6795	00:27:10	00:28:33
122.		32.	Raben, Eva		3. W35	5911	00:27:13	00:27:47
123.	91.		Behrendt, Andre	Team Kriwat Sport	5. M50	456	00:27:13	00:27:44
124.	92.		Hasan, Abdulghani Hazaa Mohammed	kulturgrenzenlos e.V.	15. M30	2595	00:27:17	00:31:46
125.	93.		Bittner, Nielas	Team TESLA	40. M	623	00:27:19	00:29:16
126.		33.	Ihsen, Andrea		3. W50	3093	00:27:23	00:29:13
127.	94.		Mertens, Sven	TKMS Marine Systems	6. M50	4902	00:27:24	00:27:52
128.		34.	Jackstadt, Sabrina		9. W30	3129	00:27:24	00:27:44
129.	95.		Prueß, Timo		10. M40	5870	00:27:27	00:27:52
130.	96.		Freidenberger, Viktor		16. M30	1867	00:27:28	00:28:58
131.	97.		Wickmann, Stefan		5. M55	8371	00:27:31	00:28:02
132.	98.		Wiebe, Peter		6. M55	8373	00:27:31	00:28:49
133.	99.		Arlt, Tobias	Team Kriwat Sport	41. M	185	00:27:37	00:28:20
134.		35.	Rehkopf, Lilli	#langstreckenfreundschaft	14. W	6025	00:27:37	00:28:15
135.	100.		Damm, Bjoern	SouthGeorgiaRat	3. M60	1239	00:27:37	00:28:00
136.	101.		Nickel, Christian	TSV Fahrdorf	6. M35	5285	00:27:38	00:28:15
137.	102.		Sturm, Patrick	Team Kriwat Sport	17. M30	7566	00:27:39	00:28:20
138.	103.		Howling, Ilan	Stryker	8. M45	3042	00:27:41	00:28:53
139.		36.	Froehling, Florentine	Stryker	10. W30	1919	00:27:45	00:28:54
140.	104.		Radestock, Sven		7. M50	5920	00:27:46	00:28:04
141.		37.	Oldenburg, Silvia		4. W50	5462	00:27:46	00:28:45
142.		38.	Sommerfeld-Kaatz, Kea		3. W40	7221	00:27:46	00:28:25
143.		39.	Grimm, Flor		5. W50	2260	00:27:46	00:28:45
144.	105.		Geuenich-Petersen, Bastian	Suchsdorfer SV	18. M30	2070	00:27:50	00:28:00
145.	106.		Kunz, Wilfried		8. M50	4147	00:27:51	00:28:47
146.		40.	Recker, Nicole		2. W45	6000	00:27:53	00:28:46
147.		41.	Woch, Folke		15. W	8520	00:27:53	00:28:33
148.	107.		Gringel, Dennis		19. M30	8896	00:27:54	00:28:50
149.	108.		Ziertmann, Mika	WEISSLEDER EWER	6. MJ U20	8683	00:27:54	00:28:13
150.	109.		Stave, Olaf	Lebenshilfewerk Neumünster	9. M50	7354	00:27:55	00:28:01
151.		42.	Florescu, Lina		3. WJ U20	1824	00:27:56	00:28:54
152.	110.		Herter, Robert		7. M35	2792	00:27:56	00:29:25
153.		43.	Zimmermann, Ute		4. W40	9339	00:27:57	00:30:05
154.		44.	Justi, Lydia		16. W	8988	00:27:58	00:29:06
155.		45.	Scherf, Martina		2. W55	6512	00:28:01	00:28:33
156.	111.		Müller-Heise, Kai		9. M45	5153	00:28:03	00:28:39
157.		46.	Peschel, Pia Lena		4. W35	3835	00:28:12	00:30:23
158.	112.		Kunstmann, Torsten	Wankendorfer	11. M40	4146	00:28:12	00:29:33
159.	113.		Biyyik, Mirac	Mit dem Handwerk läuft's!	42. M	627	00:28:14	00:30:03
160.	114.		Wichmann, Markus		10. M45	8367	00:28:15	00:28:50
161.	115.		Alyassin-Albarhom, Fahad		43. M	8740	00:28:17	00:28:53
162.		47.	Treptow, Melanie	Dataportis	5. W40	7850	00:28:19	00:28:45
163.	116.		Körner, Jan Erik	TKMS Marine Systems	12. M40	3803	00:28:19	00:28:48
164.		48.	Heinrichs, Alexandra	Friedrich-Junge-Schule Kiel	3. W45	2691	00:28:21	00:28:26
165.	49.		Meyerdierks, Gina	KVP	17. W	4952	00:28:24	00:29:27
166.	117.		Gillner, Mathias		2. M65	2087	00:28:28	00:28:39
167.		50.	Rohde, Jasmin		18. W	6220	00:28:30	00:29:31
168.	118.		Granzow, Alexander	Porsche Zentrum	20. M30	2226	00:28:31	00:30:42
169.	119.		Kemmling, Kevin	Porsche Zentrum	44. M	3517	00:28:32	00:30:41
170.	120.		Bergmann, Max		21. M30	522	00:28:32	00:29:42
171.		51.	Keddouche, Jamina		11. W30	3498	00:28:33	00:29:08
172.		52.	Sörensen, Lena		19. W	7193	00:28:34	00:30:00
173.	121.		Gavrilov, Daniel		7. MJ U20	9362	00:28:36	00:30:16
174.	122.		Carl, Stefan		22. M30	1076	00:28:36	00:30:50
175.	123.		Paul, Holger	Wankendorfer	45. M	5570	00:28:37	00:30:15
176.	124.		Klaskala, Toralf		10. M50	3624	00:28:38	00:29:52

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
177.		53.	von Spreckelsen, Regina		6. W50	9288	00:28:39	00:29:47
178.	125.		Teßmann, Marc Norman	Wankendorfer	13. M40	7672	00:28:40	00:30:16
179.	126.		Becker, Ben		46. M	8764	00:28:40	00:29:18
180.	127.		Nordheim, Jan Niklas		47. M	5387	00:28:41	00:28:58
181.		54.	Hamann, Petra		3. W55	2473	00:28:42	00:29:11
182.		55.	Conle, Sarah	#CoCo Real	5. W35	1179	00:28:42	00:30:08
183.	128.		Burzlaß, Andy		48. M	1030	00:28:44	00:30:58
184.		56.	Groß, Finja		12. W30	2290	00:28:44	00:29:05
185.		57.	Haude, Elisabeth	Ahrensburger TSV	4. W45	2619	00:28:46	00:29:23
186.	129.		Pinnau, Ralf		3. M65	5750	00:28:46	00:29:12
187.	130.		Aljoughari, Abdullah	e-nema Biotech for Nature	49. M	8739	00:28:51	00:31:23
188.		58.	Ewering, Kerstin	Anschütz Pathfinder	4. W55	1650	00:28:51	00:29:01
189.	131.		Gahbler, Philipp		50. M	8867	00:28:52	00:31:09
190.	132.		Potthast, Elmar		7. M55	5823	00:28:54	00:30:39
191.	133.		Voß, Oliver		8. M35	8087	00:28:54	00:29:06
192.	134.		Hahn, Dennis	Roggensack Ingenieure	9. M35	2434	00:28:57	00:31:04
193.	135.		Wilshusen, Tjard	LC BlueLiner	51. M	9373	00:28:57	00:30:22
194.	136.		Krause, Joschka		52. M	3930	00:28:58	00:30:22
195.		59.	Andrews, Jenna		20. W	158	00:28:58	00:29:48
196.		60.	Tammena, Johanna	FLS Runners	6. W35	9250	00:29:00	00:29:31
197.		61.	Czerwinski, Celine		21. W	1215	00:29:02	00:30:10
198.		62.	Haß, Svenja		13. W30	2609	00:29:03	00:30:17
199.		63.	Böckenholt, Anna-Julika		22. W	5994	00:29:03	00:31:29
200.	137.		Hamann, Torge		53. M	2474	00:29:05	00:29:36
201.	138.		Hübner, Elias	Wankendorfer	54. M	3047	00:29:09	00:30:29
202.	139.		Bunge, Oliver		11. M50	1013	00:29:09	00:29:57
203.	140.		Hansen, Roland		12. M50	2535	00:29:15	00:29:51
204.	141.		Martini, Klaus		11. M45	9056	00:29:16	00:29:38
205.		64.	Büge, Ann-Christin		7. W35	170	00:29:18	00:30:58
206.	142.		Hamann, Heiko		13. M50	2462	00:29:18	00:29:47
207.		65.	Fülling, Merle		23. W	1947	00:29:18	00:30:13
208.	143.		Marin, Laurentiu	DPD Melsdorf	10. M35	4728	00:29:19	00:31:37
209.	144.		Leptien, Dieter		4. M60	9029	00:29:20	00:30:07
210.		66.	Becker, Andrea		5. W55	8763	00:29:21	00:30:54
211.		67.	Hennings, Selma-Sophie	Running Friends	24. W	2752	00:29:23	00:30:29
212.	145.		Hoffmann, Sven		12. M45	2947	00:29:23	00:29:51
213.		68.	Winkler, Merle	Remondis	25. W	8472	00:29:25	00:31:31
214.		69.	König, Hannah	Remondis	26. W	3776	00:29:25	00:31:30
215.	146.		Benkwitz, Michael	PowerBenk	14. M50	493	00:29:27	00:29:51
216.	147.		Schließ, Marcel Ricardo	BUWOG	55. M	6565	00:29:27	00:31:42
217.	148.		Giersch, Helge	Stryker	15. M50	2077	00:29:27	00:30:40
218.		70.	Schnell, Annika Sophie		27. W	9188	00:29:29	00:32:06
219.		71.	Kensbock, Anke		6. W55	3527	00:29:30	00:29:39
220.		72.	Knorr, Ekaterina		8. W35	8980	00:29:30	00:31:20
221.	149.		Evers, Jan		16. M50	1643	00:29:32	00:30:03
222.	150.		Amelung, Thorben		14. M40	130	00:29:32	00:29:39
223.	151.		Pavel, Philip		23. M30	9107	00:29:35	00:32:01
224.		73.	Petzold, Gesa		28. W	5704	00:29:35	00:30:01
225.		74.	Blasel, Tamara		7. W50	8780	00:29:36	00:29:57
226.	152.		Borchers, Michael	Förde Sparkasse	5. M60	740	00:29:37	00:29:54
227.	153.		Schmidt, Ole	Team Kriwat Sport	8. M55	6651	00:29:39	00:30:23
228.		75.	Behnke, Johanna		14. W30	448	00:29:39	00:31:58
229.	154.		Osterhage, Björn		13. M45	5504	00:29:40	00:30:59
230.		76.	Schmidt, Leonie	Team Kriwat Sport	29. W	6631	00:29:40	00:30:23
231.	155.		Blanke, Adrian		56. M	630	00:29:41	00:31:40
232.	156.		Toepler, Martin	Dataportis	15. M40	7815	00:29:43	00:30:11
233.		77.	Asmer-Tepe, Anke		7. W55	203	00:29:45	00:30:16
