



# TATAMI 1

|               | LUNES               | MARTES              | MIERCOLES           | JUEVES              | VIERNES                     | SABADO                                           |
|---------------|---------------------|---------------------|---------------------|---------------------|-----------------------------|--------------------------------------------------|
| 10H-11H       |                     | KICK BOXING         |                     | KICK BOXING         |                             | EQUIPO DE COMPETICIÓN (JUNIORS Y ADULTOS) 9H-10H |
| 15:30H-16:30H | KICK BOXING         | KICK BOXING         | KICK BOXING         | KICK BOXING         |                             |                                                  |
| 17:15H-18:00H | SMALL KIDS          | SMALL KIDS          | SMALL KIDS          | SMALL KIDS          |                             | KICK BOXING 10H-11H                              |
| 18:00H-18:45H | SMALL KIDS          | SMALL KIDS          | SMALL KIDS          | SMALL KIDS          |                             |                                                  |
| 18:45H-19:30H | BIG KIDS            | BIG KIDS            | BIG KIDS            | BIG KIDS            | KIDS 17:15H-18:00H          | KIDS 11:00H-11:45H                               |
| 19:30H-20:15H | JUNIORS             | JUNIORS             | JUNIORS             | JUNIORS             | SPARRING KIDS 18:15-19H     |                                                  |
| 20:15H-21:15H | KICK BOXING         | KICK BOXING         | KICK BOXING         | KICK BOXING         | JUNIORS Y ADULTOS 19-19:45H |                                                  |
| 21:15H-22:00H | BOXEO Y KICK BOXING | BOXEO Y KICK BOXING | BOXEO Y KICK BOXING | BOXEO Y KICK BOXING | ADULTOS SPARRING 20-21H     |                                                  |

# TATAMI 2



|                   | LUNES          | MARTES         | MIERCOLES      | JUEVES         | VIERNES                              |
|-------------------|----------------|----------------|----------------|----------------|--------------------------------------|
| 17:15H-<br>18:00H | KIDS           | KIDS           | KIDS           | KIDS           | KICK BOXING<br>FAMILY<br>18:15-19:15 |
| 18:00H-<br>18:45H | JUNIORS        | JUNIORS        | JUNIORS        | JUNIORS        | SPARRING<br>BOXEO<br>20-21H          |
| 19:00H-<br>20:00H | KICK<br>BOXING | KICK<br>BOXING | KICK<br>BOXING | KICK<br>BOXING |                                      |
| 20:15H-<br>21:15H | BOXEO          | BOXEO          | BOXEO          | BOXEO          |                                      |

