

Take Away

Large Box Salads - £16.95

Small Box Salads £7.95

Mix Grill Combo (2 salads, 1 hot dish, 3 grill items) £28.50

Salads & Hot Dishes (Self service)

Please note some items may change in season

Salads no processed oils are used in any of our salads

aubergine, balsamic, garlic, parsley

roasted cauliflower, pumpkin seeds, tahini, parsley (s)

chopped cucumber, tomato, kohlrabi

tossed green beans, sesame seeds, sesame oil (s)

baby gem lettuce, parmesan, caser dressing (d) (e) (mu)

homemade coleslaw (e)

broccoli, mango & mint dressing (mu)

carpaccio beetroot, feta, pomegranate (d) (n)

sweetcorn, red pepper, red onion, herbs

quinoa, red onion, green lentils, herbs, walnuts (n)

cherry tomato, red onion, cucumber, olives, oregano

Hot Dishes

beans & beef stew (aka feijoada) (g)

brazilian rice

sweet potato

pasta & tomato sauce (g)

plantain

From the grill

chicken wings & bbq sauce (mu) (cel) (so)

chicken drumsticks

chicken thigh paprika & garlic

chicken thigh teriyaki (so)

chicken hearts

smoked brisket (when available)

picanha steak

tri tip steak

house cut cajun bbq steak (mu) (cel) (so)

sirloin steak

leg of lamb

beef steak sausage (g)

chicken sausage(g)

lamb sausage

pulled brisket sliders ((when available)

grilled cinnamon pineapple