234.		78.	Kayser, Friederike		30. W	3491	00:29:46	00:31:48
235.		79.	Beck, Selma	traurednerin-kiel	9. W35	386	00:29:47	00:31:28
236.	157.		Vollstedt, Timo		11. M35	8013	00:29:48	00:31:55
237.		80.	Lüdemann, Franziska	Deutsche Post	6. W40	4575	00:29:50	00:31:49
238.	158.		Ruhm, Masinho	Porsche Zentrum	57. M	6319	00:29:50	00:32:00
239.	159.		Pierre, Krause	Deutsche Post	16. M40	5733	00:29:51	00:31:49
240.	160.		Beyer, Jan-Ove	PWC	24. M30	566	00:29:51	00:30:54
241.	161.		Hill, Thomas		6. M60	8935	00:29:52	00:30:29
242.	162.		Beck, Can	VPO Vertretungsplanung	12. M35	380	00:29:52	00:31:33
243.	163.		Schmidt, Malte		58. M	6639	00:29:54	00:30:44
244.	164.		Brunsch, Luca		59. M	3085	00:29:55	00:32:00
245.		81.	Schmidt, Karin		8. W50	6624	00:29:55	00:30:45
246.	165.		Förster, Klaus		1. M70	1836	00:30:00	00:30:44
247.	166.		Weigt, Konstantin	Team TESLA	60. M	8227	00:30:00	00:32:00
248.	167.		Atif, Radouane	Stryker	17. M40	216	00:30:00	00:31:11
249.		82.	Winderlich, Juliana		7. W40	8460	00:30:01	00:30:32
250.	168.		Rabehl, Torsten	Stryker	17. M50	5909	00:30:02	00:31:20
251.	169.		Spann, Christopher	Stiftung Naturschutz	13. M35	7249	00:30:03	00:31:32
252.	170.		Beyer, Nick		61. M	569	00:30:04	00:31:22
253.		83.	Bickel, Lea	Die blauen Hydras	31. W	575	00:30:04	00:30:45
254.		84.	Heymes, Claudia		5. W45	2824	00:30:05	00:32:06
255.		85.	Wickmann, Birgitt		1. W60	8370	00:30:06	00:30:36
256.		86.	Tangermann, Marie-Leann		15. W30	9251	00:30:06	00:31:26
257.		87.	Teigeler, Alena	Apotheke Altenholz	32. W	7661	00:30:07	00:30:59
258.		88.	Dimitriou, Stephanie	Stryker	8. W40	1375	00:30:09	00:31:18
259.		89.	Hoff-Reese, Daniela	Remondis	8. W55	2930	00:30:09	00:30:28
260.		90.	Schulzeck, Sabine		1. W65	6919	00:30:13	00:32:52
261.	171.		Röhling, Pascal		62. M	6193	00:30:14	00:30:37
262.		91.	Nestler, Grit	oemig+stark	10. W35	5248	00:30:15	00:32:52
263.		92.	Wichelmann, Lea	LAC Kronshagen	33. W	8361	00:30:15	00:30:21
264.	172.		Köhn, Jörg		9. M55	3763	00:30:15	00:30:30

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
265.		93.	Makan, Hannah	Die blauen Hydras	34. W	4673	00:30:15	00:30:57
266.		94.	Bader, Anna Maria		11. W35	252	00:30:16	00:30:39
267.		95.	Leue, Katrin		9. W40	4396	00:30:19	00:30:22
268.	173.		Westerhelweg, Rainer	TUS Holtenau	4. M65	8321	00:30:21	00:31:58
269.		96.	Kropp, Finja	Porsche Zentrum	35. W	4013	00:30:22	00:32:33
270.	174.		Hobein, Dion	Deutsche Post	63. M	2899	00:30:22	00:32:17
271.	175.		Buck, Björn		18. M40	968	00:30:22	00:31:36
272.		97.	Rapp, Christina		10. W40	5960	00:30:24	00:32:11
273.	176.		Schaible, Stefan	Mr. Wash - die Waschbären sind los!	25. M30	6472	00:30:26	00:32:50
274.	177.		Haas, Dennis		26. M30	8903	00:30:28	00:31:12
275.	178.		Semler, Klaus	Lebensmelodie	5. M65	7056	00:30:30	00:30:42
276.	179.		Leffler, Rene	GKN Driveline	14. M35	4312	00:30:30	00:31:36
277.		98.	Bold, Madeleine		12. W35	712	00:30:32	00:31:09
278.	180.		Blümke, Alexander	Laufen der Meter	6. M65	650	00:30:33	00:31:43
279.	181.		Ladewig, Tim		64. M	4645	00:30:34	00:31:08
280.	182.		Gerkamp, Patrick		65. M	2057	00:30:35	00:32:54
281.		99.	Mackeprang, Mia		16. W30	4646	00:30:35	00:31:08
282.		100.	Süß, Flora		36. W	7577	00:30:35	00:32:06
283.	183.		Busch, Markus		18. M50	8804	00:30:35	00:31:45
284.	184.		Larsen, Fynn	Wankendorfer	66. M	4268	00:30:37	00:32:16
285.		101.	Siedler, Rosemarie	TSG Giengen	9. W55	7088	00:30:37	00:30:59
286.		102.	Vollertsen, Greta		37. W	8005	00:30:38	00:33:08
287.		103.	Vollertsen, Jule		38. W	8006	00:30:38	00:33:09
288.		104.	Striepke, Britta		10. W55	7526	00:30:39	00:31:13
289.		105.	Walden, Wiebke		11. W40	8117	00:30:40	00:31:49
290.		106.	Grube, Nancy	LG Geltinger Bucht	12. W40	2304	00:30:41	00:32:38
291.	185.		Rotermund, Axel		19. M40	6276	00:30:41	00:32:22
292.	186.		Süverkrüp, Oliver		15. M35	7582	00:30:45	00:31:32
293.	187.		Wulff, Lasse		67. M	8614	00:30:46	00:31:48
294.	188.		Edert, Jens		20. M40	1524	00:30:47	00:31:32
295.	189.		Ram, Joel		27. M30	5950	00:30:49	00:31:42
296.		107.	Chomicz, Zuzanna	Käthes Friends	13. W40	1101	00:30:50	00:31:22
297.	190.		Trost, Hendrik-Tobias		21. M40	7869	00:30:52	00:32:58
298.		108.	Kruse, Anne		6. W45	4044	00:30:58	00:31:28
299.		109.	Fürst, Claudia	TSV Vineta Audorf Rumrunner	9. W50	1948	00:31:00	00:33:23
300.	191.		Durgadoo, Jonathan	Wissenschaftszentrum Kiel	22. M40	112	00:31:00	00:32:34
301.		110.	Sallam, Mona	UKSH KFO	13. W35	6370	00:31:00	00:31:21
302.		111.	Kaya, Gurbet	UKSH KFO	39. W	3490	00:31:01	00:31:21
303.		112.	Müller-Heise, Kathrin		7. W45	5154	00:31:01	00:31:38
304.	192.		Bartelheimer, Malte		16. M35	306	00:31:02	00:31:47
305.		113.	Dickmann, Jeenat	Zippels school of running	8. W45	1339	00:31:02	00:33:21
306.		114.	Cordes, Irene	dc Services GmbH	9. W45	1190	00:31:02	00:32:55
307.	193.		Zindler, Kjell	Wankendorfer	68. M	8703	00:31:02	00:32:20
308.		115.	Abshagen, Maike	TUS Holtenau	10. W50	37	00:31:04	00:33:19
309.	194.		Rohde, Philipp		23. M40	6222	00:31:04	00:32:47
310.	195.		Raid, Rene	Mr. Wash - die Waschbären sind los!	17. M35	8295	00:31:07	00:33:32
311.	196.		Waller, Hanning		18. M35	8125	00:31:07	00:31:49
312.		116.	Wetzig, Imke	Team MLLEV	10. W45	8351	00:31:09	00:32:03
313.	197.		Fedder, Fabian	3-Generationen-Team	19. M35	1696	00:31:11	00:33:04
314.	198.		Kühn, Paul	Likedeler	24. M40	4099	00:31:14	00:32:41
315.		117.	Roch, Annabelle		40. W	6178	00:31:18	00:31:54
316.	199.		Paulmann, Jörn	Team Kriwat Sport	19. M50	5572	00:31:18	00:32:00
317.		118.	Mußmann, Karin	TKMS Marine Systems	14. W35	5210	00:31:18	00:31:46
318.	200.		Werz, Steffen	Energie in Bewegung	25. M40	8313	00:31:20	00:33:53
319.	201.		Göbel, Stephan		26. M40	2139	00:31:21	00:33:52
320.		119.	Sähling, Svenja	PWC	41. W	6363	00:31:22	00:32:25
321.		120.	Narjes, Anna	Kieler Volksbank	42. W	5229	00:31:23	00:32:40
322.		121.	Sebelin, Daniela		14. W40	7000	00:31:23	00:32:58
323.		122.	Kucherova, Veronika		43. W	4081	00:31:24	00:33:52
324.		123.	Long, Amy		44. W	4517	00:31:24	00:32:41
325.		124.	Böhnert, Nele		45. W	682	00:31:24	00:32:45
326.		125.	Stephens, Lara		46. W	7431	00:31:25	00:32:41
327.		126.	Schöning, Finnja		47. W	6745	00:31:25	00:32:46
328.		127.	Henningsen, Stefanie		15. W35	8927	00:31:25	00:33:38
329.		128.	Sterzik-Schaefer, Julia	Ohana Turtles	15. W40	7437	00:31:26	00:32:30
330.	202.		Sehlmann, Otto		69. M	7019	00:31:27	00:33:47
331.		129.	Escobar Blanco, Luna	Gemeinsam gegen Krebs	48. W	1632	00:31:28	00:31:57
332.		130.	Badura, Lisa		49. W	255	00:31:29	00:32:48
333.	203.		Standke, Willy		70. M	7329	00:31:30	00:33:18
334.	204.		Thomsen, Ingo		14. M45	7743	00:31:34	00:33:38
335.		131.	Machon, Elena		17. W30	4642	00:31:34	00:33:11
336.		132.	Berger, Tanja		11. W45	514	00:31:35	00:32:44
337.		133.	Meyer, Claudia	Förde Sparkasse	11. W50	4921	00:31:35	00:32:44
338.	205.		Fedder, Hans-Georg	3-Generationen-Team	2. M70	1698	00:31:35	00:33:29
339.	206.		Thomsen, Marcus	RBZ Wirtschaft . Kiel	20. M50	7748	00:31:35	00:33:21
340.		134.	Lindstaedt, Claudia	Stryker	12. W45	4466	00:31:36	00:32:45
341.	207.		Forker, Enrico	Ohana Turtles	27. M40	1842	00:31:36	00:32:39
342.		135.	Franke, Irina		16. W35	1851	00:31:37	00:33:22
343.	208.		Löscher, Matthias		7. M60	4500	00:31:38	00:32:38
344.		136.	Vahl, Annika		50. W	7920	00:31:38	00:33:49
345.	209.		Schaarschmidt, Michael		8. M60	6436	00:31:39	00:34:03
346.		137.	Kühl, Karina		51. W	4086	00:31:40	00:31:44
347.	210.		Schulze, Nico		28. M40	6912	00:31:42	00:31:59
348.	211.		Ruske, Christian	Remondis	71. M	6332	00:31:42	00:33:30
349.	212.		Reinhold, Stefan		29. M40	6083	00:31:42	00:32:26
350.		138.	Sammet, Jill		52. W	6376	00:31:42	00:33:44
351.		139.	Wieseke-Turk, Steffi	Remondis	13. W45	8415	00:31:43	00:33:30
352.		140.	Niemann, Darina		53. W	5325	00:31:46	00:33:46

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
353.		141.	Blanke, Carina		54. W	8778	00:31:46	00:34:23
354.	213.		Molsberger, Christoph		9. M60	5065	00:31:47	00:33:30
355.		142.	Zekpa, Birgit		17. W35	8653	00:31:47	00:33:31
356.		143.	Fuchs, Petra		16. W40	1941	00:31:47	00:32:02
357.		144.	Zinser, Anne	Gebeco	18. W35	8705	00:31:47	00:33:43
358.	214.		Rosenthal, Daniel		30. M40	6262	00:31:47	00:32:48
359.	215.		Gloth, Malte		72. M	8881	00:31:49	00:34:20
360.		145.	Hickmann-Krath, Victoria		19. W35	2825	00:31:50	00:33:37
361.		146.	Weinzierl, Natascha		17. W40	8240	00:31:50	00:32:21
362.		147.	Wycisk, Lena	HSG 24109	55. W	8631	00:31:51	00:32:57
363.	216.		Richter, Nicolas	TKMS Marine Systems	28. M30	6124	00:31:52	00:32:23
364.	217.		Hoppmann, Daniel		15. M45	3020	00:31:52	00:33:04
365.		148.	Stock, Nora	Borener SV	20. W35	7454	00:31:53	00:32:13
366.	218.		Förster, Florian	KVP	20. M35	1835	00:31:54	00:34:07
367.		149.	Rehder, Kyjana		18. W30	6020	00:31:54	00:34:07
368.		150.	Romanovna, Emily	Podologie-Rubinos	4. WJ U20	9313	00:31:55	00:33:20
369.		151.	Denecke, Melissa	Gebeco	56. W	5789	00:31:55	00:33:43
370.		152.	Fritz, Anja		14. W45	1915	00:31:56	00:34:39
371.	219.		Bruckmann, Timo	Team Kriwat Sport	29. M30	927	00:31:57	00:32:42
372.		153.	Wiczynski Rubinos, Alicia	Podologie-Rubinos	5. WJ U20	9314	00:31:59	00:33:24
373.		154.	Niehoff, Yvonne		15. W45	5308	00:31:59	00:32:57
374.	220.		Mehra, Anket		73. M	4842	00:31:59	00:32:43
375.	221.		Krauthammer, Ole		21. M50	3948	00:31:59	00:34:11
376.		155.	Tegtmeyer, Constanze		12. W50	7659	00:32:00	00:32:19
377.		156.	Schmidt, Annika	Team Kriwat Sport	57. W	6608	00:32:00	00:32:42
378.		157.	Kopenhagen, Alina		58. W	3872	00:32:02	00:33:45
379.		158.	Prieg, Wiebke		2. W65	5846	00:32:02	00:33:26
380.		159.	Römer, Britta		21. W35	6199	00:32:02	00:32:15
381.	222.		Michaelis, Alexander		74. M	4957	00:32:03	00:33:54
382.		160.	Oetjens, Silke	CVJM Kiel	11. W55	5423	00:32:03	00:32:15
383.	223.		Wischer, Heiko	Kieler tb	10. M60	9321	00:32:03	00:32:38
384.	224.		Brauer, Stephan		22. M50	834	00:32:03	00:33:03
385.		161.	Duffner, Sarah		59. W	1480	00:32:03	00:33:47
386.		162.	Gnounou, Anne		13. W50	2124	00:32:03	00:34:05
387.		163.	Gerbrecht, Jana	SFC Ottendorf	60. W	2048	00:32:05	00:33:18
388.		164.	Petersen, Annika		22. W35	5656	00:32:06	00:33:29
389.		165.	Clauding, Marion	Käthes Friends	2. W60	1142	00:32:07	00:32:21
390.	225.		Marxen, Felix	rt Revision + Treuhand	75. M	4782	00:32:07	00:33:12
391.		166.	Lochmann, Cordula		12. W55	4485	00:32:08	00:32:28
392.		167.	Blaschke, Kira		61. W	631	00:32:08	00:33:26
393.		168.	Wecker, Sarah		23. W35	8181	00:32:10	00:33:24
394.		169.	Beier-Vafeidis, Kati	BROCK MÜLLER ZIEGENBEIN	16. W45	471	00:32:11	00:34:29
395.	226.		Bastein, Carsten	Humboldtschule	16. M45	331	00:32:12	00:33:16
396.		170.	Böttcher, Aileen		62. W	9350	00:32:12	00:34:27
397.	227.		Omar, Bashir	Mr. Wash - die Waschbären sind los!	76. M	5596	00:32:13	00:34:40
398.	228.		Basedow, Keno		17. M45	326	00:32:14	00:34:22
399.		171.	Stamer-Weißer, Katrin		3. W65	7321	00:32:17	00:32:49
400.		172.	Mertens, Maike		17. W45	4899	00:32:17	00:34:33
401.		173.	Lütjens, Birte		24. W35	4611	00:32:18	00:33:11
402.		174.	Rudnicki, Linn	FLS Runners	18. W45	9155	00:32:19	00:32:50
403.	229.		Michaelis, Dietmar		10. M55	4958	00:32:23	00:33:24
404.	230.		Wegner, Torben		18. M45	8200	00:32:25	00:33:13
405.		175.	Schreiber, Greta		63. W	6793	00:32:27	00:33:12
406.		176.	Hoffmann, Janne		19. W30	2935	00:32:29	00:33:41
407.		177.	Eisenhardt, Saskia		20. W30	1561	00:32:30	00:34:42
408.		178.	Michalak, Paula	HSG Holstein Kiel / Kronshagen	64. W	4965	00:32:31	00:33:12
409.	231.		Förster, Laurids		77. M	1837	00:32:32	00:34:52
410.		179.	Alicke, Franziska		25. W35	114	00:32:32	00:33:17
411.	232.		Henningsen, Fynn		78. M	2755	00:32:32	00:34:23
412.		180.	Yilmaz, Suna	Facon	14. W50	9332	00:32:36	00:34:28
413.		181.	Bigdeli, Sabine	Stryker	15. W50	596	00:32:38	00:33:50
414.		182.	Schulz, Katja		26. W35	6890	00:32:38	00:33:00
415.		183.	Guttau, Simone	Stryker	27. W35	2383	00:32:39	00:33:50
416.		184.	Haus, Leni	SG Rotkäppchen	18. W40	2637	00:32:39	00:34:15
417.		185.	Petrash, Lisa	Papa-denkt-erläuft-5k	65. W	3372	00:32:40	00:33:31
418.		186.	Kähler, Thea	Papa-denkt-erläuft-5k	66. W	3380	00:32:40	00:33:31
419.	233.		Kähler, Justus	Papa-denkt-erläuft-5k	30. M30	3374	00:32:40	00:33:31
420.	234.		Kähler, Matthias	Papa-denkt-erläuft-5k	7. M65	3378	00:32:40	00:33:31
421.		187.	Gramatzki, Lea	Zahnarztpraxis Dr. Michaelis	67. W	2223	00:32:43	00:34:40
422.		188.	Ndolo, Susan		21. W30	5237	00:32:44	00:34:12
423.		189.	Schumacher, Maren	Laufen der Meter	13. W55	6926	00:32:45	00:33:53
424.		190.	Voss, Kyra	Apotheke Altenholz	22. W30	8076	00:32:45	00:33:37
425.		191.	Seweryn, Juliane	Auto Center Kiel	68. W	7066	00:32:46	00:35:05
426.		192.	Paulsen, Ina		28. W35	9106	00:32:51	00:34:43
427.	235.		Breske, Boris	TKMS Marine Systems	31. M40	863	00:32:53	00:33:19
428.		193.	Nakostenko, Elena		23. W30	5224	00:32:53	00:34:51
429.	236.		Hanß, Heiko		11. M60	2543	00:32:53	00:35:34
430.	237.		Schwieger, Frank		11. M55	6989	00:32:53	00:34:07
431.	238.		Porschen, Alexander	Hof Sophienlust	79. M	5811	00:32:53	00:33:40
432.	239.		Looft-Böttiger, Gerd		12. M55	4523	00:32:54	00:33:19
433.	240.		Ballke, Jörg		12. M60	279	00:32:55	00:34:19
434.		194.	Herter, Alexandra		19. W40	2790	00:32:57	00:34:27
435.		195.	Wöffler, Merret		19. W45	8521	00:32:57	00:34:27
436.		196.	Steinfurt, Britta		20. W40	7395	00:32:59	00:34:28
437.	241.		Keil, Torsten		8. M65	3504	00:32:59	00:33:28
438.		197.	Bunge, Meret		69. W	1012	00:32:59	00:33:49
439.		198.	Sievers, Rowena Nadine	Kieferorthopäden in der Holtenauer	20. W45	7123	00:33:00	00:33:05
440.		199.	Appelt, Rabea	SV Mönkeberg	21. W45	4577	00:33:00	00:35:00

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
441.		200.	Röhl, Maya	Die flotten Sprotten	70. W	6196	00:33:00	00:35:04
442.		201.	Scholz, Larissa	Die flotten Sprotten	71. W	6762	00:33:00	00:35:04
443.		202.	Bengtson, Myriam	SV Mönkeberg	16. W50	488	00:33:01	00:35:00
444.	242.		Jürgensen, Matthias		21. M35	3329	00:33:03	00:35:39
445.		203.	Kürse, Constanze	Team Sozialministerium	14. W55	4048	00:33:03	00:33:18
446.	243.		Kühn, Jakob		80. M	2730	00:33:04	00:33:51
447.		204.	Martens-Wichman, Kathleen		72. W	6080	00:33:04	00:33:24
448.		205.	Wiese, Inga		29. W35	8411	00:33:05	00:34:42
449.		206.	Uhlenbrok, Anja		15. W55	7889	00:33:05	00:33:44
450.	244.		Kulkarni, Sanchay		31. M30	4133	00:33:05	00:34:15
451.		207.	Alvermann, Anne	Deutsche Post	73. W	127	00:33:05	00:35:06
452.	245.		Kuhn, Marvin	Die blauen Hydras	81. M	4124	00:33:06	00:33:46
453.	246.		Reinke, Daniel		32. M30	5089	00:33:07	00:34:14
454.		208.	Gehrmann, Diana		17. W50	2259	00:33:10	00:33:36
455.		209.	Schnürer, Antje		22. W45	6731	00:33:11	00:34:54
456.		210.	Saidani, Medina		74. W	6365	00:33:11	00:33:59
457.		211.	Schröder, Annika		30. W35	9194	00:33:12	00:35:52
458.		212.	Grohmann, Constanze	Holtenau Huskies	23. W45	2277	00:33:14	00:35:39
459.		213.	Eitzen, Jane		21. W40	1568	00:33:16	00:34:13
460.		214.	Diekmann, Anna		18. W50	1358	00:33:17	00:33:45
461.		215.	Wolff, Carlotta		75. W	8556	00:33:17	00:35:28
462.		216.	Enders, Angelika	punker	76. W	4550	00:33:17	00:33:31
463.	247.		Quast, Alexander		82. M	5895	00:33:17	00:35:18
464.		217.	Horn, Britta		16. W55	3025	00:33:17	00:34:52
465.		218.	Frank, Karolin		24. W30	1848	00:33:17	00:35:18
466.	248.		Sönnel, Bernd	Humboldt-Schule Kiel	13. M60	7183	00:33:20	00:34:19
467.		219.	Stutzke, Tina		77. W	7569	00:33:20	00:35:37
468.	249.		Köhn, Lars		83. M	3765	00:33:23	00:33:36
469.		220.	Sartori, Susanne		17. W55	6404	00:33:25	00:34:37
470.	250.		Rose, Dennis	Team TESLA	33. M30	6253	00:33:25	00:35:25
471.		221.	Busch, Sabine		24. W45	1039	00:33:27	00:34:33
472.		222.	Mayer, Kirsten		18. W55	5098	00:33:30	00:35:28
473.		223.	Nay, Johanna		19. W55	5236	00:33:31	00:34:56
474.		224.	Schiebold, Hanka		19. W50	6527	00:33:31	00:34:56
475.	251.		Sobotka, Boris		19. M45	7179	00:33:31	00:33:58
476.	252.		Lennart Leopold, Lennart Leopold		84. M	4369	00:33:32	00:34:51
477.	253.		Voß, Walter	SV Mönkeberg	14. M60	8091	00:33:33	00:35:32
478.	254.		Hohmann, Sven	DIE Röhl's	23. M50	2967	00:33:35	00:35:02
479.		225.	Götsche, Julia		25. W30	2165	00:33:36	00:35:36
480.		226.	Felske, Katja		22. W40	1730	00:33:37	00:36:00
481.		227.	Wiese, Claudia		25. W45	8408	00:33:39	00:34:56
482.	255.		Butenschön, Lukas	Porsche Zentrum	85. M	1057	00:33:39	00:35:49
483.		228.	Muscat, Jessika Marie	Stryker	26. W30	3094	00:33:41	00:34:46
484.	256.		Hester, André	Energie in Bewegung	22. M35	2814	00:33:42	00:34:45
485.		229.	Wohlert, Anna		31. W35	8529	00:33:42	00:33:59
486.		230.	Hansen, Melissa	MEKUN	78. W	2530	00:33:42	00:34:39
487.	257.		Wulf, Thomas		20. M45	8609	00:33:43	00:35:29
488.	258.		Hennings, Thorsten	Running Friends	13. M55	2753	00:33:44	00:34:50
489.		231.	Haase, Mia		27. W30	2399	00:33:45	00:36:16
490.		232.	Rosenthal, Maren	#ErsteTrägersgesellschaft	23. W40	6267	00:33:45	00:35:53
491.	259.		Malan, Llewelyn	Gemeinsam gegen Krebs	14. M55	4677	00:33:45	00:34:24
492.		233.	Harder, Brit		24. W40	2552	00:33:46	00:34:55
493.		234.	Friedrichsen, Levke		28. W30	1905	00:33:47	00:35:57
494.		235.	Friedrichsen, Anja		3. W60	1901	00:33:47	00:35:57
495.	260.		Wulff, Sascha	Mr. Wash - die Waschbären sind los!	34. M30	8114	00:33:48	00:36:15
496.		236.	Schittig, Charleen		79. W	6551	00:33:48	00:34:38
497.	261.		Christian, Schultz		32. M40	356	00:33:49	00:35:04
498.		237.	Bartsch, Rhona		32. W35	322	00:33:49	00:35:28
499.		238.	Wegner, Lisa Marie		80. W	8195	00:33:52	00:34:47
500.	262.		Nandelstaedt, Rainer		3. M70	5228	00:33:53	00:34:57
501.		239.	Seckler, Nadine	Grundschule Schilksee	25. W40	7007	00:33:53	00:34:58
502.	263.		Middelschulte, Dierk		15. M60	9071	00:33:54	00:36:29
503.	264.		Helf, Michael		15. M55	2720	00:33:54	00:36:19
504.		240.	Selck, Karina		81. W	7046	00:33:56	00:35:36
505.		241.	Klenke, Maren		20. W55	3656	00:33:56	00:35:03
506.	265.		Sowa, Uwe		9. M65	7244	00:33:57	00:34:40
507.	266.		Sowa, Kay		35. M30	7243	00:33:58	00:34:40
508.		242.	Stöcker, Lena	kulturgrenzenlos e.V.	29. W30	7459	00:33:58	00:35:42
509.	267.		Deerberg, Falk		24. M50	1273	00:33:59	00:35:28
510.		243.	Beste, Hanna		82. W	548	00:34:01	00:34:47
511.		244.	Niemann, Sophie-Marie		30. W30	5328	00:34:01	00:36:17
512.	268.		Wellendorf, Jan	oemig+stark	21. M45	8260	00:34:01	00:36:40
513.	269.		Magsumov, Radik	GKN Driveline	16. M55	4656	00:34:03	00:35:19
514.	270.		Plaumann, Sebastian	GKN Driveline	23. M35	5761	00:34:04	00:35:19
515.	271.		Schöning, Florian		33. M40	6746	00:34:05	00:35:40
516.	272.		Horn, Carsten		25. M50	3026	00:34:06	00:35:27
517.	273.		Schoppe, Martin		22. M45	9191	00:34:06	00:35:29
518.	274.		Gramann, Christian	Wassersportvereinigung Büdelsdorf	34. M40	2217	00:34:07	00:35:07
519.	275.		Meyer, Alexander		24. M35	3027	00:34:07	00:35:27
520.		245.	Kranenburg, Josephine		26. W40	3914	00:34:08	00:35:01
521.		246.	Bruegge-Pleiss, Birgit		4. W60	928	00:34:10	00:34:47
522.		247.	Jakobj, Maike	Gebeco	27. W40	3179	00:34:11	00:36:29
523.	276.		Lohmann, Stephan		17. M55	8350	00:34:11	00:34:18
524.	277.		Herbst, Cedric		86. M	2772	00:34:11	00:35:57
525.		248.	Krause, Ronja		83. W	8992	00:34:12	00:35:23
526.	278.		Bendlow, Martin	Deutsche Post	87. M	3486	00:34:13	00:36:09
527.		249.	Bleumer, Rebecca		84. W	638	00:34:15	00:36:35
528.		250.	Borries, Svenja		31. W30	774	00:34:15	00:35:11

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
529.		251.	Schmidt, Miriam Marina	Käthes Friends	32. W30	6646	00:34:16	00:34:30
530.		252.	Münch, Mandy		33. W30	5163	00:34:17	00:36:02
531.		253.	Kloth, Catharina		85. W	8975	00:34:17	00:35:59
532.		254.	Paysen, Lena		86. W	9108	00:34:18	00:34:51
533.		255.	Clausen, Bärbel		21. W55	1144	00:34:18	00:35:14
534.		256.	Kloth, Sophia		87. W	8976	00:34:19	00:36:01
535.	279.		Konopka, Kim Torben		88. M	3861	00:34:20	00:36:42
536.	280.		Nagel, Volker		35. M40	5222	00:34:20	00:36:12
537.	281.		Ploppa, Leif	Hermann	36. M40	5775	00:34:21	00:35:24
538.		257.	Kröncke, Kathrin		28. W40	3998	00:34:22	00:36:10
539.		258.	Molt, Hannah		88. W	5066	00:34:22	00:36:21
540.	282.		Holldorf, Ulrich		10. M65	2975	00:34:25	00:36:42
541.	283.		Schlösser, Danny		37. M40	6567	00:34:27	00:35:05
542.	284.		Bock, Bram	KOS-Team	89. M	659	00:34:27	00:34:51
543.		259.	Sievers, Friederike	KOS-Team	89. W	7117	00:34:27	00:34:51
544.	285.		Sohn, Bastian	Roggensack Ingenieure	26. M50	7206	00:34:28	00:36:37
545.		260.	Köppl, Anika		26. W45	3795	00:34:30	00:35:04
546.		261.	Bach, Julia Manuela		33. W35	241	00:34:33	00:34:52
547.		262.	Speck, Nancy		34. W35	7252	00:34:34	00:35:48
548.	286.		Turnbull, Roderick	KVP	36. M30	7881	00:34:34	00:36:55
549.		263.	Wulf, Jessica		35. W35	8601	00:34:35	00:36:46
550.	287.		Brunkhorst, Johann		4. M70	9343	00:34:35	00:36:49
551.		264.	Lorenzen, Lara		90. W	4541	00:34:38	00:36:26
552.	288.		Döbler, Ullrich	Stadtwerke Kiel	27. M50	1389	00:34:38	00:37:13
553.		265.	Maasberg, Anna	Hof Sophienlust	36. W35	4634	00:34:38	00:35:26
554.		266.	Pronkow, Johanna		37. W35	5866	00:34:39	00:36:33
555.		267.	Schneider, Verena	RAUS MIT DIR	27. W45	6721	00:34:41	00:36:14
556.	289.		Weißer, Jürgen		5. M70	8253	00:34:44	00:36:34
557.		268.	Thaden, Christina		28. W45	9257	00:34:44	00:36:03
558.	290.		Junge, Michael	GKN Driveline	23. M45	3347	00:34:47	00:35:56
559.	291.		Hollensen, Lars	Gymnasium Altenholz	28. M50	4267	00:34:48	00:36:54
560.		269.	Hansen, Taraneh	Förde Sparkasse	34. W30	2538	00:34:48	00:35:07
561.	292.		Leifhold, Felix		90. M	9157	00:34:48	00:35:24
562.		270.	Riebeling, Karen		20. W50	6134	00:34:49	00:36:21
563.	293.		Breuer, Michael	Wankendorfer	24. M45	869	00:34:56	00:36:35
564.	294.		Johannwille, Daniel		37. M30	3298	00:34:56	00:37:04
565.	295.		Schmidt, Lewin		91. M	6632	00:34:56	00:37:04
566.	296.		Schulz, Malte	Käthes Friends	16. M60	6893	00:34:56	00:35:33
567.	297.		Schroeder, Florian		17. M60	6801	00:34:56	00:35:43
568.		271.	Becker, Viviane		91. W	423	00:34:56	00:35:44
569.		272.	Fiebig, Jule	rt Revision + Treuhand	92. W	1754	00:34:57	00:36:53
570.	298.		Leiß, Mirko		92. M	4346	00:34:57	00:36:53
571.		273.	Schumacher, Helga		22. W55	6922	00:34:58	00:35:47
572.	299.		Kruse, Felix		25. M45	4050	00:34:59	00:35:42
573.		274.	Hüllemann, Julia		29. W40	3055	00:35:00	00:36:52
574.		275.	Kosma, Sabine	Stryker	23. W55	3892	00:35:00	00:36:12
575.	300.		Hüllemann, Philipp		38. M40	3057	00:35:00	00:36:52
576.		276.	Hanker, Marlies		29. W45	2496	00:35:01	00:35:27
577.		277.	Horlu, Bahar		21. W50	3023	00:35:04	00:35:26
578.		278.	Krökel, Nicole		30. W40	8994	00:35:04	00:37:10
579.	301.		Wolff, Frederik		8. MJ U20	8557	00:35:06	00:36:11
580.	302.		Schnoor, Berge		93. M	6727	00:35:06	00:36:11
581.		279.	Müller, Franca		93. W	5114	00:35:07	00:37:33
582.		280.	Merkel, Silvia		30. W45	4893	00:35:08	00:36:48
583.	303.		Schürholz, Markus	SFC Ottendorf	18. M55	6849	00:35:08	00:36:48
584.		281.	Susanne Beyer, Susanne		24. W55	7598	00:35:09	00:36:20
585.	304.		Kiourtides, Benedikt	Team TESLA	94. M	3588	00:35:12	00:37:07
586.	305.		Kirchhoff, Mario	Team TESLA	25. M35	3594	00:35:14	00:37:07
587.		282.	Peters, Ingeborg	IM-Team	5. W60	5636	00:35:15	00:37:39
588.		283.	Moufid, Maïke		25. W55	5092	00:35:15	00:36:52
589.	306.		Ehlers, Andreas Peter	BUWOG	38. M30	1535	00:35:15	00:37:31
590.		284.	Sievers, Kathrin		22. W50	7119	00:35:17	00:35:58
591.	307.		Kehl, Oliver		19. M55	3499	00:35:17	00:36:16
592.		285.	Kähler, Frieda		6. WJ U20	3370	00:35:18	00:37:28
593.		286.	Spengler, Silke		31. W45	7258	00:35:18	00:35:58
594.		287.	Brümmerhof, Stevi		94. W	931	00:35:19	00:36:15
595.		288.	Beith, Bente	Die Laufenden Nasen	31. W40	473	00:35:20	00:36:13
596.		289.	Balschun, Claudia	Wankendorfer	23. W50	284	00:35:21	00:37:03
597.		290.	Wenglewski, Jennifer		32. W40	9308	00:35:21	00:37:18
598.		291.	Polat, Sevda	Facon	24. W50	9121	00:35:22	00:37:15
599.	308.		Reestorff, Thorsten		20. M55	6014	00:35:22	00:37:09
600.	309.		Bober, Tim	Heiliger Bimbam	26. M45	656	00:35:23	00:35:29
601.		292.	Dömland, Mirja		25. W50	1393	00:35:24	00:37:51
602.		293.	Hirschfeld, Michaela	Apotheke Altenholz	32. W45	2889	00:35:24	00:36:15
603.		294.	Scheel, Daniela	#ErsteTrägergesellschaft	38. W35	6491	00:35:25	00:36:44
604.	310.		Hopp, Rainer		11. M65	8940	00:35:28	00:37:00
605.	311.		Grunwald, Oliver		29. M50	2330	00:35:28	00:36:59
606.		295.	Scholl, Silke		26. W50	6756	00:35:29	00:37:06
607.		296.	Thon, Ruth	Stryker	33. W40	7761	00:35:29	00:36:42
608.	312.		Becker, Philipp		95. M	414	00:35:30	00:36:46
609.		297.	Sprenger, Heike		33. W45	9223	00:35:30	00:36:57
610.		298.	Lacasella, Marietta	Mr. Wash - die Waschbären sind los!	39. W35	2652	00:35:30	00:38:00
611.		299.	Haack, Julia	LG Albatros Kiel	34. W40	2388	00:35:31	00:36:44
612.		300.	Schmeling, Sabrina		40. W35	6605	00:35:32	00:36:54
613.		301.	Käthner, Stefanie	Wankendorfer	41. W35	3387	00:35:32	00:37:12
614.		302.	Rethwisch, Inga	Wankendorfer	35. W30	6105	00:35:32	00:37:12
615.		303.	Miklik, Christina		42. W35	4984	00:35:33	00:37:01
616.	313.		Schimmelpfennig, Oliver		30. M50	6543	00:35:34	00:37:10

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
617.		304.	Weiß, Caro		43. W35	8246	00:35:34	00:37:47
618.		305.	Seifert, Kira Lou		95. W	3590	00:35:35	00:41:11
619.	314.		Andresen, Kai		31. M50	154	00:35:36	00:36:26
620.	315.		Sitarek, Frank		32. M50	7156	00:35:36	00:36:26
621.	316.		Zehm, Kieran	Mr. Wash - die Waschbären sind los!	96. M	9333	00:35:36	00:38:05
622.		306.	Ermert, Gesche		96. W	8849	00:35:39	00:36:27
623.		307.	Lembke, Nina	Staatskanzlei	97. W	4353	00:35:40	00:37:32
624.		308.	Fischer, Susanne		26. W55	1794	00:35:41	00:38:04
625.		309.	Katzmarzyk, Verena		36. W30	3485	00:35:42	00:37:54
626.		310.	Heinemann, Annika		27. W50	2682	00:35:42	00:37:52
627.		311.	Noah, Charlotte Sontje		98. W	5364	00:35:43	00:35:56
628.		312.	Denicke, Sybil		27. W55	1298	00:35:44	00:37:14
629.		313.	Fultz, Geraldine		6. W60	1957	00:35:45	00:38:14
630.		314.	Reinke-Sörensen, Brigitte		28. W55	6086	00:35:45	00:37:10
631.		315.	Reimann, Sabine	Kieler Gelehrtenschule	35. W40	6054	00:35:47	00:38:17
632.		316.	Behnke, Barbara		28. W50	447	00:35:48	00:37:01
633.	317.		Johannsen, Lutz	Hüsgen&Schmidt	18. M60	3292	00:35:49	00:37:34
634.		317.	Wieck, Susanne		29. W50	8379	00:35:49	00:37:43
635.		318.	Stampe, Janina		44. W35	7324	00:35:49	00:37:26
636.		319.	Henneberg, Sara	dc Services GmbH	34. W45	2748	00:35:53	00:37:46
637.		320.	Labadi, Jasmin		37. W30	4179	00:35:54	00:36:39
638.		321.	Seidel, Maria		36. W40	7027	00:35:55	00:38:21
639.	318.		Brocksen, Joe-Patric	Mr. Wash - die Waschbären sind los!	39. M30	899	00:35:55	00:38:11
640.	319.		Seidel, Ronald		39. M40	7029	00:35:55	00:38:21
641.		322.	Seifert, Chris		29. W55	7032	00:35:56	00:41:34
642.	320.		Schatkowski, Simon		97. M	6483	00:35:57	00:38:14
643.		323.	Colado Gimeno, Alessia	Stryker	38. W30	1174	00:36:01	00:37:13
644.		324.	Klimaschewski, Maria		45. W35	3659	00:36:02	00:37:43
645.		325.	Sotskov, Yalena	Kieferorthopäden in der Holtener	39. W30	7242	00:36:03	00:38:14
646.		326.	Grass, Svetlana		46. W35	2228	00:36:03	00:37:43
647.		327.	Dioum, Bettina		30. W55	1378	00:36:04	00:38:35
648.		328.	Frommann, Jana		37. W40	1927	00:36:05	00:36:45
649.		329.	Plähn, Britta	Rumrunner Vineta Audorf	31. W55	5755	00:36:06	00:38:15
650.		330.	Döhlert, Margit	Rumrunner Vineta Audorf	7. W60	1390	00:36:06	00:38:15
651.		331.	Jacobs, Gabriela	Rumrunner Vineta Audorf	8. W60	3130	00:36:07	00:38:16
652.		332.	Schulze, Danuta	Rumrunner Vineta Audorf	38. W40	6906	00:36:07	00:38:15
653.		333.	Schnaars, Astrid	Rumrunner Vineta Audorf	30. W50	6684	00:36:07	00:38:15
654.	321.		Horn, Ronald		19. M60	3028	00:36:08	00:37:50
655.	322.		Bruegmann, Pascal	Buchner	40. M30	929	00:36:10	00:38:12
656.		334.	Annika Oder, Annika		35. W45	173	00:36:14	00:37:47
657.	323.		Sabri, Sadar-Hussein	Mr. Wash - die Waschbären sind los!	98. M	6353	00:36:14	00:38:39
658.		335.	Busse, Lena		47. W35	1051	00:36:14	00:37:21
659.	324.		Winkler, Udo		21. M55	8475	00:36:14	00:37:43
660.		336.	Sommer, Anna		48. W35	9216	00:36:14	00:37:46
661.		337.	Franzen, Luisa		99. W	1858	00:36:15	00:37:34
662.		338.	Jebasinski, Lena		100. W	3224	00:36:15	00:37:34
663.		339.	Schmidt, Sabine		32. W55	6655	00:36:16	00:37:34
664.		340.	Paulsen, Frauke	Neuweiler & Partner	36. W45	5575	00:36:17	00:38:17
665.		341.	Beyer, Silke		33. W55	570	00:36:22	00:37:39
666.	325.		Lima de Miranda, Rodrigo	#trololó	27. M45	4453	00:36:22	00:38:22
667.		342.	Führer, Sabine		37. W45	1945	00:36:22	00:38:41
668.		343.	Blum, Dorothea		4. W65	652	00:36:22	00:37:26
669.		344.	Vandeputte, Anne-Laure		49. W35	7933	00:36:23	00:38:35
670.		345.	Rühe, Joy		101. W	6311	00:36:24	00:37:11
671.	326.		Hecker, Ole		26. M35	2649	00:36:25	00:38:51
672.		346.	Borrmann, Franziska		102. W	775	00:36:25	00:37:46
673.	327.		Pfeil, Simon	Streetbunnycrew	27. M35	5714	00:36:26	00:38:47
674.		347.	Wobser, Elke	TSV Vineta Audorf Rumrunner	31. W50	8515	00:36:26	00:37:33
675.		348.	von Bergner, Christina		103. W	8021	00:36:27	00:38:30
676.	328.		Jackels, Michael		28. M35	3128	00:36:27	00:38:30
677.	329.		Gerkamp, Sam		99. M	2058	00:36:27	00:38:46
678.		349.	Lorenz, Andrea		40. W30	4527	00:36:27	00:38:30
679.	330.		Beyer, Jürgen		20. M60	567	00:36:29	00:37:43
680.	331.		Villmow, Tim		41. M30	7954	00:36:30	00:38:44
681.		350.	Köppl, Lea		7. WJ U20	3796	00:36:30	00:37:05
682.		351.	Gade, Barbara	LG Albatros	9. W60	1963	00:36:31	00:37:55
683.		352.	Lorenz, Anna		41. W30	4528	00:36:31	00:38:35
684.		353.	Löschen, Kerstin	USC Kiel	32. W50	4495	00:36:34	00:38:29
685.	332.		Beck, Martin		12. M65	385	00:36:34	00:37:18
686.	333.		Detlefsen, Frederik	KOPPERSCHMIDT Service Hamburg	40. M40	1317	00:36:34	00:38:23
687.	334.		Angresius, Nikolas	Remondis	100. M	167	00:36:34	00:38:22
688.		354.	Detlefsen, Silvia	KOPPERSCHMIDT Service Hamburg	39. W40	1320	00:36:35	00:38:23
689.		355.	Möller, Laura		42. W30	5032	00:36:35	00:37:50
690.	335.		Huettmann, Jan Willy	Team TESLA	101. M	3070	00:36:36	00:38:31
691.		356.	Marti-Kausch, Songül		33. W50	4769	00:36:36	00:38:04
692.	336.		Maranke, Torben	Team TESLA	102. M	4711	00:36:37	00:38:31
693.		357.	Hoppe, Johanna		104. W	3012	00:36:39	00:37:41
694.		358.	Stutz, Carina		40. W40	7567	00:36:39	00:39:06
695.		359.	Tiedemann, Beke		43. W30	7779	00:36:42	00:38:23
696.		360.	Eckstein, Katrin		5. W65	8840	00:36:43	00:37:27
697.		361.	Krez, Oksana	Wittenseer Aktiv Team	34. W50	8993	00:36:44	00:37:37
698.		362.	Glinski, Katarzyna		35. W50	2115	00:36:46	00:37:25
699.		363.	Möller, Sarah		38. W45	5038	00:36:48	00:37:37
700.	337.		Witt, Martin	BROCK MÜLLER ZIEGENBEIN	41. M40	8497	00:36:50	00:37:59
701.		364.	Vogt, Swantje	Wankendorfer	36. W50	7981	00:36:50	00:38:28
702.		365.	Kiel, Pia		105. W	3557	00:36:50	00:39:03
703.	338.		Stoltenberg, Marc		29. M35	7477	00:36:50	00:39:04
704.		366.	Schubert, Jette	ETVahoi	44. W30	6833	00:36:51	00:38:55

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
705.		367.	Wendt, Patricia		39. W45	8282	00:36:51	00:39:12
706.		368.	Paßmann, Dana		106. W	5563	00:36:52	00:38:53
707.		369.	Schmidt, Viktoria	TSV Vineta Audorf Rumrunner	8. WJ U20	6663	00:36:54	00:38:27
708.		370.	Bünnig, Nina Johanna		37. W50	998	00:36:54	00:37:26
709.		371.	Richter, Albina	HSG 24109	107. W	6116	00:36:56	00:38:02
710.	339.		Madejczyk, Krzysztof		103. M	9049	00:36:57	00:37:40
711.		372.	Siebacken, Sina		108. W	7079	00:36:58	00:38:23
712.		373.	Bruckmann, Marieke	Team Kriwat Sport	109. W	926	00:37:03	00:37:58
713.	340.		Rosenberg, Holger		13. M65	9149	00:37:04	00:39:24
714.		374.	Babetski, Annika		41. W40	8746	00:37:05	00:39:34
715.	341.		Dethloff, Oli		33. M50	1313	00:37:06	00:39:27
716.		375.	Dethloff, Isabel		110. W	1312	00:37:07	00:39:28
717.	342.		Bittermann, Kay Georg		104. M	619	00:37:07	00:39:16
718.		376.	Djamila Mechler, Djamila		50. W35	1385	00:37:07	00:37:46
719.		377.	Bittermann, Mary-Ann		45. W30	620	00:37:07	00:39:16
720.		378.	Güngör, Renas		51. W35	2342	00:37:08	00:39:06
721.		379.	Potheisky, Charlotte		111. W	5821	00:37:08	00:38:42
722.		380.	Sieber, Johanna		112. W	7080	00:37:08	00:38:42
723.		381.	Elliott, Johanna		42. W40	1580	00:37:09	00:39:06
724.		382.	Schladitz, Tietje	Gemeinsam gegen Krebs	113. W	6555	00:37:09	00:37:38
725.		383.	Kirstein, Nina		114. W	3606	00:37:09	00:38:43
726.		384.	Marienfeld, Janina		46. W30	4726	00:37:10	00:38:31
727.		385.	Grüner, Heike	BROCK MÜLLER ZIEGENBEIN	40. W45	2315	00:37:12	00:39:47
728.	343.		Faber, Hubert		1. M75	1662	00:37:14	00:39:09
729.	344.		Kempe, Konstantin		105. M	3522	00:37:17	00:39:21
730.		386.	Fiß, Wiebke		52. W35	1799	00:37:18	00:38:22
731.		387.	Bernardo-Kamps, Patricia Maria		10. W60	527	00:37:21	00:37:44
732.	345.		Kingal, Marvin		106. M	3585	00:37:21	00:39:06
733.		388.	Seyer, Lea		115. W	7071	00:37:21	00:39:06
734.	346.		Fraller, Thomas		34. M50	1845	00:37:22	00:39:46
735.		389.	Beyer, Maj-Lis		116. W	568	00:37:22	00:39:46
736.	347.		Bilzer, Christian		28. M45	601	00:37:22	00:38:05
737.	348.		Meints, Martin		22. M55	4864	00:37:23	00:39:38
738.	349.		Scholl, Frank		35. M50	6754	00:37:23	00:39:02
739.	390.		Schloth, Caroline	IB.SH Betriebssportverein	43. W40	6573	00:37:24	00:38:05
740.	350.		Lemke, Nico		107. M	4362	00:37:27	00:39:43
741.	391.		Lemke, Lina		117. W	141	00:37:27	00:39:43
742.	351.		Schwarzer, Thomas		14. M65	6972	00:37:28	00:38:39
743.	352.		Morrien, Hans-Hermann		23. M55	5087	00:37:30	00:39:13
744.	353.		Storck, Werner	Stiftung Naturschutz	36. M50	1411	00:37:30	00:39:13
745.	354.		Schade, Tito	Dataportis	108. M	6442	00:37:30	00:39:07
746.	355.		Glindhaus, Paul-Timo		109. M	2113	00:37:32	00:39:07
747.		392.	Bechtold, Daniela		44. W40	377	00:37:34	00:38:44
748.		393.	Lütjohann, Anke	Team Voss Küstenläufer	45. W40	4612	00:37:35	00:39:48
749.		394.	Ameskamp, Katrin		46. W40	133	00:37:36	00:39:41
750.		395.	Basedow, Melanie		41. W45	328	00:37:36	00:39:44
751.		396.	Spachmann, Karin		11. W60	7245	00:37:37	00:38:10
752.		397.	Sommerfeld, Maren		118. W	7219	00:37:37	00:38:28
753.		398.	Röskamp, Esther		47. W30	6211	00:37:44	00:39:57
754.		399.	Lehmann, Inna	BROCK MÜLLER ZIEGENBEIN	48. W30	4319	00:37:44	00:40:19
755.		400.	Herting, Heike	Likedeler	47. W40	2793	00:37:45	00:39:11
756.		401.	Jessen, Jasmin	Mr. Wash - die Waschbären sind los!	119. W	3258	00:37:46	00:40:13
757.		402.	Würsig, Friederike		48. W40	8597	00:37:46	00:38:59
758.		403.	Schäfer, Renate		34. W55	6453	00:37:46	00:38:00
759.	356.		Klempt-Gießing, Burkhard	LI Troglodytia	21. M60	3655	00:37:47	00:39:38
760.		404.	Dammann, Laura		120. W	1242	00:37:48	00:38:38
761.		405.	Lohmann, Elke		1. W70	4509	00:37:49	00:38:22
762.		406.	Perduns, Ilona	Humboldt-Schule	49. W40	5606	00:37:49	00:38:49
763.		407.	Dos Santos Marques, Joanna		121. W	9380	00:37:52	00:40:12
764.		408.	Heyk, Marion		2. W70	2821	00:37:54	00:40:25
765.	357.		Kolf, Carsten		37. M50	3846	00:37:55	00:40:28
766.		409.	Stoß, Fiona		122. W	7486	00:37:55	00:39:01
767.	358.		Schwarze, Edzard	Lokomotive Kopperpahl West	22. M60	6968	00:37:56	00:39:00
768.		410.	Schilling, Elisa		123. W	6537	00:37:57	00:40:29
769.		411.	Wriedt, Maren		38. W50	8594	00:37:57	00:38:27
770.		412.	Ohrt, Brigitte		6. W65	5456	00:37:58	00:39:24
771.		413.	Krohs, Sandra		35. W55	4006	00:37:58	00:38:50
772.	359.		Schulz, Mathias	IM-Team	30. M35	6897	00:38:02	00:40:25
773.		414.	Riemer, Ellen	IM-Team	42. W45	6151	00:38:02	00:40:25
774.		415.	Ackermann, Susanne		39. W50	46	00:38:04	00:39:21
775.	360.		Langhammer, Rolf	TSV Melsdorf	2. M75	4254	00:38:04	00:38:49
776.		416.	Wendler, Martina		3. W70	8274	00:38:09	00:40:34
777.		417.	Weber, Juliana		53. W35	8171	00:38:11	00:40:00
778.	361.		Streich, Martin		42. M40	7515	00:38:11	00:38:32
779.		418.	Noah, Maike		40. W50	5365	00:38:14	00:38:26
780.		419.	Buss, Karina		49. W30	1047	00:38:19	00:40:17
781.		420.	Kübli, Hannah		50. W40	4083	00:38:19	00:39:52
782.		421.	Banasch, Nina		124. W	290	00:38:21	00:39:14
783.		422.	Karkossa, Martina		36. W55	3452	00:38:21	00:40:48
784.		423.	Schröder, Lina		54. W35	6813	00:38:21	00:39:53
785.		424.	Lentzsch, Eva	Jobcenter Kreis Rendsburg-Eckernförde	51. W40	4375	00:38:22	00:39:55
786.		425.	Junge, Simone	Jobcenter Kreis Rendsburg-Eckernförde	52. W40	3349	00:38:23	00:39:56
787.		426.	Wachholz, Alexandra	Jobcenter Kreis Rendsburg-Eckernförde	50. W30	8095	00:38:23	00:39:56
788.		427.	Peters, Ilona	Jobcenter Kreis Rendsburg-Eckernförde	12. W60	5635	00:38:25	00:39:56
789.		428.	Eumann, Mirja		51. W30	1639	00:38:25	00:40:36
790.		429.	Bruns, Ina		125. W	951	00:38:25	00:40:14
791.		430.	Grabke, Antonia		126. W	2201	00:38:26	00:40:08
792.		431.	Said, Mursal		127. W	9162	00:38:27	00:40:06

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
793.	362.		Bernstein, Jörg	RBB	24. M55	539	00:38:30	00:40:47
794.	363.		Biernatzki, Chris	RBB	42. M30	594	00:38:31	00:40:48
795.		432.	Jessen, Jaane		128. W	3257	00:38:31	00:39:59
796.	364.		Maier, Daniel	Pavel Hörgeräte	110. M	9051	00:38:33	00:41:00
797.		433.	Becker, Lene		9. WJ U20	404	00:38:36	00:38:54
798.		434.	Jeß, Carolin	GKN Driveline	129. W	3253	00:38:36	00:39:49
799.		435.	Kempken, Renate		37. W55	8969	00:38:36	00:40:20
800.	365.		Grunwald, Dieter		3. M75	2327	00:38:40	00:40:11
801.		436.	Pflug, Ann-Katrin		13. W60	5719	00:38:41	00:40:11
802.	366.		Stade, Christian	GKN Driveline	31. M35	7301	00:38:42	00:39:49
803.		437.	Claußen, Ines	MEKUN	52. W30	1161	00:38:43	00:40:18
804.		438.	Büber, Elcin	GKN Driveline	130. W	981	00:38:43	00:39:50
805.		439.	Bendschneider, Katinka	TSV Klausdorf	43. W45	482	00:38:43	00:40:07
806.		440.	Sell, Kathrin	MEKUN	131. W	7048	00:38:43	00:40:18
807.		441.	Matschinsky, Marina		55. W35	4795	00:38:44	00:40:49
808.	367.		Müller-Kalthoff, Hanno	Die Flitzpiepen	43. M40	5158	00:38:49	00:40:16
809.		442.	Müller-Kalthoff, Saskia	Die Flitzpiepen	53. W40	5159	00:38:49	00:40:16
810.	368.		Sauer, Dennis		44. M40	6415	00:38:49	00:40:41
811.		443.	Berg, Claudia		44. W45	502	00:38:53	00:39:54
812.		444.	Voß, Marion	Landeshauptstadt Kiel	14. W60	8082	00:38:54	00:40:48
813.		445.	Menning, Jaane		10. WJ U20	4887	00:38:54	00:40:27
814.		446.	Heinze, Lotta Sophia		132. W	2704	00:38:55	00:39:25
815.		447.	Theophile, Lena		133. W	7699	00:38:55	00:39:25
816.		448.	Jessen, Urte Julia		41. W50	3265	00:38:56	00:40:23
817.		449.	Elshoff, Insa		45. W45	1582	00:38:56	00:40:06
818.		450.	Schneekloth, Urte		134. W	6693	00:38:59	00:40:22
819.		451.	Thomsen, Stella		135. W	7755	00:39:00	00:40:31
820.		452.	Joppien, Janina		53. W30	3309	00:39:02	00:40:37
821.		453.	Brandecker, Luisa		56. W35	810	00:39:02	00:40:37
822.		454.	Janzen, Johanna		57. W35	3208	00:39:02	00:40:37
823.		455.	Berger, Sabine		38. W55	512	00:39:04	00:40:25
824.		456.	Weege, Chantal		54. W30	8186	00:39:04	00:39:27
825.	369.		Goldschmidt, Matthias		25. M55	2176	00:39:08	00:40:45
826.		457.	Mißfeldt, Franziska	Remondis	55. W30	5004	00:39:13	00:39:32
827.		458.	Sterly, Maike	KVP	42. W50	7433	00:39:13	00:41:40
828.		459.	Goldstein, Beatrix	Humboldt-Schule Kiel	54. W40	2178	00:39:17	00:41:24
829.		460.	Goldschmidt, Susanne		39. W55	2177	00:39:20	00:40:54
830.	370.		Pronkow, Werner		6. M70	5868	00:39:20	00:41:41
831.		461.	Dec, Annette		136. W	1269	00:39:21	00:41:23
832.		462.	de Vries, Christine		43. W50	8820	00:39:21	00:40:37
833.	371.		Gruß, Thomas	Förde Sparkasse	38. M50	2334	00:39:22	00:41:40
834.		372.	Bohnsack, Tobias	Team Gosch	32. M35	704	00:39:25	00:41:39
835.	373.		Thoden, Hermann		7. M70	7726	00:39:27	00:41:08
836.		463.	Hellwig, Bianca		44. W50	2723	00:39:27	00:40:38
837.		464.	Kubiessa, Konstanze		45. W50	4073	00:39:27	00:41:08
838.		465.	Schmöckel, Kirsten		46. W50	6673	00:39:30	00:40:43
839.		466.	Czerner, Andrea		55. W40	1214	00:39:31	00:40:24
840.		467.	Wenzl, Sabrina	Mr. Wash - die Waschbären sind los!	58. W35	5782	00:39:35	00:42:04
841.	374.		Kokott, Kai		33. M35	3836	00:39:37	00:41:48
842.		468.	Laß, Sabine		59. W35	4276	00:39:37	00:41:25
843.		469.	Martensen, Iris		56. W40	4767	00:39:38	00:39:52
844.	375.		Fischer, Roland		23. M60	1792	00:39:40	00:41:09
845.		470.	von Heyer, Eva-lotta		47. W50	8039	00:39:42	00:41:37
846.	376.		Lorenz, Malte		29. M45	22	00:39:43	00:42:16
847.		471.	Vellage, Svea	Team Kriwat Sport	56. W30	7935	00:39:45	00:40:39
848.		472.	Höfelmeyer, Annika		137. W	2910	00:39:45	00:41:07
849.	377.		Höfelmeyer, Peter	Förde Sparkasse	39. M50	2912	00:39:46	00:41:07
850.		473.	Zimmermann, Catharina		138. W	8695	00:39:51	00:41:37
851.		474.	Beyer, Heike		40. W55	9383	00:39:55	00:41:12
852.		475.	Specht, Friederike		57. W30	7251	00:39:55	00:40:56
853.	378.		Jacobsen, Torben	#ErsteTrärgesellschaft	30. M45	3147	00:39:57	00:41:17
854.	379.		Steffen, Pierre	#ErsteTrärgesellschaft	26. M55	7366	00:39:57	00:41:17
855.	380.		Kobarg, Jürgen		8. M70	3727	00:39:57	00:41:59
856.		476.	Bäumer-Eibl, Jana		60. W35	262	00:39:58	00:41:08
857.	381.		Winkelmann, Andreas		31. M45	8467	00:40:05	00:42:01
858.	382.		Kayßer, Andreas		24. M60	3493	00:40:10	00:42:27
859.		477.	Dreyer, Jorina	Team Voss Küstenläufer	58. W30	1449	00:40:12	00:40:51
860.		478.	Leibrich, Mireille		46. W45	4340	00:40:12	00:40:28
861.		479.	Lüth, Helen		139. W	4596	00:40:13	00:42:34
862.		480.	Suksavadi-Christiansen, Julia		57. W40	9345	00:40:19	00:42:22
863.	383.		Heilmann, Herwig		25. M60	2671	00:40:19	00:42:26
864.		481.	Brandt-Heilmann, Jutta		15. W60	824	00:40:19	00:42:26
865.		482.	Schipper, Ronja		140. W	9172	00:40:22	00:41:09
866.		483.	Wulf, Nele		141. W	8605	00:40:22	00:42:16
867.	384.		Wulf, Nico		27. M55	8606	00:40:25	00:42:18
868.		484.	Stegmann, Daniele	Team Sozialministerium	41. W55	7376	00:40:29	00:40:42
869.		485.	Avila, Isabel		48. W50	225	00:40:31	00:41:22
870.		486.	Reestorff, Angela		42. W55	6013	00:40:31	00:42:18
871.	385.		Pazdzior, Kevin	Görtzen und O'Brien Immobilien	111. M	5587	00:40:36	00:41:37
872.	386.		Sandmann, Henner		28. M55	6390	00:40:36	00:42:26
873.		487.	Timm, Ulrike		61. W35	7795	00:40:39	00:43:12
874.		488.	Schlüter, Hanne-Ursel		16. W60	6581	00:40:39	00:42:39
875.		489.	Taube, Susanne	Deutsche Post	49. W50	7641	00:40:45	00:42:45
876.		490.	Pronkow, Traute		7. W65	5867	00:40:45	00:43:06
877.	387.		Dregelies, Martin	Landeshauptstadt Kiel	26. M60	1436	00:40:50	00:41:01
878.		491.	Atlante, Alicia	BUWOG	59. W30	217	00:40:50	00:43:06
879.		492.	Siemsen, Katharina	Stryker	62. W35	7107	00:40:53	00:42:03
880.		493.	Brumm, Swantje		58. W40	946	00:40:53	00:42:41

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
881.	388.		Bach, Maurice		112. M	8749	00:40:54	00:41:31
882.		494.	Balandin, Alina		59. W40	277	00:40:56	00:41:47
883.		495.	Last, Tanja		50. W50	4285	00:40:57	00:42:19
884.		496.	Witzenzellner, Theresia		60. W30	8504	00:40:59	00:42:14
885.		497.	Ziertmann, Ines	WEISSLEDER EWER	51. W50	8682	00:41:00	00:41:20
886.		498.	Baumann, Lisa	BUWOG	61. W30	355	00:41:00	00:43:15
887.		499.	Sosnowski, Katrin	BUWOG	142. W	7241	00:41:00	00:43:15
888.	389.		Kollakowski, Tobias	Hüsgen&Schmidt	113. M	3851	00:41:01	00:42:44
889.		500.	Grimm, Katrin	Rumrunner Vineta Audorf	47. W45	2262	00:41:02	00:43:25
890.		501.	Benedens, Manuela		48. W45	486	00:41:02	00:42:51
891.	390.		Benedens, Marco		40. M50	487	00:41:02	00:42:51
892.	391.		David, Klaus-Peter	opaundenkel	9. M70	1264	00:41:05	00:41:53
893.	392.		Fischer, Tom	Laufen der Meter	114. M	1796	00:41:05	00:42:06
894.		502.	Winder, Tanja	Laufen der Meter	49. W45	8459	00:41:06	00:42:05
895.		503.	Reese, Monika	Mit dem Handwerk läuft's!	17. W60	6010	00:41:12	00:42:17
896.	393.		Schellin, Thomas	Mit dem Handwerk läuft's!	15. M65	6506	00:41:17	00:42:23
897.		504.	Lorenz, Susanne		18. W60	4535	00:41:18	00:43:21
898.		505.	Steffen, Doris		43. W55	7364	00:41:21	00:42:57
899.	394.		Depri, Jean-Pierre		43. M30	8821	00:41:24	00:42:43
900.	395.		Pauer, Gunnar		27. M60	5567	00:41:25	00:42:56
901.	396.		Ziervogel, Klaas		32. M45	9334	00:41:26	00:42:49
902.	397.		Füll, Marius		44. M30	1946	00:41:29	00:42:56
903.		506.	Kaiser-Behnke, Dagmar		8. W65	3410	00:41:29	00:42:20
904.		507.	Schardelmann, Christin		9. W65	6475	00:41:31	00:42:24
905.	398.		Becker, Franz-Josef		16. M65	393	00:41:33	00:42:50
906.	399.		Krökel, Matthias		33. M45	2938	00:41:33	00:43:40
907.		508.	Gaedeke, Gesa	MVK	52. W50	8865	00:41:36	00:44:01
908.		509.	Momsen, Miriam		50. W45	5068	00:41:36	00:42:01
909.		510.	Friese, Vera		60. W40	1912	00:41:38	00:43:57
910.		511.	Köster, Anja	Wankendorfer	51. W45	3812	00:41:39	00:43:21
911.		512.	Siegmann, Fabienne		62. W30	7092	00:41:42	00:43:49
912.	400.		Siegmann, Ralf		28. M60	7093	00:41:42	00:43:49
913.		513.	Grund, Britta		19. W60	2323	00:41:44	00:42:34
914.		514.	Peters, Katrin		61. W40	5641	00:41:52	00:42:53
915.		515.	Müller, Eva Maria		63. W30	5112	00:41:58	00:42:41
916.		516.	Heringhaus, Franziska	Remondis	64. W30	2780	00:41:58	00:43:46
917.		517.	Giesecke, Kira	TKMS Marine Systems	62. W40	2079	00:41:59	00:42:25
918.	401.		Büber, Cihan	GKN Driveline	41. M50	980	00:42:03	00:43:10
919.		518.	Sikatzis, Antje		53. W50	7133	00:42:13	00:44:32
920.		519.	von Kettler, Constanze	Team Code Zero	54. W50	8042	00:42:13	00:44:32
921.	402.		Peter, Klaus		29. M55	5613	00:42:13	00:44:32
922.	403.		Borchert, Gerhard		17. M65	741	00:42:16	00:44:11
923.		520.	Käning, Kristin	Staatskanzlei	63. W40	3383	00:42:19	00:44:10
924.	404.		Möß, Daniel		34. M35	5046	00:42:19	00:42:42
925.		521.	Kempe, Renate	TSV Kroog	1. W75	3523	00:42:22	00:44:00
926.		522.	Hanekamp, Jana		65. W30	2491	00:42:26	00:43:53
927.		523.	Stolzenburg, Ronja		143. W	7480	00:42:28	00:42:51
928.		524.	Schmeling, Christin	Mit dem Handwerk läuft's!	52. W45	6602	00:42:29	00:44:18
929.	405.		Asmussen, Rolf	KurzLang	10. M70	209	00:42:29	00:44:07
930.		525.	Kampmann, Katrin		44. W55	3424	00:42:32	00:44:37
931.		526.	Potthast, Inga		55. W50	5824	00:42:33	00:44:37
932.	406.		Engels, Arndt		30. M55	1605	00:42:33	00:44:27
933.		527.	Schlagowski, Valena	Zahnarztpraxis Dr. Michaelis	144. W	9173	00:42:35	00:44:32
934.		528.	Brunkhorst, Ulrike		10. W65	9344	00:42:39	00:44:55
935.		529.	Sinjen, Lena-Sophie	HSG 24109	145. W	7153	00:42:41	00:43:48
936.	407.		Hauschildt, Marcel	Hugo Hamann	115. M	2635	00:42:41	00:43:01
937.		530.	Prochnow, Ivonne		53. W45	5859	00:42:45	00:43:37
938.		531.	Fedder, Ines		63. W35	1700	00:42:45	00:43:40
939.		532.	Franke, Tabea		146. W	1854	00:42:56	00:44:17
940.		533.	Laszkowski, Jana	Gemeinsam gegen Krebs	147. W	4286	00:42:56	00:44:47
941.		534.	Antons, Lisa	Gemeinsam gegen Krebs	148. W	178	00:42:57	00:44:48
942.		535.	Nilsson, Malina		149. W	609	00:43:00	00:44:28
943.		536.	Sakowski, Tanja		56. W50	610	00:43:01	00:44:29
944.	408.		Vogel, Dirk	Gemeinsam gegen Krebs	34. M45	7969	00:43:06	00:43:35
945.		537.	Steinfurth, Kim		66. W30	7398	00:43:14	00:44:36
946.		538.	Seidel, Milena		67. W30	7028	00:43:19	00:44:40
947.		539.	Sorge, Luise		68. W30	7234	00:43:19	00:44:51
948.	409.		Sorge, Stefan		45. M30	7235	00:43:19	00:44:51
949.		540.	Such, Rebecca		150. W	7570	00:43:23	00:45:36
950.		541.	Hennings, Kathleen	Running Friends	54. W45	2751	00:43:25	00:44:31
951.		542.	Koppelman, Lea		64. W35	3871	00:43:28	00:44:44
952.	410.		Knoll, Sebastian		45. M40	3716	00:43:28	00:44:44
953.		543.	Mohr, Susann		55. W45	5055	00:43:29	00:44:34
954.		544.	Müller, Jessica	Wissenschaftszentrum Kiel	56. W45	5122	00:43:55	00:45:28
955.	411.		Gleitz, Thorsten	Wankendorfer	46. M40	2106	00:44:00	00:45:38
956.		545.	Göbel, Katharina Birte		65. W35	2138	00:44:04	00:46:24
957.		546.	Langhammer, Eva		4. W70	4253	00:44:05	00:44:50
958.		547.	Arp, Antje	Ingenieurteam Trebes	66. W35	196	00:44:05	00:45:43
959.		548.	Gnass, Christel		2. W75	2122	00:44:17	00:46:33
960.		549.	Moraes Westermann, Barbara		151. W	5072	00:44:19	00:46:42
961.		550.	Voß, Gitta	SV Mönkeberg	20. W60	8070	00:44:20	00:46:21
962.		551.	Bömer, Sophie		152. W	687	00:44:24	00:46:16
963.		552.	Korittke, Katrin		64. W40	3878	00:44:32	00:45:52
964.		553.	Hild, Susanne		45. W55	2832	00:44:37	00:46:57
965.		554.	Eßer-Sladek, Beata		46. W55	1636	00:44:41	00:46:54
966.		555.	Bersan, Claudia		57. W50	540	00:44:45	00:45:54
967.		556.	Krebs, Manuela		11. W65	3955	00:44:46	00:45:45
968.		557.	Wolst, Daniela	Rendsburger TSV	57. W45	8571	00:44:47	00:45:26

Ergebnis Einlauf >> Kurzlauf (5.3 km) (Einzel) <<

Rang	M	W	Name	Verein	AK	SN#	Netto-Zeit	Zeit
969.		558.	Brößel, Lina Marie		69. W30	912	00:44:47	00:46:30
970.		559.	Heine, Svea		153. W	2681	00:44:47	00:46:31
971.		560.	Fabel, Susanne	Augenblick mal Dr. Fabel	58. W45	1661	00:44:51	00:45:52
972.		561.	Griszkat, Johanna	Augenblick mal Dr. Fabel	154. W	2266	00:44:52	00:45:52
973.	412.		Heyk, Uwe		4. M75	2822	00:44:58	00:47:28
974.		562.	Hinz, Annette	TSV Altenholz	1. W80	8937	00:44:59	00:47:24
975.		563.	Johannsen, Lisa		12. W65	3290	00:45:10	00:46:29
976.		564.	Dörnenburg, Gabi	Dörnenburg plus 1	5. W70	1398	00:45:32	00:47:45
977.	413.		Weiss, Detlef		29. M60	8248	00:45:37	00:48:08
978.		565.	Keil, Anja		65. W40	3501	00:45:38	00:47:23
979.		566.	Lentfer, Ann-Christin	Mr. Wash - die Waschbären sind los!	70. W30	4373	00:45:40	00:48:08
980.		567.	Tautz, Kim-Kristin	Mr. Wash - die Waschbären sind los!	71. W30	7647	00:45:43	00:48:11
981.		568.	Schimmelpfennig, Stefanie		59. W45	6544	00:45:47	00:47:21
982.		569.	Wagner, Maike		66. W40	8110	00:45:49	00:47:25
983.		570.	Abrahams, Merle		67. W40	32	00:45:50	00:47:25
984.		571.	Ridder, Janine		72. W30	6133	00:45:59	00:48:22
985.		572.	Schöner, Christina		68. W40	6740	00:45:59	00:48:22
986.		573.	Prisheyla, Grace	UV Kiel	155. W	5856	00:46:20	00:48:23
987.	414.		Brieske, Kevin	GKN Driveline	116. M	877	00:46:21	00:47:37
988.		574.	Gramann, Birthe	Wassersportvereinigung Büdelsdorf	69. W40	2216	00:46:31	00:48:02
989.		575.	Szuwart, Berrin		21. W60	7613	00:46:31	00:47:04
990.		576.	Roth, Jola		156. W	6280	00:46:36	00:46:36
991.		577.	Rohwedder, Gisela		22. W60	6232	00:46:54	00:47:46
992.	415.		Scheuse, Ingo	UV Kiel	31. M55	6521	00:47:11	00:47:11
993.		578.	Buck, Daniela	UV Kiel	70. W40	969	00:47:11	00:47:11
994.		579.	Møller, Kitt	MOVE Randers	23. W60	5212	00:48:13	00:49:57
995.		580.	Reiter, Juliane	BUWOG	73. W30	6092	00:48:13	00:50:29
996.		581.	Franz, Katrin		67. W35	1857	00:48:40	00:50:19
997.	416.		Tönjes, Detlef		42. M50	7812	00:48:46	00:50:08
998.		582.	Vollbehr, Anke		60. W45	7998	00:48:50	00:49:06
999.	417.		Moussa, Mohamad	Mr. Wash - die Waschbären sind los!	46. M30	5093	00:49:24	00:51:51
1000.		583.	Orwat, Vanessa	Mr. Wash - die Waschbären sind los!	74. W30	5490	00:49:27	00:51:51
1001.	418.		Schulze, Jürgen		11. M70	6909	00:49:29	00:49:48
1002.	419.		Louisoder, Michael	Mr. Wash - die Waschbären sind los!	35. M45	4552	00:50:00	00:52:29
1003.		584.	Becker, JaNine		68. W35	398	00:51:09	00:52:37
1004.		585.	Switalla, Barbara		47. W55	7602	00:51:38	00:51:48
1005.		586.	Wiese, Lena	GKN Driveline	11. WJ U20	8414	00:54:39	00:55:51
1006.	420.		Seibel, Tom	GKN Driveline	9. MJ U20	7020	00:54:41	00:55:51
1007.		587.	Karow, Tonia		157. W	3457	01:02:02	01:34:11
1008.		588.	Krause, Zoe		158. W	9365	01:11:09	01:42:00